

1 - ONMK 2016 lb sessie 1

05-05-2016 - 13:30

Programmanr. 1
05-05-2016 - 13:30

Dames, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
Masters 20+					
1.	Sigrit Aarten	Deltasteur	19:33.25	199302868	19:58.29 +0,96
	50m: 33.60	450m: 5:52.83	850m: 11:13.74	1250m: 16:40.16	40.76
	100m: 1:11.82	500m: 6:33.30	900m: 11:54.65	1300m: 17:21.26	41.10
	150m: 1:51.64	550m: 7:13.04	950m: 12:34.95	1350m: 18:01.80	40.54
	200m: 2:31.87	600m: 7:53.13	1000m: 13:15.93	1400m: 18:41.58	39.78
	250m: 3:12.13	650m: 8:32.84	1050m: 13:56.32	1450m: 19:20.91	39.33
	300m: 3:52.59	700m: 9:13.27	1100m: 14:37.44	1500m: 19:58.29	37.38
	350m: 4:32.92	750m: 9:52.84	1150m: 15:18.07		
	400m: 5:13.00	800m: 10:33.03	1200m: 15:59.40		
2.	Janine de Groot	Nova	22:24.03	199500092	20:01.73 +0,84
	50m: 33.60	450m: 5:47.54	850m: 11:13.19	1250m: 16:42.35	41.43
	100m: 1:11.05	500m: 6:27.87	900m: 11:54.22	1300m: 17:23.52	41.17
	150m: 1:50.06	550m: 7:08.00	950m: 12:35.22	1350m: 18:03.55	40.03
	200m: 2:29.28	600m: 7:47.81	1000m: 13:16.40	1400m: 18:44.09	40.54
	250m: 3:08.57	650m: 8:28.43	1050m: 13:57.36	1450m: 19:24.26	40.17
	300m: 3:48.13	700m: 9:09.54	1100m: 14:38.66	1500m: 20:01.73	37.47
	350m: 4:27.88	750m: 9:50.49	1150m: 15:19.96		
	400m: 5:07.41	800m: 10:31.70	1200m: 16:00.92		
3.	Moniek Heemskerk	LZ 1886	19:16.70	199601964	20:12.78 +0,75
	50m: 35.16	450m: 5:54.75	850m: 11:21.18	1250m: 16:51.43	41.05
	100m: 1:13.94	500m: 6:35.01	900m: 12:02.23	1300m: 17:32.08	40.65
	150m: 1:53.73	550m: 7:15.61	950m: 12:43.55	1350m: 18:13.28	41.20
	200m: 2:33.81	600m: 7:56.49	1000m: 13:25.70	1400m: 18:53.33	40.05
	250m: 3:14.03	650m: 8:37.06	1050m: 14:07.08	1450m: 19:33.45	40.12
	300m: 3:54.16	700m: 9:17.76	1100m: 14:48.46	1500m: 20:12.78	39.33
	350m: 4:34.30	750m: 9:58.66	1150m: 15:29.16		
	400m: 5:14.56	800m: 10:39.96	1200m: 16:10.38		
4.	Beau Rijpers	Swol 1894	19:50.81	199402638	21:17.21 +0,78
	50m: 34.84	450m: 6:03.72	850m: 11:48.45	1250m: 17:37.72	43.40
	100m: 1:14.17	500m: 6:46.68	900m: 12:31.98	1300m: 18:21.87	44.15
	150m: 1:53.78	550m: 7:29.19	950m: 13:15.11	1350m: 19:05.46	43.59
	200m: 2:34.57	600m: 8:12.34	1000m: 13:58.72	1400m: 19:49.94	44.48
	250m: 3:15.52	650m: 8:55.24	1050m: 14:42.25	1450m: 20:33.47	43.53
	300m: 3:57.21	700m: 9:38.81	1100m: 15:26.27	1500m: 21:17.21	43.74
	350m: 4:39.30	750m: 10:21.97	1150m: 16:10.21		
	400m: 5:21.45	800m: 11:05.31	1200m: 16:54.32		
5.	Anouk Kuijlaars	PSV	20:34.59	199401700	21:20.70 +0,93
	50m: 35.44	450m: 6:09.42	850m: 11:54.37	1250m: 17:43.43	44.34
	100m: 1:14.47	500m: 6:51.94	900m: 12:37.63	1300m: 18:27.06	43.63
	150m: 1:55.33	550m: 7:35.00	950m: 13:21.30	1350m: 19:11.17	44.11
	200m: 2:36.70	600m: 8:17.69	1000m: 14:04.60	1400m: 19:54.33	43.16
	250m: 3:19.12	650m: 9:01.46	1050m: 14:48.06	1450m: 20:38.13	43.80
	300m: 4:01.04	700m: 9:44.40	1100m: 15:31.30	1500m: 21:20.70	42.57
	350m: 4:43.84	750m: 10:28.10	1150m: 16:15.35		
	400m: 5:26.21	800m: 11:10.71	1200m: 16:59.09		
6.	Veronique van der Velde	WS Twente	21:01.43	199601740	21:43.84 +0,78
	50m: 35.16	450m: 6:09.98	850m: 12:02.38	1250m: 17:59.89	44.82
	100m: 1:14.63	500m: 6:53.83	900m: 12:47.22	1300m: 18:44.71	44.82
	150m: 1:55.34	550m: 7:37.84	950m: 13:31.50	1350m: 19:29.60	44.89
	200m: 2:36.98	600m: 8:21.87	1000m: 14:16.26	1400m: 20:14.34	44.74
	250m: 3:18.52	650m: 9:05.76	1050m: 15:01.01	1450m: 20:59.19	44.85
	300m: 4:00.86	700m: 9:49.70	1100m: 15:45.87	1500m: 21:43.84	44.65
	350m: 4:43.08	750m: 10:33.76	1150m: 16:30.75		
	400m: 5:26.73	800m: 11:18.12	1200m: 17:15.07		
7.	Sanne de Roo	ZZ&PC De Devel	21:19.99	199501934	22:16.35 +0,85
	50m: 38.46	450m: 6:30.04	850m: 12:29.26	1250m: 18:30.99	45.07
	100m: 1:21.09	500m: 7:15.58	900m: 13:15.00	1300m: 19:16.96	45.97
	150m: 2:04.31	550m: 7:59.83	950m: 13:59.93	1350m: 20:01.35	44.39
	200m: 2:48.62	600m: 8:45.21	1000m: 14:45.80	1400m: 20:47.05	45.70
	250m: 3:32.29	650m: 9:29.49	1050m: 15:30.00	1450m: 21:31.79	44.74
	300m: 4:17.15	700m: 10:14.83	1100m: 16:15.90	1500m: 22:16.35	44.56
	350m: 5:00.87	750m: 10:59.27	1150m: 17:00.22		
	400m: 5:45.81	800m: 11:44.79	1200m: 17:45.92		

Programmanr. 1, Dames, 1500m vrije slag, Masters 20+

rang	naam	vereniging			inschrijftijd			tijd			RT	
8.	Naomi van Gool	LZ 1886			21:41.14			199505166			22:56.67	+0,80
	50m:	37.64	37.64	450m:	6:39.72	46.16	850m:	12:51.01	46.81	1250m:	19:07.42	47.79
	100m:	1:20.81	43.17	500m:	7:25.82	46.10	900m:	13:37.71	46.70	1300m:	19:53.60	46.18
	150m:	2:05.22	44.41	550m:	8:12.04	46.22	950m:	14:24.32	46.61	1350m:	20:39.86	46.26
	200m:	2:50.43	45.21	600m:	8:58.29	46.25	1000m:	15:10.97	46.65	1400m:	21:25.70	45.84
	250m:	3:36.35	45.92	650m:	9:44.64	46.35	1050m:	15:58.22	47.25	1450m:	22:11.74	46.04
	300m:	4:22.28	45.93	700m:	10:31.08	46.44	1100m:	16:45.73	47.51	1500m:	22:56.67	44.93
	350m:	5:08.15	45.87	750m:	11:17.62	46.54	1150m:	17:32.81	47.08			
	400m:	5:53.56	45.41	800m:	12:04.20	46.58	1200m:	18:19.63	46.82			
9.	Lieke Janssen	NIMO			21:31.61			199305954			23:03.16	+0,79
	50m:	37.60	37.60	450m:	6:40.42	46.25	850m:	12:51.71	46.74	1250m:	19:09.38	47.84
	100m:	1:20.93	43.33	500m:	7:26.55	46.13	900m:	13:38.26	46.55	1300m:	19:56.62	47.24
	150m:	2:06.05	45.12	550m:	8:13.08	46.53	950m:	14:24.97	46.71	1350m:	20:44.61	47.99
	200m:	2:51.74	45.69	600m:	8:59.15	46.07	1000m:	15:12.05	47.08	1400m:	21:31.84	47.23
	250m:	3:37.11	45.37	650m:	9:45.85	46.70	1050m:	15:59.58	47.53	1450m:	22:18.09	46.25
	300m:	4:22.27	45.16	700m:	10:31.58	45.73	1100m:	16:47.01	47.43	1500m:	23:03.16	45.07
	350m:	5:08.41	46.14	750m:	11:18.46	46.88	1150m:	17:34.29	47.28			
	400m:	5:54.17	45.76	800m:	12:04.97	46.51	1200m:	18:21.54	47.25			
10.	Charine de Ruiter	Steenwijk 1934			23:26.73			199403668			23:07.74	+1,01
	50m:	37.30	37.30	450m:	6:39.19	46.61	850m:	12:56.30	47.54	1250m:	19:15.68	48.11
	100m:	1:19.35	42.05	500m:	7:26.11	46.92	900m:	13:43.21	46.91	1300m:	20:03.90	48.22
	150m:	2:02.72	43.37	550m:	8:13.41	47.30	950m:	14:30.47	47.26	1350m:	20:52.16	48.26
	200m:	2:47.75	45.03	600m:	9:00.45	47.04	1000m:	15:17.47	47.00	1400m:	21:39.50	47.34
	250m:	3:33.16	45.41	650m:	9:47.63	47.18	1050m:	16:05.18	47.71	1450m:	22:26.46	46.96
	300m:	4:19.45	46.29	700m:	10:34.31	46.68	1100m:	16:52.18	47.00	1500m:	23:07.74	41.28
	350m:	5:05.84	46.39	750m:	11:21.42	47.11	1150m:	17:39.87	47.69			
	400m:	5:52.58	46.74	800m:	12:08.76	47.34	1200m:	18:27.57	47.70			
11.	Marjan Rikken	ZVV			22:14.92			199206114			23:52.37	+0,96
	50m:	39.47	39.47	450m:	6:55.67	47.83	850m:	13:21.86	48.17	1250m:	19:51.18	48.79
	100m:	1:24.15	44.68	500m:	7:43.79	48.12	900m:	14:10.58	48.72	1300m:	20:04.55	49.37
	150m:	2:10.65	46.50	550m:	8:31.70	47.91	950m:	14:58.98	48.40	1350m:	21:29.57	49.02
	200m:	2:57.78	47.13	600m:	9:19.77	48.07	1000m:	15:48.02	49.04	1400m:	22:18.39	48.82
	250m:	3:44.52	46.74	650m:	10:08.46	48.69	1050m:	16:35.99	47.97	1450m:	23:06.36	47.97
	300m:	4:32.33	47.81	700m:	10:56.76	48.30	1100m:	17:24.53	48.54	1500m:	23:52.37	46.01
	350m:	5:19.70	47.37	750m:	11:45.12	48.36	1150m:	18:13.17	48.64			
	400m:	6:07.84	48.14	800m:	12:33.69	48.57	1200m:	19:02.39	49.22			
12.	Claudia Creemers	RZ			25:56.13			199202864			29:25.67	+0,81
	50m:	42.93	42.93	450m:	8:05.76	59.71	850m:	16:07.28	59.84	1250m:	24:20.36	1:02.15
	100m:	1:32.36	49.43	500m:	9:06.19	1:00.43	900m:	17:08.55	1:01.27	1300m:	25:22.01	1:01.65
	150m:	2:23.55	51.19	550m:	10:06.42	1:00.23	950m:	18:10.10	1:01.55	1350m:	26:25.57	1:03.56
	200m:	3:18.32	54.77	600m:	11:06.57	1:00.15	1000m:	19:11.66	1:01.56	1400m:	27:26.35	1:00.78
	250m:	4:13.94	55.62	650m:	12:07.17	1:00.60	1050m:	20:13.55	1:01.89	1450m:	28:27.52	1:01.17
	300m:	5:09.97	56.03	700m:	13:07.33	1:00.16	1100m:	21:15.42	1:01.87	1500m:	29:25.67	58.15
	350m:	6:07.07	57.10	750m:	14:07.69	1:00.36	1150m:	22:16.79	1:01.37			
	400m:	7:06.05	58.98	800m:	15:07.44	59.75	1200m:	23:18.21	1:01.42			

Masters 25+

1.	Lisa Dreesens	PSV	17:50.65	199105798	18:18.61	+0,80						
	Nederlands Masters Record											
	50m:	31.81	31.81	450m:	5:20.97	37.24	850m:	10:16.06	36.96	1250m:	15:14.13	37.78
	100m:	1:06.54	34.73	500m:	5:57.76	36.79	900m:	10:53.05	36.99	1300m:	15:51.59	37.46
	150m:	1:42.07	35.53	550m:	6:34.48	36.72	950m:	11:30.36	37.31	1350m:	16:29.67	38.08
	200m:	2:17.60	35.53	600m:	7:11.28	36.80	1000m:	12:07.31	36.95	1400m:	17:06.77	37.10
	250m:	2:53.92	36.32	650m:	7:48.40	37.12	1050m:	12:44.83	37.52	1450m:	17:43.76	36.99
	300m:	3:30.14	36.22	700m:	8:25.24	36.84	1100m:	13:21.86	37.03	1500m:	18:18.61	34.85
	350m:	4:06.95	36.81	750m:	9:02.44	37.20	1150m:	13:59.41	37.55			
	400m:	4:43.73	36.78	800m:	9:39.10	36.66	1200m:	14:36.35	36.94			
2.	Linde Herreman	KZK	18:20.50	21020/90	18:42.99	+0,80						
	50m:	34.85	34.85	450m:	5:35.48	37.49	850m:	10:35.07	37.52	1250m:	15:35.31	37.67
	100m:	1:12.84	37.99	500m:	6:12.91	37.43	900m:	11:12.51	37.44	1300m:	16:13.15	37.84
	150m:	1:50.39	37.55	550m:	6:50.10	37.19	950m:	11:49.98	37.47	1350m:	16:50.70	37.55
	200m:	2:28.14	37.75	600m:	7:27.98	37.88	1000m:	12:27.70	37.72	1400m:	17:28.48	37.78
	250m:	3:05.44	37.30	650m:	8:05.15	37.17	1050m:	13:04.89	37.19	1450m:	18:05.87	37.39
	300m:	3:43.16	37.72	700m:	8:42.63	37.48	1100m:	13:42.44	37.55	1500m:	18:42.99	37.12
	350m:	4:20.47	37.31	750m:	9:19.79	37.16	1150m:	14:19.85	37.41			
	400m:	4:57.99	37.52	800m:	9:57.55	37.76	1200m:	14:57.64	37.79			

Programmanr. 1, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging			inschrijftijd			tijd			RT	
3.	Maaïke Vooren	DAW			18:53.64			199103324			19:21.86	+0,85
	50m:	34.88	34.88	450m:	5:44.56	39.13	850m:	10:57.66	39.16	1250m:	16:09.96	39.28
	100m:	1:12.60	37.72	500m:	6:23.62	39.06	900m:	11:36.67	39.01	1300m:	16:48.93	38.97
	150m:	1:51.10	38.50	550m:	7:02.77	39.15	950m:	12:15.83	39.16	1350m:	17:27.97	39.04
	200m:	2:29.92	38.82	600m:	7:41.91	39.14	1000m:	12:54.74	38.91	1400m:	18:06.92	38.95
	250m:	3:08.68	38.76	650m:	8:21.40	39.49	1050m:	13:34.04	39.30	1450m:	18:45.57	38.65
	300m:	3:47.44	38.76	700m:	9:00.28	38.88	1100m:	14:12.76	38.72	1500m:	19:21.86	36.29
	350m:	4:26.44	39.00	750m:	9:39.41	39.13	1150m:	14:51.58	38.82			
	400m:	5:05.43	38.99	800m:	10:18.50	39.09	1200m:	15:30.68	39.10			
4.	Mandy Verbakel	ZPC Woerden			20:35.19			199003908			21:08.81	+0,79
	50m:	35.38	35.38	450m:	6:13.65	42.17	850m:	11:54.49	42.68	1250m:	17:37.36	43.17
	100m:	1:15.76	40.38	500m:	6:56.51	42.86	900m:	12:37.29	42.80	1300m:	18:20.19	42.83
	150m:	1:57.55	41.79	550m:	7:38.80	42.29	950m:	13:20.05	42.76	1350m:	19:02.73	42.54
	200m:	2:40.11	42.56	600m:	8:21.41	42.61	1000m:	14:02.82	42.77	1400m:	19:45.36	42.63
	250m:	3:22.67	42.56	650m:	9:03.72	42.31	1050m:	14:45.70	42.88	1450m:	20:27.71	42.35
	300m:	4:05.38	42.71	700m:	9:46.65	42.93	1100m:	15:28.49	42.79	1500m:	21:08.81	41.10
	350m:	4:48.30	42.92	750m:	10:29.16	42.51	1150m:	16:11.57	43.08			
	400m:	5:31.48	43.18	800m:	11:11.81	42.65	1200m:	16:54.19	42.62			
5.	Maaïke van Diggele	ZPB H&L Productions			21:04.08			198700868			21:38.08	+0,79
	50m:	36.74	36.74	450m:	6:21.42	43.79	850m:	12:11.96	43.49	1250m:	18:03.84	44.54
	100m:	1:17.67	40.93	500m:	7:05.55	44.13	900m:	12:55.38	43.42	1300m:	18:48.04	44.20
	150m:	1:59.43	41.76	550m:	7:49.46	43.91	950m:	13:39.29	43.91	1350m:	19:31.79	43.75
	200m:	2:42.40	42.97	600m:	8:33.38	43.92	1000m:	14:23.06	43.77	1400m:	20:15.05	43.26
	250m:	3:25.76	43.36	650m:	9:17.02	43.64	1050m:	15:06.86	43.80	1450m:	20:57.54	42.49
	300m:	4:09.70	43.94	700m:	10:01.17	44.15	1100m:	15:51.14	44.28	1500m:	21:38.08	40.54
	350m:	4:53.62	43.92	750m:	10:44.58	43.41	1150m:	16:35.20	44.06			
	400m:	5:37.63	44.01	800m:	11:28.47	43.89	1200m:	17:19.30	44.10			
6.	Sunanda van Heteren	De Geul			20:42.67			198901728			21:59.94	+0,96
	50m:	36.83	36.83	450m:	6:22.65	44.09	850m:	12:18.35	44.43	1250m:	18:19.92	44.97
	100m:	1:17.53	40.70	500m:	7:07.35	44.70	900m:	13:03.80	45.45	1300m:	19:05.09	45.17
	150m:	2:00.01	42.48	550m:	7:51.31	43.96	950m:	13:48.27	44.47	1350m:	19:49.38	44.29
	200m:	2:42.84	42.83	600m:	8:35.79	44.48	1000m:	14:34.10	45.83	1400m:	20:34.34	44.96
	250m:	3:26.31	43.47	650m:	9:20.19	44.40	1050m:	15:19.10	45.00	1450m:	21:18.36	44.02
	300m:	4:10.23	43.92	700m:	10:04.87	44.68	1100m:	16:04.20	45.10	1500m:	21:59.94	41.58
	350m:	4:53.88	43.65	750m:	10:49.12	44.25	1150m:	16:49.35	45.15			
	400m:	5:38.56	44.68	800m:	11:33.92	44.80	1200m:	17:34.95	45.60			
7.	Henrike de Vries	WS Twente			23:07.13			198907460			22:53.34	+1,05
	50m:	38.21	38.21	450m:	6:37.51	46.60	850m:	12:50.56	46.86	1250m:	19:03.65	46.84
	100m:	1:20.21	42.00	500m:	7:24.06	46.55	900m:	13:36.72	46.16	1300m:	19:50.10	46.45
	150m:	2:04.31	44.10	550m:	8:10.88	46.82	950m:	14:23.64	46.92	1350m:	20:37.03	46.93
	200m:	2:48.75	44.44	600m:	8:57.90	47.02	1000m:	15:10.14	46.50	1400m:	21:23.58	46.55
	250m:	3:33.69	44.94	650m:	9:44.52	46.62	1050m:	15:57.03	46.89	1450m:	22:09.42	45.84
	300m:	4:18.73	45.04	700m:	10:30.26	45.74	1100m:	16:43.62	46.59	1500m:	22:53.34	43.92
	350m:	5:04.83	46.10	750m:	11:17.11	46.85	1150m:	17:30.40	46.78			
	400m:	5:50.91	46.08	800m:	12:03.70	46.59	1200m:	18:16.81	46.41			
8.	Kathleen Laloi	HELIOS			25:55.58			005550/88			23:38.80	+1,20
	50m:	39.43	39.43	450m:	6:51.10	47.36	850m:	13:15.57	47.80	1250m:	19:41.42	48.82
	100m:	1:23.81	44.38	500m:	7:39.10	48.00	900m:	14:03.45	47.88	1300m:	20:29.95	48.53
	150m:	2:09.31	45.50	550m:	8:27.20	48.10	950m:	14:51.17	47.72	1350m:	21:18.25	48.30
	200m:	2:55.69	46.38	600m:	9:15.36	48.16	1000m:	15:39.43	48.26	1400m:	22:06.35	48.10
	250m:	3:42.27	46.58	650m:	10:03.12	47.76	1050m:	16:27.52	48.09	1450m:	22:53.40	47.05
	300m:	4:29.41	47.14	700m:	10:51.40	48.28	1100m:	17:15.86	48.34	1500m:	23:38.80	45.40
	350m:	5:16.43	47.02	750m:	11:39.39	47.99	1150m:	18:04.32	48.46			
	400m:	6:03.74	47.31	800m:	12:27.77	48.38	1200m:	18:52.60	48.28			
9.	Liset de Veer	Aqua-Novio'94			22:50.33			198704190			23:58.65	+0,82
	50m:	39.84	39.84	450m:	6:46.89	46.90	850m:	13:03.67	47.33	1250m:	19:53.12	47.48
	100m:	1:23.74	43.90	500m:	7:33.41	46.52	900m:	13:54.52	50.85	1300m:	20:40.77	47.65
	150m:	2:08.81	45.07	550m:	8:20.36	46.95	950m:	14:46.56	52.04	1350m:	21:33.46	52.69
	200m:	2:54.51	45.70	600m:	9:07.19	46.83	1000m:	15:39.92	53.36	1400m:	22:19.64	46.18
	250m:	3:41.20	46.69	650m:	9:54.11	46.92	1050m:	16:32.83	52.91	1450m:	23:11.86	52.22
	300m:	4:27.15	45.95	700m:	10:42.36	48.25	1100m:	17:25.95	53.12	1500m:	23:58.65	46.79
	350m:	5:13.76	46.61	750m:	11:29.22	46.86	1150m:	18:12.86	46.91			
	400m:	5:59.99	46.23	800m:	12:16.34	47.12	1200m:	19:05.64	52.78			
10.	Lisette van den Bos	Poseidon'56			22:53.43			198700468			24:08.85	+0,88
	50m:	41.48	41.48	450m:	6:58.31	48.94	850m:	13:33.78	49.15	1250m:	20:04.45	48.79
	100m:	1:27.57	46.09	500m:	7:47.37	49.06	900m:	14:22.90	49.12	1300m:	20:54.42	49.97
	150m:	2:13.23	45.66	550m:	8:37.02	49.65	950m:	15:11.76	48.86	1350m:	21:44.17	49.75
	200m:	2:59.59	46.36	600m:	9:26.66	49.64	1000m:	16:00.70	48.94	1400m:	22:34.07	49.90
	250m:	3:46.34	46.75	650m:	10:16.32	49.66	1050m:	16:49.45	48.75	1450m:	23:22.12	48.05
	300m:	4:33.69	47.35	700m:	11:05.77	49.45	1100m:	17:38.14	48.69	1500m:	24:08.85	46.73
	350m:	5:21.41	47.72	750m:	11:54.76	48.99	1150m:	18:26.25	48.11			
	400m:	6:09.37	47.96	800m:	12:44.63	49.87	1200m:	19:15.66	49.41			

Programmanr. 1, Dames, 1500m vrije slag

Masters 30+

1.	Ann Van Beylen		RSCM		20:05.39		20264/84		19:50.24	+0,91		
	50m:	34.39	34.39	450m:	5:49.29	40.30	850m:	11:08.95	40.47	1250m:	16:31.27	40.27
	100m:	1:12.86	38.47	500m:	6:28.84	39.55	900m:	11:49.10	40.15	1300m:	17:11.49	40.22
	150m:	1:52.04	39.18	550m:	7:08.91	40.07	950m:	12:29.38	40.28	1350m:	17:51.74	40.25
	200m:	2:30.97	38.93	600m:	7:48.55	39.64	1000m:	13:09.41	40.03	1400m:	18:31.95	40.21
	250m:	3:10.61	39.64	650m:	8:28.75	40.20	1050m:	13:49.92	40.51	1450m:	19:11.99	40.04
	300m:	3:49.85	39.24	700m:	9:08.37	39.62	1100m:	14:30.12	40.20	1500m:	19:50.24	38.25
	350m:	4:29.71	39.86	750m:	9:48.77	40.40	1150m:	15:10.66	40.54			
	400m:	5:08.99	39.28	800m:	10:28.48	39.71	1200m:	15:51.00	40.34			
2.	Ramona Linting		AZC				20:02.89		198301274		20:14.96	+0,82
	50m:	34.37	34.37	450m:	5:51.93	40.79	850m:	11:21.05	41.44	1250m:	16:50.65	41.23
	100m:	1:12.50	38.13	500m:	6:32.48	40.55	900m:	12:02.36	41.31	1300m:	17:32.06	41.41
	150m:	1:51.39	38.89	550m:	7:13.37	40.89	950m:	12:43.50	41.14	1350m:	18:13.39	41.33
	200m:	2:30.52	39.13	600m:	7:54.42	41.05	1000m:	13:24.65	41.15	1400m:	18:54.31	40.92
	250m:	3:09.95	39.43	650m:	8:35.81	41.39	1050m:	14:05.82	41.17	1450m:	19:34.92	40.61
	300m:	3:50.12	40.17	700m:	9:17.15	41.34	1100m:	14:47.03	41.21	1500m:	20:14.96	40.04
	350m:	4:30.62	40.50	750m:	9:58.25	41.10	1150m:	15:28.16	41.13			
	400m:	5:11.14	40.52	800m:	10:39.61	41.36	1200m:	16:09.42	41.26			
3.	Denise de Riet		ZZ&PC De Devel				21:31.93		198402040		21:00.07	+0,95
	50m:	37.21	37.21	450m:	6:09.43	41.75	850m:	11:46.36	42.41	1250m:	17:28.03	43.01
	100m:	1:17.52	40.31	500m:	6:51.26	41.83	900m:	12:28.43	42.07	1300m:	18:10.54	42.51
	150m:	1:59.13	41.61	550m:	7:33.18	41.92	950m:	13:10.73	42.30	1350m:	18:54.33	43.79
	200m:	2:40.59	41.46	600m:	8:15.00	41.82	1000m:	13:53.28	42.55	1400m:	19:36.81	42.48
	250m:	3:22.32	41.73	650m:	8:57.13	42.13	1050m:	14:36.04	42.76	1450m:	20:19.52	42.71
	300m:	4:03.95	41.63	700m:	9:39.20	42.07	1100m:	15:18.63	42.59	1500m:	21:00.07	40.55
	350m:	4:46.15	42.20	750m:	10:21.34	42.14	1150m:	16:01.77	43.14			
	400m:	5:27.68	41.53	800m:	11:03.95	42.61	1200m:	16:45.02	43.25			
4.	Linda Hoogendam		WVZ				21:46.63		198300892		21:57.14	+0,80
	50m:	36.67	36.67	450m:	6:21.07	44.21	850m:	12:17.25	44.10	1250m:	18:17.28	44.49
	100m:	1:18.04	41.37	500m:	7:05.47	44.40	900m:	13:02.82	45.57	1300m:	19:02.46	45.18
	150m:	2:00.15	42.11	550m:	7:49.71	44.24	950m:	13:47.46	44.64	1350m:	19:46.98	44.52
	200m:	2:42.29	42.14	600m:	8:34.37	44.66	1000m:	14:33.25	45.79	1400m:	20:31.71	44.73
	250m:	3:25.61	43.32	650m:	9:18.85	44.48	1050m:	15:17.21	43.96	1450m:	21:15.68	43.97
	300m:	4:08.79	43.18	700m:	10:03.10	44.25	1100m:	16:02.96	45.75	1500m:	21:57.14	41.46
	350m:	4:52.72	43.93	750m:	10:47.44	44.34	1150m:	16:47.40	44.44			
	400m:	5:36.86	44.14	800m:	11:33.15	45.71	1200m:	17:32.79	45.39			
5.	Sandra Schellekens		SWNZ (SG)				22:30.97		198503416		23:02.00	+0,89
	50m:	36.89	36.89	450m:	6:32.83	45.57	850m:	12:45.48	46.48	1250m:	19:04.31	47.55
	100m:	1:18.97	42.08	500m:	7:19.48	46.65	900m:	13:32.49	47.01	1300m:	19:52.56	48.25
	150m:	2:02.55	43.58	550m:	8:05.62	46.14	950m:	14:19.40	46.91	1350m:	20:40.25	47.69
	200m:	2:46.78	44.23	600m:	8:52.28	46.66	1000m:	15:06.76	47.36	1400m:	21:28.70	48.45
	250m:	3:31.03	44.25	650m:	9:38.53	46.25	1050m:	15:53.63	46.87	1450m:	22:16.35	47.65
	300m:	4:15.88	44.85	700m:	10:25.12	46.59	1100m:	16:41.54	47.91	1500m:	23:02.00	45.65
	350m:	5:01.07	45.19	750m:	11:11.73	46.61	1150m:	17:28.59	47.05			
	400m:	5:47.26	46.19	800m:	11:59.00	47.27	1200m:	18:16.76	48.17			
6.	Marloes Rebel		WS Twente				26:56.97		198403474		28:15.87	+1,03
	50m:	48.79	48.79	450m:	7:59.45	57.79	850m:	15:33.49	58.56	1250m:	23:21.73	59.65
	100m:	1:38.95	50.16	500m:	8:54.71	55.26	900m:	16:32.64	59.15	1300m:	24:22.09	1:00.36
	150m:	2:31.35	52.40	550m:	9:50.02	55.31	950m:	17:30.00	57.36	1350m:	25:21.94	59.85
	200m:	3:24.29	52.94	600m:	10:45.14	55.12	1000m:	18:29.23	59.23	1400m:	26:23.53	1:01.59
	250m:	4:17.60	53.31	650m:	11:42.03	56.89	1050m:	19:26.41	57.18	1450m:	27:26.39	1:02.86
	300m:	5:12.13	54.53	700m:	12:37.69	55.66	1100m:	20:23.53	57.12	1500m:	28:15.87	49.48
	350m:	6:06.21	54.08	750m:	13:35.66	57.97	1150m:	21:22.79	59.26			
	400m:	7:01.66	55.45	800m:	14:34.93	59.27	1200m:	22:22.08	59.29			

Masters 35+

1.	Yvonne Gerritsen	WVZ	21:52.83	198000342	21:01.89	+0,87						
	50m:	36.56	36.56	450m:	6:13.58	42.54	850m:	11:53.52	42.48	1250m:	17:33.70	42.34
	100m:	1:17.26	40.70	500m:	6:56.28	42.70	900m:	12:36.33	42.81	1300m:	18:16.54	42.84
	150m:	1:58.90	41.64	550m:	7:38.92	42.64	950m:	13:18.62	42.29	1350m:	18:58.52	41.98
	200m:	2:41.06	42.16	600m:	8:21.29	42.37	1000m:	14:01.22	42.60	1400m:	19:41.06	42.54
	250m:	3:22.87	41.81	650m:	9:03.38	42.09	1050m:	14:43.62	42.40	1450m:	20:22.00	40.94
	300m:	4:05.22	42.35	700m:	9:46.33	42.95	1100m:	15:25.93	42.31	1500m:	21:01.89	39.89
	350m:	4:47.81	42.59	750m:	10:28.71	42.38	1150m:	16:08.28	42.35			
	400m:	5:31.04	43.23	800m:	11:11.04	42.33	1200m:	16:51.36	43.08			
2.	Agnes van Brug	DAW	22:00.58	198001726	21:33.55	+0,90						
	50m:	38.00	38.00	450m:	6:22.56	43.49	850m:	12:10.14	43.75	1250m:	17:58.97	43.66
	100m:	1:19.95	41.95	500m:	7:06.05	43.49	900m:	12:53.52	43.38	1300m:	18:42.25	43.28
	150m:	2:02.29	42.34	550m:	7:49.74	43.69	950m:	13:37.15	43.63	1350m:	19:25.69	43.44
	200m:	2:45.60	43.31	600m:	8:33.03	43.29	1000m:	14:20.43	43.28	1400m:	20:08.89	43.20
	250m:	3:28.55	42.95	650m:	9:16.49	43.46	1050m:	15:04.04	43.61	1450m:	20:52.55	43.66
	300m:	4:12.19	43.64	700m:	9:59.58	43.09	1100m:	15:47.83	43.79	1500m:	21:33.55	41.00
	350m:	4:55.67	43.48	750m:	10:43.17	43.59	1150m:	16:31.43	43.60			
	400m:	5:39.07	43.40	800m:	11:26.39	43.22	1200m:	17:15.31	43.88			

Programmanr. 1, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging				inschrijftijd				tijd				RT	
3.	Severine Bayre	CNSW				21:54.92				004275/78				21:44.35	+0,97
	50m:	36.95	36.95	450m:	6:21.48	43.09	850m:	12:13.21	44.13	1250m:	18:06.81	44.24			
	100m:	1:17.65	40.70	500m:	7:05.63	44.15	900m:	12:57.67	44.46	1300m:	18:50.77	43.96			
	150m:	2:00.37	42.72	550m:	7:49.40	43.77	950m:	13:41.79	44.12	1350m:	19:34.52	43.75			
	200m:	2:43.88	43.51	600m:	8:33.45	44.05	1000m:	14:26.32	44.53	1400m:	20:19.37	44.85			
	250m:	3:26.78	42.90	650m:	9:17.08	43.63	1050m:	15:10.00	43.68	1450m:	21:01.72	42.35			
	300m:	4:10.60	43.82	700m:	10:00.83	43.75	1100m:	15:54.48	44.48	1500m:	21:44.35	42.63			
	350m:	4:54.01	43.41	750m:	10:44.62	43.79	1150m:	16:38.33	43.85						
	400m:	5:38.39	44.38	800m:	11:29.08	44.46	1200m:	17:22.57	44.24						
4.	Jolanda van Gendt	PSV				22:03.84				197800266				22:33.57	+0,85
	50m:	38.21	38.21	450m:	6:35.44	45.34	850m:	12:40.62	45.15	1250m:	18:45.53	45.22			
	100m:	1:21.65	43.44	500m:	7:21.87	46.43	900m:	13:27.45	46.83	1300m:	19:31.70	46.17			
	150m:	2:05.23	43.58	550m:	8:07.21	45.34	950m:	14:12.44	44.99	1350m:	20:16.96	45.26			
	200m:	2:49.71	44.48	600m:	8:53.58	46.37	1000m:	14:58.46	46.02	1400m:	21:02.73	45.77			
	250m:	3:34.01	44.30	650m:	9:38.49	44.91	1050m:	15:43.95	45.49	1450m:	21:48.00	45.27			
	300m:	4:19.38	45.37	700m:	10:24.53	46.04	1100m:	16:29.60	45.65	1500m:	22:33.57	45.57			
	350m:	5:04.35	44.97	750m:	11:09.57	45.04	1150m:	17:14.37	44.77						
	400m:	5:50.10	45.75	800m:	11:55.47	45.90	1200m:	18:00.31	45.94						
5.	Rianne van Vegchelen	Deltasteur				27:06.57				198101530				27:54.13	+1,13
	50m:	46.04	46.04	450m:	8:07.96	56.45	850m:	15:38.51	55.74	1250m:	23:11.11	56.62			
	100m:	1:37.96	51.92	500m:	9:04.08	56.12	900m:	16:34.61	56.10	1300m:	24:09.00	57.89			
	150m:	2:31.61	53.65	550m:	10:00.49	56.41	950m:	17:30.72	56.11	1350m:	25:06.50	57.50			
	200m:	3:26.54	54.93	600m:	10:56.40	55.91	1000m:	18:26.58	55.86	1400m:	26:03.66	57.16			
	250m:	4:21.70	55.16	650m:	11:52.76	56.36	1050m:	19:22.67	56.09	1450m:	27:00.35	56.69			
	300m:	5:18.16	56.46	700m:	12:49.10	56.34	1100m:	20:19.46	56.79	1500m:	27:54.13	53.78			
	350m:	6:14.21	56.05	750m:	13:45.25	56.15	1150m:	21:15.52	56.06						
	400m:	7:11.51	57.30	800m:	14:42.77	57.52	1200m:	22:14.49	58.97						

Masters 40+

1.	Kirsten Cameron	East Leeds	17:31.51	1160788	17:38.24	+0,76		
	50m: 31.68	31.68	450m: 5:12.64	35.38	850m: 9:56.66	35.41	1250m: 14:42.67	35.31
	100m: 1:05.93	34.25	500m: 5:48.13	35.49	900m: 10:32.65	35.99	1300m: 15:18.14	35.47
	150m: 1:41.10	35.17	550m: 6:23.56	35.43	950m: 11:08.51	35.86	1350m: 15:53.58	35.44
	200m: 2:16.13	35.03	600m: 6:59.04	35.48	1000m: 11:44.21	35.70	1400m: 16:29.30	35.72
	250m: 2:51.22	35.09	650m: 7:34.65	35.61	1050m: 12:19.82	35.61	1450m: 17:04.44	35.14
	300m: 3:26.36	35.14	700m: 8:10.13	35.48	1100m: 12:55.59	35.77	1500m: 17:38.24	33.80
	350m: 4:01.82	35.46	750m: 8:45.38	35.25	1150m: 13:31.25	35.66		
	400m: 4:37.26	35.44	800m: 9:21.25	35.87	1200m: 14:07.36	36.11		
2.	Liselotte Joling	PSV	19:44.37	197500268	19:22.12	+0,87		
	50m: 34.09	34.09	450m: 5:44.22	39.40	850m: 10:58.01	39.17	1250m: 16:10.89	39.51
	100m: 1:11.97	37.88	500m: 6:23.20	38.98	900m: 11:37.03	39.02	1300m: 16:50.08	39.19
	150m: 1:50.91	38.94	550m: 7:02.74	39.54	950m: 12:16.20	39.17	1350m: 17:29.13	39.05
	200m: 2:29.38	38.47	600m: 7:41.79	39.05	1000m: 12:55.27	39.07	1400m: 18:08.36	39.23
	250m: 3:07.97	38.59	650m: 8:21.31	39.52	1050m: 13:34.63	39.36	1450m: 18:46.75	38.39
	300m: 3:46.67	38.70	700m: 9:00.50	39.19	1100m: 14:13.52	38.89	1500m: 19:22.12	35.37
	350m: 4:25.96	39.29	750m: 9:39.75	39.25	1150m: 14:52.78	39.26		
	400m: 5:04.82	38.86	800m: 10:18.84	39.09	1200m: 15:31.38	38.60		
3.	Jannie Vennik	HZ&PC Heerenveen	23:00.18	197601006	22:13.89	+0,93		
	50m: 39.08	39.08	450m: 6:34.39	44.15	850m: 12:29.71	44.46	1250m: 18:29.45	45.16
	100m: 1:22.58	43.50	500m: 7:18.58	44.19	900m: 13:13.97	44.26	1300m: 19:14.33	44.88
	150m: 2:07.18	44.60	550m: 8:03.23	44.65	950m: 13:58.86	44.89	1350m: 20:00.02	45.69
	200m: 2:51.48	44.30	600m: 8:47.70	44.47	1000m: 14:43.46	44.60	1400m: 20:45.20	45.18
	250m: 3:36.33	44.85	650m: 9:31.75	44.05	1050m: 15:28.31	44.85	1450m: 21:30.19	44.99
	300m: 4:20.96	44.63	700m: 10:16.12	44.37	1100m: 16:13.59	45.28	1500m: 22:13.89	43.70
	350m: 5:05.74	44.78	750m: 11:00.78	44.66	1150m: 16:58.78	45.19		
	400m: 5:50.24	44.50	800m: 11:45.25	44.47	1200m: 17:44.29	45.51		
4.	Pascal Janssen	De Roersoppers	22:39.37	197300852	23:18.55	+0,93		
	50m: 39.40	39.40	450m: 6:51.87	47.28	850m: 13:07.80	47.56	1250m: 19:26.66	48.13
	100m: 1:23.97	44.57	500m: 7:38.56	46.69	900m: 13:54.59	46.79	1300m: 20:13.74	47.08
	150m: 2:10.01	46.04	550m: 8:26.06	47.50	950m: 14:42.18	47.59	1350m: 21:01.50	47.76
	200m: 2:56.17	46.16	600m: 9:12.41	46.35	1000m: 15:28.77	46.59	1400m: 21:48.12	46.62
	250m: 3:43.65	47.48	650m: 10:00.08	47.67	1050m: 16:16.36	47.59	1450m: 22:34.92	46.80
	300m: 4:30.40	46.75	700m: 10:46.56	46.48	1100m: 17:03.45	47.09	1500m: 23:18.55	43.63
	350m: 5:17.65	47.25	750m: 11:33.60	47.04	1150m: 17:51.38	47.93		
	400m: 6:04.59	46.94	800m: 12:20.24	46.64	1200m: 18:38.53	47.15		
5.	Natacha Van Hoof	ShaRK	23:01.36	2026073	24:03.78	+1,01		
	50m: 43.10	43.10	450m: 7:03.92	47.46	850m: 13:29.89	48.27	1250m: 20:00.21	48.09
	100m: 1:29.92	46.82	500m: 7:51.88	47.96	900m: 14:18.60	48.71	1300m: 20:50.23	50.02
	150m: 2:16.51	46.59	550m: 8:39.67	47.79	950m: 15:07.12	48.52	1350m: 21:38.37	48.14
	200m: 3:04.37	47.86	600m: 9:28.49	48.82	1000m: 15:56.21	49.09	1400m: 22:27.62	49.25
	250m: 3:51.87	47.50	650m: 10:15.55	47.06	1050m: 16:45.09	48.88	1450m: 23:16.15	48.53
	300m: 4:40.24	48.37	700m: 11:04.45	48.90	1100m: 17:34.38	49.29	1500m: 24:03.78	47.63
	350m: 5:27.75	47.51	750m: 11:52.40	47.95	1150m: 18:22.66	48.28		
	400m: 6:16.46	48.71	800m: 12:41.62	49.22	1200m: 19:12.12	49.46		

Programmanr. 1, Dames, 1500m vrije slag, Masters 40+

rang	naam	vereniging				inschrijftijd				tijd				RT	
6.	Ingrid Versteegen	DBD				24:21.35				197300770				24:20.15	+0,82
	50m:	42.66	42.66	450m:	7:08.90	49.60	850m:	13:42.88	50.53	1250m:	20:16.59	48.90			
	100m:	1:28.93	46.27	500m:	7:56.92	48.02	900m:	14:30.96	48.08	1300m:	21:05.90	49.31			
	150m:	2:16.94	48.01	550m:	8:46.59	49.67	950m:	15:21.32	50.36	1350m:	21:56.29	50.39			
	200m:	3:05.02	48.08	600m:	9:34.42	47.83	1000m:	16:09.63	48.31	1400m:	22:45.13	48.84			
	250m:	3:53.34	48.32	650m:	10:24.69	50.27	1050m:	16:59.65	50.02	1450m:	23:34.31	49.18			
	300m:	4:41.52	48.18	700m:	11:13.52	48.83	1100m:	17:48.27	48.62	1500m:	24:20.15	45.84			
	350m:	5:31.46	49.94	750m:	12:03.31	49.79	1150m:	18:38.19	49.92						
	400m:	6:19.30	47.84	800m:	12:52.35	49.04	1200m:	19:27.69	49.50						

Masters 45+

1.	Karin Stein	ZVVS	19:35.58	197100554	19:52.37	+0,82						
	Nederlands Masters Record, tt 800 m NMR											
	50m:	35.49	35.49	450m:	5:50.42	39.33	850m:	11:10.10	39.81	1250m:	16:32.80	40.32
	100m:	1:14.46	38.97	500m:	6:30.46	40.04	900m:	11:50.62	40.52	1300m:	17:13.66	40.86
	150m:	1:52.95	38.49	550m:	7:10.07	39.61	950m:	12:30.38	39.76	1350m:	17:53.95	40.29
	200m:	2:32.74	39.79	600m:	7:50.49	40.42	1000m:	13:11.16	40.78	1400m:	18:34.76	40.81
	250m:	3:11.75	39.01	650m:	8:30.12	39.63	1050m:	13:51.09	39.93	1450m:	19:14.01	39.25
	300m:	3:51.84	40.09	700m:	9:10.47	40.35	1100m:	14:31.85	40.76	1500m:	19:52.37	38.36
	350m:	4:31.01	39.17	750m:	9:50.13	39.66	1150m:	15:11.68	39.83			
	400m:	5:11.09	40.08	800m:	10:30.29	40.16	1200m:	15:52.48	40.80			
2.	Laura Staal	Oceanus	21:24.38	196700358	21:57.98	+0,89						
	50m:	37.80	37.80	450m:	6:29.87	44.00	850m:	12:22.24	44.17	1250m:	18:16.33	44.51
	100m:	1:20.74	42.94	500m:	7:14.01	44.14	900m:	13:06.45	44.21	1300m:	19:01.01	44.68
	150m:	2:04.93	44.19	550m:	7:57.98	43.97	950m:	13:50.51	44.06	1350m:	19:46.17	45.16
	200m:	2:49.44	44.51	600m:	8:41.67	43.69	1000m:	14:34.31	43.80	1400m:	20:30.62	44.45
	250m:	3:33.68	44.24	650m:	9:25.79	44.12	1050m:	15:18.78	44.47	1450m:	21:14.84	44.22
	300m:	4:17.94	44.26	700m:	10:09.64	43.85	1100m:	16:02.74	43.96	1500m:	21:57.98	43.14
	350m:	5:02.12	44.18	750m:	10:54.30	44.66	1150m:	16:47.32	44.58			
	400m:	5:45.87	43.75	800m:	11:38.07	43.77	1200m:	17:31.82	44.50			
3.	Joyce Brummelkamp	ZVVS	22:55.88	197000952	23:14.97	+0,93						
	50m:	39.60	39.60	450m:	6:47.88	46.04	850m:	12:59.42	46.18	1250m:	19:18.13	47.29
	100m:	1:24.30	44.70	500m:	7:34.59	46.71	900m:	13:46.59	47.17	1300m:	20:06.00	47.87
	150m:	2:09.13	44.83	550m:	8:20.19	45.60	950m:	14:33.09	46.50	1350m:	20:53.17	47.17
	200m:	2:55.78	46.65	600m:	9:06.78	46.59	1000m:	15:21.13	48.04	1400m:	21:41.37	48.20
	250m:	3:41.64	45.86	650m:	9:52.89	46.11	1050m:	16:07.60	46.47	1450m:	22:28.40	47.03
	300m:	4:28.62	46.98	700m:	10:39.63	46.74	1100m:	16:56.04	48.44	1500m:	23:14.97	46.57
	350m:	5:14.68	46.06	750m:	11:26.05	46.42	1150m:	17:43.08	47.04			
	400m:	6:01.84	47.16	800m:	12:13.24	47.19	1200m:	18:30.84	47.76			
4.	Annet Kootstra	Swol 1894	24:46.09	197100344	23:46.79	+0,94						
	50m:	40.96	40.96	450m:	6:56.30	48.24	850m:	13:21.60	48.52	1250m:	19:50.03	48.82
	100m:	1:26.05	45.09	500m:	7:44.60	48.30	900m:	14:09.98	48.38	1300m:	20:38.22	48.19
	150m:	2:12.12	46.07	550m:	8:32.72	48.12	950m:	14:59.15	49.17	1350m:	21:27.60	49.38
	200m:	2:58.78	46.66	600m:	9:20.61	47.89	1000m:	15:47.73	48.58	1400m:	22:15.00	47.40
	250m:	3:45.61	46.83	650m:	10:08.80	48.19	1050m:	16:36.37	48.64	1450m:	23:02.82	47.82
	300m:	4:32.75	47.14	700m:	10:57.05	48.25	1100m:	17:24.51	48.14	1500m:	23:46.79	43.97
	350m:	5:20.19	47.44	750m:	11:45.30	48.25	1150m:	18:12.93	48.42			
	400m:	6:08.06	47.87	800m:	12:33.08	47.78	1200m:	19:01.21	48.28			
5.	Britta Fritz	SC Janus e.V.	24:21.58		24:15.19	+0,97						
	50m:	43.68	43.68	450m:	7:11.26	48.76	850m:	13:41.94	49.29	1250m:	20:13.22	48.97
	100m:	1:32.17	48.49	500m:	7:59.19	47.93	900m:	14:30.68	48.74	1300m:	21:01.60	48.38
	150m:	2:20.36	48.19	550m:	8:47.80	48.61	950m:	15:19.61	48.93	1350m:	21:50.59	48.99
	200m:	3:08.40	48.04	600m:	9:36.86	49.06	1000m:	16:08.39	48.78	1400m:	22:39.18	48.59
	250m:	3:57.21	48.81	650m:	10:25.27	48.41	1050m:	16:57.37	48.98	1450m:	23:27.98	48.80
	300m:	4:45.18	47.97	700m:	11:14.48	49.21	1100m:	17:46.18	48.81	1500m:	24:15.19	47.21
	350m:	5:33.92	48.74	750m:	12:03.43	48.95	1150m:	18:35.11	48.93			
	400m:	6:22.50	48.58	800m:	12:52.65	49.22	1200m:	19:24.25	49.14			
6.	Ymke Snellen van Vollenhoven	PSV	25:38.00	196800836	25:54.22	+1,00						
	50m:	44.55	44.55	450m:	7:43.56	53.13	850m:	14:44.23	53.06	1250m:	21:40.51	52.41
	100m:	1:34.35	49.80	500m:	8:36.32	52.76	900m:	15:36.79	52.56	1300m:	22:32.86	52.35
	150m:	2:25.63	51.28	550m:	9:28.74	52.42	950m:	16:28.49	51.70	1350m:	23:24.93	52.07
	200m:	3:18.05	52.42	600m:	10:21.48	52.74	1000m:	17:20.92	52.43	1400m:	24:16.75	51.82
	250m:	4:11.71	53.66	650m:	11:13.29	51.81	1050m:	18:13.00	52.08	1450m:	25:06.57	49.82
	300m:	5:04.80	53.09	700m:	12:05.88	52.59	1100m:	19:04.64	51.64	1500m:	25:54.22	47.65
	350m:	5:57.49	52.69	750m:	12:58.44	52.56	1150m:	19:56.80	52.16			
	400m:	6:50.43	52.94	800m:	13:51.17	52.73	1200m:	20:48.10	51.30			

Programmanr. 1, Dames, 1500m vrije slag, Masters 45+

rang	naam	vereniging				inschrijftijd		tijd				RT
7.	Kristien Van de Moortel	ShaRK				24:15.34		20315/69		26:22.90		+0,85
	50m:	44.12	44.12	450m:	7:39.06	51.67	850m:	14:43.32	53.44	1250m:	21:54.08	53.65
	100m:	1:35.33	51.21	500m:	8:32.65	53.59	900m:	15:37.92	54.60	1300m:	22:49.90	55.82
	150m:	2:26.02	50.69	550m:	9:24.97	52.32	950m:	16:30.76	52.84	1350m:	23:42.82	52.92
	200m:	3:18.01	51.99	600m:	10:18.85	53.88	1000m:	17:25.63	54.87	1400m:	24:37.55	54.73
	250m:	4:09.42	51.41	650m:	11:10.92	52.07	1050m:	18:18.71	53.08	1450m:	25:30.76	53.21
	300m:	5:02.54	53.12	700m:	12:04.46	53.54	1100m:	19:13.20	54.49	1500m:	26:22.90	52.14
	350m:	5:54.40	51.86	750m:	12:56.44	51.98	1150m:	20:05.79	52.59			
	400m:	6:47.39	52.99	800m:	13:49.88	53.44	1200m:	21:00.43	54.64			
8.	Betty van Kemenade	PSV				27:43.53		196800832		27:26.92		+1,23
	50m:	47.21	47.21	450m:	7:59.95	54.37	850m:	15:21.55	55.82	1250m:	22:46.68	55.78
	100m:	1:38.94	51.73	500m:	8:54.92	54.97	900m:	16:16.63	55.08	1300m:	23:44.31	57.63
	150m:	2:32.82	53.88	550m:	9:49.17	54.25	950m:	17:11.65	55.02	1350m:	24:39.32	55.01
	200m:	3:27.41	54.59	600m:	10:44.34	55.17	1000m:	18:08.04	56.39	1400m:	25:37.20	57.88
	250m:	4:21.59	54.18	650m:	11:39.24	54.90	1050m:	19:03.25	55.21	1450m:	26:31.74	54.54
	300m:	5:16.59	55.00	700m:	12:34.59	55.35	1100m:	19:59.60	56.35	1500m:	27:26.92	55.18
	350m:	6:11.02	54.43	750m:	13:29.26	54.67	1150m:	20:55.12	55.52			
	400m:	7:05.58	54.56	800m:	14:25.73	56.47	1200m:	21:50.90	55.78			

Masters 50+

1.	Wilna Heijman		Steenwijk 1934		21:32.56		196400506		21:57.15	+1,12		
	50m:	38.67	38.67	450m:	6:27.69	44.03	850m:	12:20.12	44.21	1250m:	18:15.41	44.54
	100m:	1:20.57	41.90	500m:	7:10.98	43.29	900m:	13:04.56	44.44	1300m:	19:00.18	44.77
	150m:	2:03.83	43.26	550m:	7:55.07	44.09	950m:	13:48.80	44.24	1350m:	19:44.86	44.68
	200m:	2:47.45	43.62	600m:	8:39.22	44.15	1000m:	14:33.18	44.38	1400m:	20:29.37	44.51
	250m:	3:31.75	44.30	650m:	9:23.40	44.18	1050m:	15:17.58	44.40	1450m:	21:13.96	44.59
	300m:	4:15.79	44.04	700m:	10:07.82	44.42	1100m:	16:01.97	44.39	1500m:	21:57.15	43.19
	350m:	4:59.85	44.06	750m:	10:51.77	43.95	1150m:	16:46.16	44.19			
	400m:	5:43.66	43.81	800m:	11:35.91	44.14	1200m:	17:30.87	44.71			
2.	Nicky Slinger		HPC			24:09.32		196600316		24:21.17	+0,92	
	50m:	42.01	42.01	450m:	7:08.33	49.21	850m:	13:42.00	49.46	1250m:	20:17.13	49.17
	100m:	1:28.35	46.34	500m:	7:57.58	49.25	900m:	14:31.65	49.65	1300m:	21:06.54	49.41
	150m:	2:16.32	47.97	550m:	8:46.70	49.12	950m:	15:21.24	49.59	1350m:	21:56.35	49.81
	200m:	3:04.78	48.46	600m:	9:35.51	48.81	1000m:	16:10.12	48.88	1400m:	22:45.91	49.56
	250m:	3:53.33	48.55	650m:	10:25.02	49.51	1050m:	16:59.16	49.04	1450m:	23:34.10	48.19
	300m:	4:41.49	48.16	700m:	11:14.11	49.09	1100m:	17:49.10	49.94	1500m:	24:21.17	47.07
	350m:	5:30.27	48.78	750m:	12:03.12	49.01	1150m:	18:38.35	49.25			
	400m:	6:19.12	48.85	800m:	12:52.54	49.42	1200m:	19:27.96	49.61			
3.	Kathleen Anne Raymond		Croydon Amphibians			23:37.82		547999		24:29.61	+0,94	
	50m:	42.09	42.09	450m:	7:10.80	49.32	850m:	13:46.23	49.44	1250m:	20:23.10	49.91
	100m:	1:29.09	47.00	500m:	8:00.59	49.79	900m:	14:35.46	49.23	1300m:	21:12.64	49.54
	150m:	2:17.26	48.17	550m:	8:49.92	49.33	950m:	15:24.37	48.91	1350m:	22:02.59	49.95
	200m:	3:05.95	48.69	600m:	9:39.06	49.14	1000m:	16:13.63	49.26	1400m:	22:52.33	49.74
	250m:	3:54.95	49.00	650m:	10:28.35	49.29	1050m:	17:03.50	49.87	1450m:	23:41.71	49.38
	300m:	4:43.45	48.50	700m:	11:17.76	49.41	1100m:	17:53.65	50.15	1500m:	24:29.61	47.90
	350m:	5:32.61	49.16	750m:	12:07.18	49.42	1150m:	18:43.29	49.64			
	400m:	6:21.48	48.87	800m:	12:56.79	49.61	1200m:	19:33.19	49.90			
4.	K. van Nassau van den Heuvel		Old Dutch			23:21.29		196600188		25:15.74	+1,22	
	50m:	43.46	43.46	450m:	7:21.01	50.92	850m:	14:08.11	50.61	1250m:	20:56.60	51.02
	100m:	1:31.00	47.54	500m:	8:11.43	50.42	900m:	14:59.00	50.89	1300m:	21:48.93	52.33
	150m:	2:19.87	48.87	550m:	9:02.63	51.20	950m:	15:50.27	51.27	1350m:	22:40.76	51.83
	200m:	3:09.10	49.23	600m:	9:53.79	51.16	1000m:	16:41.31	51.04	1400m:	23:32.83	52.07
	250m:	3:58.85	49.75	650m:	10:44.81	51.02	1050m:	17:31.09	49.78	1450m:	24:24.50	51.67
	300m:	4:48.81	49.96	700m:	11:36.47	51.66	1100m:	18:22.10	51.01	1500m:	25:15.74	51.24
	350m:	5:39.64	50.83	750m:	12:27.40	50.93	1150m:	19:13.73	51.63			
	400m:	6:30.09	50.45	800m:	13:17.50	50.10	1200m:	20:05.58	51.85			
5.	Jeanette Ghatas		ZV De Zaan			25:22.82		196300552		25:38.66	+1,03	
	50m:	43.37	43.37	450m:	7:31.20	50.97	850m:	14:24.72	51.24	1250m:	21:18.18	51.42
	100m:	1:33.05	49.68	500m:	8:23.43	52.23	900m:	15:16.46	51.74	1300m:	22:10.82	52.64
	150m:	2:23.55	50.50	550m:	9:15.40	51.97	950m:	16:07.84	51.38	1350m:	23:02.48	51.66
	200m:	3:14.85	51.30	600m:	10:07.56	52.16	1000m:	17:00.10	52.26	1400m:	23:55.43	52.95
	250m:	4:06.15	51.30	650m:	10:59.05	51.49	1050m:	17:51.86	51.76	1450m:	24:47.69	52.26
	300m:	4:57.26	51.11	700m:	11:50.17	51.12	1100m:	18:43.43	51.57	1500m:	25:38.66	50.97
	350m:	5:48.39	51.13	750m:	12:41.80	51.63	1150m:	19:34.39	50.96			
	400m:	6:40.23	51.84	800m:	13:33.48	51.68	1200m:	20:26.76	52.37			
AFGEM	Frances van der Moolen		De Waalstroom			26:00.97		196400454				

Programmanr. 1, Dames, 1500m vrije slag

Masters 55+

1.	Irene van der Laan		ZV De Bron		21:25.67		196000096		21:36.98		+0,86	
	50m:	39.48	39.48	450m:	6:22.48	42.62	850m:	12:10.33	42.98	1250m:	17:58.97	43.06
	100m:	1:21.93	42.45	500m:	7:06.07	43.59	900m:	12:54.13	43.80	1300m:	18:42.90	43.93
	150m:	2:03.97	42.04	550m:	7:49.05	42.98	950m:	13:37.09	42.96	1350m:	19:26.11	43.21
	200m:	2:47.47	43.50	600m:	8:32.66	43.61	1000m:	14:21.76	44.67	1400m:	20:10.17	44.06
	250m:	3:29.69	42.22	650m:	9:15.73	43.07	1050m:	15:04.79	43.03	1450m:	20:53.62	43.45
	300m:	4:13.43	43.74	700m:	9:59.66	43.93	1100m:	15:48.77	43.98	1500m:	21:36.98	43.36
	350m:	4:56.04	42.61	750m:	10:42.65	42.99	1150m:	16:31.89	43.12			
	400m:	5:39.86	43.82	800m:	11:27.35	44.70	1200m:	17:15.91	44.02			
2.	Patty Verhagen		PSV		21:32.68		195900146		22:18.85		+0,98	
	50m:	41.04	41.04	450m:	6:36.59	44.86	850m:	12:35.65	45.43	1250m:	18:37.15	45.40
	100m:	1:24.66	43.62	500m:	7:21.40	44.81	900m:	13:20.69	45.04	1300m:	19:22.22	45.07
	150m:	2:08.68	44.02	550m:	8:06.62	45.22	950m:	14:06.12	45.43	1350m:	20:07.01	44.79
	200m:	2:53.10	44.42	600m:	8:51.30	44.68	1000m:	14:51.20	45.08	1400m:	20:51.54	44.53
	250m:	3:37.87	44.77	650m:	9:36.33	45.03	1050m:	15:36.33	45.13	1450m:	21:36.04	44.50
	300m:	4:22.37	44.50	700m:	10:21.19	44.86	1100m:	16:21.44	45.11	1500m:	22:18.85	42.81
	350m:	5:07.02	44.65	750m:	11:05.66	44.47	1150m:	17:06.47	45.03			
	400m:	5:51.73	44.71	800m:	11:50.22	44.56	1200m:	17:51.75	45.28			
3.	Petra Tossings		DAW		22:29.39		196100376		23:38.97		+0,86	
	50m:	38.53	38.53	450m:	6:53.01	47.75	850m:	13:16.61	48.42	1250m:	19:42.97	48.17
	100m:	1:22.88	44.35	500m:	7:40.42	47.41	900m:	14:04.53	47.92	1300m:	20:30.09	47.12
	150m:	2:09.47	46.59	550m:	8:28.49	48.07	950m:	14:53.35	48.82	1350m:	21:18.98	48.89
	200m:	2:56.26	46.79	600m:	9:16.41	47.92	1000m:	15:41.76	48.41	1400m:	22:06.98	48.00
	250m:	3:43.17	46.91	650m:	10:04.35	47.94	1050m:	16:30.64	48.88	1450m:	22:54.99	48.01
	300m:	4:30.32	47.15	700m:	10:52.09	47.74	1100m:	17:17.92	47.28	1500m:	23:38.97	43.98
	350m:	5:18.38	48.06	750m:	11:40.09	48.00	1150m:	18:06.83	48.91			
	400m:	6:05.26	46.88	800m:	12:28.19	48.10	1200m:	18:54.80	47.97			
4.	Marlien Wijnhof		Nat Utrecht		23:56.80		196100300		24:00.65		+0,80	
	50m:	41.09	41.09	450m:	7:03.34	47.81	850m:	13:29.40	48.70	1250m:	19:58.92	48.93
	100m:	1:27.80	46.71	500m:	7:51.23	47.89	900m:	14:18.80	49.40	1300m:	20:47.70	48.78
	150m:	2:15.72	47.92	550m:	8:39.15	47.92	950m:	15:07.23	48.43	1350m:	21:37.67	49.97
	200m:	3:03.51	47.79	600m:	9:27.87	48.72	1000m:	15:55.71	48.48	1400m:	22:26.23	48.56
	250m:	3:51.99	48.48	650m:	10:16.26	48.39	1050m:	16:44.15	48.44	1450m:	23:15.28	49.05
	300m:	4:39.68	47.69	700m:	11:04.25	47.99	1100m:	17:32.39	48.24	1500m:	24:00.65	45.37
	350m:	5:27.60	47.92	750m:	11:53.02	48.77	1150m:	18:21.75	49.36			
	400m:	6:15.53	47.93	800m:	12:40.70	47.68	1200m:	19:09.99	48.24			
5.	Marjan Spoelstra		Swol 1894		26:19.71		196000236		26:28.41		+0,92	
	50m:	47.18	47.18	450m:	7:49.32	52.68	850m:	14:54.27	53.17	1250m:	22:01.90	53.37
	100m:	1:39.41	52.23	500m:	8:42.98	53.66	900m:	15:48.01	53.74	1300m:	22:55.75	53.85
	150m:	2:31.74	52.33	550m:	9:35.59	52.61	950m:	16:40.68	52.67	1350m:	23:50.12	54.37
	200m:	3:24.95	53.21	600m:	10:28.93	53.34	1000m:	17:34.26	53.58	1400m:	24:43.39	53.27
	250m:	4:17.47	52.52	650m:	11:21.74	52.81	1050m:	18:27.22	52.96	1450m:	25:35.87	52.48
	300m:	5:10.53	53.06	700m:	12:15.42	53.68	1100m:	19:21.14	53.92	1500m:	26:28.41	52.54
	350m:	6:03.08	52.55	750m:	13:07.57	52.15	1150m:	20:14.92	53.78			
	400m:	6:56.64	53.56	800m:	14:01.10	53.53	1200m:	21:08.53	53.61			
6.	Pia van der Molen		HZ&PC Heerenveen		26:58.25		196000116		27:40.97		+0,99	
	50m:	43.49	43.49	450m:	8:03.07	55.28	850m:	15:31.79	55.61	1250m:	23:02.69	56.57
	100m:	1:34.66	51.17	500m:	8:59.52	56.45	900m:	16:28.25	56.46	1300m:	23:59.43	56.74
	150m:	2:27.18	52.52	550m:	9:56.09	56.57	950m:	17:24.32	56.07	1350m:	24:55.25	55.82
	200m:	3:22.55	55.37	600m:	10:52.34	56.25	1000m:	18:20.21	55.89	1400m:	25:51.41	56.16
	250m:	4:18.13	55.58	650m:	11:47.98	55.64	1050m:	19:16.58	56.37	1450m:	26:46.35	54.94
	300m:	5:14.57	56.44	700m:	12:44.37	56.39	1100m:	20:13.69	57.11	1500m:	27:40.97	54.62
	350m:	6:10.73	56.16	750m:	13:39.97	55.60	1150m:	21:09.23	55.54			
	400m:	7:07.79	57.06	800m:	14:36.18	56.21	1200m:	22:06.12	56.89			

AFGEM Ada de Voogd

ZVVS

22:52.92

195900280

Masters 60+

1.	Ineke Weekers		PSV			23:01.67		195300050			23:01.00	+0,79
	50m:	42.20	42.20	450m:	6:50.12	46.32	850m:	12:58.13	46.28	1250m:	19:10.11	46.96
	100m:	1:27.45	45.25	500m:	7:36.27	46.15	900m:	13:44.82	46.69	1300m:	19:57.11	47.00
	150m:	2:13.18	45.73	550m:	8:22.21	45.94	950m:	14:30.39	45.57	1350m:	20:43.78	46.67
	200m:	2:58.62	45.44	600m:	9:07.92	45.71	1000m:	15:16.50	46.11	1400m:	21:30.25	46.47
	250m:	3:45.17	46.55	650m:	9:54.20	46.28	1050m:	16:03.22	46.72	1450m:	22:16.53	46.28
	300m:	4:31.45	46.28	700m:	10:40.25	46.05	1100m:	16:50.04	46.82	1500m:	23:01.00	44.47
	350m:	5:18.02	46.57	750m:	11:26.16	45.91	1150m:	17:36.51	46.47			
	400m:	6:03.80	45.78	800m:	12:11.85	45.69	1200m:	18:23.15	46.64			

Programmanr. 1, Dames, 1500m vrije slag, Masters 60+

rang	naam		vereniging		inschrijftijd				tijd	RT		
2.	Margriet Pasma		Inktvis-De Pinquin (SG)		23:53.17		195500088		23:53.32	+0,96		
	50m:	40.81	40.81	450m:	7:00.35	47.05	850m:	13:23.45	47.87	1250m:	19:51.52	48.65
	100m:	1:27.52	46.71	500m:	7:48.10	47.75	900m:	14:11.60	48.15	1300m:	20:39.85	48.33
	150m:	2:15.26	47.74	550m:	8:35.73	47.63	950m:	14:59.62	48.02	1350m:	21:28.30	48.45
	200m:	3:03.48	48.22	600m:	9:23.78	48.05	1000m:	15:47.94	48.32	1400m:	22:16.78	48.48
	250m:	3:51.47	47.99	650m:	10:11.45	47.67	1050m:	16:36.28	48.34	1450m:	23:05.92	49.14
	300m:	4:38.93	47.46	700m:	10:59.64	48.19	1100m:	17:24.78	48.50	1500m:	23:53.32	47.40
	350m:	5:26.29	47.36	750m:	11:47.35	47.71	1150m:	18:13.77	48.99			
	400m:	6:13.30	47.01	800m:	12:35.58	48.23	1200m:	19:02.87	49.10			
3.	Ineke Meijer		HZ&PC Heerenveen		27:27.66		195200034		29:02.02	+0,80		
	50m:	50.32	50.32	450m:	8:35.29	58.42	850m:	16:23.51	58.15	1250m:	24:11.42	58.64
	100m:	1:46.34	56.02	500m:	9:34.00	58.71	900m:	17:22.51	59.00	1300m:	25:10.75	59.33
	150m:	2:44.13	57.79	550m:	10:32.42	58.42	950m:	18:20.43	57.92	1350m:	26:08.83	58.08
	200m:	3:43.53	59.40	600m:	11:31.18	58.76	1000m:	19:18.93	58.50	1400m:	27:07.62	58.79
	250m:	4:41.65	58.12	650m:	12:29.09	57.91	1050m:	20:17.14	58.21	1450m:	28:05.09	57.47
	300m:	5:40.09	58.44	700m:	13:28.96	59.87	1100m:	21:15.57	58.43	1500m:	29:02.02	56.93
	350m:	6:38.31	58.22	750m:	14:26.53	57.57	1150m:	22:13.80	58.23			
	400m:	7:36.87	58.56	800m:	15:25.36	58.83	1200m:	23:12.78	58.98			
AFGEM	Carla Hensen		PSV		26:26.30		195300062					

Masters 65+

1.	Conny Boer-Buys	ZVVS	23:59.99	195000006	23:00.95	+1,02						
	Europees Masters Record, tt 800m en 400m NMR											
	50m:	38.44	38.44	450m:	6:47.27	46.34	850m:	12:59.87	45.36	1250m:	19:14.26	45.80
	100m:	1:22.12	43.68	500m:	7:34.82	47.55	900m:	13:47.03	47.16	1300m:	20:00.81	46.55
	150m:	2:07.13	45.01	550m:	8:21.31	46.49	950m:	14:33.27	46.24	1350m:	20:46.97	46.16
	200m:	2:53.74	46.61	600m:	9:08.50	47.19	1000m:	15:20.70	47.43	1400m:	21:33.94	46.97
	250m:	3:40.11	46.37	650m:	9:54.30	45.80	1050m:	16:07.06	46.36	1450m:	22:19.37	45.43
	300m:	4:27.23	47.12	700m:	10:41.51	47.21	1100m:	16:54.33	47.27	1500m:	23:00.95	41.58
	350m:	5:13.47	46.24	750m:	11:27.18	45.67	1150m:	17:40.84	46.51			
	400m:	6:00.93	47.46	800m:	12:14.51	47.33	1200m:	18:28.46	47.62			
2.	Micheline Falize	HELIOS	26:59.06	004182/51	26:52.41							
	Belgisch Masters Record											
	50m:	51.83	51.83	450m:	8:01.40	54.38	850m:	15:11.62	53.87	1250m:	22:25.27	54.32
	100m:	1:44.66	52.83	500m:	8:54.54	53.14	900m:	16:04.89	53.27	1300m:	23:19.43	54.16
	150m:	2:37.68	53.02	550m:	9:48.53	53.99	950m:	16:59.94	55.05	1350m:	24:14.21	54.78
	200m:	3:31.39	53.71	600m:	10:41.93	53.40	1000m:	17:53.70	53.76	1400m:	25:08.10	53.89
	250m:	4:25.88	54.49	650m:	11:36.32	54.39	1050m:	18:48.62	54.92	1450m:	26:01.60	53.50
	300m:	5:19.22	53.34	700m:	12:30.10	53.78	1100m:	19:42.69	54.07	1500m:	26:52.41	50.81
	350m:	6:13.59	54.37	750m:	13:24.67	54.57	1150m:	20:37.31	54.62			
	400m:	7:07.02	53.43	800m:	14:17.75	53.08	1200m:	21:30.95	53.64			
3.	Gonnie Bak	PSV	29:45.90	195100064	30:41.80	+0,94						
	50m:	50.76	50.76	450m:	8:58.33	1:02.67	850m:	17:16.53	1:01.97	1250m:	25:36.56	1:02.82
	100m:	1:49.45	58.69	500m:	10:00.18	1:01.85	900m:	18:17.82	1:01.29	1300m:	26:38.82	1:02.26
	150m:	2:48.71	59.26	550m:	11:02.38	1:02.20	950m:	19:20.84	1:03.02	1350m:	27:42.72	1:03.90
	200m:	3:49.22	1:00.51	600m:	12:04.78	1:02.40	1000m:	20:22.76	1:01.92	1400m:	28:45.16	1:02.44
	250m:	4:50.77	1:01.55	650m:	13:07.16	1:02.38	1050m:	21:25.21	1:02.45	1450m:	29:46.28	1:01.12
	300m:	5:52.21	1:01.44	700m:	14:09.22	1:02.06	1100m:	22:27.82	1:02.61	1500m:	30:41.80	55.52
	350m:	6:54.56	1:02.35	750m:	15:11.40	1:02.18	1150m:	23:30.69	1:02.87			
	400m:	7:55.66	1:01.10	800m:	16:14.56	1:03.16	1200m:	24:33.74	1:03.05			

Masters 70+

1.	Annie Smits	PSV	31:43.56	194600016	30:47.69	+1,37						
	50m:	54.84	54.84	450m:	9:09.79	1:02.06	850m:	17:28.38	1:03.19	1250m:	25:46.28	1:01.74
	100m:	1:56.00	1:01.16	500m:	10:11.22	1:01.43	900m:	18:30.66	1:02.28	1300m:	26:48.16	1:01.88
	150m:	2:57.95	1:01.95	550m:	11:13.65	1:02.43	950m:	19:33.59	1:02.93	1350m:	27:49.67	1:01.51
	200m:	3:59.51	1:01.56	600m:	12:16.00	1:02.35	1000m:	20:35.51	1:01.92	1400m:	28:50.32	1:00.65
	250m:	5:01.44	1:01.93	650m:	13:18.26	1:02.26	1050m:	21:37.91	1:02.40	1450m:	29:49.53	59.21
	300m:	6:03.25	1:01.81	700m:	14:20.08	1:01.82	1100m:	22:40.08	1:02.17	1500m:	30:47.69	58.16
	350m:	7:05.51	1:02.26	750m:	15:22.83	1:02.75	1150m:	23:42.23	1:02.15			
	400m:	8:07.73	1:02.22	800m:	16:25.19	1:02.36	1200m:	24:44.54	1:02.31			
2.	Matty van der Veen	Old Dutch	31:14.32	194400020	32:07.37	+1,40						
	50m:	53.78	53.78	450m:	9:09.80	1:02.79	850m:	17:46.41	1:05.21	1250m:	26:32.99	1:05.05
	100m:	1:53.00	59.22	500m:	10:13.88	1:04.08	900m:	18:52.60	1:06.19	1300m:	27:39.64	1:06.65
	150m:	2:53.63	1:00.63	550m:	11:17.42	1:03.54	950m:	19:56.70	1:04.10	1350m:	28:46.28	1:06.64
	200m:	3:56.09	1:02.46	600m:	12:22.05	1:04.63	1000m:	21:02.58	1:05.88	1400m:	29:53.21	1:06.93
	250m:	4:58.09	1:02.00	650m:	13:25.84	1:03.79	1050m:	22:07.33	1:04.75	1450m:	30:59.54	1:06.33
	300m:	6:00.72	1:02.63	700m:	14:31.10	1:05.26	1100m:	23:14.70	1:07.37	1500m:	32:07.37	1:07.83
	350m:	7:03.47	1:02.75	750m:	15:35.42	1:04.32	1150m:	24:19.89	1:05.19			
	400m:	8:07.01	1:03.54	800m:	16:41.20	1:05.78	1200m:	25:27.94	1:08.05			

Programmanr. 2
05-05-2016 - 16:40

Heren, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging				inschrijftijd				tijd				RT
Masters 20+														
1.	Paul van Grol	WIDEX GZC DONK				19:56.66		199602951		19:44.20		+0,64		
	50m:	30.52	30.52	450m:	5:43.12	40.27	850m:	11:02.02	39.84	1250m:	16:26.03	40.31		
	100m:	1:07.07	36.55	500m:	6:22.68	39.56	900m:	11:42.62	40.60	1300m:	17:06.56	40.53		
	150m:	1:46.37	39.30	550m:	7:03.11	40.43	950m:	12:22.96	40.34	1350m:	17:46.47	39.91		
	200m:	2:25.25	38.88	600m:	7:42.42	39.31	1000m:	13:03.95	40.99	1400m:	18:26.82	40.35		
	250m:	3:04.53	39.28	650m:	8:22.89	40.47	1050m:	13:44.29	40.34	1450m:	19:06.28	39.46		
	300m:	3:43.42	38.89	700m:	9:02.33	39.44	1100m:	14:25.02	40.73	1500m:	19:44.20	37.92		
	350m:	4:23.33	39.91	750m:	9:41.98	39.65	1150m:	15:05.26	40.24					
	400m:	5:02.85	39.52	800m:	10:22.18	40.20	1200m:	15:45.72	40.46					
2.	Remco Oskam	WIDEX GZC DONK				19:06.77		199205583		19:56.97		+0,82		
	50m:	32.37	32.37	450m:	5:39.15	39.40	850m:	11:03.67	40.84	1250m:	16:34.93	41.79		
	100m:	1:09.31	36.94	500m:	6:19.08	39.93	900m:	11:44.96	41.29	1300m:	17:15.76	40.83		
	150m:	1:47.24	37.93	550m:	6:58.52	39.44	950m:	12:25.86	40.90	1350m:	17:56.39	40.63		
	200m:	2:25.14	37.90	600m:	7:39.01	40.49	1000m:	13:07.61	41.75	1400m:	18:37.38	40.99		
	250m:	3:03.33	38.19	650m:	8:19.75	40.74	1050m:	13:49.14	41.53	1450m:	19:17.62	40.24		
	300m:	3:41.70	38.37	700m:	9:00.76	41.01	1100m:	14:30.82	41.68	1500m:	19:56.97	39.35		
	350m:	4:20.65	38.95	750m:	9:41.59	40.83	1150m:	15:11.84	41.02					
	400m:	4:59.75	39.10	800m:	10:22.83	41.24	1200m:	15:53.14	41.30					
3.	Bram van Ginneken	Hieronymus				20:08.93		199501385		21:42.18		+1,01		
	50m:	34.36	34.36	450m:	6:07.65	43.19	850m:	12:05.17	44.99	1250m:	18:01.66	43.24		
	100m:	1:12.24	37.88	500m:	6:52.45	44.80	900m:	12:49.51	44.34	1300m:	18:46.72	45.06		
	150m:	1:52.20	39.96	550m:	7:37.25	44.80	950m:	13:34.25	44.74	1350m:	19:31.85	45.13		
	200m:	2:32.67	40.47	600m:	8:21.43	44.18	1000m:	14:18.97	44.72	1400m:	20:16.43	44.58		
	250m:	3:14.43	41.76	650m:	9:06.39	44.96	1050m:	15:03.69	44.72	1450m:	21:00.39	43.96		
	300m:	3:56.58	42.15	700m:	9:51.52	45.13	1100m:	15:49.55	45.86	1500m:	21:42.18	41.79		
	350m:	4:40.60	44.02	750m:	10:36.03	44.51	1150m:	16:33.28	43.73					
	400m:	5:24.46	43.86	800m:	11:20.18	44.15	1200m:	17:18.42	45.14					
4.	Danny Vochteloo	ZZG De Boskikkers				24:37.07		199207251		26:31.60		+1,07		
	50m:	45.75	45.75	450m:	7:43.20	53.33	850m:	14:48.42	53.53	1250m:	22:01.09	53.69		
	100m:	1:35.09	49.34	500m:	8:35.75	52.55	900m:	15:43.30	54.88	1300m:	22:55.84	54.75		
	150m:	2:25.96	50.87	550m:	9:28.65	52.90	950m:	16:36.49	53.19	1350m:	23:49.44	53.60		
	200m:	3:18.15	52.19	600m:	10:21.57	52.92	1000m:	17:31.20	54.71	1400m:	24:44.07	54.63		
	250m:	4:10.87	52.72	650m:	11:15.43	53.86	1050m:	18:24.49	53.29	1450m:	25:36.99	52.92		
	300m:	5:03.53	52.66	700m:	12:08.17	52.74	1100m:	19:18.89	54.40	1500m:	26:31.60	54.61		
	350m:	5:56.84	53.31	750m:	13:01.44	53.27	1150m:	20:12.18	53.29					
	400m:	6:49.87	53.03	800m:	13:54.89	53.45	1200m:	21:07.40	55.22					
Masters 25+														
1.	Tim Bunnik	Triton				17:45.77		199000505		18:50.71		+0,78		
	50m:	31.86	31.86	450m:	5:34.25	38.57	850m:	10:37.50	37.92	1250m:	15:43.38	38.31		
	100m:	1:07.91	36.05	500m:	6:11.86	37.61	900m:	11:15.63	38.13	1300m:	16:21.38	38.00		
	150m:	1:44.96	37.05	550m:	6:49.50	37.64	950m:	11:54.26	38.63	1350m:	16:59.20	37.82		
	200m:	2:22.57	37.61	600m:	7:27.49	37.99	1000m:	12:32.83	38.57	1400m:	17:38.03	38.83		
	250m:	3:00.86	38.29	650m:	8:05.74	38.25	1050m:	13:11.41	38.58	1450m:	18:15.20	37.17		
	300m:	3:39.11	38.25	700m:	8:44.48	38.74	1100m:	13:48.41	37.00	1500m:	18:50.71	35.51		
	350m:	4:17.75	38.64	750m:	9:21.98	37.50	1150m:	14:26.23	37.82					
	400m:	4:55.68	37.93	800m:	9:59.58	37.60	1200m:	15:05.07	38.84					
2.	Maik Steenkamp	Montferland				18:02.95		199103847		19:10.38		+0,79		
	50m:	32.12	32.12	450m:	5:35.55	38.58	850m:	10:45.87	39.04	1250m:	15:58.41	39.39		
	100m:	1:08.04	35.92	500m:	6:14.71	39.16	900m:	11:24.59	38.72	1300m:	16:37.39	38.98		
	150m:	1:45.75	37.71	550m:	6:53.75	39.04	950m:	12:03.70	39.11	1350m:	17:16.22	38.83		
	200m:	2:23.34	37.59	600m:	7:32.39	38.64	1000m:	12:42.60	38.90	1400m:	17:55.16	38.94		
	250m:	3:01.90	38.56	650m:	8:11.13	38.74	1050m:	13:22.16	39.56	1450m:	18:33.63	38.47		
	300m:	3:39.75	37.85	700m:	8:49.61	38.48	1100m:	14:00.90	38.74	1500m:	19:10.38	36.75		
	350m:	4:18.66	38.91	750m:	9:28.55	38.94	1150m:	14:40.19	39.29					
	400m:	4:56.97	38.31	800m:	10:06.83	38.28	1200m:	15:19.02	38.83					
3.	Niels Albrechts	MGO (SG)				18:21.23		198800039		19:43.40		+0,81		
	50m:	33.92	33.92	450m:	5:45.31	39.92	850m:	11:05.69	39.42	1250m:	16:27.28	39.87		
	100m:	1:11.47	37.55	500m:	6:25.53	40.22	900m:	11:45.59	39.90	1300m:	17:07.19	39.91		
	150m:	1:49.83	38.36	550m:	7:05.78	40.25	950m:	12:25.25	39.66	1350m:	17:47.12	39.93		
	200m:	2:28.92	39.09	600m:	7:45.77	39.99	1000m:	13:05.44	40.19	1400m:	18:26.68	39.56		
	250m:	3:07.52	38.60	650m:	8:26.28	40.51	1050m:	13:46.34	40.90	1450m:	19:05.54	38.86		
	300m:	3:46.39	38.87	700m:	9:06.23	39.95	1100m:	14:27.59	41.25	1500m:	19:43.40	37.86		
	350m:	4:25.72	39.33	750m:	9:46.46	40.23	1150m:	15:07.17	39.58					
	400m:	5:05.39	39.67	800m:	10:26.27	39.81	1200m:	15:47.41	40.24					

Programmanr. 2, Heren, 1500m vrije slag, Masters 25+

rang	naam	vereniging			inschrijftijd			tijd			RT	
4.	Mark Godwaldt	PSV			20:30.00			198701039			20:41.40	+0,84
	50m:	34.38	34.38	450m:	6:03.24	41.69	850m:	11:38.82	41.85	1250m:	17:13.88	41.71
	100m:	1:13.60	39.22	500m:	6:45.10	41.86	900m:	12:20.05	41.23	1300m:	17:56.33	42.45
	150m:	1:54.49	40.89	550m:	7:26.65	41.55	950m:	13:01.38	41.33	1350m:	18:37.90	41.57
	200m:	2:35.59	41.10	600m:	8:08.41	41.76	1000m:	13:43.59	42.21	1400m:	19:20.01	42.11
	250m:	3:16.79	41.20	650m:	8:50.53	42.12	1050m:	14:25.54	41.95	1450m:	20:01.79	41.78
	300m:	3:58.43	41.64	700m:	9:33.23	42.70	1100m:	15:08.03	42.49	1500m:	20:41.40	39.61
	350m:	4:39.63	41.20	750m:	10:15.04	41.81	1150m:	15:49.92	41.89			
	400m:	5:21.55	41.92	800m:	10:56.97	41.93	1200m:	16:32.17	42.25			

Masters 30+

1.	Erik Schröder	TriVia	16:38.07	198402025	17:21.03	+0,91						
	50m:	30.14	30.14	450m:	5:07.48	35.12	850m:	9:49.16	35.24	1250m:	14:28.82	34.77
	100m:	1:03.53	33.39	500m:	5:42.91	35.43	900m:	10:24.23	35.07	1300m:	15:03.79	34.97
	150m:	1:37.44	33.91	550m:	6:18.10	35.19	950m:	10:59.14	34.91	1350m:	15:38.77	34.98
	200m:	2:11.80	34.36	600m:	6:53.60	35.50	1000m:	11:34.21	35.07	1400m:	16:13.67	34.90
	250m:	2:46.68	34.88	650m:	7:28.80	35.20	1050m:	12:09.25	35.04	1450m:	16:48.19	34.52
	300m:	3:21.92	35.24	700m:	8:03.89	35.09	1100m:	12:44.17	34.92	1500m:	17:21.03	32.84
	350m:	3:56.96	35.04	750m:	8:38.88	34.99	1150m:	13:19.19	35.02			
	400m:	4:32.36	35.40	800m:	9:13.92	35.04	1200m:	13:54.05	34.86			
2.	Remco van Althuis	SBC2000	17:57.48	198300029	17:57.36	+0,84						
	50m:	30.96	30.96	450m:	5:16.87	36.36	850m:	10:06.93	36.02	1250m:	14:57.86	36.37
	100m:	1:04.88	33.92	500m:	5:53.40	36.53	900m:	10:43.52	36.59	1300m:	15:34.40	36.54
	150m:	1:39.80	34.92	550m:	6:29.37	35.97	950m:	11:19.62	36.10	1350m:	16:10.57	36.17
	200m:	2:15.35	35.55	600m:	7:05.81	36.44	1000m:	11:56.29	36.67	1400m:	16:47.13	36.56
	250m:	2:51.35	36.00	650m:	7:41.82	36.01	1050m:	12:32.50	36.21	1450m:	17:23.26	36.13
	300m:	3:27.61	36.26	700m:	8:18.46	36.64	1100m:	13:08.96	36.46	1500m:	17:57.36	34.10
	350m:	4:03.85	36.24	750m:	8:54.32	35.86	1150m:	13:44.95	35.99			
	400m:	4:40.51	36.66	800m:	9:30.91	36.59	1200m:	14:21.49	36.54			
3.	Frank van der Voordt	MGO (SG)	19:26.75	198302259	20:28.54	+0,74						
	50m:	33.37	33.37	450m:	5:47.84	40.26	850m:	11:13.71	41.54	1250m:	16:54.02	43.05
	100m:	1:10.77	37.40	500m:	6:28.07	40.23	900m:	11:55.11	41.40	1300m:	17:37.15	43.13
	150m:	1:49.52	38.75	550m:	7:08.53	40.46	950m:	12:37.52	42.41	1350m:	18:20.99	43.84
	200m:	2:28.28	38.76	600m:	7:49.47	40.94	1000m:	13:19.60	42.08	1400m:	19:04.19	43.20
	250m:	3:07.80	39.52	650m:	8:30.18	40.71	1050m:	14:02.25	42.65	1450m:	19:47.42	43.23
	300m:	3:47.75	39.95	700m:	9:10.84	40.66	1100m:	14:44.81	42.56	1500m:	20:28.54	41.12
	350m:	4:27.51	39.76	750m:	9:51.83	40.99	1150m:	15:28.23	43.42			
	400m:	5:07.58	40.07	800m:	10:32.17	40.34	1200m:	16:10.97	42.74			
4.	Dyon de Greef	Budel	22:26.66	198202385	23:29.97	+0,81						
	50m:	37.43	37.43	450m:	6:53.32	47.60	850m:	13:11.51	47.82	1250m:	19:36.30	49.09
	100m:	1:22.64	45.21	500m:	7:41.21	47.89	900m:	13:58.94	47.43	1300m:	20:24.64	48.34
	150m:	2:08.88	46.24	550m:	8:27.61	46.40	950m:	14:46.50	47.56	1350m:	21:13.03	48.39
	200m:	2:56.38	47.50	600m:	9:14.72	47.11	1000m:	15:34.50	48.00	1400m:	22:00.62	47.59
	250m:	3:43.32	46.94	650m:	10:01.92	47.20	1050m:	16:22.23	47.73	1450m:	22:45.84	45.22
	300m:	4:30.70	47.38	700m:	10:48.79	46.87	1100m:	17:10.99	48.76	1500m:	23:29.97	44.13
	350m:	5:18.33	47.63	750m:	11:36.40	47.61	1150m:	17:58.94	47.95			
	400m:	6:05.72	47.39	800m:	12:23.69	47.29	1200m:	18:47.21	48.27			
5.	Rob van Wanrooy	Gay Swim Amsterdam	22:10.05	198202627	23:43.70	+0,79						
	50m:	37.68	37.68	450m:	6:51.22	47.64	850m:	13:17.24	48.03	1250m:	19:47.63	49.68
	100m:	1:22.43	44.75	500m:	7:39.90	48.68	900m:	14:05.98	48.74	1300m:	20:37.31	49.68
	150m:	2:07.58	45.15	550m:	8:28.00	48.10	950m:	14:54.05	48.07	1350m:	21:25.19	47.88
	200m:	2:54.43	46.85	600m:	9:16.40	48.40	1000m:	15:42.70	48.65	1400m:	22:14.65	49.46
	250m:	3:40.54	46.11	650m:	10:04.05	47.65	1050m:	16:31.10	48.40	1450m:	23:02.37	47.72
	300m:	4:28.00	47.46	700m:	10:52.81	48.76	1100m:	17:19.82	48.72	1500m:	23:43.70	41.33
	350m:	5:15.32	47.32	750m:	11:40.88	48.07	1150m:	18:08.63	48.81			
	400m:	6:03.58	48.26	800m:	12:29.21	48.33	1200m:	18:57.95	49.32			

Masters 35+

1.	Marcel Reefhuis			WS Twente			18:56.08		198101381		19:18.01		+0,77
	50m:	32.75	32.75	450m:	5:33.89	38.06	850m:	10:41.40	38.76	1250m:	15:58.50	40.29	
	100m:	1:08.98	36.23	500m:	6:12.27	38.38	900m:	11:20.36	38.96	1300m:	16:38.40	39.90	
	150m:	1:45.98	37.00	550m:	6:50.28	38.01	950m:	11:59.48	39.12	1350m:	17:18.67	40.27	
	200m:	2:23.68	37.70	600m:	7:28.57	38.29	1000m:	12:38.76	39.28	1400m:	17:58.92	40.25	
	250m:	3:01.47	37.79	650m:	8:06.78	38.21	1050m:	13:18.29	39.53	1450m:	18:38.98	40.06	
	300m:	3:39.88	38.41	700m:	8:45.12	38.34	1100m:	13:58.06	39.77	1500m:	19:18.01	39.03	
	350m:	4:17.69	37.81	750m:	9:23.70	38.58	1150m:	14:38.02	39.96				
	400m:	4:55.83	38.14	800m:	10:02.64	38.94	1200m:	15:18.21	40.19				

Programmanr. 2, Heren, 1500m vrije slag, Masters 35+

rang	naam	vereniging			inschrijftijd			tijd			RT	
2.	Freddie Geerlings	NIMO			19:32.53			197900379			19:58.66	+0,80
	50m:	33.60	33.60	450m:	5:41.87	40.05	850m:	11:06.06	40.67	1250m:	16:34.44	41.59
	100m:	1:10.83	37.23	500m:	6:22.10	40.23	900m:	11:46.79	40.73	1300m:	17:15.95	41.51
	150m:	1:48.43	37.60	550m:	7:02.20	40.10	950m:	12:28.12	41.33	1350m:	17:57.78	41.83
	200m:	2:26.51	38.08	600m:	7:42.55	40.35	1000m:	13:08.42	40.30	1400m:	18:38.07	40.29
	250m:	3:04.66	38.15	650m:	8:23.69	41.14	1050m:	13:49.70	41.28	1450m:	19:20.08	42.01
	300m:	3:43.31	38.65	700m:	9:04.30	40.61	1100m:	14:30.58	40.88	1500m:	19:58.66	38.58
	350m:	4:22.30	38.99	750m:	9:44.77	40.47	1150m:	15:11.88	41.30			
	400m:	5:01.82	39.52	800m:	10:25.39	40.62	1200m:	15:52.85	40.97			
3.	Raymond Oosterbaan	WIDEX GZC DONK			20:01.78			197700711			21:41.46 *	+0,95
	50m:	32.81	32.81	450m:	6:07.78	43.69	850m:	12:03.11	44.86	1250m:	18:04.19	44.41
	100m:	1:11.42	38.61	500m:	6:53.01	45.23	900m:	12:49.18	46.07	1300m:	18:49.08	44.89
	150m:	1:51.68	40.26	550m:	7:37.05	44.04	950m:	13:34.07	44.89	1350m:	19:32.18	43.10
	200m:	2:33.97	42.29	600m:	8:21.11	44.06	1000m:	14:19.19	45.12	1400m:	20:16.42	44.24
	250m:	3:15.95	41.98	650m:	9:04.87	43.76	1050m:	15:03.69	44.50	1450m:	20:58.85	42.43
	300m:	3:59.01	43.06	700m:	9:49.45	44.58	1100m:	15:49.74	46.05	1500m:	21:41.46	42.61
	350m:	4:40.85	41.84	750m:	10:33.70	44.25	1150m:	16:33.88	44.14			
	400m:	5:24.09	43.24	800m:	11:18.25	44.55	1200m:	17:19.78	45.90			

Masters 40+

1.	Ben Rutten	OZEKA				18:35.06	10220/76		18:18.25		+0,86	
	Kampioenschaps Record, Belgisch Masters Record											
	50m:	32.21	32.21	450m:	5:22.88	36.54	850m:	10:16.11	36.40	1250m:	15:12.89	37.18
	100m:	1:07.93	35.72	500m:	5:59.54	36.66	900m:	10:53.00	36.89	1300m:	15:50.37	37.48
	150m:	1:44.33	36.40	550m:	6:29.67	30.13	950m:	11:29.72	36.72	1350m:	16:27.75	37.38
	200m:	2:20.78	36.45	600m:	7:12.76	43.09	1000m:	12:06.81	37.09	1400m:	17:04.85	37.10
	250m:	2:56.84	36.06	650m:	7:49.22	36.46	1050m:	12:43.64	36.83	1450m:	17:41.92	37.07
	300m:	3:33.49	36.65	700m:	8:26.30	37.08	1100m:	13:20.93	37.29	1500m:	18:18.25	36.33
	350m:	4:09.55	36.06	750m:	9:02.74	36.44	1150m:	13:42.08	21.15			
	400m:	4:46.34	36.79	800m:	9:39.71	36.97	1200m:	14:35.71	53.63			
2.	Erwin Zuidervelt	De Futen				20:46.95	197501015		21:59.06		+0,83	
	50m:	35.81	35.81	450m:	6:17.02	44.24	850m:	12:14.37	46.05	1250m:	18:18.94	46.12
	100m:	1:16.05	40.24	500m:	7:00.87	43.85	900m:	12:59.00	44.63	1300m:	19:03.90	44.96
	150m:	1:57.96	41.91	550m:	7:45.34	44.47	950m:	13:44.63	45.63	1350m:	19:50.41	46.51
	200m:	2:40.03	42.07	600m:	8:29.19	43.85	1000m:	14:29.84	45.21	1400m:	20:34.58	44.17
	250m:	3:22.57	42.54	650m:	9:13.68	44.49	1050m:	15:16.00	46.16	1450m:	21:19.81	45.23
	300m:	4:05.10	42.53	700m:	9:58.03	44.35	1100m:	16:00.63	44.63	1500m:	21:59.06	39.25
	350m:	4:49.35	44.25	750m:	10:43.27	45.24	1150m:	16:46.90	46.27			
	400m:	5:32.78	43.43	800m:	11:28.32	45.05	1200m:	17:32.82	45.92			
3.	Kasper van den Berghe	Swol 1894				22:04.34	197301125		22:01.61		+0,77	
	50m:	39.14	39.14	450m:	6:26.17	44.14	850m:	12:17.25	44.25	1250m:	18:18.19	44.99
	100m:	1:22.38	43.24	500m:	7:09.32	43.15	900m:	13:01.30	44.05	1300m:	19:03.30	45.11
	150m:	2:06.05	43.67	550m:	7:53.15	43.83	950m:	13:46.71	45.41	1350m:	19:48.85	45.55
	200m:	2:49.08	43.03	600m:	8:37.12	43.97	1000m:	14:31.76	45.05	1400m:	20:33.80	44.95
	250m:	3:32.01	42.93	650m:	9:20.83	43.71	1050m:	15:17.78	46.02	1450m:	21:19.90	46.10
	300m:	4:14.99	42.98	700m:	10:04.56	43.73	1100m:	16:02.16	44.38	1500m:	22:01.61	41.71
	350m:	4:58.99	44.00	750m:	10:49.08	44.52	1150m:	16:47.90	45.74			
	400m:	5:42.03	43.04	800m:	11:33.00	43.92	1200m:	17:33.20	45.30			
4.	Roan Doves	ZVVS				23:41.57	197501427		24:11.86		+1,18	
	50m:	43.46	43.46	450m:	7:08.60	48.28	850m:	13:38.41	48.77	1250m:	20:09.77	49.13
	100m:	1:29.52	46.06	500m:	7:57.51	48.91	900m:	14:27.46	49.05	1300m:	20:58.03	48.26
	150m:	2:16.96	47.44	550m:	8:45.40	47.89	950m:	15:16.53	49.07	1350m:	21:47.62	49.59
	200m:	3:05.54	48.58	600m:	9:33.92	48.52	1000m:	16:05.49	48.96	1400m:	22:35.78	48.16
	250m:	3:53.69	48.15	650m:	10:23.59	49.67	1050m:	16:54.73	49.24	1450m:	23:24.76	48.98
	300m:	4:43.27	49.58	700m:	11:11.64	48.05	1100m:	17:43.52	48.79	1500m:	24:11.86	47.10
	350m:	5:31.86	48.59	750m:	12:00.29	48.65	1150m:	18:32.73	49.21			
	400m:	6:20.32	48.46	800m:	12:49.64	49.35	1200m:	19:20.64	47.91			

Masters 45+

1.	Roland Klein-Bölting		Bocholter WSV		18:40.71	74076		18:37.53		+1,01		
	50m:	32.61	32.61	450m:	5:33.95	38.03	850m:	10:36.38	37.62	1250m:	15:34.80	36.97
	100m:	1:08.91	36.30	500m:	6:11.71	37.76	900m:	11:13.81	37.43	1300m:	16:11.93	37.13
	150m:	1:46.60	37.69	550m:	6:49.82	38.11	950m:	11:51.33	37.52	1350m:	16:48.92	36.99
	200m:	2:24.37	37.77	600m:	7:27.82	38.00	1000m:	12:28.94	37.61	1400m:	17:25.79	36.87
	250m:	3:02.45	38.08	650m:	8:05.63	37.81	1050m:	13:06.31	37.37	1450m:	18:02.58	36.79
	300m:	3:40.10	37.65	700m:	8:43.42	37.79	1100m:	13:43.84	37.53	1500m:	18:37.53	34.95
	350m:	4:17.93	37.83	750m:	9:21.07	37.65	1150m:	14:20.82	36.98			
	400m:	4:55.92	37.99	800m:	9:58.76	37.69	1200m:	14:57.83	37.01			

Programmanr. 2, Heren, 1500m vrije slag, Masters 45+

rang	naam		vereniging		inschrijftijd				tijd		RT	
2.	Rob Kwaaitaal		De Waalstroom		19:21.67		197001627		19:43.24		+0,91	
	50m:	35.17	35.17	450m:	5:51.92	40.50	850m:	11:10.55	40.11	1250m:	16:28.45	39.81
	100m:	1:13.36	38.19	500m:	6:31.63	39.71	900m:	11:49.67	39.12	1300m:	17:07.77	39.32
	150m:	1:52.73	39.37	550m:	7:11.44	39.81	950m:	12:29.61	39.94	1350m:	17:47.97	40.20
	200m:	2:32.20	39.47	600m:	7:51.13	39.69	1000m:	13:09.41	39.80	1400m:	18:27.29	39.32
	250m:	3:12.11	39.91	650m:	8:31.56	40.43	1050m:	13:49.48	40.07	1450m:	19:06.29	39.00
	300m:	3:51.59	39.48	700m:	9:11.28	39.72	1100m:	14:28.87	39.39	1500m:	19:43.24	36.95
	350m:	4:31.58	39.99	750m:	9:50.64	39.36	1150m:	15:08.83	39.96			
	400m:	5:11.42	39.84	800m:	10:30.44	39.80	1200m:	15:48.64	39.81			
3.	Markus Gürtler		SSF Bonn		21:50.41		367323		22:01.72		+1,06	
	50m:	37.01	37.01	450m:	6:18.22	43.51	850m:	12:16.18	44.73	1250m:	18:16.05	44.30
	100m:	1:17.06	40.05	500m:	7:02.93	44.71	900m:	13:01.77	45.59	1300m:	19:02.36	46.31
	150m:	1:58.13	41.07	550m:	7:46.53	43.60	950m:	13:46.15	44.38	1350m:	19:47.24	44.88
	200m:	2:41.08	42.95	600m:	8:31.87	45.34	1000m:	14:32.16	46.01	1400m:	20:33.49	46.25
	250m:	3:23.90	42.82	650m:	9:15.66	43.79	1050m:	15:16.14	43.98	1450m:	21:18.05	44.56
	300m:	4:07.23	43.33	700m:	10:01.50	45.84	1100m:	16:01.62	45.48	1500m:	22:01.72	43.67
	350m:	4:50.46	43.23	750m:	10:46.00	44.50	1150m:	16:46.26	44.64			
	400m:	5:34.71	44.25	800m:	11:31.45	45.45	1200m:	17:31.75	45.49			
4.	Albert Roosenboom		Budel		22:40.42		197101599		24:05.26		+0,95	
	50m:	39.82	39.82	450m:	7:01.58	48.03	850m:	13:31.72	48.86	1250m:	20:06.14	48.85
	100m:	1:25.22	45.40	500m:	7:49.73	48.15	900m:	14:20.91	49.19	1300m:	20:55.64	49.50
	150m:	2:12.97	47.75	550m:	8:38.11	48.38	950m:	15:10.51	49.60	1350m:	21:43.99	48.35
	200m:	3:00.92	47.95	600m:	9:26.59	48.48	1000m:	16:00.28	49.77	1400m:	22:31.89	47.90
	250m:	3:49.13	48.21	650m:	10:15.24	48.65	1050m:	16:48.72	48.44	1450m:	23:19.61	47.72
	300m:	4:37.32	48.19	700m:	11:04.42	49.18	1100m:	17:38.61	49.89	1500m:	24:05.26	45.65
	350m:	5:25.39	48.07	750m:	11:53.82	49.40	1150m:	18:27.21	48.60			
	400m:	6:13.55	48.16	800m:	12:42.86	49.04	1200m:	19:17.29	50.08			
5.	Edward van Nijmweegen		Budel		26:40.81		197001635		26:18.73		+1,02	
	100/200/400/800m*											
	50m:	41.19	41.19	450m:	7:34.42	51.09	850m:	14:34.09	52.73	1250m:	21:48.76	56.21
	100m:	1:29.19	48.00	500m:	8:26.96	52.54	900m:	15:27.59	53.50	1300m:	22:43.22	54.46
	150m:	2:19.27	50.08	550m:	9:17.87	50.91	950m:	16:20.74	53.15	1350m:	23:38.41	55.19
	200m:	3:13.15	53.88	600m:	10:10.20	52.33	1000m:	17:14.51	53.77	1400m:	24:32.43	54.02
	250m:	4:05.62	52.47	650m:	11:02.65	52.45	1050m:	18:08.80	54.29	1450m:	25:27.93	55.50
	300m:	4:59.01	53.39	700m:	11:55.42	52.77	1100m:	19:03.45	54.65	1500m:	26:18.73	50.80
	350m:	5:50.46	51.45	750m:	12:48.46	53.04	1150m:	19:57.46	54.01			
	400m:	6:43.33	52.87	800m:	13:41.36	52.90	1200m:	20:52.55	55.09			
AFGEM	Ferry Adema		d'ELFT WAVE (SG)		20:07.34		197100007					
AFGEM	Andy Feyen		ZIK		20:29.10		11002/67					

Masters 50+

1.	Georg Wambach	SSF Bonn	20:23.39	288629	19:08.16	+0,79						
	50m:	35.12	35.12	450m:	5:44.37	38.45	850m:	10:50.64	38.75	1250m:	15:59.11	38.68
	100m:	1:13.84	38.72	500m:	6:22.61	38.24	900m:	11:28.83	38.19	1300m:	16:37.64	38.53
	150m:	1:52.62	38.78	550m:	7:00.78	38.17	950m:	12:07.45	38.62	1350m:	17:16.29	38.65
	200m:	2:31.25	38.63	600m:	7:38.70	37.92	1000m:	12:45.78	38.33	1400m:	17:54.99	38.70
	250m:	3:09.98	38.73	650m:	8:17.03	38.33	1050m:	13:24.45	38.67	1450m:	18:32.03	37.04
	300m:	3:48.69	38.71	700m:	8:54.94	37.91	1100m:	14:03.10	38.65	1500m:	19:08.16	36.13
	350m:	4:27.40	38.71	750m:	9:33.38	38.44	1150m:	14:41.66	38.56			
	400m:	5:05.92	38.52	800m:	10:11.89	38.51	1200m:	15:20.43	38.77			
2.	Bob de Vries	Aquapoldro	19:19.03	196601101	19:12.28	+0,81						
	50m:	31.93	31.93	450m:	5:37.39	38.72	850m:	10:46.28	38.71	1250m:	15:56.79	39.50
	100m:	1:09.47	37.54	500m:	6:16.01	38.62	900m:	11:25.18	38.90	1300m:	16:36.10	39.31
	150m:	1:47.29	37.82	550m:	6:54.37	38.36	950m:	12:03.81	38.63	1350m:	17:15.91	39.81
	200m:	2:25.16	37.87	600m:	7:33.17	38.80	1000m:	12:42.55	38.74	1400m:	17:55.43	39.52
	250m:	3:03.00	37.84	650m:	8:11.39	38.22	1050m:	13:20.85	38.30	1450m:	18:34.64	39.21
	300m:	3:41.36	38.36	700m:	8:50.04	38.65	1100m:	13:59.54	38.69	1500m:	19:12.28	37.64
	350m:	4:19.89	38.53	750m:	9:28.88	38.84	1150m:	14:38.15	38.61			
	400m:	4:58.67	38.78	800m:	10:07.57	38.69	1200m:	15:17.29	39.14			
3.	Jan Brink	ZPC De Zeeuwse Kust	18:33.94	196200091	19:27.92	+0,85						
	50m:	33.19	33.19	450m:	5:37.68	39.01	850m:	10:51.71	39.24	1250m:	16:09.76	39.67
	100m:	1:09.50	36.31	500m:	6:16.71	39.03	900m:	11:31.35	39.64	1300m:	16:49.85	40.09
	150m:	1:47.11	37.61	550m:	6:56.05	39.34	950m:	12:10.66	39.31	1350m:	17:29.78	39.93
	200m:	2:24.84	37.73	600m:	7:35.37	39.32	1000m:	12:50.54	39.88	1400m:	18:10.32	40.54
	250m:	3:03.35	38.51	650m:	8:14.49	39.12	1050m:	13:30.00	39.46	1450m:	18:50.05	39.73
	300m:	3:41.08	37.73	700m:	8:54.04	39.55	1100m:	14:09.98	39.98	1500m:	19:27.92	37.87
	350m:	4:19.96	38.88	750m:	9:33.09	39.05	1150m:	14:49.76	39.78			
	400m:	4:58.67	38.71	800m:	10:12.47	39.38	1200m:	15:30.09	40.33			

Programmanr. 2, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging				inschrijftijd				tijd				RT	
4.	Jordi Van Engelen	ZIK				18:53.31				11008/66				19:42.62	+0,90
	50m:	35.02	35.02	450m:	5:45.06	38.70	850m:	11:04.20	39.85	1250m:	16:26.65	40.47			
	100m:	1:13.54	38.52	500m:	6:24.47	39.41	900m:	11:44.22	40.02	1300m:	17:06.66	40.01			
	150m:	1:51.76	38.22	550m:	7:03.64	39.17	950m:	12:24.10	39.88	1350m:	17:46.88	40.22			
	200m:	2:30.54	38.78	600m:	7:44.08	40.44	1000m:	13:04.76	40.66	1400m:	18:27.47	40.59			
	250m:	3:08.85	38.31	650m:	8:23.80	39.72	1050m:	13:45.12	40.36	1450m:	19:06.18	38.71			
	300m:	3:47.88	39.03	700m:	9:04.29	40.49	1100m:	14:25.86	40.74	1500m:	19:42.62	36.44			
	350m:	4:26.84	38.96	750m:	9:43.77	39.48	1150m:	15:05.71	39.85						
	400m:	5:06.36	39.52	800m:	10:24.35	40.58	1200m:	15:46.18	40.47						
5.	Nico Paasse	MGO (SG)				19:59.58				196501463				20:45.61	+0,95
	50m:	34.09	34.09	450m:	6:02.07	42.33	850m:	11:37.35	41.66	1250m:	17:13.73	41.66			
	100m:	1:12.24	38.15	500m:	6:45.13	43.06	900m:	12:18.81	41.46	1300m:	17:56.55	42.82			
	150m:	1:52.55	40.31	550m:	7:26.60	41.47	950m:	13:01.05	42.24	1350m:	18:39.23	42.68			
	200m:	2:33.29	40.74	600m:	8:08.50	41.90	1000m:	13:43.33	42.28	1400m:	19:23.88	44.65			
	250m:	3:14.52	41.23	650m:	8:49.81	41.31	1050m:	14:24.74	41.41	1450m:	20:05.73	41.85			
	300m:	3:55.80	41.28	700m:	9:32.02	42.21	1100m:	15:07.03	42.29	1500m:	20:45.61	39.88			
	350m:	4:37.59	41.79	750m:	10:13.64	41.62	1150m:	15:49.04	42.01						
	400m:	5:19.74	42.15	800m:	10:55.69	42.05	1200m:	16:32.07	43.03						
6.	Karim Naili	CNBA				20:55.97				000664/66				21:07.12	+0,97
	50m:	37.43	37.43	450m:	6:11.96	41.90	850m:	11:49.90	41.78	1250m:	17:33.40	42.94			
	100m:	1:18.22	40.79	500m:	6:54.39	42.43	900m:	12:33.04	43.14	1300m:	18:17.13	43.73			
	150m:	1:59.67	41.45	550m:	7:36.37	41.98	950m:	13:15.21	42.17	1350m:	18:59.93	42.80			
	200m:	2:42.02	42.35	600m:	8:19.13	42.76	1000m:	13:58.53	43.32	1400m:	19:43.44	43.51			
	250m:	3:24.00	41.98	650m:	9:00.77	41.64	1050m:	14:41.00	42.47	1450m:	20:25.85	42.41			
	300m:	4:06.23	42.23	700m:	9:43.32	42.55	1100m:	15:24.36	43.36	1500m:	21:07.12	41.27			
	350m:	4:47.89	41.66	750m:	10:25.28	41.96	1150m:	16:07.19	42.83						
	400m:	5:30.06	42.17	800m:	11:08.12	42.84	1200m:	16:50.46	43.27						
7.	Luc Stappaerts	ShaRK				21:06.66				10208/65				22:19.87	+0,76
	50m:	37.35	37.35	450m:	6:31.25	44.93	850m:	12:31.28	44.90	1250m:	18:34.27	45.80			
	100m:	1:19.74	42.39	500m:	7:15.66	44.41	900m:	13:15.92	44.64	1300m:	19:19.71	45.44			
	150m:	2:03.30	43.56	550m:	8:00.90	45.24	950m:	14:00.99	45.07	1350m:	20:05.69	45.98			
	200m:	2:47.48	44.18	600m:	8:45.91	45.01	1000m:	14:46.01	45.02	1400m:	20:51.06	45.37			
	250m:	3:31.76	44.28	650m:	9:31.55	45.64	1050m:	15:31.58	45.57	1450m:	21:36.59	45.53			
	300m:	4:16.73	44.97	700m:	10:16.54	44.99	1100m:	16:16.77	45.19	1500m:	22:19.87	43.28			
	350m:	5:01.79	45.06	750m:	11:01.54	45.00	1150m:	17:03.07	46.30						
	400m:	5:46.32	44.53	800m:	11:46.38	44.84	1200m:	17:48.47	45.40						
8.	Joost de Kroon	AquAmigos				22:06.37				196400999				22:37.40	+1,51
	50m:	40.14	40.14	450m:	6:39.98	45.17	850m:	12:46.05	44.78	1250m:	18:54.54	45.28			
	100m:	1:23.85	43.71	500m:	7:25.59	45.61	900m:	13:32.56	46.51	1300m:	19:40.95	46.41			
	150m:	2:08.30	44.45	550m:	8:10.97	45.38	950m:	14:18.45	45.89	1350m:	20:26.55	45.60			
	200m:	2:52.70	44.40	600m:	8:57.04	46.07	1000m:	15:04.07	45.62	1400m:	21:12.73	46.18			
	250m:	3:38.01	45.31	650m:	9:42.53	45.49	1050m:	15:49.86	45.79	1450m:	21:56.48	43.75			
	300m:	4:23.81	45.80	700m:	10:28.56	46.03	1100m:	16:36.35	46.49	1500m:	22:37.40	40.92			
	350m:	5:09.49	45.68	750m:	11:14.37	45.81	1150m:	17:21.80	45.45						
	400m:	5:54.81	45.32	800m:	12:01.27	46.90	1200m:	18:09.26	47.46						
9.	Paul van der Voort	De Zwoer				21:50.28				196200715				22:37.66	+1,17
	50m:	37.50	37.50	450m:	6:42.22	46.25	850m:	12:48.37	45.43	1250m:	18:54.87	46.26			
	100m:	1:20.18	42.68	500m:	7:27.70	45.48	900m:	13:34.16	45.79	1300m:	19:41.12	46.25			
	150m:	2:05.12	44.94	550m:	8:13.64	45.94	950m:	14:20.05	45.89	1350m:	20:27.02	45.90			
	200m:	2:52.01	46.89	600m:	8:59.21	45.57	1000m:	15:05.73	45.68	1400m:	21:13.94	46.92			
	250m:	3:37.73	45.72	650m:	9:44.95	45.74	1050m:	15:51.25	45.52	1450m:	21:58.41	44.47			
	300m:	4:23.89	46.16	700m:	10:31.49	46.54	1100m:	16:37.07	45.82	1500m:	22:37.66	39.25			
	350m:	5:09.69	45.80	750m:	11:17.32	45.83	1150m:	17:22.60	45.53						
	400m:	5:55.97	46.28	800m:	12:02.94	45.62	1200m:	18:08.61	46.01						
10.	Nico Buurman	PSV				24:00.00				196401357				25:36.04	+1,01
	50m:	41.35	41.35	450m:	7:33.50	52.24	850m:	14:30.26	51.71	1250m:	21:20.65	51.25			
	100m:	1:28.66	47.31	500m:	8:26.24	52.74	900m:	15:22.19	51.93	1300m:	22:12.40	51.75			
	150m:	2:18.73	50.07	550m:	9:18.32	52.08	950m:	16:13.75	51.56	1350m:	23:03.27	50.87			
	200m:	3:10.65	51.92	600m:	10:11.09	52.77	1000m:	17:05.32	51.57	1400m:	23:54.69	51.42			
	250m:	4:02.87	52.22	650m:	11:02.91	51.82	1050m:	17:56.01	50.69	1450m:	24:45.63	50.94			
	300m:	4:55.45	52.58	700m:	11:54.74	51.83	1100m:	18:47.42	51.41	1500m:	25:36.04	50.41			
	350m:	5:49.11	53.66	750m:	12:46.63	51.89	1150m:	19:38.04	50.62						
	400m:	6:41.26	52.15	800m:	13:38.55	51.92	1200m:	20:29.40	51.36						
11.	Adri Pasman	Zuiderzeewimmers				25:06.36				196400573				26:18.12	+1,16
	50m:	45.23	45.23	450m:	7:50.96	52.80	850m:	14:56.42	52.86	1250m:	21:55.84	51.48			
	100m:	1:37.41	52.18	500m:	8:44.96	54.00	900m:	15:49.43	53.01	1300m:	22:49.04	53.20			
	150m:	2:29.40	51.99	550m:	9:37.29	52.33	950m:	16:41.74	52.31	1350m:	23:41.78	52.74			
	200m:	3:23.89	54.49	600m:	10:31.47	54.18	1000m:	17:35.25	53.51	1400m:	24:35.14	53.36			
	250m:	4:16.09	52.20	650m:	11:22.61	51.14	1050m:	18:26.16	50.91	1450m:	25:27.20	52.06			
	300m:	5:10.16	54.07	700m:	12:16.96	54.35	1100m:	19:19.38	53.22	1500m:	26:18.12	50.92			
	350m:	6:03.20	53.04	750m:	13:09.70	52.74	1150m:	20:11.11	51.73						
	400m:	6:58.16	54.96	800m:	14:03.56	53.86	1200m:	21:04.36	53.25						

Programmanr. 2, Heren, 1500m vrije slag, Masters 50+

rang	naam		vereniging		inschrijftijd		tijd		RT			
12.	Rik van Gasteren		AquAmigos		27:38.34		196401015		28:17.95	+1,16		
	50m:	45.51	45.51	450m:	8:08.04	57.47	850m:	15:50.32	57.93	1250m:	23:32.51	56.74
	100m:	1:36.28	50.77	500m:	9:06.15	58.11	900m:	16:48.25	57.93	1300m:	24:31.21	58.70
	150m:	2:29.67	53.39	550m:	10:04.06	57.91	950m:	17:45.52	57.27	1350m:	25:31.06	59.85
	200m:	3:24.99	55.32	600m:	11:01.71	57.65	1000m:	18:43.01	57.49	1400m:	26:29.02	57.96
	250m:	4:21.31	56.32	650m:	11:59.48	57.77	1050m:	19:43.04	100.03	1450m:	27:25.48	56.46
	300m:	5:17.91	56.60	700m:	12:57.30	57.82	1100m:	20:40.08	57.04	1500m:	28:17.95	52.47
	350m:	6:14.42	56.51	750m:	13:55.25	57.95	1150m:	21:37.31	57.23			
	400m:	7:10.57	56.15	800m:	14:52.39	57.14	1200m:	22:35.77	58.46			

Masters 55+

1.	Gustav van den Berg			TriVia			19:14.21		196100991		19:30.96		+0,94
	50m:	35.02	35.02	450m:	5:48.91	39.21	850m:	11:01.44	38.67	1250m:	16:16.11	39.17	
	100m:	1:13.29	38.27	500m:	6:28.20	39.29	900m:	11:40.52	39.08	1300m:	16:55.48	39.37	
	150m:	1:52.33	39.04	550m:	7:07.13	38.93	950m:	12:19.85	39.33	1350m:	17:35.35	39.87	
	200m:	2:31.78	39.45	600m:	7:46.70	39.57	1000m:	12:59.10	39.25	1400m:	18:14.84	39.49	
	250m:	3:10.78	39.00	650m:	8:25.47	38.77	1050m:	13:37.85	38.75	1450m:	18:54.88	40.04	
	300m:	3:50.37	39.59	700m:	9:04.81	39.34	1100m:	14:18.04	40.19	1500m:	19:30.96	36.08	
	350m:	4:29.61	39.24	750m:	9:43.66	38.85	1150m:	14:57.75	39.71				
	400m:	5:09.70	40.09	800m:	10:22.77	39.11	1200m:	15:36.94	39.19				
2.	Michael Dolg			TSV Bayer Dormagen			21:26.52		330776		21:25.60		+1,03
	50m:	38.07	38.07	450m:	6:18.23	42.68	850m:	12:02.00	43.11	1250m:	17:50.22	43.51	
	100m:	1:19.51	41.44	500m:	7:01.36	43.13	900m:	12:45.90	43.90	1300m:	18:33.95	43.73	
	150m:	2:01.63	42.12	550m:	7:43.45	42.09	950m:	13:28.75	42.85	1350m:	19:16.80	42.85	
	200m:	2:44.59	42.96	600m:	8:26.79	43.34	1000m:	14:12.74	43.99	1400m:	20:00.73	43.93	
	250m:	3:27.27	42.68	650m:	9:09.24	42.45	1050m:	14:55.68	42.94	1450m:	20:43.25	42.52	
	300m:	4:10.24	42.97	700m:	9:52.75	43.51	1100m:	15:39.61	43.93	1500m:	21:25.60	42.35	
	350m:	4:52.97	42.73	750m:	10:35.53	42.78	1150m:	16:22.85	43.24				
	400m:	5:35.55	42.58	800m:	11:18.89	43.36	1200m:	17:06.71	43.86				
3.	Walter Ludwig			Schwimmsportfr. Sieglar 60			21:54.57		133686		22:35.17		+0,87
	50m:	37.90	37.90	450m:	6:39.20	46.35	850m:	12:47.00	45.86	1250m:	18:51.93	45.64	
	100m:	1:20.59	42.69	500m:	7:25.32	46.12	900m:	13:32.67	45.67	1300m:	19:37.98	46.05	
	150m:	2:05.65	45.06	550m:	8:11.21	45.89	950m:	14:18.49	45.82	1350m:	20:23.09	45.11	
	200m:	2:50.86	45.21	600m:	8:57.60	46.39	1000m:	15:04.24	45.75	1400m:	21:08.72	45.63	
	250m:	3:36.67	45.81	650m:	9:43.26	45.66	1050m:	15:49.91	45.67	1450m:	21:53.01	44.29	
	300m:	4:21.96	45.29	700m:	10:29.12	45.86	1100m:	16:35.83	45.92	1500m:	22:35.17	42.16	
	350m:	5:07.75	45.79	750m:	11:15.26	46.14	1150m:	17:21.33	45.50				
	400m:	5:52.85	45.10	800m:	12:01.14	45.88	1200m:	18:06.29	44.96				
4.	Lex Hoogendam			MNC Dordrecht			23:50.83		195700541		24:31.62		+1,00
	50m:	38.74	38.74	450m:	7:05.27	49.40	850m:	13:42.68	50.16	1250m:	20:22.25	50.81	
	100m:	1:23.86	45.12	500m:	7:56.20	50.93	900m:	14:32.43	49.75	1300m:	21:12.71	50.46	
	150m:	2:10.79	46.93	550m:	8:44.27	48.07	950m:	15:22.19	49.76	1350m:	22:03.32	50.61	
	200m:	2:58.96	48.17	600m:	9:34.10	49.83	1000m:	16:12.08	49.89	1400m:	22:53.14	49.82	
	250m:	3:48.14	49.18	650m:	10:24.93	50.83	1050m:	17:02.10	50.02	1450m:	23:43.18	50.04	
	300m:	4:37.33	49.19	700m:	11:13.61	48.68	1100m:	17:51.78	49.68	1500m:	24:31.62	48.44	
	350m:	5:26.55	49.22	750m:	12:03.08	49.47	1150m:	18:41.54	49.76				
	400m:	6:15.87	49.32	800m:	12:52.52	49.44	1200m:	19:31.44	49.90				
5.	Jan de Laat			AquAmigos			24:52.55		196000861		25:45.12		+1,13
	50m:	43.27	43.27	450m:	7:33.31	52.77	850m:	14:30.54	52.84	1250m:	21:30.53	54.53	
	100m:	1:31.08	47.81	500m:	8:24.58	51.27	900m:	15:22.58	52.04	1300m:	22:22.55	52.02	
	150m:	2:21.52	50.44	550m:	9:18.14	53.56	950m:	16:14.89	52.31	1350m:	23:15.42	52.87	
	200m:	3:12.61	51.09	600m:	10:09.53	51.39	1000m:	17:07.10	52.21	1400m:	24:07.74	52.32	
	250m:	4:04.99	52.38	650m:	11:02.55	53.02	1050m:	17:59.19	52.09	1450m:	24:59.61	51.87	
	300m:	4:56.33	51.34	700m:	11:53.52	50.97	1100m:	18:50.90	51.71	1500m:	25:45.12	45.51	
	350m:	5:49.12	52.79	750m:	12:45.88	52.36	1150m:	19:44.01	53.11				
	400m:	6:40.54	51.42	800m:	13:37.70	51.82	1200m:	20:36.00	51.99				

Masters 60+

1.	Henk Slomp			Inktvis-De Pinquin (SG)			22:17.95		195500359		22:39.89		+0,84
	50m:	37.72	37.72	450m:	6:38.09	45.57	850m:	12:44.38	46.33	1250m:	18:55.42	46.90	
	100m:	1:21.06	43.34	500m:	7:23.22	45.13	900m:	13:30.42	46.04	1300m:	19:42.02	46.60	
	150m:	2:06.33	45.27	550m:	8:09.45	46.23	950m:	14:16.86	46.44	1350m:	20:28.23	46.21	
	200m:	2:51.30	44.97	600m:	8:55.54	46.09	1000m:	15:02.94	46.08	1400m:	21:14.13	45.90	
	250m:	3:35.93	44.63	650m:	9:41.35	45.81	1050m:	15:49.73	46.79	1450m:	21:59.11	44.98	
	300m:	4:21.24	45.31	700m:	10:26.57	45.22	1100m:	16:35.29	45.56	1500m:	22:39.89	40.78	
	350m:	5:07.42	46.18	750m:	11:12.95	46.38	1150m:	17:21.62	46.33				
	400m:	5:52.52	45.10	800m:	11:58.05	45.10	1200m:	18:08.52	46.90				

Programmanr. 2, Heren, 1500m vrije slag, Masters 60+

rang	naam	vereniging			inschrijftijd			tijd			RT	
2.	Paul Bunnik	Triton			22:19.66			195600413			22:43.76	+1,00
	50m:	37.36	37.36	450m:	6:35.93	45.02	850m:	12:41.64	44.41	1250m:	18:54.63	46.93
	100m:	1:20.69	43.33	500m:	7:21.80	45.87	900m:	13:28.51	46.87	1300m:	19:41.77	47.14
	150m:	2:05.26	44.57	550m:	8:08.20	46.40	950m:	14:15.16	46.65	1350m:	20:26.92	45.15
	200m:	2:50.10	44.84	600m:	8:53.51	45.31	1000m:	15:01.53	46.37	1400m:	21:14.62	47.70
	250m:	3:35.42	45.32	650m:	9:39.21	45.70	1050m:	15:48.21	46.68	1450m:	22:00.85	46.23
	300m:	4:20.08	44.66	700m:	10:24.75	45.54	1100m:	16:35.23	47.02	1500m:	22:43.76	42.91
	350m:	5:05.61	45.53	750m:	11:10.98	46.23	1150m:	17:21.25	46.02			
	400m:	5:50.91	45.30	800m:	11:57.23	46.25	1200m:	18:07.70	46.45			
3.	Andreas Wenning	Bocholter WSV			22:29.53			99336			23:04.51	+1,55
	50m:	39.15	39.15	450m:	6:43.42	45.26	850m:	12:52.60	46.20	1250m:	19:07.92	47.17
	100m:	1:23.50	44.35	500m:	7:29.84	46.42	900m:	13:39.66	47.06	1300m:	19:55.67	47.75
	150m:	2:08.28	44.78	550m:	8:15.25	45.41	950m:	14:25.86	46.20	1350m:	20:42.73	47.06
	200m:	2:54.35	46.07	600m:	9:01.33	46.08	1000m:	15:12.70	46.84	1400m:	21:31.15	48.42
	250m:	3:39.65	45.30	650m:	9:47.03	45.70	1050m:	15:59.40	46.70	1450m:	22:17.84	46.69
	300m:	4:25.84	46.19	700m:	10:33.54	46.51	1100m:	16:47.15	47.75	1500m:	23:04.51	46.67
	350m:	5:11.75	45.91	750m:	11:19.54	46.00	1150m:	17:33.13	45.98			
	400m:	5:58.16	46.41	800m:	12:06.40	46.86	1200m:	18:20.75	47.62			
4.	Wim Scherpenisse	UZSC			23:15.90			195500447			23:51.97	+1,30
	50m:	38.69	38.69	450m:	6:55.14	47.02	850m:	13:23.68	47.44	1250m:	19:51.89	46.96
	100m:	1:24.97	46.28	500m:	7:44.26	49.12	900m:	14:13.17	49.49	1300m:	20:41.22	49.33
	150m:	2:10.46	45.49	550m:	8:32.28	48.02	950m:	15:00.80	47.63	1350m:	21:29.07	47.85
	200m:	2:57.52	47.06	600m:	9:21.58	49.30	1000m:	15:50.49	49.69	1400m:	22:20.27	51.20
	250m:	3:43.87	46.35	650m:	10:09.38	47.80	1050m:	16:38.10	47.61	1450m:	23:07.82	47.55
	300m:	4:32.34	48.47	700m:	10:58.16	48.78	1100m:	17:27.12	49.02	1500m:	23:51.97	44.15
	350m:	5:19.00	46.66	750m:	11:46.48	48.32	1150m:	18:15.15	48.03			
	400m:	6:08.12	49.12	800m:	12:36.24	49.76	1200m:	19:04.93	49.78			

AFGEM Emiel van Elderen ZVVS 23:16.96 195600383

Masters 65+

1.	Wout Hemmes	De Plons	24:03.05	194800059	23:26.63	+0,98						
	50m:	39.15	39.15	450m:	6:52.33	47.38	850m:	13:10.65	46.35	1250m:	19:31.61	47.89
	100m:	1:24.58	45.43	500m:	7:39.39	47.06	900m:	13:57.80	47.15	1300m:	20:20.03	48.42
	150m:	2:10.15	45.57	550m:	8:26.54	47.15	950m:	14:44.44	46.64	1350m:	21:07.53	47.50
	200m:	2:57.49	47.34	600m:	9:14.16	47.62	1000m:	15:31.74	47.30	1400m:	21:54.94	47.41
	250m:	3:43.56	46.07	650m:	10:02.03	47.87	1050m:	16:19.59	47.85	1450m:	22:41.24	46.30
	300m:	4:30.38	46.82	700m:	10:48.86	46.83	1100m:	17:06.51	46.92	1500m:	23:26.63	45.39
	350m:	5:17.61	47.23	750m:	11:36.43	47.57	1150m:	17:54.91	48.40			
	400m:	6:04.95	47.34	800m:	12:24.30	47.87	1200m:	18:43.72	48.81			
2.	Hilbert Prins	OEZA	25:09.14	195100223	25:40.24	+1,10						
	50m:	44.07	44.07	450m:	7:25.49	50.23	850m:	14:18.46	51.82	1250m:	21:16.26	52.27
	100m:	1:32.63	48.56	500m:	8:16.49	51.00	900m:	15:10.72	52.26	1300m:	22:09.55	53.29
	150m:	2:22.45	49.82	550m:	9:07.24	50.75	950m:	16:02.59	51.87	1350m:	23:02.35	52.80
	200m:	3:12.90	50.45	600m:	9:58.37	51.13	1000m:	16:55.21	52.62	1400m:	23:55.45	53.10
	250m:	4:03.19	50.29	650m:	10:49.34	50.97	1050m:	17:47.25	52.04	1450m:	24:48.38	52.93
	300m:	4:54.16	50.97	700m:	11:41.77	52.43	1100m:	18:39.61	52.36	1500m:	25:40.24	51.86
	350m:	5:44.54	50.38	750m:	12:33.89	52.12	1150m:	19:31.28	51.67			
	400m:	6:35.26	50.72	800m:	13:26.64	52.75	1200m:	20:23.99	52.71			
3.	Piet Schop	De Bevelanders	23:43.64	195000109	25:49.40	+0,72						
	50m:	42.32	42.32	450m:	7:22.44	50.87	850m:	14:15.89	54.22	1250m:	21:24.31	53.55
	100m:	1:30.62	48.30	500m:	8:11.82	49.38	900m:	15:07.71	51.82	1300m:	22:18.29	53.98
	150m:	2:21.43	50.81	550m:	9:02.58	50.76	950m:	16:01.18	53.47	1350m:	23:13.67	55.38
	200m:	3:11.29	49.86	600m:	9:52.67	50.09	1000m:	16:53.96	52.78	1400m:	24:07.27	53.60
	250m:	4:01.93	50.64	650m:	10:43.63	50.96	1050m:	17:48.70	54.74	1450m:	24:59.61	52.34
	300m:	4:51.14	49.21	700m:	11:36.40	52.77	1100m:	18:42.02	53.32	1500m:	25:49.40	49.79
	350m:	5:41.71	50.57	750m:	12:29.45	53.05	1150m:	19:36.51	54.49			
	400m:	6:31.57	49.86	800m:	13:21.67	52.22	1200m:	20:30.76	54.25			
4.	Ludwig Lorenz	SV Gladbeck 13	25:52.26	127866	26:51.33	+1,37						
	50m:	50.59	50.59	450m:	8:00.63	52.72	850m:	15:12.28	53.31	1250m:	22:24.76	54.57
	100m:	1:45.03	54.44	500m:	8:54.27	53.64	900m:	16:05.63	53.35	1300m:	23:19.13	54.37
	150m:	2:39.31	54.28	550m:	9:48.12	53.85	950m:	16:58.74	53.11	1350m:	24:12.82	53.69
	200m:	3:34.07	54.76	600m:	10:42.79	54.67	1000m:	17:53.36	54.62	1400m:	25:07.83	55.01
	250m:	4:27.25	53.18	650m:	11:37.23	54.44	1050m:	18:47.61	54.25	1450m:	26:00.85	53.02
	300m:	5:20.25	53.00	700m:	12:30.73	53.50	1100m:	19:42.09	54.48	1500m:	26:51.33	50.48
	350m:	6:13.15	52.90	750m:	13:25.16	54.43	1150m:	20:36.14	54.05			
	400m:	7:07.91	54.76	800m:	14:18.97	53.81	1200m:	21:30.19	54.05			

Masters 70+

Programmanr. 2, Heren, 1500m vrije slag, Masters 70+

rang	naam			vereniging			inschrijftijd				tijd		RT
1.	Rob Hanou			PSV			26:32.08		194300109		25:41.34		+1,05
	50m:	42.21	42.21	450m:	7:33.19	52.03	850m:	14:28.69	52.21	1250m:	21:25.83	52.24	
	100m:	1:31.77	49.56	500m:	8:24.93	51.74	900m:	15:20.79	52.10	1300m:	22:18.12	52.29	
	150m:	2:23.60	51.83	550m:	9:16.04	51.11	950m:	16:12.56	51.77	1350m:	23:10.60	52.48	
	200m:	3:14.87	51.27	600m:	10:08.36	52.32	1000m:	17:05.20	52.64	1400m:	24:02.77	52.17	
	250m:	4:06.76	51.89	650m:	11:00.24	51.88	1050m:	17:57.50	52.30	1450m:	24:54.22	51.45	
	300m:	4:58.10	51.34	700m:	11:52.17	51.93	1100m:	18:49.64	52.14	1500m:	25:41.34	47.12	
	350m:	5:49.56	51.46	750m:	12:44.19	52.02	1150m:	19:41.88	52.24				
	400m:	6:41.16	51.60	800m:	13:36.48	52.29	1200m:	20:33.59	51.71				
2.	Geza Kaltenecker			AZC			27:39.93		194200065		28:16.76		+0,98
	50m:	45.03	45.03	450m:	8:18.16	57.93	850m:	16:01.84	57.94	1250m:	23:40.43	56.78	
	100m:	1:37.94	52.91	500m:	9:16.32	58.16	900m:	16:59.45	57.61	1300m:	24:37.68	57.25	
	150m:	2:33.46	55.52	550m:	10:14.40	58.08	950m:	17:56.65	57.20	1350m:	25:34.61	56.93	
	200m:	3:30.19	56.73	600m:	11:12.70	58.30	1000m:	18:53.68	57.03	1400m:	26:30.74	56.13	
	250m:	4:26.99	56.80	650m:	12:10.70	58.00	1050m:	19:51.09	57.41	1450m:	27:25.81	55.07	
	300m:	5:24.66	57.67	700m:	13:07.92	57.22	1100m:	20:49.12	58.03	1500m:	28:16.76	50.95	
	350m:	6:22.40	57.74	750m:	14:05.86	57.94	1150m:	21:46.44	57.32				
	400m:	7:20.23	57.83	800m:	15:03.90	58.04	1200m:	22:43.65	57.21				
AFGEM	Vadym Kutsenko			Dynamo			22:40.09						
AFGEM	Bob Arendsen			De Futen			29:43.28		194400005				

Masters 75+

1.	Frederik Hendrik De Bruijn <i>Kampioenschaps Record</i>			CN Aquamasters			24:37.94			26:09.93			+1,17	
	50m:	47.28	47.28	450m:	7:46.05	52.45	850m:	14:50.68	52.15	1250m:	21:53.44	52.90		
	100m:	1:38.59	51.31	500m:	8:38.83	52.78	900m:	15:43.06	52.38	1300m:	22:44.98	51.54		
	150m:	2:29.51	50.92	550m:	9:32.87	54.04	950m:	16:35.97	52.91	1350m:	23:36.88	51.90		
	200m:	3:21.27	51.76	600m:	10:25.91	53.04	1000m:	17:28.24	52.27	1400m:	24:28.79	51.91		
	250m:	4:14.25	52.98	650m:	11:18.70	52.79	1050m:	18:22.20	53.96	1450m:	25:21.23	52.44		
	300m:	5:06.98	52.73	700m:	12:11.53	52.83	1100m:	19:13.53	51.33	1500m:	26:09.93	48.70		
	350m:	5:59.28	52.30	750m:	13:04.68	53.15	1150m:	20:07.02	53.49					
	400m:	6:53.60	54.32	800m:	13:58.53	53.85	1200m:	21:00.54	53.52					
2.	Manfred Bottin			SV Langenfeld 1912			30:26.93			57993			31:48.67	+1,15
	50m:	53.98	53.98	450m:	9:12.72	1:03.27	850m:	17:46.22	1:04.22	1250m:	26:30.48	1:04.65		
	100m:	1:54.50	1:00.52	500m:	10:16.36	1:03.64	900m:	18:52.05	1:05.83	1300m:	27:33.42	1:02.94		
	150m:	2:57.45	1:02.95	550m:	11:20.36	1:04.00	950m:	19:58.03	1:05.98	1350m:	28:37.23	1:03.81		
	200m:	3:59.41	1:01.96	600m:	12:24.51	1:04.15	1000m:	21:02.25	1:04.22	1400m:	29:41.41	1:04.18		
	250m:	5:02.18	1:02.77	650m:	13:29.21	1:04.70	1050m:	22:07.46	1:05.21	1450m:	30:46.39	1:04.98		
	300m:	6:04.31	1:02.13	700m:	14:33.84	1:04.63	1100m:	23:13.69	1:06.23	1500m:	31:48.67	1:02.28		
	350m:	7:05.85	1:01.54	750m:	15:38.39	1:04.55	1150m:	24:18.83	1:05.14					
	400m:	8:09.45	1:03.60	800m:	16:42.00	1:03.61	1200m:	25:25.83	1:07.00					
3.	Rudolf Degenaar <i>800m*</i>			PSV			30:55.89			193900033			31:53.51	+1,08
	50m:	55.21	55.21	450m:	9:26.84	1:01.85	850m:	17:52.24	1:02.05	1250m:	26:28.01	1:05.20		
	100m:	2:02.09	1:06.88	500m:	10:30.37	1:03.53	900m:	18:57.36	1:05.12	1300m:	27:34.32	1:06.31		
	150m:	3:09.17	1:07.08	550m:	11:31.32	1:00.95	950m:	20:01.60	1:04.24	1350m:	28:40.86	1:06.54		
	200m:	4:14.55	1:05.38	600m:	12:36.81	1:05.49	1000m:	21:06.33	1:04.73	1400m:	29:46.22	1:05.36		
	250m:	5:17.17	1:02.62	650m:	13:39.57	1:02.76	1050m:	22:09.13	1:02.80	1450m:	30:50.37	1:04.15		
	300m:	6:19.00	1:01.83	700m:	14:43.71	1:04.14	1100m:	23:14.21	1:05.08	1500m:	31:53.51	1:03.14		
	350m:	7:20.40	1:01.40	750m:	15:45.41	1:01.70	1150m:	24:17.79	1:03.58					
	400m:	8:24.99	1:04.59	800m:	16:50.19	1:04.78	1200m:	25:22.81	1:05.02					
4.	Gregor Pompen			Aqua-Novio'94			31:01.51			193700021			32:07.30	+1,12
	50m:	54.69	54.69	450m:	9:19.75	1:04.42	850m:	17:59.77	1:05.40	1250m:	26:41.36	1:04.36		
	100m:	1:54.76	1:00.07	500m:	10:25.26	1:05.51	900m:	19:05.18	1:05.41	1300m:	27:47.71	1:06.35		
	150m:	2:57.61	1:02.85	550m:	11:30.48	1:05.22	950m:	20:10.49	1:05.31	1350m:	28:53.27	1:05.56		
	200m:	4:01.13	1:03.52	600m:	12:35.38	1:04.90	1000m:	21:15.99	1:05.50	1400m:	29:59.43	1:06.16		
	250m:	5:04.23	1:03.10	650m:	13:40.37	1:04.99	1050m:	22:20.86	1:04.87	1450m:	31:04.96	1:05.53		
	300m:	6:07.43	1:03.20	700m:	14:45.23	1:04.86	1100m:	23:25.70	1:04.84	1500m:	32:07.30	1:02.34		
	350m:	7:11.34	1:03.91	750m:	15:49.82	1:04.59	1150m:	24:31.48	1:05.78					
	400m:	8:15.33	1:03.99	800m:	16:54.37	1:04.55	1200m:	25:37.00	1:05.52					

2 - ONMK 2016 lb sessie 2

06-05-2016 - 9:00

Programmanr. 4
06-05-2016 - 9:00

Heren, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
Masters 20+					
1.	Thijs van den End	ZPC Woerden	4:31.84	199306803 S9	4:45.03 +0,98
	50m: 31.28 31.28 150m: 1:41.34 35.21 250m: 2:53.01 35.59 350m: 4:07.85 37.26				
	100m: 1:06.13 34.85 200m: 2:17.42 36.08 300m: 3:30.59 37.58 400m: 4:45.03 37.18				
2.	Paul van Grol	WIDEX GZC DONK	4:56.90	199602951	4:52.12 +0,66
	50m: 31.44 31.44 150m: 1:44.76 37.34 250m: 3:00.29 37.95 350m: 4:16.27 37.75				
	100m: 1:07.42 35.98 200m: 2:22.34 37.58 300m: 3:38.52 38.23 400m: 4:52.12 35.85				
3.	Remco Oskam	WIDEX GZC DONK	4:43.57	199205583	4:56.41 +0,77
	50m: 30.27 30.27 150m: 1:42.43 37.04 250m: 2:58.35 38.24 350m: 4:17.72 40.02				
	100m: 1:05.39 35.12 200m: 2:20.11 37.68 300m: 3:37.70 39.35 400m: 4:56.41 38.69				
4.	Nick van der Krogt	LZ 1886	4:56.77	199501313	4:56.64 +0,79
	50m: 32.47 32.47 150m: 1:45.68 37.12 250m: 3:02.01 38.21 350m: 4:19.13 38.35				
	100m: 1:08.56 36.09 200m: 2:23.80 38.12 300m: 3:40.78 38.77 400m: 4:56.64 37.51				
5.	Maarten Steekelenburg	Aquamania	5:56.18	199300479	6:03.27 +0,73
	50m: 36.94 36.94 150m: 2:05.27 45.81 250m: 3:40.54 48.33 350m: 5:19.70 49.44				
	100m: 1:19.46 42.52 200m: 2:52.21 46.94 300m: 4:30.26 49.72 400m: 6:03.27 43.57				
AFGEM	Danny Vochteloo	ZZG De Boskikkers	6:10.23	199207251	
AFGEM	Ruben de Boer	De Duinkikkers	5:09.75	199301419	
Masters 25+					
1.	Alex Schelvis	LZ 1886	4:13.78	198702927	4:30.51 +0,76
	50m: 30.85 30.85 150m: 1:39.23 34.59 250m: 2:47.80 33.90 350m: 3:56.44 34.61				
	100m: 1:04.64 33.79 200m: 2:13.90 34.67 300m: 3:21.83 34.03 400m: 4:30.51 34.07				
2.	Tim Bunnik	Triton	4:25.09	199000505	4:43.42 +0,78
	50m: 30.69 30.69 150m: 1:41.94 36.16 250m: 2:54.01 36.28 350m: 4:06.73 36.50				
	100m: 1:05.78 35.09 200m: 2:17.73 35.79 300m: 3:30.23 36.22 400m: 4:43.42 36.69				
3.	Maik Steenkamp	Montferland	4:32.02	199103847	4:49.09 +0,80
	50m: 31.43 31.43 150m: 1:43.43 36.48 250m: 2:57.71 37.26 350m: 4:12.54 37.18				
	100m: 1:06.95 35.52 200m: 2:20.45 37.02 300m: 3:35.36 37.65 400m: 4:49.09 36.55				
4.	Niels Albrechts	MGO (SG)	4:47.11	198800039	4:56.68 +0,81
	50m: 32.11 32.11 150m: 1:44.98 36.67 250m: 3:01.59 38.44 350m: 4:19.30 38.65				
	100m: 1:08.31 36.20 200m: 2:23.15 38.17 300m: 3:40.65 39.06 400m: 4:56.68 37.38				
5.	Mark Godwaldt	PSV	5:18.14	198701039	5:12.36 +0,87
	50m: 33.48 33.48 150m: 1:52.72 40.91 250m: 3:13.61 40.40 350m: 4:34.54 40.33				
	100m: 1:11.81 38.33 200m: 2:33.21 40.49 300m: 3:54.21 40.60 400m: 5:12.36 37.82				
6.	Patrick de Jonge	ZPC Woerden	5:14.79	198906635	5:30.37 +0,82
	50m: 32.74 32.74 150m: 1:52.30 41.23 250m: 3:18.77 44.80 350m: 4:47.28 44.37				
	100m: 1:11.07 38.33 200m: 2:33.97 41.67 300m: 4:02.91 44.14 400m: 5:30.37 43.09				
Masters 30+					
1.	Erik Schröder	TriVia	4:10.97	198402025	4:23.91 +0,85
	50m: 29.85 29.85 150m: 1:36.23 33.65 250m: 2:44.09 34.02 350m: 3:52.31 34.06				
	100m: 1:02.58 32.73 200m: 2:10.07 33.84 300m: 3:18.25 34.16 400m: 4:23.91 31.60				
2.	Remco van Althuis	SBC2000	4:39.35	198300029	4:31.57 +0,85
	50m: 30.00 30.00 150m: 1:37.43 34.29 250m: 2:47.32 34.87 350m: 3:58.20 35.42				
	100m: 1:03.14 33.14 200m: 2:12.45 35.02 300m: 3:22.78 35.46 400m: 4:31.57 33.37				
3.	Kristiaan Lenos	LZ 1886	4:26.33	198301331	4:33.14 +0,83
	50m: 30.32 30.32 150m: 1:38.08 34.22 250m: 2:47.69 35.16 350m: 3:58.54 35.58				
	100m: 1:03.86 33.54 200m: 2:12.53 34.45 300m: 3:22.96 35.27 400m: 4:33.14 34.60				
4.	Pieter Pickhardt	ZPC De Hof	4:27.44	198301657	4:39.64 +0,82
	50m: 31.81 31.81 150m: 1:41.05 34.94 250m: 2:52.53 35.60 350m: 4:04.17 35.66				
	100m: 1:06.11 34.30 200m: 2:16.93 35.88 300m: 3:28.51 35.98 400m: 4:39.64 35.47				
5.	Jim Geestman	RSW (SG)	4:34.96	198300699	4:41.91 +0,83
	50m: 31.67 31.67 150m: 1:41.78 35.77 250m: 2:54.62 36.55 350m: 4:07.83 36.62				
	100m: 1:06.01 34.34 200m: 2:18.07 36.29 300m: 3:31.21 36.59 400m: 4:41.91 34.08				

Programmanr. 4, Heren, 400m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd				tijd				RT	
6.	Frank van der Voordt	MGO (SG)	5:02.49				198302259				5:02.29	+0,76
	50m:	33.27	33.27	150m:	1:47.36	37.26	250m:	3:04.84	38.77	350m:	4:23.40	39.00
	100m:	1:10.10	36.83	200m:	2:26.07	38.71	300m:	3:44.40	39.56	400m:	5:02.29	38.89

Masters 35+

1.	Ivo Roozeboom			WVZ			4:42.84	197700801			4:40.85	+0,81						
		50m:	31.15		31.15	150m:			1:43.25	36.11			250m:	2:56.00	36.03	350m:	4:07.33	35.09
		100m:	1:07.14		35.99	200m:			2:19.97	36.72			300m:	3:32.24	36.24	400m:	4:40.85	33.52
2.	Dennis Brouwers			HZPC			4:32.73	197800167			4:43.40	+0,88						
		50m:	32.65		32.65	150m:			1:44.67	36.18			250m:	2:57.30	35.80	350m:	4:08.64	35.33
		100m:	1:08.49		35.84	200m:			2:21.50	36.83			300m:	3:33.31	36.01	400m:	4:43.40	34.76
3.	Michiel Beemster			WS Twente			4:28.54	198000063			4:46.12	+1,00						
		50m:	30.30		30.30	150m:			1:40.95	35.82			250m:	2:54.88	37.21	350m:	4:09.86	36.84
		100m:	1:05.13		34.83	200m:			2:17.67	36.72			300m:	3:33.02	38.14	400m:	4:46.12	36.26
4.	Marcel Reefhuis			WS Twente			4:42.05	198101381			4:48.67	+0,78						
		50m:	31.73		31.73	150m:			1:43.88	36.42			250m:	2:57.61	36.90	350m:	4:12.00	37.08
		100m:	1:07.46		35.73	200m:			2:20.71	36.83			300m:	3:34.92	37.31	400m:	4:48.67	36.67
5.	Raymond Oosterbaan			WIDEX GZC DONK			5:08.49	197700711			5:14.23	+0,86						
		50m:	32.65		32.65	150m:			1:48.86	38.58			250m:	3:10.51	41.29	350m:	4:34.38	40.41
		100m:	1:10.28		37.63	200m:			2:29.22	40.36			300m:	3:53.97	43.46	400m:	5:14.23	39.85
6.	Bart Sieczynski			MZ&PC			4:57.19	197901995			5:17.10	+0,76						
		50m:	32.96		32.96	150m:			1:48.16	38.33			250m:	3:10.33	41.20	350m:	4:35.52	42.35
		100m:	1:09.83		36.87	200m:			2:29.13	40.97			300m:	3:53.17	42.84	400m:	5:17.10	41.58
7.	Steven Prins			PLONS			5:27.68	197901833			5:28.66	+0,77						
		50m:	35.79		35.79	150m:			1:55.32	40.98			250m:	3:18.67	41.88	350m:	4:45.44	43.63
		100m:	1:14.34		38.55	200m:			2:36.79	41.47			300m:	4:01.81	43.14	400m:	5:28.66	43.22
8.	Harm Jan Otter			De Zandstuve			5:01.86	198101283			5:28.69	+0,84						
		50m:	34.20		34.20	150m:			1:54.42	41.19			250m:	3:20.74	43.27	350m:	4:46.77	42.68
		100m:	1:13.23		39.03	200m:			2:37.47	43.05			300m:	4:04.09	43.35	400m:	5:28.69	41.92

Masters 40+

1.	Jeroen Van Den Bosch			RSCM			4:27.80		10074/75		4:23.92		+0,84
	Kampioenschaps Record, Belgisch Masters Record												
	50m:	30.63	30.63	150m:	1:37.65	33.83	250m:	2:44.56	33.02	350m:	3:51.79	33.40	
	100m:	1:03.82	33.19	200m:	2:11.54	33.89	300m:	3:18.39	33.83	400m:	4:23.92	32.13	
2.	Andree Haack			SG Mülheim			4:29.83		67255		4:45.35		+0,89
	50m:	32.78	32.78	150m:	1:45.27	36.74	250m:	2:57.93	36.08	350m:	4:10.16	36.15	
	100m:	1:08.53	35.75	200m:	2:21.85	36.58	300m:	3:34.01	36.08	400m:	4:45.35	35.19	
3.	Alex Damen			DAW			4:50.36		197501371		4:53.23		+0,85
	50m:	32.13	32.13	150m:	1:44.54	36.72	250m:	2:59.90	37.81	350m:	4:16.96	38.57	
	100m:	1:07.82	35.69	200m:	2:22.09	37.55	300m:	3:38.39	38.49	400m:	4:53.23	36.27	
4.	Casper van den Burgh			LZ 1886			4:51.05		197201413		5:07.10		+0,85
	50m:	33.39	33.39	150m:	1:49.72	39.13	250m:	3:08.76	39.28	350m:	4:28.58	40.35	
	100m:	1:10.59	37.20	200m:	2:29.48	39.76	300m:	3:48.23	39.47	400m:	5:07.10	38.52	
5.	Bas Broekhuis			MZ&PC			5:23.43		197601561		5:20.14		+0,88
	50m:	36.28	36.28	150m:	1:58.61	41.57	250m:	3:21.44	40.75	350m:	4:41.71	39.56	
	100m:	1:17.04	40.76	200m:	2:40.69	42.08	300m:	4:02.15	40.71	400m:	5:20.14	38.43	
6.	Kasper van den Berghe			Swol 1894			5:32.42		197301125		5:22.39		+0,75
	50m:	35.44	35.44	150m:	1:54.87	40.11	250m:	3:16.57	41.58	350m:	4:41.03	42.38	
	100m:	1:14.76	39.32	200m:	2:34.99	40.12	300m:	3:58.65	42.08	400m:	5:22.39	41.36	
7.	Arjan Aalbers			Swol 1894			5:42.43		197500001		5:43.22		+0,87
	50m:	36.42	36.42	150m:	2:01.64	43.50	250m:	3:31.58	44.57	350m:	5:02.01	44.35	
	100m:	1:18.14	41.72	200m:	2:47.01	45.37	300m:	4:17.66	46.08	400m:	5:43.22	41.21	
8.	Wouter van der Stelt			Den Doorn			5:24.26		197200889		5:46.90 *		+0,87
	100/200m*												
	50m:	37.12	37.12	150m:	2:02.81	44.11	250m:	3:31.71	44.71	350m:	5:02.46	45.57	
	100m:	1:18.70	41.58	200m:	2:47.00	44.19	300m:	4:16.89	45.18	400m:	5:46.90	44.44	
9.	Erik Rushton			WIDEX GZC DONK			6:14.38		197601573		6:10.19		+0,92
	50m:	40.09	40.09	150m:	2:11.49	46.35	250m:	3:47.33	48.29	350m:	5:24.43	48.28	
	100m:	1:25.14	45.05	200m:	2:59.04	47.55	300m:	4:36.15	48.82	400m:	6:10.19	45.76	

Programmanr. 4, Heren, 400m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	tijd	RT
10.	Mohamed Abou Gebba	CNSW	6:12.07	005045/75	6:14.58 +1,06
	50m: 40.31 40.31	150m: 2:12.57 46.40	250m: 3:49.31 48.48	350m: 5:27.80 48.90	
	100m: 1:26.17 45.86	200m: 3:00.83 48.26	300m: 4:38.90 49.59	400m: 6:14.58 46.78	
11.	Bas van Gool	De Geul	6:34.83	197201435	6:41.77 +0,90
	50m: 41.44 41.44	150m: 2:17.46 49.03	250m: 4:02.10 52.87	350m: 5:50.66 53.67	
	100m: 1:28.43 46.99	200m: 3:09.23 51.77	300m: 4:56.99 54.89	400m: 6:41.77 51.11	

Masters 45+

1.	Glen le Clercq	De Rog	4:47.33	196800177	4:43.44 +0,85
	50m: 31.23 31.23	150m: 1:45.13 37.34	250m: 2:57.26 34.84	350m: 4:07.96 35.72	
	100m: 1:07.79 36.56	200m: 2:22.42 37.29	300m: 3:32.24 34.98	400m: 4:43.44 35.48	
2.	Frank v Nobelen	Sassenheim	4:52.37	196900753	5:00.46 +0,81
	50m: 33.14 33.14	150m: 1:48.39 38.11	250m: 3:05.84 38.60	350m: 4:23.47 38.51	
	100m: 1:10.28 37.14	200m: 2:27.24 38.85	300m: 3:44.96 39.12	400m: 5:00.46 36.99	
3.	Roy Danckaerts	De Fuut	5:28.51	197000231	5:24.49 +0,93
	50m: 36.09 36.09	150m: 1:58.21 41.12	250m: 3:21.32 40.92	350m: 4:44.00 40.92	
	100m: 1:17.09 41.00	200m: 2:40.40 42.19	300m: 4:03.08 41.76	400m: 5:24.49 40.49	
4.	Benny Hufkens	ZGEEL	5:27.48	10123/69	5:38.87 +0,80
	50m: 37.29 37.29	150m: 2:00.49 41.85	250m: 3:26.38 42.88	350m: 4:55.61 44.81	
	100m: 1:18.64 41.35	200m: 2:43.50 43.01	300m: 4:10.80 44.42	400m: 5:38.87 43.26	
5.	Chris Kouwenhoven	De Spatters	5:35.56	197101669	5:39.99 * +0,86
	50m: 38.16 38.16	150m: 2:03.06 42.84	250m: 3:30.33 43.70	350m: 4:57.74 43.47	
	100m: 1:20.22 42.06	200m: 2:46.63 43.57	300m: 4:14.27 43.94	400m: 5:39.99 42.25	
6.	Huyb Stegeman	Steenwijk 1934	5:54.51	196701535	5:47.52 +0,97
	50m: 36.58 36.58	150m: 2:02.37 44.21	250m: 3:33.41 45.74	350m: 5:04.01 44.79	
	100m: 1:18.16 41.58	200m: 2:47.67 45.30	300m: 4:19.22 45.81	400m: 5:47.52 43.51	
7.	Erik van Dartel	PSV	5:24.73	196700185	5:57.03 +1,09
	50m: 37.76 37.76	150m: 2:04.97 44.77	250m: 3:36.21 45.94	350m: 5:09.83 47.18	
	100m: 1:20.20 42.44	200m: 2:50.27 45.30	300m: 4:22.65 46.44	400m: 5:57.03 47.20	
8.	Marcel Brittijn	De Duinkikkers	5:49.83	196900159	6:03.66 +0,75
	50m: 37.82 37.82	150m: 2:08.32 45.63	250m: 3:43.03 47.15	350m: 5:19.40 47.83	
	100m: 1:22.69 44.87	200m: 2:55.88 47.56	300m: 4:31.57 48.54	400m: 6:03.66 44.26	
9.	Tanguy Wymeersch	CNSW	7:05.37	002684/69	7:09.75 +1,12
	50m: 48.29 48.29	150m: 2:39.59 56.94	250m: 4:33.44 56.25	350m: 6:23.26 54.08	
	100m: 1:42.65 54.36	200m: 3:37.19 57.60	300m: 5:29.18 55.74	400m: 7:09.75 46.49	
AFGEM	Ferry Adema	d'ELFT WAVE (SG)	4:59.63	197100007	
AFGEM	Andy Feyen	ZIK	4:59.22	11002/67	

Masters 50+

1.	Johan Remmits	ZPC Woerden	4:35.41	196201159	4:46.59 +0,86
	50m: 32.45 32.45	150m: 1:45.13 36.59	250m: 2:58.58 36.18	350m: 4:12.29 36.40	
	100m: 1:08.54 36.09	200m: 2:22.40 37.27	300m: 3:35.89 37.31	400m: 4:46.59 34.30	
2.	Dave Witteboon	MZVA	4:51.03	331/63	4:50.89 +0,95
	50m: 33.10 33.10	150m: 1:46.33 36.96	250m: 3:00.80 37.05	350m: 4:15.75 37.23	
	100m: 1:09.37 36.27	200m: 2:23.75 37.42	300m: 3:38.52 37.72	400m: 4:50.89 35.14	
3.	Jan Brink	ZPC De Zeeuwse Kust	4:37.47	196200091	4:52.60 +0,78
	50m: 31.75 31.75	150m: 1:45.17 37.56	250m: 3:00.38 37.59	350m: 4:15.91 37.90	
	100m: 1:07.61 35.86	200m: 2:22.79 37.62	300m: 3:38.01 37.63	400m: 4:52.60 36.69	
4.	Rob Verheul	TRB-RES	5:20.01	196601571	5:08.53 +0,86
	50m: 33.62 33.62	150m: 1:49.95 38.84	250m: 3:08.40 39.42	350m: 4:28.29 40.59	
	100m: 1:11.11 37.49	200m: 2:28.98 39.03	300m: 3:47.70 39.30	400m: 5:08.53 40.24	
5.	Phil Trethewie	Old Dutch	5:24.58	196501315	5:17.13 +0,83
	50m: 35.84 35.84	150m: 1:56.32 40.72	250m: 3:18.43 41.18	350m: 4:40.62 41.39	
	100m: 1:15.60 39.76	200m: 2:37.25 40.93	300m: 3:59.23 40.80	400m: 5:17.13 36.51	
6.	Nico Paasse	MGO (SG)	5:05.91	196501463	5:20.16 +0,94
	50m: 33.77 33.77	150m: 1:53.67 41.37	250m: 3:15.81 40.91	350m: 4:40.03 41.69	
	100m: 1:12.30 38.53	200m: 2:34.90 41.23	300m: 3:58.34 42.53	400m: 5:20.16 40.13	
7.	Karim Naili	CNBA	5:27.25	000664/66	5:26.91 +0,92
	50m: 35.65 35.65	150m: 1:56.85 41.58	250m: 3:21.55 42.36	350m: 4:47.50 43.11	
	100m: 1:15.27 39.62	200m: 2:39.19 42.34	300m: 4:04.39 42.84	400m: 5:26.91 39.41	
8.	Joost de Kroon	AquAmigos	5:43.61	196400999	5:41.12 +1,17
	50m: 39.49 39.49	150m: 2:04.87 43.36	250m: 3:33.37 44.16	350m: 5:00.27 43.27	
	100m: 1:21.51 42.02	200m: 2:49.21 44.34	300m: 4:17.00 43.63	400m: 5:41.12 40.85	

Programmanr. 4, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	tijd	RT
9.	Casper Dollekamp	Steenwijk 1934	5:42.04	196301341	6:06.62 +0,78
	50m: 39.41 39.41	150m: 2:09.18 46.11	250m: 3:44.82 48.80	350m: 5:21.61 49.07	
	100m: 1:23.07 43.66	200m: 2:56.02 46.84	300m: 4:32.54 47.72	400m: 6:06.62 45.01	
10.	Olaf Chalmer-Rasmussen	CNDu	6:01.52	123	6:07.32 +0,86
	50m: 40.16 40.16	150m: 2:13.09 46.75	250m: 3:48.58 47.48	350m: 5:22.48 46.11	
	100m: 1:26.34 46.18	200m: 3:01.10 48.01	300m: 4:36.37 47.79	400m: 6:07.32 44.84	
11.	Stephane Frantzen	CNSW	7:56.60	002546/66	7:49.73 +1,35
	50m: 52.31 52.31	150m: 2:52.89 1:01.41	250m: 4:53.48 1:00.66	350m: 6:53.11 1:00.51	
	100m: 1:51.48 59.17	200m: 3:52.82 59.93	300m: 5:52.60 59.12	400m: 7:49.73 56.62	
AFGEM	Wolfgang Vintan	Upstream Amsterdam	6:10.78	196401331	

Masters 55+

1.	Hugo Bregman	Albion	5:05.95	195800069	4:53.57 +0,84
	50m: 33.50 33.50	150m: 1:48.51 37.81	250m: 3:04.39 37.98	350m: 4:19.14 37.01	
	100m: 1:10.70 37.20	200m: 2:26.41 37.90	300m: 3:42.13 37.74	400m: 4:53.57 34.43	
2.	Gustav van den Berg	TriVia	4:48.50	196100991	4:59.20 +0,88
	50m: 33.70 33.70	150m: 1:49.97 38.80	250m: 3:07.47 38.45	350m: 4:23.76 37.83	
	100m: 1:11.17 37.47	200m: 2:29.02 39.05	300m: 3:45.93 38.46	400m: 4:59.20 35.44	
3.	Eric Henrard	AZV	5:30.43	017/60	5:39.32 +0,97
	50m: 37.81 37.81	150m: 2:00.98 42.26	250m: 3:28.12 43.74	350m: 4:55.84 43.33	
	100m: 1:18.72 40.91	200m: 2:44.38 43.40	300m: 4:12.51 44.39	400m: 5:39.32 43.48	
4.	Ronald van Ginneken	Hieronymus	5:59.36	196100827	5:50.77 +1,03
	50m: 38.37 38.37	150m: 2:07.42 45.95	250m: 3:38.45 46.14	350m: 5:09.90 46.23	
	100m: 1:21.47 43.10	200m: 2:52.31 44.89	300m: 4:23.67 45.22	400m: 5:50.77 40.87	
5.	Wim de Lange	AZC	5:55.91	195800533	5:51.91 +1,06
	50m: 35.75 35.75	150m: 2:01.83 44.24	250m: 3:32.60 45.82	350m: 5:06.04 47.12	
	100m: 1:17.59 41.84	200m: 2:46.78 44.95	300m: 4:18.92 46.32	400m: 5:51.91 45.87	
6.	Lex Hoogendam	MNC Dordrecht	6:04.25	195700541	6:26.41 +0,93
	50m: 39.94 39.94	150m: 2:13.87 48.93	250m: 3:55.47 51.05	350m: 5:37.32 51.15	
	100m: 1:24.94 45.00	200m: 3:04.42 50.55	300m: 4:46.17 50.70	400m: 6:26.41 49.09	
7.	Louis Matthijsse	PSV	7:33.09	196100787	8:04.10 +1,10
	50m: 49.21 49.21	150m: 2:52.44 1:03.18	250m: 4:59.33 1:04.55	350m: 7:05.73 1:03.97	
	100m: 1:49.26 1:00.05	200m: 3:54.78 1:02.34	300m: 6:01.76 1:02.43	400m: 8:04.10 58.37	

Masters 60+

1.	Peter Kauch	SV Gladbeck 13	5:04.84	73094	5:03.63 +0,90
	<i>Kampioenschaps Record</i>				
	50m: 33.75 33.75	150m: 1:49.84 38.42	250m: 3:07.74 39.17	350m: 4:25.44 38.43	
	100m: 1:11.42 37.67	200m: 2:28.57 38.73	300m: 3:47.01 39.27	400m: 5:03.63 38.19	
2.	Philippe Morelle	HELIOS	4:55.19	005139/56	5:04.76 +0,90
	50m: 32.60 32.60	150m: 1:49.79 39.19	250m: 3:09.67 39.52	350m: 4:28.15 38.77	
	100m: 1:10.60 38.00	200m: 2:30.15 40.36	300m: 3:49.38 39.71	400m: 5:04.76 36.61	
3.	Klaus Kalinke	SV Gladbeck 13	5:15.50	72636	5:05.61 +0,90
	50m: 33.73 33.73	150m: 1:51.76 39.03	250m: 3:10.85 39.04	350m: 4:29.45 38.05	
	100m: 1:12.73 39.00	200m: 2:31.81 40.05	300m: 3:51.40 40.55	400m: 5:05.61 36.16	
4.	Simon Veale	Totnes Swimming Club	5:01.08	1008	5:05.71 +0,71
	50m: 33.95 33.95	150m: 1:51.81 39.77	250m: 3:10.59 39.66	350m: 4:28.89 39.11	
	100m: 1:12.04 38.09	200m: 2:30.93 39.12	300m: 3:49.78 39.19	400m: 5:05.71 36.82	
5.	Henk Slomp	Inktvis-De Pinquin (SG)	5:35.60	195500359	5:42.77 +0,79
	50m: 36.81 36.81	150m: 2:03.10 43.86	250m: 3:32.95 44.79	350m: 5:02.29 44.21	
	100m: 1:19.24 42.43	200m: 2:48.16 45.06	300m: 4:18.08 45.13	400m: 5:42.77 40.48	
6.	Dré Klaassen	ZOB'66	6:50.34	195600141	7:20.93 +1,00
	50m: 48.45 48.45	150m: 2:39.26 56.16	250m: 4:34.19 57.26	350m: 6:27.17 56.51	
	100m: 1:43.10 54.65	200m: 3:36.93 57.67	300m: 5:30.66 56.47	400m: 7:20.93 53.76	
AFGEM	Emiel van Elderen	ZVVS	5:52.61	195600383	

Programmanr. 4, Heren, 400m vrije slag

Masters 65+

1. Wout Hemmes	De Plons	5:53.82	194800059	5:56.30	+0,92
50m: 38.83	150m: 2:08.10	250m: 3:39.72	350m: 5:11.80	46.09	
100m: 1:22.19	200m: 2:53.52	300m: 4:25.71	400m: 5:56.30	44.50	
2. Piet Schop	De Bevelanders	5:52.89	195000109	6:29.68	+0,63
50m: 40.20	150m: 2:17.56	250m: 4:00.50	350m: 5:43.16	50.14	
100m: 1:27.35	200m: 3:09.37	300m: 4:53.02	400m: 6:29.68	46.52	
3. Hilbert Prins	OEZA	6:12.45	195100223	6:35.83	+1,07
50m: 43.86	150m: 2:21.79	250m: 4:03.13	350m: 5:45.88	51.55	
100m: 1:32.27	200m: 3:11.70	300m: 4:54.33	400m: 6:35.83	49.95	
4. Ludwig Lorenz	SV Gladbeck 13	6:44.04	127866	6:58.37	+1,22
50m: 48.55	150m: 2:36.66	250m: 4:25.11	350m: 6:10.13	51.64	
100m: 1:42.64	200m: 3:31.90	300m: 5:18.49	400m: 6:58.37	48.24	
5. Mar van Geel	Old Dutch	7:45.91	194700135	8:16.51	+1,17
50m: 53.41	150m: 3:00.86	250m: 5:08.35	350m: 7:15.27	1:03.86	
100m: 1:55.77	200m: 4:03.32	300m: 6:11.41	400m: 8:16.51	1:01.24	

Masters 70+

1. Willem Putter	ZVVS	6:33.04	194500135	6:19.16	+1,28
50m: 41.48	150m: 2:16.69	250m: 3:55.70	350m: 5:33.52	48.02	
100m: 1:28.31	200m: 3:06.42	300m: 4:45.50	400m: 6:19.16	45.64	
2. Rob Hanou	PSV	6:39.50	194300109	6:32.29	+1,03
50m: 43.13	150m: 2:24.11	250m: 4:06.85	350m: 5:47.52	50.55	
100m: 1:32.56	200m: 3:15.07	300m: 4:56.97	400m: 6:32.29	44.77	
3. Geza Kaltenecker	AZC	6:57.79	194200065	7:12.50	+0,92
50m: 46.58	150m: 2:35.82	250m: 4:28.36	350m: 6:22.55	55.98	
100m: 1:40.49	200m: 3:32.55	300m: 5:26.57	400m: 7:12.50	49.95	
4. Peter Ouweeneel	RSW (SG)	9:13.51	194500077	9:37.75	+1,10
50m: 59.37	150m: 3:22.22	250m: 5:53.19	350m: 8:25.03	1:16.19	
100m: 2:09.93	200m: 4:36.87	300m: 7:08.84	400m: 9:37.75	1:12.72	

AFGEM Vadym Kutsenko

Dynamo

5:42.73

Masters 75+

1. Frederik Hendrik De Bruijn <i>Kampioenschaps Record</i>	CN Aquamasters	6:07.91		6:44.05	+1,16
50m: 45.60	150m: 2:26.86	250m: 4:10.85	350m: 5:54.49	51.40	
100m: 1:36.56	200m: 3:20.27	300m: 5:03.09	400m: 6:44.05	49.56	
2. Otto Schleich	SV Langenfeld 1912	8:03.40	315352	8:07.11	+1,62
50m: 53.58	150m: 2:58.27	250m: 5:03.89	350m: 7:07.58	1:02.30	
100m: 1:55.24	200m: 4:01.75	300m: 6:05.28	400m: 8:07.11	59.53	
3. Rudolf Degenaar	PSV	8:04.82	193900033	8:15.31	+1,13
50m: 55.74	150m: 3:07.76	250m: 5:16.81	350m: 7:20.06	1:01.31	
100m: 2:01.73	200m: 4:11.18	300m: 6:18.75	400m: 8:15.31	55.25	
4. Manfred Bottin	SV Langenfeld 1912	7:22.65	57993	8:15.95	+1,17
50m: 53.35	150m: 2:59.30	250m: 5:07.65	350m: 7:15.17	1:03.41	
100m: 1:55.79	200m: 4:04.85	300m: 6:11.76	400m: 8:15.95	1:00.78	

Masters 80+

AFGEM Bob Berg

PSV

8:33.49

193300011

Programmanr. 5
06-05-2016 - 9:59

Dames, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging				inschrijftijd				tijd				RT
Masters 20+														
1.	Tamara Grove	50m: 31.59 100m: 1:06.48	31.59 34.89	De Dolfijn	150m: 1:42.14 200m: 2:17.89	35.66 35.75	4:38.51	250m: 2:53.33 300m: 3:29.12	199601266	35.44 35.79	350m: 4:05.58 400m: 4:40.18	36.46 34.60	4:40.18	+0,73
2.	Chantal Grove	50m: 32.73 100m: 1:08.60	32.73 35.87	De Dolfijn	150m: 1:45.20 200m: 2:22.26	36.60 37.06	4:50.15	250m: 2:58.94 300m: 3:35.97	199401844	36.68 37.03	350m: 4:12.73 400m: 4:49.38	36.76 36.65	4:49.38	+0,73
3.	Melissa van der Geld	50m: 31.49 100m: 1:06.82	31.49 35.33	AquAmigos	150m: 1:43.14 200m: 2:21.27	36.32 38.13	4:51.83	250m: 2:59.13 300m: 3:37.68	199506250	37.86 38.55	350m: 4:15.55 400m: 4:52.63	37.87 37.08	4:52.63	+0,73
4.	Kimberly Mijnen	50m: 32.49 100m: 1:09.56	32.49 37.07	WZ&PC Purmerend	150m: 1:47.79 200m: 2:26.66	38.23 38.87	4:51.33	250m: 3:05.51 300m: 3:44.07	199503644	38.85 38.56	350m: 4:22.62 400m: 4:59.28	38.55 36.66	4:59.28	+0,75
5.	Iris Pijtak	50m: 33.68 100m: 1:11.44	33.68 37.76	ZPC AMERSFOORT	150m: 1:49.63 200m: 2:28.52	38.19 38.89	4:43.30	250m: 3:06.86 300m: 3:45.64	199300602	38.34 38.78	350m: 4:24.40 400m: 5:02.18	38.76 37.78	5:02.18	+0,75
6.	Janine de Groot	50m: 33.10 100m: 1:10.44	33.10 37.34	Nova	150m: 1:49.08 200m: 2:28.07	38.64 38.99	5:11.68	250m: 3:07.32 300m: 3:47.00	199500092	39.25 39.68	350m: 4:25.81 400m: 5:02.48	38.81 36.67	5:02.48	+0,89
7.	Désirée Emmen	50m: 33.31 100m: 1:10.70	33.31 37.39	De Warande	150m: 1:48.83 200m: 2:27.72	38.13 38.89	4:59.40	250m: 3:06.73 300m: 3:45.92	199204862	39.01 39.19	350m: 4:24.91 400m: 5:02.83	38.99 37.92	5:02.83	+0,67
8.	Moniek Heemskerk	50m: 33.61 100m: 1:11.15	33.61 37.54	LZ 1886	150m: 1:49.74 200m: 2:29.40	38.59 39.66	4:56.99	250m: 3:09.07 300m: 3:48.20	199601964	39.67 39.13	350m: 4:27.32 400m: 5:06.83	39.12 39.51	5:06.83	
9.	Aniek Resink	50m: 34.39 100m: 1:12.71	34.39 38.32	DIO	150m: 1:52.19 200m: 2:32.33	39.48 40.14	5:06.78	250m: 3:12.73 300m: 3:53.38	199500738	40.40 40.65	350m: 4:34.11 400m: 5:13.29	40.73 39.18	5:13.29	+0,73
10.	Anouk Kuijlaars	50m: 35.81 100m: 1:15.50	35.81 39.69	PSV	150m: 1:55.74 200m: 2:36.66	40.24 40.92	5:08.86	250m: 3:15.41 300m: 3:56.16	199401700	38.75 40.75	350m: 4:37.11 400m: 5:17.95	40.95 40.84	5:17.95	+0,73
11.	Denise van Zetten	50m: 33.93 100m: 1:12.30	33.93 38.37	Octopus	150m: 1:52.77 200m: 2:33.67	40.47 40.90	5:07.60	250m: 3:14.79 300m: 3:57.03	199600932	41.12 42.24	350m: 4:38.66 400m: 5:19.81	41.63 41.15	5:19.81	+0,86
12.	Sanne de Roo	50m: 37.80 100m: 1:19.02	37.80 41.22	ZZ&PC De Devel	150m: 2:00.79 200m: 2:43.87	41.77 43.08	5:27.18	250m: 3:27.20 300m: 4:11.29	199501934	43.33 44.09	350m: 4:55.52 400m: 5:38.73	44.23 43.21	5:38.73	+0,83
13.	Charine de Ruiter	50m: 36.63 100m: 1:16.78	36.63 40.15	Steenwijk 1934	150m: 1:58.90 200m: 2:42.56	42.12 43.66	5:45.06	250m: 3:26.26 300m: 4:11.21	199403668	43.70 44.95	350m: 4:56.25 400m: 5:39.76	45.04 43.51	5:39.76	+0,95
14.	Naomi van Gool	50m: 35.89 100m: 1:16.96	35.89 41.07	LZ 1886	150m: 1:59.97 200m: 2:44.16	43.01 44.19	5:26.52	250m: 3:28.43 300m: 4:12.96	199505166	44.27 44.53	350m: 4:57.27 400m: 5:40.94	44.31 43.67	5:40.94	+0,75
15.	Lieke Janssen	50m: 35.88 100m: 1:17.94	35.88 42.06	NIMO	150m: 2:01.87 200m: 2:47.78	43.93 45.91	5:30.87	250m: 3:32.84 300m: 4:18.68	199305954	45.06 45.84	350m: 5:04.29 400m: 5:48.36	45.61 44.07	5:48.36	+0,83
16.	Cynthia van Veen	50m: 41.73 100m: 1:31.71	41.73 49.98	ZPC Woerden	150m: 2:24.00 200m: 3:17.11	52.29 53.11	6:15.34	250m: 4:11.00 300m: 5:05.20	199606736	53.89 54.20	350m: 5:58.47 400m: 6:48.20	53.27 49.73	6:48.20	+0,69
17.	Claudia Creemers	50m: 40.55 100m: 1:29.42	40.55 48.87	RZ	150m: 2:21.22 200m: 3:17.18	51.80 55.96	6:34.49	250m: 4:13.53 300m: 5:11.19	199202864	56.35 57.66	350m: 6:09.72 400m: 7:06.65	58.53 56.93	7:06.65	+0,80

Programmanr. 5, Dames, 400m vrije slag

Masters 25+

1.	Lisa Dreesens	PSV	4:36.92	199105798	4:39.12	+0,78
	50m: 31.17 31.17	150m: 1:40.46 34.81	250m: 2:51.29 35.84	350m: 4:03.79 36.26		
	100m: 1:05.65 34.48	200m: 2:15.45 34.99	300m: 3:27.53 36.24	400m: 4:39.12 35.33		
2.	Maaïke Vooren	DAW	4:46.38	199103324	4:53.76	+0,81
	50m: 33.22 33.22	150m: 1:47.02 37.35	250m: 3:01.93 37.18	350m: 4:16.95 37.33		
	100m: 1:09.67 36.45	200m: 2:24.75 37.73	300m: 3:39.62 37.69	400m: 4:53.76 36.81		
3.	Mandy Verbakel	ZPC Woerden	5:03.01	199003908	5:07.84	+0,83
	50m: 33.09 33.09	150m: 1:49.56 38.71	250m: 3:08.58 39.38	350m: 4:28.83 39.92		
	100m: 1:10.85 37.76	200m: 2:29.20 39.64	300m: 3:48.91 40.33	400m: 5:07.84 39.01		
4.	Rosanne de Boer	LZ 1886	5:04.67	199104060	5:21.91	+0,81
	50m: 33.90 33.90	150m: 1:52.98 39.65	250m: 3:15.41 40.81	350m: 4:39.47 41.61		
	100m: 1:13.33 39.43	200m: 2:34.60 41.62	300m: 3:57.86 42.45	400m: 5:21.91 42.44		
5.	Tamara Caspers	LZ 1886	5:12.66	199007272	5:31.50	+0,75
	50m: 34.77 34.77	150m: 1:56.47 41.33	250m: 3:21.38 42.41	350m: 4:47.79 43.07		
	100m: 1:15.14 40.37	200m: 2:38.97 42.50	300m: 4:04.72 43.34	400m: 5:31.50 43.71		
6.	Henrike de Vries	WS Twente	5:33.15	198907460	5:37.71	+0,98
	50m: 36.91 36.91	150m: 1:59.02 42.13	250m: 3:26.35 44.24	350m: 4:54.76 44.27		
	100m: 1:16.89 39.98	200m: 2:42.11 43.09	300m: 4:10.49 44.14	400m: 5:37.71 42.95		
7.	Anne Bavelaar	PSV	5:38.00	199108240	5:38.01	+0,78
	50m: 37.72 37.72	150m: 2:04.32 43.69	250m: 3:31.00 42.88	350m: 4:57.63 42.99		
	100m: 1:20.63 42.91	200m: 2:48.12 43.80	300m: 4:14.64 43.64	400m: 5:38.01 40.38		
8.	Jacoline van den Beukel	Zwemvereniging Westland	5:28.10	199100238	5:39.73	+0,79
	50m: 35.35 35.35	150m: 1:58.13 41.87	250m: 3:24.79 43.49	350m: 4:55.25 45.21		
	100m: 1:16.26 40.91	200m: 2:41.30 43.17	300m: 4:10.04 45.25	400m: 5:39.73 44.48		
9.	Liesbeth van Mill	DWK	5:34.76	198702786	5:43.65	+0,93
	50m: 38.01 38.01	150m: 2:03.92 43.20	250m: 3:30.91 43.54	350m: 4:59.73 44.63		
	100m: 1:20.72 42.71	200m: 2:47.37 43.45	300m: 4:15.10 44.19	400m: 5:43.65 43.92		
10.	Famke Wijnen	AZV	5:48.73	002/87	5:44.12	+0,80
	50m: 38.80 38.80	150m: 2:05.02 43.26	250m: 3:34.04 44.16	350m: 5:03.09 43.92		
	100m: 1:21.76 42.96	200m: 2:49.88 44.86	300m: 4:19.17 45.13	400m: 5:44.12 41.03		
11.	Liset de Veer	Aqua-Novio'94	5:52.97	198704190	5:51.17	+0,78
	50m: 39.45 39.45	150m: 2:07.24 44.59	250m: 3:37.02 44.96	350m: 5:07.08 45.10		
	100m: 1:22.65 43.20	200m: 2:52.06 44.82	300m: 4:21.98 44.96	400m: 5:51.17 44.09		
12.	Rachelle Hellenbrand	Thalassa	6:03.30	199101204	6:13.67	+0,91
	50m: 39.58 39.58	150m: 2:11.96 47.73	250m: 3:49.22 48.56	350m: 5:27.68 47.88		
	100m: 1:24.23 44.65	200m: 3:00.66 48.70	300m: 4:39.80 50.58	400m: 6:13.67 45.99		

Masters 30+

1.	Marlies Reinders	De Dinkel	4:29.75	198602976	4:39.83	+0,79
	<i>Nederlands Masters Record</i>					
	50m: 31.76 31.76	150m: 1:42.54 35.89	250m: 2:54.00 35.47	350m: 4:05.28 35.48		
	100m: 1:06.65 34.89	200m: 2:18.53 35.99	300m: 3:29.80 35.80	400m: 4:39.83 34.55		
2.	Ann Van Beylen	RSCM	4:59.21	20264/84	4:57.23	+0,92
	50m: 33.30 33.30	150m: 1:47.52 37.68	250m: 3:03.83 38.18	350m: 4:20.29 38.35		
	100m: 1:09.84 36.54	200m: 2:25.65 38.13	300m: 3:41.94 38.11	400m: 4:57.23 36.94		
3.	Nadya Putter	ZVVS	4:58.17	198301630	5:04.44	+0,74
	50m: 34.32 34.32	150m: 1:48.92 37.65	250m: 3:05.93 38.67	350m: 4:24.63 39.16		
	100m: 1:11.27 36.95	200m: 2:27.26 38.34	300m: 3:45.47 39.54	400m: 5:04.44 39.81		
4.	Ramona Linting	AZC	5:17.59	198301274	5:06.80	+0,71
	50m: 33.71 33.71	150m: 1:49.85 38.61	250m: 3:08.97 39.61	350m: 4:27.96 38.94		
	100m: 1:11.24 37.53	200m: 2:29.36 39.51	300m: 3:49.02 40.05	400m: 5:06.80 38.84		
5.	Linda Hoogendam	WVZ	5:11.14	198300892	5:20.25	+0,81
	50m: 36.15 36.15	150m: 1:58.46 41.18	250m: 3:20.27 40.35	350m: 4:42.23 40.29		
	100m: 1:17.28 41.13	200m: 2:39.92 41.46	300m: 4:01.94 41.67	400m: 5:20.25 38.02		
6.	Denise de Riet	ZZ&PC De Devel	5:36.12	198402040	5:21.53	+0,99
	50m: 35.90 35.90	150m: 1:55.05 40.13	250m: 3:17.94 41.63	350m: 4:41.08 41.55		
	100m: 1:14.92 39.02	200m: 2:36.31 41.26	300m: 3:59.53 41.59	400m: 5:21.53 40.45		
7.	Petra Benani-Wolsing	De Futen	4:56.51	198402796	5:29.03	+0,75
	50m: 34.82 34.82	150m: 1:53.08 40.01	250m: 3:18.13 43.10	350m: 4:45.63 44.30		
	100m: 1:13.07 38.25	200m: 2:35.03 41.95	300m: 4:01.33 43.20	400m: 5:29.03 43.40		
8.	Jorien Doets	WS Twente	5:14.81	198605306	5:30.94	+0,98
	50m: 35.50 35.50	150m: 1:56.55 41.31	250m: 3:21.46 42.64	350m: 4:48.19 43.41		
	100m: 1:15.24 39.74	200m: 2:38.82 42.27	300m: 4:04.78 43.32	400m: 5:30.94 42.75		

Programmanr. 5, Dames, 400m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	tijd	RT
9.	Marlies Jehoel-van As	PSV	5:26.82	198500074	5:32.64 +0,76
	50m: 35.52 35.52	150m: 1:58.60 42.32	250m: 3:24.13 42.55	350m: 4:50.07 42.84	
	100m: 1:16.28 40.76	200m: 2:41.58 42.98	300m: 4:07.23 43.10	400m: 5:32.64 42.57	
10.	Sandra Schellekens	SWNZ (SG)	5:40.76	198503416	5:38.18 +0,91
	50m: 36.97 36.97	150m: 2:01.43 43.08	250m: 3:29.04 44.06	350m: 4:56.67 44.04	
	100m: 1:18.35 41.38	200m: 2:44.98 43.55	300m: 4:12.63 43.59	400m: 5:38.18 41.51	
11.	Ellen Van Loy	ZGEEL	5:33.36	20082/86	5:46.48 +0,77
	50m: 38.25 38.25	150m: 2:04.50 44.06	250m: 3:33.48 44.88	350m: 5:02.68 44.61	
	100m: 1:20.44 42.19	200m: 2:48.60 44.10	300m: 4:18.07 44.59	400m: 5:46.48 43.80	
12.	Melanie Lange	SG Erkelenz-Hückelhoven	5:42.95	077526	5:51.99 +0,93
	50m: 39.36 39.36	150m: 2:07.73 45.03	250m: 3:37.58 44.95	350m: 5:08.60 45.44	
	100m: 1:22.70 43.34	200m: 2:52.63 44.90	300m: 4:23.16 45.58	400m: 5:51.99 43.39	
13.	Annette Vogelsang	ZV De Bron	5:26.36	198402632	5:53.62 * +0,87
	50m: 34.66 34.66	150m: 1:56.21 42.26	250m: 3:27.62 46.87	350m: 5:05.49 49.43	
	100m: 1:13.95 39.29	200m: 2:40.75 44.54	300m: 4:16.06 48.44	400m: 5:53.62 48.13	
14.	Marijke Dirkse	IJZPC	5:52.04	198403480	6:22.49 +0,97
	50m: 39.41 39.41	150m: 2:13.24 48.04	250m: 3:53.05 50.18	350m: 5:34.01 50.05	
	100m: 1:25.20 45.79	200m: 3:02.87 49.63	300m: 4:43.96 50.91	400m: 6:22.49 48.48	
NG.ZA	Myriam Olinger	CNDu	6:37.57	1641	

Masters 35+

1.	Anke Lambooy	De Vliet (SG)	5:05.49	198001182	5:19.08 +0,82
	50m: 34.06 34.06	150m: 1:51.41 39.73	250m: 3:12.76 41.56	350m: 4:37.86 42.93	
	100m: 1:11.68 37.62	200m: 2:31.20 39.79	300m: 3:54.93 42.17	400m: 5:19.08 41.22	
2.	Yvonne Gerritsen	WVZ	5:15.41	198000342	5:21.93 +0,85
	50m: 34.89 34.89	150m: 1:55.47 40.90	250m: 3:18.64 41.33	350m: 4:42.55 41.85	
	100m: 1:14.57 39.68	200m: 2:37.31 41.84	300m: 4:00.70 42.06	400m: 5:21.93 39.38	
3.	Agnes van Brug	DAW	5:26.76	198001726	5:24.97 +0,87
	50m: 35.73 35.73	150m: 1:56.15 40.49	250m: 3:20.20 41.94	350m: 4:44.52 42.12	
	100m: 1:15.66 39.93	200m: 2:38.26 42.11	300m: 4:02.40 42.20	400m: 5:24.97 40.45	
4.	Chantal Verhoeff	Old Dutch	5:36.06	197900912	5:33.58 +0,92
	50m: 35.52 35.52	150m: 1:59.76 42.87	250m: 3:26.25 42.69	350m: 4:51.96 42.63	
	100m: 1:16.89 41.37	200m: 2:43.56 43.80	300m: 4:09.33 43.08	400m: 5:33.58 41.62	
5.	Severine Bayre	CNSW	5:38.03	004275/78	5:43.47 +0,95
	50m: 38.87 38.87	150m: 2:04.54 43.57	250m: 3:33.34 44.49	350m: 5:01.21 43.78	
	100m: 1:20.97 42.10	200m: 2:48.85 44.31	300m: 4:17.43 44.09	400m: 5:43.47 42.26	
6.	Eveline Hacquebord	IJZPC	5:57.69	197901206	5:54.28 +0,94
	50m: 37.19 37.19	150m: 2:02.94 43.50	250m: 3:34.63 46.20	350m: 5:08.69 47.06	
	100m: 1:19.44 42.25	200m: 2:48.43 45.49	300m: 4:21.63 47.00	400m: 5:54.28 45.59	
7.	Rianne van Vegchelen	Deltasteur	6:55.78	198101530	7:01.34 +1,09
	50m: 44.07 44.07	150m: 2:28.27 52.96	250m: 4:17.06 54.55	350m: 6:08.55 55.16	
	100m: 1:35.31 51.24	200m: 3:22.51 54.24	300m: 5:13.39 56.33	400m: 7:01.34 52.79	
8.	Clementine van Bruxvoort	ZPB H&L Productions	6:46.09	197700138	7:11.48 +0,93
	50m: 46.58 46.58	150m: 2:35.81 55.75	250m: 4:26.79 55.97	350m: 6:18.89 55.51	
	100m: 1:40.06 53.48	200m: 3:30.82 55.01	300m: 5:23.38 56.59	400m: 7:11.48 52.59	

Masters 40+

1.	Kirsten Cameron	East Leeds	4:28.24	1160788	4:31.05 +0,72
	50m: 31.28 31.28	150m: 1:40.04 34.73	250m: 2:48.77 34.37	350m: 3:57.67 34.39	
	100m: 1:05.31 34.03	200m: 2:14.40 34.36	300m: 3:23.28 34.51	400m: 4:31.05 33.38	
2.	Liselotte Joling	PSV	4:52.70	197500268	4:57.00 +0,85
	50m: 33.36 33.36	150m: 1:48.96 38.11	250m: 3:05.24 37.62	350m: 4:20.83 37.65	
	100m: 1:10.85 37.49	200m: 2:27.62 38.66	300m: 3:43.18 37.94	400m: 4:57.00 36.17	
3.	Evelien van Klaarbergen	HZ&PC Heerenveen	5:19.42	197200964	5:21.91 +0,83
	50m: 35.64 35.64	150m: 1:56.48 40.95	250m: 3:19.64 41.61	350m: 4:42.50 41.39	
	100m: 1:15.53 39.89	200m: 2:38.03 41.55	300m: 4:01.11 41.47	400m: 5:21.91 39.41	
4.	Jannie Vennik	HZ&PC Heerenveen	5:44.18	197601006	5:45.54 +0,90
	50m: 38.54 38.54	150m: 2:05.22 44.16	250m: 3:33.30 44.34	350m: 5:02.30 44.10	
	100m: 1:21.06 42.52	200m: 2:48.96 43.74	300m: 4:18.20 44.90	400m: 5:45.54 43.24	
5.	Petra Guijt	Aqua-Novio'94	5:31.45	197600978	5:52.99 +0,96
	50m: 37.66 37.66	150m: 2:03.25 43.39	250m: 3:34.61 46.17	350m: 5:08.44 47.28	
	100m: 1:19.86 42.20	200m: 2:48.44 45.19	300m: 4:21.16 46.55	400m: 5:52.99 44.55	

Programmanr. 5, Dames, 400m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	tijd	RT
6.	Ingrid Versteegen	DBD	6:10.20	197300770	6:13.27 +0,81
	50m: 41.61 41.61	150m: 2:14.77 47.42	250m: 3:51.54 48.47	350m: 5:28.26 48.86	
	100m: 1:27.35 45.74	200m: 3:03.07 48.30	300m: 4:39.40 47.86	400m: 6:13.27 45.01	
7.	Claudia Broeke	De Fuut	6:10.34	197300058	6:22.12 +0,95
	50m: 44.00 44.00	150m: 2:21.74 48.78	250m: 3:58.96 48.50	350m: 5:36.39 49.63	
	100m: 1:32.96 48.96	200m: 3:10.46 48.72	300m: 4:46.76 47.80	400m: 6:22.12 45.73	
8.	Eszter Takar	VfR Simmern	7:03.20	323300	7:12.46 +1,04
	50m: 46.38 46.38	150m: 2:31.66 53.41	250m: 4:23.43 56.55	350m: 6:17.44 57.20	
	100m: 1:38.25 51.87	200m: 3:26.88 55.22	300m: 5:20.24 56.81	400m: 7:12.46 55.02	
9.	Fabienne Verriet-Regensburg	VZV Njord	7:37.52	197500428	7:39.42 +0,93
	50m: 48.60 48.60	150m: 2:42.85 58.22	250m: 4:42.21 59.35	350m: 6:41.98 59.47	
	100m: 1:44.63 56.03	200m: 3:42.86 1:00.01	300m: 5:42.51 1:00.30	400m: 7:39.42 57.44	
10.	Cindy Struyf	GBZ	8:15.98	21020/72	8:27.01 +1,26
	50m: 54.68 54.68	150m: 3:01.05 1:04.03	250m: 5:12.40 1:05.88	350m: 7:22.41 1:04.83	
	100m: 1:57.02 1:02.34	200m: 4:06.52 1:05.47	300m: 6:17.58 1:05.18	400m: 8:27.01 1:04.60	
AFGEM	Evelien Berman-Alers	Nautilus	7:15.22	197200878	

Masters 45+

1.	Heidi Van Stein	LZ 1886	5:01.21	196900864	4:59.86 +0,79
	<i>Nederlands Masters Record</i>				
	50m: 33.02 33.02	150m: 1:47.26 37.80	250m: 3:03.96 38.64	350m: 4:21.17 38.30	
	100m: 1:09.46 36.44	200m: 2:25.32 38.06	300m: 3:42.87 38.91	400m: 4:59.86 38.69	
2.	Karin Stein	ZVVS	5:03.57	197100554	5:07.88 +0,82
	50m: 35.15 35.15	150m: 1:51.28 38.52	250m: 3:09.54 39.44	350m: 4:29.60 40.37	
	100m: 1:12.76 37.61	200m: 2:30.10 38.82	300m: 3:49.23 39.69	400m: 5:07.88 38.28	
3.	Annette de Visser	Oceanus	5:10.12	197100602	5:14.91 +0,88
	50m: 34.11 34.11	150m: 1:52.02 39.79	250m: 3:13.41 40.67	350m: 4:35.19 41.10	
	100m: 1:12.23 38.12	200m: 2:32.74 40.72	300m: 3:54.09 40.68	400m: 5:14.91 39.72	
4.	Nicole Vrijhoeven	PSV	5:53.60	196900834	5:48.81 +0,75
	50m: 40.46 40.46	150m: 2:08.51 44.86	250m: 3:37.96 45.03	350m: 5:06.89 44.74	
	100m: 1:23.65 43.19	200m: 2:52.93 44.42	300m: 4:22.15 44.19	400m: 5:48.81 41.92	
5.	Marion Broekhuis	WS Twente	5:43.91	196800060	5:49.77 +0,84
	50m: 38.97 38.97	150m: 2:06.76 44.83	250m: 3:36.85 45.21	350m: 5:07.09 45.06	
	100m: 1:21.93 42.96	200m: 2:51.64 44.88	300m: 4:22.03 45.18	400m: 5:49.77 42.68	
6.	Inken Wemheuer	DWT	6:00.08	197101016	5:52.63 +0,84
	50m: 38.46 38.46	150m: 2:07.18 45.33	250m: 3:39.00 45.74	350m: 5:10.98 45.23	
	100m: 1:21.85 43.39	200m: 2:53.26 46.08	300m: 4:25.75 46.75	400m: 5:52.63 41.65	
7.	Annet Kootstra	Swol 1894	6:08.29	197100344	5:55.75 +0,86
	50m: 39.51 39.51	150m: 2:10.02 45.38	250m: 3:41.42 45.08	350m: 5:11.90 44.50	
	100m: 1:24.64 45.13	200m: 2:56.34 46.32	300m: 4:27.40 45.98	400m: 5:55.75 43.85	
8.	Karin Sagonas-Koolen	VZV Njord	6:03.65	197000964	6:11.45 +0,80
	50m: 39.16 39.16	150m: 2:11.02 46.74	250m: 3:47.35 48.18	350m: 5:25.23 49.40	
	100m: 1:24.28 45.12	200m: 2:59.17 48.15	300m: 4:35.83 48.48	400m: 6:11.45 46.22	
9.	Britta Fritz	SC Janus e.V.	6:12.09		6:22.06 +0,95
	50m: 45.77 45.77	150m: 2:22.43 48.55	250m: 3:59.17 48.11	350m: 5:36.44 48.64	
	100m: 1:33.88 48.11	200m: 3:11.06 48.63	300m: 4:47.80 48.63	400m: 6:22.06 45.62	
10.	Ingeborg Stokx	DAW	6:32.64	196700666	6:29.72 +0,81
	50m: 42.49 42.49	150m: 2:20.49 49.66	250m: 4:01.09 50.02	350m: 5:42.08 50.35	
	100m: 1:30.83 48.34	200m: 3:11.07 50.58	300m: 4:51.73 50.64	400m: 6:29.72 47.64	
11.	Nathasja Konijn	WIDEX GZC DONK	6:44.51	197100992	6:31.89 +0,87
	50m: 43.80 43.80	150m: 2:21.48 50.37	250m: 4:02.19 51.17	350m: 5:43.34 50.83	
	100m: 1:31.11 47.31	200m: 3:11.02 49.54	300m: 4:52.51 50.32	400m: 6:31.89 48.55	
12.	Ymke Snellen van Vollenhoven	PSV	6:56.10	196800836	6:41.41 +0,93
	50m: 44.06 44.06	150m: 2:25.59 52.21	250m: 4:12.38 53.43	350m: 5:56.30 50.89	
	100m: 1:33.38 49.32	200m: 3:18.95 53.36	300m: 5:05.41 53.03	400m: 6:41.41 45.11	
13.	Greta Wyma-Teitsma	DWK	6:37.54	197100696	7:05.33 +0,93
	50m: 45.16 45.16	150m: 2:31.70 53.19	250m: 4:21.13 54.57	350m: 6:12.44 54.94	
	100m: 1:38.51 53.35	200m: 3:26.56 54.86	300m: 5:17.50 56.37	400m: 7:05.33 52.89	
14.	Betty van Kemenade	PSV	7:26.07	196800832	7:09.96 +1,25
	50m: 47.49 47.49	150m: 2:35.05 54.67	250m: 4:25.33 55.20	350m: 6:16.26 55.07	
	100m: 1:40.38 52.89	200m: 3:30.13 55.08	300m: 5:21.19 55.86	400m: 7:09.96 53.70	

Programmanr. 5, Dames, 400m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	tijd	RT
15.	Paule Walravens	CNSW	6:53.00	004339/67	7:12.28 +0,48
	50m: 44.58 44.58	150m: 2:30.20 53.69	250m: 4:19.33 54.32	350m: 6:14.79 57.33	
	100m: 1:36.51 51.93	200m: 3:25.01 54.81	300m: 5:17.46 58.13	400m: 7:12.28 57.49	
AFGEM	Kristien Van de Moortel	ShaRK	6:11.32	20315/69	

Masters 50+

1.	Petra Casteleijn	ZPC AMERSFOORT	5:28.70	196600098	5:43.77 +0,90
	50m: 36.85 36.85	150m: 2:00.88 43.07	250m: 3:29.92 45.10	350m: 5:01.02 45.70	
	100m: 1:17.81 40.96	200m: 2:44.82 43.94	300m: 4:15.32 45.40	400m: 5:43.77 42.75	
2.	Jacqueline Rolloos-Bakkers	De Lansingh	5:38.97	196300222	5:48.28 +0,90
	50m: 38.36 38.36	150m: 2:06.28 44.24	250m: 3:35.26 44.02	350m: 5:05.02 44.67	
	100m: 1:22.04 43.68	200m: 2:51.24 44.96	300m: 4:20.35 45.09	400m: 5:48.28 43.26	
3.	Margriet Grove-Lingeman	Oceanus	6:02.50	196200080	5:56.02 +0,87
	50m: 38.96 38.96	150m: 2:07.60 44.60	250m: 3:38.15 45.17	350m: 5:10.60 46.11	
	100m: 1:23.00 44.04	200m: 2:52.98 45.38	300m: 4:24.49 46.34	400m: 5:56.02 45.42	
4.	Marie-Jeanne Vandormael	GZVN	7:12.21	21035/63	7:23.55 +0,84
	50m: 47.68 47.68	150m: 2:36.48 54.84	250m: 4:29.18 55.46	350m: 6:28.43 59.70	
	100m: 1:41.64 53.96	200m: 3:33.72 57.24	300m: 5:28.73 59.55	400m: 7:23.55 55.12	
5.	Alice de Haan	WIDEX GZC DONK	7:45.55	196400590	7:27.39 +1,10
	50m: 45.33 45.33	150m: 2:31.80 55.21	250m: 4:27.49 58.20	350m: 6:28.80 1:00.51	
	100m: 1:36.59 51.26	200m: 3:29.29 57.49	300m: 5:28.29 1:00.80	400m: 7:27.39 58.59	

Masters 55+

1.	Patty Verhagen	PSV	5:36.59	195900146	5:36.29 +0,82
	50m: 38.76 38.76	150m: 2:03.01 42.56	250m: 3:28.68 43.02	350m: 4:54.62 43.08	
	100m: 1:20.45 41.69	200m: 2:45.66 42.65	300m: 4:11.54 42.86	400m: 5:36.29 41.67	
2.	Petra Tossings	DAW	5:50.14	196100376	5:53.71 +0,91
	50m: 39.42 39.42	150m: 2:09.14 44.96	250m: 3:39.64 45.69	350m: 5:11.06 45.60	
	100m: 1:24.18 44.76	200m: 2:53.95 44.81	300m: 4:25.46 45.82	400m: 5:53.71 42.65	
3.	Mathilde Vink	Swol 1894	5:56.48	195800128	6:15.54 +0,99
	50m: 43.47 43.47	150m: 2:18.91 47.37	250m: 3:55.42 47.87	350m: 5:30.63 47.46	
	100m: 1:31.54 48.07	200m: 3:07.55 48.64	300m: 4:43.17 47.75	400m: 6:15.54 44.91	
4.	Jennie Resink-lindeboom	DWK	6:43.83	196000142	6:34.80 +0,98
	50m: 42.49 42.49	150m: 2:21.45 49.99	250m: 4:04.18 50.50	350m: 5:47.05 49.91	
	100m: 1:31.46 48.97	200m: 3:13.68 52.23	300m: 4:57.14 52.96	400m: 6:34.80 47.75	
5.	Magda Wallaert	CNBA	7:21.39	000233/60	7:29.97 +1,04
	50m: 48.49 48.49	150m: 2:40.02 56.06	250m: 4:35.33 56.65	350m: 6:33.62 57.15	
	100m: 1:43.96 55.47	200m: 3:38.68 58.66	300m: 5:36.47 1:01.14	400m: 7:29.97 56.35	
6.	Karien Musters	Old Dutch	9:07.27	195800236	8:37.68 +0,89
	50m: 51.42 51.42	150m: 2:55.89 1:04.77	250m: 5:11.31 1:08.60	350m: 7:30.65 1:10.44	
	100m: 1:51.12 59.70	200m: 4:02.71 1:06.82	300m: 6:20.21 1:08.90	400m: 8:37.68 1:07.03	

Masters 60+

1.	Ineke Weekers	PSV	5:47.76	195300050	5:51.21 +0,84
	50m: 40.47 40.47	150m: 2:09.04 44.53	250m: 3:39.04 44.97	350m: 5:08.15 44.62	
	100m: 1:24.51 44.04	200m: 2:54.07 45.03	300m: 4:23.53 44.49	400m: 5:51.21 43.06	
2.	Margriet Pasma	Inktvis-De Pinquin (SG)	5:59.90	195500088	6:08.00 +0,87
	50m: 40.90 40.90	150m: 2:14.22 47.38	250m: 3:48.76 47.67	350m: 5:22.41 47.05	
	100m: 1:26.84 45.94	200m: 3:01.09 46.87	300m: 4:35.36 46.60	400m: 6:08.00 45.59	
3.	Fernande Gourmet-Blondeel	CNSW	7:44.70	004901/52	7:54.73 +0,94
	50m: 53.58 53.58	150m: 2:53.95 1:00.98	250m: 4:54.57 59.59	350m: 6:55.87 1:00.72	
	100m: 1:52.97 59.39	200m: 3:54.98 1:01.03	300m: 5:55.15 1:00.58	400m: 7:54.73 58.86	

Masters 65+

1.	Conny Boer-Buys	ZVVS	5:44.16	195000006	5:54.19 +0,94
	<i>Europees Masters Record</i>				
	50m: 37.60 37.60	150m: 2:05.76 44.99	250m: 3:37.30 45.78	350m: 5:10.91 46.70	
	100m: 1:20.77 43.17	200m: 2:51.52 45.76	300m: 4:24.21 46.91	400m: 5:54.19 43.28	

Programmanr. 5, Dames, 400m vrije slag, Masters 65+

rang	naam	vereniging			inschrijftijd			tijd				RT	
2.	Gonnie Bak	PSV			7:29.84			195100064				7:45.17	+0,86
	50m:	50.66	50.66	150m:	2:48.83	59.67	250m:	4:50.83	1:01.08	350m:	6:51.09	59.75	
	100m:	1:49.16	58.50	200m:	3:49.75	1:00.92	300m:	5:51.34	1:00.51	400m:	7:45.17	54.08	
3.	Janny van der Weide	Deltasteur			9:24.66			195100066				9:28.97	
	50m:	59.91	59.91	150m:	3:19.74	1:10.77	250m:	5:46.46	1:11.94	350m:	8:14.67	1:12.32	
	100m:	2:08.97	1:09.06	200m:	4:34.52	1:14.78	300m:	7:02.35	1:15.89	400m:	9:28.97	1:14.30	

Masters 70+

1.	Corrie Verhoeven			PSV			6:58.75		194600026		6:41.95		+0,84
	<i>Nederlands Masters Record</i>												
	50m:	43.07	43.07	150m:	2:23.75	51.31	250m:	4:08.87	53.40	350m:	5:53.21	51.25	
	100m:	1:32.44	49.37	200m:	3:15.47	51.72	300m:	5:01.96	53.09	400m:	6:41.95	48.74	
2.	Annie Smits			PSV			7:31.29		194600016		7:47.42		+1,39
	50m:	52.99	52.99	150m:	2:53.19	1:00.81	250m:	4:53.71	59.66	350m:	6:51.94	58.26	
	100m:	1:52.38	59.39	200m:	3:54.05	1:00.86	300m:	5:53.68	59.97	400m:	7:47.42	55.48	
3.	Matty van der Veen			Old Dutch			7:51.47		194400020		8:08.54		+1,19
	50m:	52.55	52.55	150m:	2:52.38	1:01.33	250m:	4:59.01	1:03.96	350m:	7:04.90	1:03.61	
	100m:	1:51.05	58.50	200m:	3:55.05	1:02.67	300m:	6:01.29	1:02.28	400m:	8:08.54	1:03.64	

Masters 80+

AFGEM	Lottie Geurts	PSV	8:09.94	193500006
-------	---------------	-----	---------	-----------

Programmanr. 6

06-05-2016 - 11:22

Heren, 100m schoolslag

Masters Open

Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	50m	100m
------	------	------------	---------------	------	----	-----	------

Masters 20+

1.	Wimar Lindenberg	Hieronymus	1:05.35	199601857	1:06.50	+0,64	31.37	1:06.50
2.	Levin Veale	Totnes Swimming Club	1:04.25	246591	1:07.86	+0,61	31.41	1:07.86
3.	Romero Hennep	De Kempvis	1:05.24	199304929	1:08.92	+0,68	32.42	1:08.92
4.	Jeffrey Appel	WZ&PC Purmerend	1:06.84	199200027	1:09.61	+0,67	32.70	1:09.61
5.	Erik Pape	Octopus	1:10.63	199601669	1:12.27	+0,75	33.68	1:12.27
6.	Paul van Grol	WIDEX GZC DONK	1:12.98	199602951	1:13.38	+0,61	33.72	1:13.38
7.	Martino Valentijn	DIO	1:09.65	199403913	1:14.25	+0,72	34.41	1:14.25
8.	Tom de Lange	Deltasteur	1:17.16	199300303	1:15.63	+0,88	35.63	1:15.63
9.	Jordy Jongenelen	ZC Aquadream	1:15.57	199504995	1:19.75	+0,61	36.32	1:19.75
10.	Siebert van Dieren	De Bevelanders	1:18.57	199500849	1:20.13	+0,77	37.09	1:20.13
11.	Remco Oskam	WIDEX GZC DONK	1:19.37	199205583	1:21.49	+0,78	37.83	1:21.49
12.	Ian van Mullem	ZOB'66	1:24.42	199602545	1:28.89	+0,88	41.65	1:28.89
13.	Bob Potkamp	Deltasteur	1:25.23	199403189	1:29.71	+0,89	40.77	1:29.71
14.	Rens Klok	ZPC Woerden	1:23.53	199602045	1:31.31	+0,85	42.95	1:31.31
15.	Maarten Steekelenburg	Aquamania	1:33.84	199300479	1:32.08	+0,76	43.50	1:32.08
AFGEM	Danny Vochtelo	ZZG De Boskikkers	1:31.13	199207251				

Masters 25+

1.	Erik Simons	d'ELFT WAVE (SG)	1:06.58	198902845	1:06.52	+0,73	31.16	1:06.52
2.	Pascal Florczyk	TPSK 1925 e.V.	1:10.20	152716	1:12.57	+0,69	33.76	1:12.57
3.	Maik Steenkamp	Montferland	1:11.54	199103847	1:13.76	+0,77	34.49	1:13.76
4.	Patrick Creemers	RZ	1:12.48	199000579	1:14.29	+0,73	35.58	1:14.29
5.	Herman van Dijk	De Wellerobben	1:11.29	198900691	1:14.58	+0,89	33.81	1:14.58
6.	Gilles Degrott	CNDu	1:16.95	2773	1:17.58	+0,72	36.34	1:17.58
7.	Dennis Kraakman	DAW	1:20.77	198705325	1:21.21	+0,77	37.10	1:21.21
8.	Mark Huijsman	De Lansingh	1:20.82	199001305	1:21.64	+0,81	37.32	1:21.64
9.	Wouter van 't Klooster	ZPC AMERSFOORT	1:22.83	198806159	1:21.93	+0,86	37.84	1:21.93
10.	Patrick Holthuisen	d'ELFT WAVE (SG)	1:20.25	199107681	1:23.06	+0,70	38.69	1:23.06
11.	Harmen Reemst	ZOB'66	1:22.15	198702715	1:27.03	+0,75	39.63	1:27.03
AFGEM	Kevin Eltink	DWK	1:08.77	199100589				

Programmanr. 6, Heren, 100m schoolslag

Masters 30+

1. Kristiaan Lenos	LZ 1886	1:14.33	198301331	1:14.20	+0,75	34.22	1:14.20
2. Lauren Vis	Steenwijk 1934	1:15.08	198201883	1:14.69	+0,65	34.33	1:14.69
3. Pieter Pickhardt	ZPC De Hof	1:11.13	198301657	1:16.15	+0,80	35.27	1:16.15
4. Jim Geestman	RSW (SG)	1:13.09	198300699	1:17.36	+0,88	35.87	1:17.36
5. Rob van Wanrooy	Gay Swim Amsterdam	1:19.17	198202627	1:19.67	+0,59	35.43	1:19.67
6. Nicolas Havet	SC Rixensart	1:21.54	001817/86	1:20.11	+0,69	37.34	1:20.11
7. Ferry Blangé	ZOB'66	1:15.22	198300185	1:21.02	+0,78	37.41	1:21.02
8. Wouter Zijlstra	DAW	1:16.73	198202077	1:22.82	+0,79	37.17	1:22.82
9. Sander de Velde	Deltasteur	1:34.17	198302165	1:38.61	+0,75	44.82	1:38.61
10. Rob Sterrenburg	PSV	1:47.39	198503855	1:42.63	+1,15	46.71	1:42.63

Masters 35+

1. Richard Claus	Swimteam Helden-Mosa (SG)	1:02.89	198000265	1:06.33	+0,70	30.58	1:06.33
<i>Nederlands Masters Record</i>							
2. Simon van Ravesteijn	WVZ	1:11.75	198002263	1:11.82	+0,79	33.28	1:11.82
3. Vincent Versteeg	Zwemlust-den Hommel	1:09.56	197701003	1:12.57	+0,74	33.36	1:12.57
4. Victor Barnar	GoSwim	1:12.38	197801805	1:14.57	+0,76	33.78	1:14.57
5. Enrico Hahn	Otter SC	1:16.10	458508	1:14.89	+0,77	34.69	1:14.89
6. Ronald Smits	PSV	1:12.30	197800981	1:15.92	+0,68	34.64	1:15.92
7. Walter Stielstra	TRB-RES	1:17.94	197701651	1:16.93	+0,77	35.01	1:16.93
8. Freddie Geerlings	NIMO	1:16.56	197900379	1:17.26	+0,79	35.62	1:17.26
9. Ron Langelaan	DAW	1:23.60	197800643	1:19.39	+0,77	37.19	1:19.39
10. Harm Jan Otter	De Zandstuve	1:21.29	198101283	1:20.55	+0,89	37.45	1:20.55
11. Rogier van Gent	IJZPC	1:24.08	198000405	1:23.80	+0,84	37.26	1:23.80
12. Robin Roskam	De Duinkickers	1:29.01	197801831	1:33.04	+0,93	44.04	1:33.04
AFGEM Michiel Beemster	WS Twente	1:11.59	198000063				
AFGEM Raymond Oosterbaan	WIDEX GZC DONK	1:27.82	197700711				

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	1:10.60	197600889	1:11.20	+0,74	33.11	1:11.20
<i>Nederlands Masters Record</i>							
2. Jiri Geers	AZK	1:11.31	10011/74	1:14.20	+0,78	34.71	1:14.20
3. Martin Postma	De Fuut	1:17.88	197301493	1:18.07	+0,87	36.49	1:18.07
4. Gerard Eghuizen	HZ&PC Heerenveen	1:18.17	197400197	1:25.90	+0,84	38.56	1:25.90
5. Bas van Gool	De Geul	1:38.60	197201435	1:48.03	+0,81	48.70	1:48.03

Masters 45+

1. Harry Cornet	De Biesboschzwemmers	1:08.83	197100175	1:13.52	+0,84	35.01	1:13.52
<i>Nederlands Masters Record</i>							
2. Harold Matla	PSV	1:14.64	196800591	1:18.00	+0,89	37.57	1:18.00
3. Glen le Clercq	De Rog	1:11.95	196800177	1:19.16	+0,85	35.42	1:19.16
4. Hans Schoenmakers	DAW	1:21.99	196900863	1:20.91	+0,87	38.63	1:20.91
5. Jacques Verriet	VZV Njord	1:29.97	197001039	1:28.22	+0,83	41.10	1:28.22
6. Benny Hufkens	ZGEEL	1:29.87	10123/69	1:28.81	+0,78	42.04	1:28.81
7. Huyb Stegeman	Steenwijk 1934	1:27.88	196701535	1:29.22	+0,83	40.45	1:29.22
8. Gertjan van der Vaart	ZVVS	1:32.18	196801529	1:33.45	+0,71	42.85	1:33.45
9. Marcel Brittijn	De Duinkickers	1:33.36	196900159	1:34.15	+0,70	44.20	1:34.15
AFGEM Andy Feyen	ZIK	1:33.02	11002/67				

Masters 50+

1. Bernd Bienek	SV Gladbeck 13	1:18.00	278658	1:19.06	+0,96	37.09	1:19.06
2. Arno Schrauwen	De Roersoppers	1:17.03	196501355	1:20.71	+0,89	37.92	1:20.71
3. Bertjan Schelhaas	DWT	1:21.11	196501577	1:20.80	+0,86	36.31	1:20.80
4. Marcel van der Lem	Vereniging Swimcademy	1:20.70	196500563	1:25.69	+0,82	40.08	1:25.69
5. Eric de Haas	De Treffers	1:25.03	196501275	1:28.94	+0,92	42.49	1:28.94
6. Erwin Beringen	GoSwim	1:29.79	196601515	1:32.09	+0,76	42.96	1:32.09
7. Willem Jannink	Swol 1894	1:32.25	196500423	1:32.26	+0,84	42.61	1:32.26

Programmanr. 6, Heren, 100m schoolslag, Masters 50+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
8. Jack Barends	WS Twente	1:31.39	196201011	1:33.23	+0,92	43.88	1:33.23
9. Pierre de Groot	WIDEX GZC DONK	1:37.94	196401431	1:35.53	+0,82	44.68	1:35.53
10. Hans van Scheepen	Steenwijk 1934	1:36.97	196201245	1:38.15	+0,93	45.20	1:38.15
11. René Speelman	De Spatters	1:34.60	196601521	1:39.35	+0,78	46.05	1:39.35
12. Jeffrey van Doormalen	DZ&PC	1:34.08	196501563	1:41.11	+0,93	48.06	1:41.11
13. Merlin Weber	Nautilus	1:40.07	196201261	1:43.48	+0,85	48.02	1:43.48

Masters 55+

1. Jan Vlasblom	PLONS	1:25.12	196100823	1:22.24	+0,91	38.77	1:22.24
2. Ronald Grove	Oceanus	1:26.44	196100161	1:23.80	+0,71	39.02	1:23.80
3. Arlandas Juodeska	Kauno Takas	1:21.58		1:24.80	+0,76	39.77	1:24.80
<i>Lithuanian Masters Records</i>							
4. Rob Hemesath	PSV	1:25.85	196100189	1:25.61	+0,88	40.53	1:25.61
5. Eric Henrard	AZV	1:28.78	017/60	1:28.98	+0,96	42.13	1:28.98
6. Wolfgang Grenzing	SG Mönchengladbach	1:25.14	275182	1:29.03	+0,91	42.89	1:29.03
7. Philippe Godbille	CNSW	1:29.71	000230/57	1:32.13	+0,92	41.94	1:32.13
8. Jan Willem Heuten	WS Twente	1:35.34	196000883	1:39.60	+0,97	46.94	1:39.60
9. Jan Timmerman	IJZPC	1:42.85	195700347	1:42.13	+0,81	45.45	1:42.13
10. Jos van Sleuwen	Nautilus	1:44.46	195700323	1:49.06	+1,18	48.64	1:49.06

Masters 60+

1. Peter Kauch	SV Gladbeck 13	1:18.48	73094	1:18.24	+0,93	37.04	1:18.24
<i>Kampioenschaps Record, German Masters Record</i>							
2. Charles Bos	De Roersoppers	1:23.64	195300019	1:25.73	+0,79	40.05	1:25.73
3. Paul Bunnik	Triton	1:28.02	195600413	1:27.83	+0,89	40.81	1:27.83
4. Laurens Klein Breteler	WWV	1:31.65	195400109	1:33.25	+0,87	43.01	1:33.25
5. Luc Laloi	HELIOS	1:37.84	005538/53	1:35.62	+1,04	46.69	1:35.62
6. Dré Klaassen	ZOB'66	1:34.01	195600141	1:39.18	+0,91	48.01	1:39.18
7. Serge Adrianssens	CNBA	1:58.29	006014/56	1:45.92	+0,97	51.19	1:45.92
8. Peter Cornelissen	PLONS	1:48.50	195500453	1:51.35	+1,05	52.85	1:51.35
9. Frans Suijkerbuijk	PSV	1:55.30	195600499	1:54.30	+0,81	54.19	1:54.30

Masters 65+

1. Piet Schop	De Bevelanders	1:29.27	195000109	1:30.51	+0,65	41.96	1:30.51
2. Michel Hougardy	CNBA	1:45.43	000234/51	1:48.10	+1,13	49.34	1:48.10
3. Jan van der Heide	HZ&PC Heerenveen	1:53.77	195100059	1:50.02	+1,07	51.33	1:50.02
4. Mar van Geel	Old Dutch	1:52.28	194700135	2:02.39	+1,16	59.42	2:02.39
5. Nico van Dongen	ZZ&PC De Devel	2:02.33	194800159	2:10.95	+1,12	58.46	2:10.95

Masters 70+

1. Rob Hanou	PSV	1:36.55	194300109	1:35.74	+1,01	45.83	1:35.74
2. Tom Meijnen	UZSC	1:45.62	194400087	1:41.56	+0,87	47.36	1:41.56
3. Nico Baay	Old Dutch	1:41.52	194200053	1:43.66	+0,85	48.24	1:43.66
4. Peter Ouweneel	RSW (SG)	2:03.16	194500077	2:09.44	+1,06	1:02.83	2:09.44
5. Kevork Boyrazian	CNSW	2:00.71	002620/44	2:10.78	+1,31	1:03.23	2:10.78

Masters 75+

1. Jan Eichhorn	ZV Haerlem	2:01.08	193700015	2:07.39	+1,19	59.29	2:07.39
-----------------	------------	---------	-----------	----------------	-------	-------	---------

Masters 80+

1. Cor Sprengers	PSV	2:05.50	193500019	2:15.38	+0,89	1:01.08	2:15.38
------------------	-----	---------	-----------	----------------	-------	---------	---------

Programmanr. 7
06-05-2016 - 11:45

Dames, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Nicole Bennis	WVZ	1:15.99	199600470	1:14.95	+0,68	34.92	1:14.95
<i>Nederlands Masters Record</i>							
2. Sharon van der Leest	WZ&PC Purmerend	1:12.29	199202772	1:15.16	+0,77	35.73	1:15.16
3. Chantal van der Horst	De Meer	1:18.40	199400616	1:20.06	+0,74	37.61	1:20.06
4. Elise Matthysen	ZIK	1:19.93	21004/92	1:20.56	+0,79	38.03	1:20.56
5. Karin Groen	Nova	1:24.33	199502440	1:21.62	+0,68	38.10	1:21.62
6. Martina Eva Becker	Erster Offenbacher SC	1:25.11	160468	1:21.93	+0,70	38.94	1:21.93
7. Kimberley Kranenberg	ZPC De Hof	1:28.07	199400292	1:24.49	+0,78	40.29	1:24.49
8. Nicky Deijl	ZOB'66	1:19.17	199601360	1:25.43	+0,78	39.39	1:25.43
9. Moniek Heemskerck	LZ 1886	1:21.83	199601964	1:25.68	+0,77	40.70	1:25.68
10. Eline van Gemert	De Meer	1:18.87	199505458	1:26.98	+0,68	40.42	1:26.98
11. Sanne de Roo	ZZ&PC De Devel	1:26.60	199501934	1:31.96	+0,82	42.54	1:31.96
12. Debby Bavelaar	LZ 1886	1:24.20	199502648	1:33.08	+0,91	42.56	1:33.08
13. Diane Schoenmaker	DWK	1:33.98	199502920	1:33.13	+0,81	43.17	1:33.13
14. Laura de Haas	De Treffers	1:30.88	199603392	1:36.01	+0,68	45.91	1:36.01

Masters 25+

1. Lisa Dreesens	PSV	1:14.82	199105798	1:17.67	+0,78	36.58	1:17.67
2. Karlien Manderveld	Leuven Aquatics	1:25.44	21217/88	1:21.63	+0,85	38.45	1:21.63
3. Aniek Huijsman	De Lansingh	1:21.74	198801932	1:22.21	+0,72	38.49	1:22.21
4. Simone Hendrikse	PSV	1:21.46	199005446	1:24.96	+0,86	39.64	1:24.96
5. Laura de Jong	De Waalstroom	1:28.95	199001778	1:26.19	+0,92	39.78	1:26.19
6. Rosanne de Boer	LZ 1886	1:23.90	199104060	1:26.81	+0,81	40.81	1:26.81
7. Ilse van den Wijngaard	ZPC Woerden	1:23.76	198904736	1:28.82	+0,76	41.48	1:28.82
8. Esther van Maastricht	Montferland	1:23.41	198802836	1:29.20	+0,78	41.32	1:29.20
9. Tessa Lukassen	GoSwim	1:31.94	198702620	1:30.48	+0,85	42.40	1:30.48
10. Aurore Gueret	SC Rixensart	1:35.65	005539/87	1:30.70	+0,79	42.79	1:30.70
11. Kelly Bocking	Montferland	1:32.80	199104050	1:32.82	+0,82	43.29	1:32.82
12. Liesbeth van Mill	DWK	1:32.63	198702786	1:32.84	+0,81	43.85	1:32.84
13. Marlous de Jong	Zwemlust-den Hommel	1:31.63	199001782	1:32.97	+0,80	43.50	1:32.97
14. Christa Stam	RSW (SG)	1:28.93	198806790	1:33.23	+0,79	44.44	1:33.23
15. Tessa Verheijdt	WVZ	1:32.03	198904290	1:34.92	+0,81	44.54	1:34.92
16. Mariska Zaal	AZC	1:32.76	198806916	1:35.55	+0,82	43.60	1:35.55
17. Carola Hompes	Budel	1:37.55	198801868	1:36.37	+0,89	45.91	1:36.37
18. Fleur Maas	WVZ	1:34.84	198902768	1:37.81	+0,94	45.09	1:37.81
19. Rolijn van Vught	Nayade	1:34.30	199004110	1:41.36	+0,82	46.38	1:41.36
20. Kathleen Laloi	HELIOS	1:44.72	005550/88	1:42.31	+0,98	48.10	1:42.31

Masters 30+

1. Laura Badoux	DAW	1:21.59	198200038	1:21.75	+0,86	38.13	1:21.75
2. Ann Van Beylen	RSCM	1:28.50	20264/84	1:26.47	+0,91	40.96	1:26.47
3. Roos van Esch	d'ELFT WAVE (SG)	1:28.65	198200468	1:26.94	+0,81	41.15	1:26.94
4. Jorien Doets	WS Twente	1:24.96	198605306	1:28.83	+0,94	41.89	1:28.83
5. Angela Giezen	Montferland	1:33.75	198302796	1:29.63	+0,84	41.84	1:29.63
6. A. Reefhuis-de Vries	WS Twente	1:29.05	198603908	1:30.27	+0,74	42.00	1:30.27
7. Renee de Kok	PSV	1:28.48	198403350	1:30.53	+0,73	41.33	1:30.53
8. Auke de Lange	AZC	1:26.74	198602226	1:35.59	+0,76	44.11	1:35.59
9. Annette Vogelsang	ZV De Bron	1:28.82	198402632	1:36.12	+0,87	44.54	1:36.12
10. Petra Peters	RZ	1:34.68	198604412	1:39.46	+0,76	46.82	1:39.46

Masters 35+

1. Yvonne Gerritsen	WVZ	1:25.67	198000342	1:29.29	+0,87	42.33	1:29.29
2. Vanessa De Bleyser	ZIK	1:32.54	20184/77	1:31.98	+0,71	43.29	1:31.98
3. Kristel Lips	ZV De Bron	1:29.00	197900562	1:33.15	+0,80	42.95	1:33.15
4. Eveline Hacquebord	IJZPC	1:32.36	197901206	1:34.05	+1,00	45.31	1:34.05
5. Petra Verstegen	WVZ	1:31.26	197700906	1:34.43	+0,88	43.73	1:34.43

Programmanr. 7, Dames, 100m schoolslag

Masters 40+

1. Nadège van Meeteren	De Meer	1:24.31	197400736	1:24.77	+0,80	39.86	1:24.77
2. Ilona Hogerheyde	DAW	1:29.29	197400224	1:27.74	+0,75	41.51	1:27.74
3. Geraldine Trainor	De Duck	1:28.77	197500544	1:28.67	+0,76	41.24	1:28.67
4. Pascale Janssen	De Roersoppers	1:29.09	197300852	1:35.23	+0,90	44.22	1:35.23
5. Marian Nederlof	DWF	1:31.94	197600950	1:35.76	+0,84	45.04	1:35.76
6. Eszter Takar	VfR Simmern	1:50.72	323300	1:55.58	+0,97	54.33	1:55.58
DIS Edith Janssen-Koolen	TRB-RES	1:28.32	197300898				

SD - De bewegingen van de benen niet te allen tijde gelijktijdig en/of in hetzelfde horizontale vlak uitgevoerd.

Masters 45+

1. Marjo Goelema-Koek	De Biesboschzwemmers	1:22.08	196900192	1:21.92	+0,77	38.03	1:21.92
<i>Nederlands Masters Record</i>							
2. Trudy Ketting	PSV	1:25.96	197000268	1:22.99	+0,80	38.84	1:22.99
3. Annette Wijnja-Visser	De Biesboschzwemmers	1:23.97	196700528	1:25.76	+0,79	40.61	1:25.76
4. Karin Stein	ZVVS	1:21.88	197100554	1:26.49		41.19	1:26.49
5. Desiree van der Lem	Vereniging Swimcademy	1:31.47	196800282	1:32.87	+0,93	43.33	1:32.87
6. Simone van Lent	VZV Njord	1:35.13	196900950	1:34.14	+0,95	44.27	1:34.14
7. Annet Kootstra	Swol 1894	1:43.52	197100344	1:42.58	+0,86	49.11	1:42.58
8. Greta Wyma-Teitsma	DWK	1:43.42	197100696	1:49.07	+1,00	51.42	1:49.07
9. Judith van der Heijden	Budel	1:55.04	197001012	1:52.67	+0,70	53.64	1:52.67
10. Petra Nagtzaam	ZC Aquadream	1:52.65	197001018	2:11.31	+0,82	1:01.32	2:11.31
AFGEM Esther Mijnen	WZ&PC Purmerend	1:29.66	196900846				

Masters 50+

1. Jacqueline Tuin	DAW	1:29.02	196600690	1:29.16	+0,74	40.86	1:29.16
2. Marjan Remmits	ZPC Woerden	1:36.28	196300518	1:31.83	+0,76	43.11	1:31.83
3. Annemarie Vuist	Swol 1894	1:37.04	196300282	1:36.38	+0,86	46.30	1:36.38
4. Kathleen Anne Raymond	Croydon Amphibians	1:40.65	547999	1:40.57	+0,86	47.78	1:40.57
5. Roelien Speelman-Tigelaar	De Spatters	1:41.09	196600664	1:49.23	+0,76	48.04	1:49.23
6. Miriam Groenen	Budel	1:57.49	196500630	1:54.22	+0,99	54.52	1:54.22

Masters 55+

1. Marijke van Hoek	ZPC De Zeeuwse Kust	1:39.27	195800050	1:38.25	+0,88	46.34	1:38.25
2. Claire Anthony	CNSW	1:40.35	001353/57	1:44.35	+0,78	48.61	1:44.35
3. Marjan Spoelstra	Swol 1894	1:52.47	196000236	1:51.82	+0,95	53.28	1:51.82
4. Willy Schoenmaker-ter Veer	DWK	2:03.24	195900254	2:03.21	+1,09	57.83	2:03.21
AFGEM Herlinde Segers	GBZ	1:50.02	20151/60				

Masters 60+

1. Ineke Weekers	PSV	1:34.98	195300050	1:37.75	+0,88	47.31	1:37.75
2. Tineke van Diggelen	ZPCH	1:53.71	195200048	1:57.99	+1,01	56.69	1:57.99
3. Geerdien Meerwaldt	De Geul	2:04.44	195200058	2:06.99	+1,04	1:01.67	2:06.99
4. Maryse Van Cant	AZSC	2:33.76	20233/54	2:31.59	+1,13	1:10.56	2:31.59

Masters 65+

1. Bea Swijnenberg	Swol 1894	1:42.92	194900010	1:42.82	+0,74	48.38	1:42.82
<i>Nederlands Masters Record</i>							
2. Yolande Dubuisson	HELIOS	1:45.36	000278/51	1:46.59	+0,91	50.12	1:46.59
3. Gonnje Bak	PSV	1:56.30	195100064	2:01.43	+0,95	58.85	2:01.43
4. Nini van Dongen-de Paepe	ZZ&PC De Devel	2:11.99	195100044	2:15.91	+0,99	1:04.76	2:15.91
5. Janny van der Weide	Deltasteur	2:33.15	195100066	2:32.56		1:12.96	2:32.56

Programmanr. 7, Dames, 100m schoolslag

Masters 70+

1. A. Verhoeven - Steggerda	De Duinkickers	1:56.17	194600024	1:58.75	+1,07	55.52	1:58.75
2. Liesbeth ter Laak	PSV	2:33.32	194200008	2:43.38	+1,27	1:21.21	2:43.38

Masters 75+

1. Lea Maes	GBZ	2:37.70	20041/37	2:44.88 *		1:17.82	2:44.88
-------------	-----	---------	----------	------------------	--	---------	---------

Masters 80+

1. Eliane Pellis	AZSC	1:59.52	20672/33	2:02.09	+1,06	58.61	2:02.09
2. Alice Lindhout	PSV	2:25.00	193500010	2:30.08	+1,05	1:08.45	2:30.08
<i>Nederlands Masters Record</i>							

Masters 85+

1. Agnes Van Obberghen	AZSC	1:54.27	20696/31	1:54.96	+1,10	52.61	1:54.96
<i>Wereld Masters Record, tt 50m EMR/WMR</i>							

Masters 90+

1. Marianne Maandonks	PSV	3:32.81	192600004	3:46.60 *	+1,14	1:46.93	3:46.60
<i>Nederlands Masters Record, tt 50m NMR</i>							

3 - ONMK 2016 lb sessie 3

06-05-2016 - 13:30

Programmanr. 8
06-05-2016 - 13:30

Heren, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Ensger Kotterink <i>Nederlands Masters Record</i>	Albion	1:58.86 199403391	2:05.66	+0,68	28.03	1:00.25	1:32.88	2:05.66
2. Christiaan Zwaal	MSV-Zeemacht	2:21.92 199503881	2:17.56	+0,63	29.51	1:03.86	1:40.02	2:17.56
3. Nordin Termoshuizen	WVZ	2:21.95 199605401	2:23.86	+0,76	30.68	1:06.26	1:43.34	2:23.86
4. Jordy Jongenelen	ZC Aquadream	2:29.31 199504995	2:38.99	+0,63	32.79	1:11.81	1:55.19	2:38.99
AFGEM Hans Stoffers	Triton Putten	2:52.14 199604027						
Masters 25+								
1. Maik Steenkamp	Montferland	2:24.41 199103847	2:27.47	+0,76	31.71	1:09.07	1:47.56	2:27.47
2. Erik Simons	d'ELFT WAVE (SG)	2:35.82 198902845	2:30.04	+0,83	31.31	1:09.46	1:49.58	2:30.04
3. Tim Bunnik	Triton	2:34.16 199000505	2:36.95	+0,77	32.07	1:10.67	1:51.86	2:36.95
Masters 30+								
1. Sander Bouts	RZ	2:22.32 198500331	2:29.07	+0,83	30.81	1:06.51	1:43.53	2:29.07
2. Pieter Pickhardt	ZPC De Hof	2:19.14 198301657	2:30.08	+0,86	33.53	1:11.96	1:51.07	2:30.08
3. Thommy Nickel	Van Vliet-Barracuda	2:33.40 198401627	2:41.71	+0,80	33.67	1:14.57	1:57.68	2:41.71
4. Rob van Wanrooy	Gay Swim Amsterdam	3:09.45 198202627	3:15.88	+0,78	41.52	1:31.79	2:24.99	3:15.88
Masters 35+								
1. Patrick Roozeboom	WS Twente	2:56.61 197701643	2:52.89	+0,92	36.37	1:17.37	2:00.64	2:52.89
2. Freddie Geerlings	NIMO	2:52.26 197900379	2:53.93	+0,81	37.01	1:21.18	2:07.20	2:53.93
3. Harm Jan Otter	De Zandstuve	2:57.09 198101283	2:56.41	+0,93	36.09	1:22.34	2:10.24	2:56.41
Masters 40+								
1. Kelvin Isselt	RZ	2:37.36 197601119	2:54.35	+0,82	35.35	1:17.53	2:03.46	2:54.35
2. Gerard Eghuizen	HZ&PC Heerenveen	2:52.95 197400197	3:12.13	+0,86	37.77	1:26.65	2:19.02	3:12.13
3. Erwin Zuidervelt	De Futen	3:10.24 197501015	3:15.90	+0,78	37.73	1:25.34	2:18.99	3:15.90
Masters 45+								
1. Antwan van Engen	De Ward	2:28.03 197101577	2:30.56	+0,79	31.80	1:08.80	1:48.19	2:30.56
2. Stefan Holmstrom	DAW	2:54.86 196701671	2:54.04	+0,88	36.96	1:22.87	2:08.07	2:54.04
Masters 50+								
1. Ragnar Stermann	SG Mülheim	2:31.44 94725	2:29.48	+0,75	32.63	1:10.33	1:49.35	2:29.48
2. Roy le Clercq	De Rog	3:17.55 196401041	3:24.58	+0,92	42.54	1:33.44	2:29.23	3:24.58
3. Eric de Haas	De Treffers	3:30.60 196501275	3:32.31	+0,99	44.34	1:38.16	2:38.66	3:32.31
AFGEM Wolfgang Vintan	Upstream Amsterdam	3:45.16 196401331						
AFGEM Rene de Boer	DAW	2:43.86 196400087						
Masters 55+								
1. Hugo Bregman	Albion	2:17.43 195800069	2:26.34	+0,77	32.06	1:09.38	1:47.66	2:26.34
2. Peter Molecz	SC Diana	2:51.08 19219	2:57.54	+0,92	36.65	1:21.49	2:08.37	2:57.54
3. Jan Willem Heuten	WS Twente	3:35.12 196000883	3:40.41	+0,96	46.40	1:42.13	2:41.11	3:40.41

Programmanr. 8, Heren, 200m vlinderslag

Masters 60+

1. Jean-Marie Cadiat	CNSW	2:47.29	000243/53	2:56.47	+0,93	38.11	1:23.18	2:09.99	2:56.47
2. Paul Bunnik	Triton	3:16.48	195600413	3:13.82	+1,07	39.90	1:27.86	2:19.89	3:13.82

Masters 65+

1. Zsolt Peredy	Budapesti Delfinek	3:32.08	2/230	3:29.62	+1,11	45.25	1:39.70	2:35.58	3:29.62
-----------------	--------------------	---------	-------	----------------	-------	-------	---------	---------	---------

Masters 70+

1. Rob Hanou	PSV	3:49.65	194300109	3:54.97	+1,17	50.29	1:52.40	2:54.62	3:54.97
--------------	-----	---------	-----------	----------------	-------	-------	---------	---------	---------

Programmanr. 9
06-05-2016 - 13:41

Dames, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
-----------	------------	---------------	------	----	-----	------	------	------

Masters 20+

1. Stéphanie Bergsma	Dedemsvaart-AC	2:30.55	199203374	2:37.13		33.17	1:12.23	1:53.48	2:37.13
2. Moniek Heemskerk	LZ 1886	2:38.67	199601964	2:47.25	+0,74	35.97	1:18.18	2:01.91	2:47.25
3. Lisa Klatten	d'ELFT WAVE (SG)	2:57.39	199203628	2:53.58	+0,71	33.66	1:15.04	2:03.90	2:53.58
4. Karin de Kok	AquaAmigos	2:56.24	199301010	2:55.20	+0,79	37.06	1:21.47	2:09.02	2:55.20
5. Chantal van der Horst	De Meer	2:51.77	199400616	2:56.07	+0,76	38.30	1:22.91	2:09.67	2:56.07
6. Anne Aarts	Aqua-Novio'94	3:17.82	199207942	3:04.69	+0,75	41.40	1:29.37	2:17.39	3:04.69
7. Rebecca Evers	ZOB'66	3:02.06	199207916	3:18.59	+0,81	37.14	1:23.67	2:18.40	3:18.59

Masters 25+

1. Silke Oude Weernink	De Dinkel	2:32.42	199002854	2:30.02	+0,87	33.35	1:11.59	1:50.41	2:30.02
<i>Kampioenschaps Record</i>									
2. Tamara Caspers	LZ 1886	2:52.52	199007272	3:00.52	* +0,79	35.18	1:21.44	2:09.86	3:00.52
3. Liset de Veer	Aqua-Novio'94	3:02.33	198704190	3:06.96	+0,84	38.25	1:25.07	2:15.09	3:06.96
4. Linda Janssen	ZPB H&L Productions	2:54.69	198802088	3:07.36	+0,91	38.49	1:24.47	2:13.99	3:07.36
5. Liesbeth van Mill	DWK	3:06.35	198702786	3:08.27	+0,88	39.53	1:26.77	2:16.54	3:08.27

Masters 30+

1. Anique Willeme	De Dinkel	2:28.45	198604106	2:33.03	+0,82	33.78	1:12.66	1:52.71	2:33.03
2. Roos van Esch	d'ELFT WAVE (SG)	2:35.31	198200468	2:34.88	+0,84	35.73	1:15.62	1:56.36	2:34.88
3. Miranda Pijnenburg	De Treffers	2:54.94	198301216	3:01.38	+0,87	38.38	1:23.41	2:11.06	3:01.38
4. Linda Hoogendam	WVZ	3:02.40	198300892	3:20.41	+0,78	40.22	1:31.60	2:26.22	3:20.41
5. Annette Vogelsang	ZV De Bron	3:09.28	198402632	3:30.92	+0,95	43.22	1:38.71	2:34.24	3:30.92
DIS Marloes Rebel	WS Twente	3:53.18	198403474						

AF - De aangegeven afstand niet uitgezwommen.

Masters 35+

1. Carmen Haan	ZZG De Boskickers	3:35.02	197901458	3:32.02	+1,09	45.56	1:39.96	2:35.04	3:32.02
2. Rianne van Vegchelen	Deltasteur	4:10.52	198101530	4:29.63	+1,12	56.32	2:03.52	3:16.08	4:29.63

Masters 40+

1. Catarina Matos	De Rog	3:40.78	197200976	3:36.45	+0,78	46.07	1:42.07	2:41.10	3:36.45
Jannie Vennik	HZ&PC Heerenveen	3:38.33	197601006	3:36.45	+0,88	45.51	1:41.88	2:39.94	3:36.45

Programmanr. 9, Dames, 200m vlinderslag

Masters 45+

1. Kathy Van Lindt	AZL	2:58.80	20181/71	3:04.10	+0,94	38.77	1:25.06	2:12.41	3:04.10
2. H. Novakne Cseszregi	Budapesti Delfinek	3:11.02	2/524	3:13.65	+0,86	39.23	1:27.44	2:19.10	3:13.65
3. Laura Staal	Oceanus	3:13.22	196700358	3:15.81	+0,91	42.31	1:31.60	2:23.45	3:15.81
AFGEM Jeanne Petit	De Dinkel	2:51.17	197001020						

Masters 50+

1. Pierrette Michel	CNSW	2:49.73	000835/62	2:50.93	+0,94	35.97	1:18.31	2:04.53	2:50.93
2. M. Grove-Lingeman	Oceanus	3:02.38	196200080	3:08.49	+0,86	39.57	1:27.34	2:16.92	3:08.49
3. Nicky Slinger	HPC	3:29.16	196600316	3:33.34	+0,88	44.02	1:37.40	2:34.50	3:33.34
4. K. van Nassau van den Old Dutch		3:25.65	196600188	3:43.62	+0,86	49.01	1:46.70	2:44.49	3:43.62

Masters 55+

1. Patty Verhagen	PSV	3:29.05	195900146	3:17.49	+0,93	39.99	1:32.39	2:26.53	3:17.49
2. Claire Anthony	CNSW	3:29.83	001353/57	3:42.14	+0,79	44.14	1:40.55	2:42.25	3:42.14
3. Lia Bijkerk	WIDEX GZC DONK	4:00.95	196000014	4:09.80	+0,88	51.84	1:54.31	3:02.14	4:09.80

Masters 60+

1. Colette Crabbe	CNSW	2:57.24	004900/56	2:54.50	+0,90	38.23	1:21.32	2:07.03	2:54.50
<i>Europees Masters Record</i>									
2. Margriet Pasma	Inktvis-De Pinquin (SG)	3:50.26	195500088	3:48.73		50.44	1:49.14	2:48.46	3:48.73
<i>Nederlands Masters Record</i>									
3. F. Gourmet-Blondeel	CNSW	4:06.85	004901/52	4:15.68	+0,92	57.19	2:01.34	3:07.32	4:15.68

Programmanr. 10
06-05-2016 - 13:57

Heren, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT
Masters 20+						
1.	Jeffrey Appel	WZ&PC Purmerend	27.03	199200027	28.01	+0,79
2.	Levin Veale	Totnes Swimming Club	26.80	246591	28.32	+0,53
3.	Jesper Oranje	De Duck	29.60	199200997	30.08	+0,73
4.	Thijs van den End	ZPC Woerden	30.99	199306803	32.27	+0,70
5.	Remco Oskam	WIDEX GZC DONK	33.64	199205583	34.08	+0,82
6.	Paul van Grol	WIDEX GZC DONK	34.12	199602951	34.40	+0,69
7.	Maarten Steekelenburg	Aquamania	38.63	199300479	38.05	+0,67
AFGEM	Ruben de Boer	De Duinkickers	35.60	199301419		

Masters 25+

1.	Michele Ratti	ZIK	27.09	11012/87	27.34	+0,60
<i>Kampioenschaps Record, Belgisch Masters Record</i>						
2.	Kalon Veale	Totnes Swimming Club	25.22	34589	28.06	+0,61
3.	Lorenzo Cavallini	De Futen	30.94	199007465	32.08	+0,67
4.	Mark Pijtak	ZPC AMERSFOORT	34.29	199002287	34.10	+0,69
5.	Nick Schellevis	ZVW'74	33.23	199002575	35.69	+0,68
6.	Harmen Reemst	ZOB'66	34.91	198702715	36.18	+0,67

Programmanr. 10, Heren, 50m rugslag

Masters 30+

1.	Ivan van Omme	De Geul	28.84	198201263	30.63	+0,70
2.	Robert Dekker	De Veene	30.39	198400443	31.43	+0,83
3.	Sander Bouts	RZ	30.87	198500331	31.50	+0,68
4.	Lauren Vis	Steenwijk 1934	30.84	198201883	31.58	+0,68
5.	Joel Kapelle	ZVW'74	36.18	198200857	37.38	+0,69
6.	Sander de Velde	Deltasteur	38.73	198302165	40.71	+0,71
DIS	Martijn Giezen	Montferland	30.00	198500813		

RH - Het eindpunt niet in rugligging aangeraakt.

Masters 35+

1.	Nol van Thull	d'ELFT WAVE (SG)	29.91	198001513	29.37	+0,75
2.	Ronald Smits	PSV	30.49	197800981	30.41	+0,70
3.	Ivo Roozeboom	WVZ	30.92	197700801	30.80	+0,68
4.	Sascha Sauer	Wilhelmshavener SSV	31.27	246307	32.22	+0,73
5.	Michiel Beemster	WS Twente	30.83	198000063	32.69	+0,90
6.	Marcel Reefhuis	WS Twente	32.34	198101381	32.87	+0,55
7.	Markus van Rest	WVZ	33.82	197701197	32.92	+0,75
8.	Alberto Sun	CNSW	33.18	005891/78	33.60	+0,78
9.	Rogier van Gent	IJZPC	34.65	198000405	34.71	+0,70
10.	Gino Martijn	RZ	34.99	197901865	34.88	+0,57
11.	Steven Prins	PLONS	36.74	197901833	37.88	+0,56
AFGEM	Raymond Oosterbaan	WIDEX GZC DONK	32.61	197700711		

Masters 40+

1.	Egbert Stolk	d'ELFT WAVE (SG)	30.38	197600889	30.40	+0,81
2.	Arjan Aalbers	Swol 1894	35.07	197500001	35.74	+0,80
3.	Gertjan van der Knaap	De Duck	36.03	197300459	37.87	+0,73
4.	Erik Rushon	WIDEX GZC DONK	40.08	197601573	42.54	+0,80
AFGEM	Machiel Stolk	Swol 1894	34.87	197400779		

Masters 45+

1.	Jan Goossens	GZVN	29.73	11003/68	30.81	+0,62
2.	Guido Keutgen	AZC	30.84	196801551	30.99	+0,78
3.	Martin Kaptein	DWK	33.23	196701677	33.28	+0,66
4.	Nico Swart	Den Doorn	33.46	196801475	34.29	+0,71
5.	Roelof Broekman	De Spatters	37.16	196800155	36.73	+0,76
6.	Ferdinand Teitink	Montferland	38.24	197001583	38.48	+0,69
7.	Huyb Stegeman	Steenwijk 1934	39.51	196701535	41.66	+0,99
8.	Gertjan van der Vaart	ZVVS	41.51	196801529	43.27	+0,63

Masters 50+

1.	Bert Schlicher	RZ	30.79	196400669	32.10	+0,70
2.	Peter Bernsen	De Rog	31.18	196301119	32.21	+0,66
3.	Johan Remmits	ZPC Woerden	31.35	196201159	32.75	+0,77
4.	Ralf Dillig	Duisburger ST	33.10	060769	34.44	+0,75
5.	John Stokx	DAW	33.87	196401341	34.73	+0,79
6.	Fred Dijkshoorn	Zwemvereniging Westland	34.99	196501539	36.75	+0,81
7.	Marcel Tuerlings	TRB-RES	37.60	196601577	36.77	+0,67
8.	Casper Dollekamp	Steenwijk 1934	38.23	196301341	37.43	+0,64
9.	Jack Barends	WS Twente	39.67	196201011	39.61	+0,86
10.	Hans van Scheepen	Steenwijk 1934	49.56	196201245	49.91	+0,90
DIS	Hans Maas	PLONS	41.48	196501433		

AA - Gestart voor het startsignaal (en wel gezwommen).

Programmanr. 10, Heren, 50m rugslag

Masters 55+

1.	Arlandas Juodeska <i>Lithuanian Masters Record</i>	Kauno Takas	32.63		34.11	+0,70
2.	Joop Ariaens	PSV	34.22	195900747	34.74	+0,79
3.	Lieven De Rijcke	GBZ	38.36	10130/60	38.58	+0,79
4.	Bart van Calker	WS Twente	39.86	196100067	40.85	+0,91
5.	André Schutte	ZPC De Zeeuwse Kust	40.43	196000521	41.90	+0,81
6.	Peter Coffeng	WIDEX GZC DONK	46.33	195700063	44.19	+0,85
7.	Achille Sinner	Swimming Luxembourg	48.12	94	48.72	+0,73

Masters 60+

1.	Simon Veale <i>Kampioenschaps Record</i>	Totnes Swimming Club	33.52	1008	33.85	+0,64
2.	Brend Brevé	PSV	34.61	195200265	35.34	+0,71
3.	Nartano Glijn	UZSC	35.16	195500449	35.39	+0,71
4.	Evertjan Masurel	PLONS	38.35	195600495	37.85	+0,74
5.	Henk Slomp	Inktvis-De Pinquin (SG)	38.26	195500359	40.08	+0,71
6.	Sjoerd van de Berg	De Rog	45.63	195400355	45.38	+0,79

Masters 65+

1.	Piet Schop	De Bevelanders	39.16	195000109	39.97	+0,76
2.	Ronald Blankenstein	Aqua-Novio'94	42.64	195000013	43.03	+0,82
3.	Nico van Dongen	ZZ&PC De Devel	53.71	194800159	58.61	+0,86

Masters 70+

1.	Sumeghy Laszlo	Budapesti Delfinek	41.97	2/1510	42.03	+0,68
2.	Theo Schouten	WWV	42.32	194600161	44.41	+0,70
3.	Willem Putter	ZVVS	45.99	194500135	44.86	+0,99
4.	Nico Baay	Old Dutch	49.88	194200053	50.92	+0,89
5.	Peter Ouwenel	RSW (SG)	58.40	194500077	1:03.94	+0,82

Masters 75+

1.	Frans van Enst	WS Twente	38.57	194000011	39.81	+0,63
2.	Jan Eichhorn	ZV Haerlem	48.88	193700015	51.81	+0,81

Masters 80+

1.	Cor Sprengers	PSV	1:02.20	193500019	1:00.02	+0,74
----	---------------	-----	---------	-----------	----------------	-------

Programmanr. 11
06-05-2016 - 14:06

Dames, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
Masters 20+					
1.	Jamilla van Veen	ZPC Woerden	31.40	199603192	31.60+0,67
2.	Melissa van der Geld	AquAmigos	32.09	199506250	31.80+0,78
3.	Cynthia van Beusekom	TriVia	31.36	199500134	31.82+0,74
4.	Kimberly Mijnen	WZ&PC Purmerend	32.36	199503644	32.69+0,77
5.	Aniek Resink	DIO	30.99	199500738	32.72+0,63
6.	Anouk Nulkes	DWT	32.68	199302876	32.90+0,82
7.	Désirée Emmen	De Warande	32.67	199204862	33.21+0,66
8.	Manon van Strien	WVZ	33.12	199400770	33.71+0,77
9.	Iris Pijtak	ZPC AMERSFOORT	32.88	199300602	34.02+0,66
10.	Anouk van der Vlies	WVZ	32.60	199603226	34.08+0,75
11.	Suzanne Mosch	MSV-Zeemacht	32.95	199400548	34.09+0,68
12.	Eva Kattouw	De Ward	33.18	199407168	34.23+0,74

Programmanr. 11, Dames, 50m rugslag, Masters 20+

rang	naam	vereniging	inschrijftijd		tijd	RT
13.	Kimberley Kranenberg	ZPC De Hof	34.33	199400292	34.28	+0,69
14.	Elise Matthysen	ZIK	34.23	21004/92	36.53	+0,81
15.	Getrude Corporaal	ZVZ	36.73	199200380	37.00	+0,80
16.	Debby Bavelaar	LZ 1886	36.66	199502648	37.34	+0,72
17.	Eline van Gemert	De Meer	35.02	199505458	37.88	+0,63
18.	Naomi van Gool	LZ 1886	35.17	199505166	38.17	+0,80
19.	Lieke Janssen	NIMO	41.10	199305954	39.18	+0,87
20.	Tessa Benjamins	Aqualero	39.47	199500636	39.27	+0,67
21.	Ramona Noordermeer	ZVVS	40.80	199401746	40.53	+0,78
22.	Laura de Haas	De Treffers	39.65	199603392	41.00	+0,65
23.	Leona Boomsma	Orca	43.07	199603630	41.66	+0,67
24.	Cynthia van Veen	ZPC Woerden	38.64	199606736	42.18	+0,78
25.	Daniëlle de Klein	DWF	40.07	199404786	42.86	+0,80
AFGEM	Maike Korthout	TRB-RES	34.97	199406034		

Masters 25+

1.	Arine van Holland	De Vrije Slag	32.76	198701768	33.65	+0,75
2.	Sabine Lina	ZPC Woerden	32.54	198902680	34.23	+0,85
3.	Monique Lindenberg	De Bevelanders	32.57	199002360	34.56	+0,79
4.	Tessa Mosch	MSV-Zeemacht	34.84	199102172	34.58	+0,64
5.	Aniek Huijsman	De Lansingh	34.12	198801932	34.61	+0,76
6.	Ilse van den Wijngaard	ZPC Woerden	33.38	198904736	35.98	+0,79
7.	Jacoline van den Beukel	Zwemvereniging Westland	36.62	199100238	37.02	+0,72
8.	Tessa Lukassen	GoSwim	38.21	198702620	37.52	+0,84
9.	Esther van Maastricht	Montferland	36.10	198802836	37.55	+0,67
10.	Lonneke Oenema	Steenwijk 1934	37.55	199102314	38.32	+0,75
11.	Lindsey Hol	De Meer	37.03	199008088	38.93	+0,74
12.	Kathleen Laloi	HELIOS	42.37	005550/88	39.88	+0,92
13.	Mariska Zaal	AZC	39.77	198806916	41.88	+0,74
14.	Fleur Maas	WVZ	40.95	198902768	42.21	+0,89
15.	Xandra Otter	WIDEX GZC DONK	46.63	199006046	45.51	+0,79

Masters 30+

1.	Marije Jansen	Aquarijn	33.85	198504088	33.90	+0,79
2.	Roos van Esch	d'ELFT WAVE (SG)	34.84	198200468	34.49	+0,70
3.	Jorien Doets	WS Twente	39.09	198605306	34.80	+0,74
4.	Marije van Manen	ZPC AMERSFOORT	36.42	198602386	35.03	+0,63
5.	Esther Versteeg	Van Vliet-Barracuda	35.93	198302112	36.64	+0,69
6.	Angela Giezen	Montferland	36.73	198302796	36.85	+0,76
7.	Nele Van Campfort	CNBA	37.02	002159/86	37.09	+0,75
8.	Hanneke Heymen	Montferland	37.26	198400968	39.61	+0,67
9.	Petra Peters	RZ	39.03	198604412	40.00	+0,79

Masters 35+

1.	Marjon van Kempen	MGO (SG)	34.96	198000578	34.77	+0,69
2.	Delia Badoux	WVZ	34.92	198000042	34.91	+0,77
3.	Natasja Forat	ZPC De Zeeuwse Kust	38.79	197701186	38.23	+0,73
4.	Jolanda van Gendt	PSV	39.29	197800266	38.93	+0,71
5.	Petra Verstegen	WVZ	36.25	197700906	39.39	+0,83
6.	Fabiola Bosman	Deltasteur	39.20	197701148	41.87	+0,82
AFGEM	Natascha Hartman	PSV	40.61	198101780		

Masters 40+

1.	Edith Janssen-Koolen	TRB-RES	35.29	197300898	35.18	+0,82
2.	Geraldine Trainor	De Duck	37.17	197500544	37.05	+0,80
3.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	37.14	197500884	37.19	+0,75
4.	Cindy Struyf	GBZ	58.85	21020/72	56.81	+0,85

Programmanr. 11, Dames, 50m rugslag

Masters 45+

1.	Monique Tuijp	WZ&PC Purmerend	33.93	196900800	34.94	+0,74
2.	Valerie Rolland	CNSW	38.07	004276/71	37.27	+0,63
3.	Annette Wijnja-Visser	De Biesboschzwemmers	38.72	196700528	38.27	+0,73
4.	Trudie van Niejenhuis	TZC-Vahalis	38.10	197100444	38.58	+0,73
5.	Henriëtte Manting	GZVW	39.99	197100246	40.04	+0,71
6.	Geesje Lena Boomsma	Orca	42.38	197000826	41.60 *	+0,76
7.	Annette van Dok	MSV-Zeemacht	42.42	196800742	42.05	+0,90
8.	Sandra Daamen-Posma	AZC	43.75	196800854	42.95	+0,77
9.	Antoinette Kant	Den Doorn	41.34	196900920	43.91	+0,71
10.	Greta Wyma-Teitsma	DWK	42.82	197100696	45.10	+0,81
11.	Paule Walravens	CNSW	45.69	004339/67	47.41	+0,88

Masters 50+

1.	Allie Price	Cardiff Masters	36.26	547582	36.03	+0,68
	<i>Kampioenschaps Record</i>					
2.	Talje Dijkhuis	ZPC AMERSFOORT	38.30	196600072	38.17	+0,73
3.	Katrin Pennings	PSV	39.34	196400570	39.38	+0,66
4.	Wilna Heijman	Steenwijk 1934	39.40	196400506	39.91	+0,81
5.	Jacqueline Rolloos-Bakkers	De Lansingh	39.13	196300222	40.29	+0,87
6.	Jolanda Knippenberg	Budel	43.16	196600688	42.66	+0,69
7.	Anne Boly	CNDu	58.74	10868	55.72	+0,95

Masters 55+

1.	Ada de Voogd	ZVVS	43.96	195900280	41.97	+0,87
2.	Pia van der Molen	HZ&PC Heerenveen	38.69	196000116	42.00	+0,74
3.	Mathilde Vink	Swol 1894	41.21	195800128	44.05	+0,88
4.	Lia Bijkerk	WIDEX GZC DONK	47.61	196000014	48.73	+0,73
5.	Willy Schoenmaker-ter Veer	DWK	55.93	195900254	56.38	+1,09

Masters 60+

1.	Patty Krupiarz	PLONS	41.64	195400074	42.08	+0,69
2.	Anne De Sauvage	CNSW	43.25	005093/55	42.65	+0,82
	<i>Belgisch Masters Record</i>					
3.	Micaela von Richthofen	Erster Offenbacher SC	43.55	130914	44.25	+0,74
4.	Tineke Brouwer-Maat	Zwemvereniging Westland	46.40	195300074	47.57	+0,74
5.	Tineke van Diggelen	ZPCH	49.97	195200048	52.18	+0,76
6.	Lies Hartman	PSV	58.68	195600116	57.63	+0,88
7.	Maryse Van Cant	AZSC	1:04.98	20233/54	1:04.96	+1,07

Masters 65+

1.	Magdolna Csanadine Toth	Budapesti Delfinek	45.59	2/1090	44.28	+0,80
	<i>Kampioenschaps Record</i>					
2.	Antoinette Gilding-Tussaud	WS Twente	47.67	195000038	49.07	+0,82
3.	Gonnie Bak	PSV	51.60	195100064	53.81	+0,83
4.	Nini van Dongen-de Paep	ZZ&PC De Devel	1:04.62	195100044	1:04.56	+0,83
5.	Janny van der Weide	Deltasteur	1:11.55	195100066	1:15.86	+1,26

Masters 70+

1.	Annet Verhoeven - Steggerda	De Duinkickers	58.63	194600024	1:02.68	+1,00
2.	Hannelore Bottin	SV Langenfeld 1912	1:10.91	57992	1:09.65	+1,18

Masters 75+

1.	Truus Ruiter	Old Dutch	1:04.38	194000004	1:04.64	+0,74
----	--------------	-----------	---------	-----------	----------------	-------

Programmanr. 11, Dames, 50m rugslag

Masters 80+

1. Alice Lindhout	PSV	54.51	193500010	56.27	+0,83
-------------------	-----	-------	-----------	--------------	-------

Masters 90+

1. Marianne Maandonks <i>Nederlands Masters Record</i>	PSV	1:23.80	192600004	1:33.48	+0,95
---	-----	---------	-----------	----------------	-------

Programmanr. 12
06-05-2016 - 14:19

Heren, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Wimar Lindenberg	Hieronymus	53.57	199601857	54.12	+0,65	26.44
2. Jeffrey Appel	WZ&PC Purmerend	51.60	199200027	54.39	+0,65	25.79
3. Casper Muselaers	Octopus	55.54	199600399	55.51	+0,64	26.02
4. Levin Veale	Totnes Swimming Club	53.20	246591	55.59	+0,61	26.34
5. Roel Rademaker	SPONS	55.66	199406633	57.46	+0,77	27.50
6. Jesper Oranje	De Duck	55.72	199200997	57.47	+0,80	27.71
7. Romero Hennep	De Kempvis	54.24	199304929	57.73	+0,69	28.06
8. Stefan Kwant	Nova	59.13	199200781	58.31	+0,72	27.21
9. Erik Pape	Octopus	58.94	199601669	58.65	+0,79	28.57
10. Vincent Dermaux	ZC Aquadream	55.81	199600599	58.79	+0,81	27.63
11. Frank Hezemans	LZ 1886	59.37	199200521	59.57	+0,77	28.98
12. Siegert van Dieren	De Bevelanders	1:00.21	199500849	59.86	+0,76	27.90
13. Remco Oskam	WIDEX GZC DONK	58.13	199205583	1:01.02	+0,49	28.19
14. Martino Valentijn	DIO	57.73	199403913	1:01.58	+0,78	28.81
15. Jesper Honken	Nova	1:05.28	199600085	1:02.60	+0,81	29.91
16. Qi Cheng Hua	SSF Bonn	1:05.93	182879	1:05.01	+0,72	31.07
17. Tom de Lange	Deltasteur	1:06.92	199300303	1:07.52	+0,88	31.97
18. Bob Potkamp	Deltasteur	1:10.20	199403189	1:11.68	+0,93	32.80
19. Ian van Mullem	ZOB'66	1:04.45	199602545	1:11.98	+0,70	33.85
20. Rens Klok	ZPC Woerden	1:07.31	199602045	1:12.57	+0,90	34.21
21. John van Heteren	DWF	1:09.65	199305017	1:12.75	+0,79	34.29
AFGEM Hans Stoffers	Triton Putten	59.68	199604027			

Masters 25+

1. Michele Ratti	ZIK	50.83	11012/87	53.66	+0,62	25.94
2. Kalon Veale	Totnes Swimming Club	54.41	34589	55.21	+0,67	26.57
3. Erik Simons	d'ELFT WAVE (SG)	53.87	198902845	55.84	+0,79	27.22
4. Lorenzo Cavallini	De Futen	55.70	199007465	55.99	+0,67	26.52
5. Alex Schelvis	LZ 1886	54.77	198702927	58.17	+0,77	27.74
6. Gil Rogiers	RSCM	56.69	10336/90	58.59		28.18
7. Tolga Ozel	CNBA	1:01.53	005935/88	1:00.02		28.32
8. Patrick Creemers	RZ	57.43	199000579	1:00.08	+0,72	28.59
9. Rens Post	WVZ	59.85	199101827	1:01.08		28.88
10. Niels Albrechts	MGO (SG)	58.51	198800039	1:01.30	+0,78	29.35
11. Patrick de Jonge	ZPC Woerden	1:01.99	198906635	1:03.84	+0,80	29.19
12. Patrick Holthuisen	d'ELFT WAVE (SG)	1:03.76	199107681	1:03.93	+0,55	30.42
13. Nick Schellevis	ZVW'74	1:03.82	199002575	1:04.49	+0,68	30.82
14. Mark Pijtak	ZPC AMERSFOORT	1:04.50	199002287	1:04.87	+0,78	30.56
15. Mark Godwaldt	PSV	1:05.98	198701039	1:05.53	+0,84	31.11
16. Mark Huijsman	De Lansingh	1:06.86	199001305	1:06.78	+0,81	31.81
17. Dennis Kraakman	DAW	1:08.52	198705325	1:07.33	+0,74	31.94
18. Wouter van 't Klooster	ZPC AMERSFOORT	1:10.64	198806159	1:09.58	+0,85	32.81
AFGEM Kevin Eltink	DWK	53.46	199100589			
AFGEM Rutger Dalm	De Lansingh	57.41	199005561			
AFGEM Hidde van Merwijk	Aqua-Novio'94	57.68	198702217			

Programmanr. 12, Heren, 100m vrije slag

Masters 30+

1. Joan Kentrop	Zwemlust-den Hommel	51.02	198503575	52.77	+0,71	25.61	52.77
<i>Nederlands Masters Record</i>							
2. Lauren Vis	Steenwijk 1934	56.49	198201883	56.99	+0,68	27.61	56.99
3. Kristiaan Lenos	LZ 1886	56.13	198301331	57.27	+0,84	27.40	57.27
4. Ivan van Omme	De Geul	55.83	198201263	58.56	+0,66	28.15	58.56
5. Jim Geestman	RSW (SG)	56.76	198300699	58.78	+0,87	27.86	58.78
6. Martijn Giezen	Montferland	57.52	198500813	1:00.38	+0,82	28.92	1:00.38
7. Wouter Zijlstra	DAW	1:01.19	198202077	1:04.71	+0,85	30.33	1:04.71
8. Vincent Verwaest	AZV	1:01.80	118/85	1:05.37	+0,73	30.12	1:05.37
9. Nicolas Havet	SC Rixensart	1:07.50	001817/86	1:06.95	+0,72	32.08	1:06.95
10. Nicolas Wunderlich	SSF Bonn	1:08.46	281172	1:07.68	+0,95	32.65	1:07.68
11. Maarten Prot	Upstream Amsterdam	1:07.50	198403195	1:08.41	+0,89	31.42	1:08.41
12. Joel Kapelle	ZVW'74	1:05.72	198200857	1:11.11	+0,70	33.97	1:11.11
13. Julien Mathieu	Villeurbanne Natation	1:14.18	170694076	1:14.65	+0,90	35.15	1:14.65
14. Rob Sterrenburg	PSV	1:30.36	198503855	1:30.59	+1,10	40.89	1:30.59
15. Thijs Tulen	DWT	1:45.04	198604737	1:33.61	+1,00	44.98	1:33.61

Masters 35+

1. Nol van Thull	d'ELFT WAVE (SG)	53.89	198001513	53.90	+0,85	26.08	53.90
2. Ronald Smits	PSV	56.48	197800981	57.22	+0,67	27.72	57.22
3. Michiel Beemster	WS Twente	54.95	198000063	58.54	+0,91	28.22	58.54
4. Mark Zwart	Zwemlust-den Hommel	59.88	197901461	59.71	+0,85	28.94	59.71
5. Victor Barnar	GoSwim	1:00.09	197801805	1:01.32	+0,69	28.87	1:01.32
6. Martijn Beglinger	Old Dutch	1:01.99	197801869	1:02.71	+0,74	30.41	1:02.71
7. Walter Stielstra	TRB-RES	1:03.89	197701651	1:02.82	+0,77	29.69	1:02.82
8. Sascha Sauer	Wilhelmshavener SSV	1:03.11	246307	1:03.48	+0,82	30.66	1:03.48
9. Simon van Ravesteijn	WVZ	1:08.32	198002263	1:03.58		30.17	1:03.58
10. Alberto Sun	CNSW	1:03.87	005891/78	1:04.83	+1,05	29.95	1:04.83
11. Gino Martijn	RZ	1:04.36	197901865	1:06.02	+0,72	30.66	1:06.02
12. Steven Prins	PLONS	1:05.13	197901833	1:07.13	+0,75	33.01	1:07.13
13. Robin Roskam	De Duinkickers	1:23.21	197801831	1:21.83	+0,96	38.52	1:21.83
AFGEM Raymond Oosterbaan	WIDEX GZC DONK	1:01.58	197700711				

Masters 40+

1. Dennis Schouten	Upstream Amsterdam	57.42	197501351	59.54	+0,74	28.45	59.54
2. Alex Damen	DAW	59.24	197501371	59.89	+0,81	28.70	59.89
3. Kelvin Isselt	RZ	1:00.43	197601119	1:03.70	+0,68	30.03	1:03.70
4. Casper van den Burgh	LZ 1886	1:03.56	197201413	1:05.49	+0,85	31.28	1:05.49
5. Bas van Gool	De Geul	1:16.46	197201435	1:19.44	+0,82	36.16	1:19.44

Masters 45+

1. Glen le Clercq	De Rog	58.11	196800177	58.35	+0,91	28.56	58.35
2. Harry Cornet	De Biesboschzwemmers	55.84	197100175	58.91	+0,78	28.68	58.91
3. Jan Goossens	GZVN	56.76	11003/68	59.11	+0,61	28.72	59.11
4. Marc Verbeeck	MZVA	58.09	11051/68	59.40	+0,86	28.93	59.40
5. Marcel van Winssen	De Gelenberg	58.65	197101477	59.91	+0,79	28.21	59.91
6. Richard Rickson	NIMO	1:00.32	197000841	1:00.50	+0,84	29.41	1:00.50
7. Arjan Bellaart	Het Y	59.83	196900079	1:01.05	+0,69	29.44	1:01.05
8. Pieter van Gemeren	DAW	59.36	196901779	1:01.76	+0,70	28.79	1:01.76
9. Francis Roosen	VZV Njord	1:03.41	196801581	1:03.25		31.02	1:03.25
10. Martin Kaptein	DWK	1:03.94	196701677	1:04.18	+0,86	30.29	1:04.18
11. Bob Peters	CNDu	1:06.81	9650	1:07.83		31.99	1:07.83
12. Nico Swart	Den Doorn	1:06.91	196801475	1:09.13	+0,78	31.76	1:09.13
13. Hans Schoenmakers	DAW	1:10.51	196900863	1:10.26	+0,77	33.39	1:10.26
14. Marcel Brittijn	De Duinkickers	1:09.03	196900159	1:10.45	+0,76	33.10	1:10.45
15. Jan Van Genechten	ShaRK	1:10.54	10419/68	1:11.66	+0,77	33.89	1:11.66
16. Tanguy Wymeersch	CNSW	1:23.46	002684/69	1:27.27	+0,82	42.70	1:27.27
17. Oebele Boomsma	Orca	1:26.99	197001659	1:31.19	+1,05	41.96	1:31.19
DIS Gertjan van der Vaart	ZVVS	1:15.48	196801529				

AF - De aangegeven afstand niet uitgezwommen.

Programmanr. 12, Heren, 100m vrije slag

Masters 50+

1. Peter Bernsen	De Rog	58.42	196301119	59.13	+0,66	28.61	59.13
2. Dave Witteboon	MZVA	1:01.48	331/63	1:01.70	+0,99	30.03	1:01.70
3. Phil Trethewie	Old Dutch	1:02.79	196501315	1:02.80	+0,78	29.14	1:02.80
4. Rob Verheul	TRB-RES	1:04.44	196601571	1:04.48	+0,76	29.98	1:04.48
5. Andreas Walter	Stader Schwimmverein	1:03.06	167364	1:04.87	+0,88	31.50	1:04.87
6. Rob Spetter	De Rog	1:04.16	196201239	1:05.00	+0,69	30.18	1:05.00
7. Otto Jansen	LZ 1886	1:06.96	196501403	1:05.33	+0,89	30.84	1:05.33
8. Ralf Dillig	Duisburger ST	1:04.65	060769	1:05.35	+0,87	31.39	1:05.35
9. Nico Paasse	MGO (SG)	1:08.30	196501463	1:07.00	+0,93	32.28	1:07.00
10. Erwin Beringen	GoSwim	1:04.58	196601515	1:07.09	+0,73	30.88	1:07.09
11. Marc Wouters	PSV	1:07.80	196501501	1:07.91	+0,74	32.38	1:07.91
12. Paul Wijnja	De Biesboschzwemmers	1:08.91	196301403	1:08.25	+0,69	30.98	1:08.25
13. Mike Hartog	ZPB H&L Productions	1:10.27	196601509	1:09.38	+0,80	34.00	1:09.38
14. Peter van Kemenade	PSV	1:14.16	196501499	1:11.08	+0,76	33.59	1:11.08
15. Joost de Kroon	AquAmigos	1:11.21	196400999	1:11.58	+0,90	34.00	1:11.58
16. Willem Jannink	Swol 1894	1:12.58	196500423	1:13.35	+0,81	33.74	1:13.35
17. Karim Naili	CNBA	1:16.39	000664/66	1:13.45	+0,90	35.61	1:13.45
18. René Speelman	De Spatters	1:12.22	196601521	1:13.78	+0,81	34.06	1:13.78
19. Olaf Chalmer-Rasmussen	CNDu	1:12.33	123	1:15.27	+0,80	35.28	1:15.27
20. Roy le Clercq	De Rog	1:20.52	196401041	1:15.41	+0,90	34.08	1:15.41
21. Jeffrey van Doormalen	DZ&PC	1:19.32	196501563	1:21.75	+0,94	38.68	1:21.75
22. Rik van Gasteren	AquAmigos	1:29.00	196401015	1:26.63	+1,08	41.58	1:26.63
23. Merlin Weber	Nautilus	1:26.11	196201261	1:29.25	+0,83	40.48	1:29.25
24. Stephane Frantzen	CNSW	1:33.69	002546/66	1:37.19		45.56	1:37.19
AFGEM Bob de Vries	Aquapoldro	1:08.42	196601101				
AFGEM Wolfgang Vintan	Upstream Amsterdam	1:11.42	196401331				

Masters 55+

1. Fred Ketting	PSV	1:01.41	196000289	1:01.51	+0,90	28.92	1:01.51
2. Arno Wouters	ZPC De Zeeuwse Kust	1:01.66	195800667	1:03.01	+0,91	29.58	1:03.01
3. Ronald van Ginneken	Hieronymus	1:12.34	196100827	1:10.03	+0,91	33.39	1:10.03
4. Rob Penninks	PSV	1:08.64	196000897	1:10.05	+0,88	33.76	1:10.05
5. Jan Vlasblom	PLONS	1:15.61	196100823	1:13.01	+0,96	33.71	1:13.01
6. Peter Coffeng	WIDEX GZC DONK	1:22.45	195700063	1:21.58	+1,01	38.03	1:21.58
7. Klaas Paulusse	Tempo	1:20.77	195900817	1:23.99	+1,10	38.57	1:23.99
8. Jos van Sleuwen	Nautilus	1:23.88	195700323	1:26.86	+1,06	38.55	1:26.86
9. Achille Sinner	Swimming Luxembourg	1:32.15	94	1:35.36	+0,83	44.00	1:35.36
AFGEM Frederik Eshuis	UZSC	1:18.82	195900821				

Masters 60+

1. Philippe Morelle	HELIOS	1:01.17	005139/56	1:02.65	+0,88	30.04	1:02.65
<i>Kampioenschaps Record, Belgisch Masters Record</i>							
2. Peter Kauch	SV Gladbeck 13	1:02.78	73094	1:03.35	+0,90	30.29	1:03.35
3. Brend Brevé	PSV	1:05.79	195200265	1:08.19	+0,88	32.81	1:08.19
4. Evertjan Masurel	PLONS	1:08.49	195600495	1:10.41	+0,83	33.58	1:10.41
5. Nartano Glijn	UZSC	1:09.07	195500449	1:11.69	+0,96	33.79	1:11.69
6. Wim Scherpenisse	UZSC	1:18.77	195500447	1:16.55		36.59	1:16.55
7. Laurens Klein Breteler	WWV	1:14.99	195400109	1:17.45	+0,88	34.77	1:17.45
8. Rolf Peltzer	SG Erkelenz-Hückelhoven	1:19.79	160057	1:20.62	+0,99	37.94	1:20.62
9. Serge Adrianssens	CNBA	1:28.01	006014/56	1:26.42	+0,97	42.16	1:26.42
10. Sjoerd van de Berg	De Rog	1:36.26	195400355	1:33.61	+0,79	43.87	1:33.61
11. Frans Suijkerbuijk	PSV	2:07.00	195600499	2:05.75	+0,83	56.53	2:05.75

Masters 65+

1. Piet Schop	De Bevelanders	1:10.14	195000109	1:13.79	+0,67	34.83	1:13.79
2. Wout Hemmes	De Plons	1:14.57	194800059	1:14.55	+0,88	34.23	1:14.55
3. Hilbert Prins	OEZA	1:19.82	195100223	1:24.64	+1,05	40.21	1:24.64
4. Jan van der Heide	HZ&PC Heerenveen	1:29.61	195100059	1:31.14	+1,19	43.55	1:31.14
5. Mar van Geel	Old Dutch	1:38.66	194700135	1:42.24	+1,20	46.62	1:42.24

Programmanr. 12, Heren, 100m vrije slag

Masters 70+

1. Willem Putter	ZVVS	1:17.11	194500135	1:17.06	+0,96	36.68	1:17.06
2. Geza Kaltenecker	AZC	1:25.06	194200065	1:24.21	+0,85	38.55	1:24.21
3. Tom Meijnen	UZSC	1:42.66	194400087	1:39.22	+0,87	45.42	1:39.22
4. Kevork Boyrazian	CNSW	1:49.03	002620/44	1:54.52	+1,13	51.42	1:54.52
5. Peter Ouweneel	RSW (SG)	1:47.41	194500077	1:54.69	+1,21	54.04	1:54.69

Masters 75+

1. Frederik Hendrik De Bruijn	CN Aquamasters	1:20.13		1:25.45	+1,22	40.48	1:25.45
2. Otto Schleich	SV Langenfeld 1912	1:36.66	315352	1:46.43	+1,19	49.21	1:46.43

Masters 80+

AFGEM Bob Berg	PSV	1:54.52	193300011				
----------------	-----	---------	-----------	--	--	--	--

Programmanr. 13
06-05-2016 - 14:46

Dames, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
-----------	------------	---------------	------	----	-----	------

Masters 20+

1. Tamara Grove	De Dolfijn	59.10	199601266	58.89	+0,73	28.41	58.89
<i>Nederlands Masters Record</i>							
2. Jamilla van Veen	ZPC Woerden	1:01.47	199603192	1:01.12	+0,76	29.78	1:01.12
3. Nicole Bennis	WVZ	58.81	199600470	1:01.59	+0,69	29.50	1:01.59
4. Karin Groen	Nova	1:03.64	199502440	1:02.25	+0,68	29.58	1:02.25
5. Liesa Vrielinck	BZK	1:04.32	21068/93	1:04.42		31.46	1:04.42
6. Lisa Klatten	d'ELFT WAVE (SG)	1:03.40	199203628	1:05.23	+0,71	30.98	1:05.23
7. Suzanne Mosch	MSV-Zeemacht	1:03.41	199400548	1:05.45	+0,74	31.05	1:05.45
8. Wendy de Bruin	ZOB'66	1:02.37	199206320	1:05.52	+0,63	31.87	1:05.52
9. Denise van Zetten	Octopus	1:04.27	199600932	1:06.80	+0,92	31.96	1:06.80
10. Eva Kattouw	De Ward	1:04.40	199407168	1:07.22	+0,74	31.66	1:07.22
11. Moniek Heemskerk	LZ 1886	1:05.33	199601964	1:08.38	+0,76	32.72	1:08.38
12. Nicky Deijl	ZOB'66	1:03.85	199601360	1:08.50	+0,78	31.85	1:08.50
13. Charine de Ruiter	Steenwijk 1934	1:10.71	199403668	1:11.38	+0,83	34.27	1:11.38
14. Rebecca Evers	ZOB'66	1:08.12	199207916	1:11.44	+0,82	33.76	1:11.44
15. Tessa Benjamins	Aqualero	1:10.37	199500636	1:11.46	+0,82	33.63	1:11.46
16. Debby Bavelaar	LZ 1886	1:05.67	199502648	1:11.55	+0,81	33.56	1:11.55
17. Diane Schoenmaker	DWK	1:07.80	199502920	1:11.82		33.98	1:11.82
18. Naomi van Gool	LZ 1886	1:08.23	199505166	1:12.94	+0,75	34.08	1:12.94
19. Lieke Janssen	NIMO	1:11.87	199305954	1:13.70	+0,79	34.43	1:13.70
20. Sanne de Roo	ZZ&PC De Devel	1:13.17	199501934	1:15.49	+0,76	36.27	1:15.49
21. Ilse Blankvoort	Steenwijk 1934	1:13.34	199204458	1:15.88	+0,83	36.11	1:15.88
22. Daphne Meijer	Montferland	1:13.97	199303850	1:17.22	+0,87	36.48	1:17.22
23. Leona Boomsma	Orca	1:22.38	199603630	1:18.71	+0,77	36.49	1:18.71
24. Talitha Boelen	DWF	1:17.24	199502910	1:22.17	+0,77	39.09	1:22.17
25. Daniëlle de Klein	DWF	1:16.44	199404786	1:22.40	+0,91	39.16	1:22.40
26. Cynthia van Veen	ZPC Woerden	1:16.20	199606736	1:22.46	+0,68	38.63	1:22.46
AFGEM Mariëtte Bulman	ZC Aquadream	1:05.55	199506846				

Masters 25+

1. Silke Oude Weernink	De Dinkel	1:00.80	199002854	1:00.72	+0,84	29.38	1:00.72
2. Wendan Poelstra	TriVia	59.98	199102496	1:02.10		29.67	1:02.10
3. Monique Lindenberg	De Bevelanders	1:03.60	199002360	1:02.85	+0,85	30.61	1:02.85
4. Karlien Manderveld	Leuven Aquatics	1:03.28	21217/88	1:03.27	+0,85	30.84	1:03.27
5. Tessa Mosch	MSV-Zeemacht	1:04.65	199102172	1:04.54	+0,67	30.71	1:04.54
6. Mandy Verbakel	ZPC Woerden	1:03.13	199003908	1:04.70	+0,79	31.45	1:04.70
7. Laura de Jong	De Waalstroom	1:08.30	199001778	1:05.47	+0,93	31.21	1:05.47
8. Nienke van Stipriaan	PSV	1:06.15	198703970	1:06.11	+0,96	31.98	1:06.11

Programmanr. 13, Dames, 100m vrije slag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
9. Isabelle Massar	WVZ	1:04.11	199102034	1:06.48	+0,79	31.44	1:06.48
10. Sabine Lina	ZPC Woerden	1:02.00	198902680	1:06.59	+0,75	31.16	1:06.59
11. Marlous de Jong	Zwemlust-den Hommel	1:09.12	199001782	1:08.45	+0,81	32.36	1:08.45
12. Aurore Gueret	SC Rixensart	1:08.73	005539/87	1:08.66	+0,79	32.63	1:08.66
13. Anita Scheper	TriVia	1:07.04	198803862	1:10.08	+0,89	33.53	1:10.08
14. Christa Stam	RSW (SG)	1:10.09	198806790	1:10.51	+0,76	33.98	1:10.51
15. Famke Wijnen	AZV	1:10.52	002/87	1:10.58	+1,07	34.58	1:10.58
16. Henrike de Vries	WS Twente	1:15.01	198907460	1:10.98	+0,96	34.37	1:10.98
17. Arine van Holland	De Vrije Slag	1:06.45	198701768	1:11.04		33.22	1:11.04
18. Lonneke Oenema	Steenwijk 1934	1:11.51	199102314	1:11.60	+0,68	34.74	1:11.60
19. Tessa Lukassen	GoSwim	1:09.95	198702620	1:11.65	+0,82	34.83	1:11.65
20. Kelly Bocking	Montferland	1:14.93	199104050	1:12.95	+0,83	34.76	1:12.95
21. Eline Schoenmaker	Zwemlust-den Hommel	1:14.13	199003322	1:13.17	+0,73	34.84	1:13.17
22. Lindsey Hol	De Meer	1:09.98	199008088	1:13.46	+0,76	35.16	1:13.46
23. Tessa Verheijdt	WVZ	1:12.84	198904290	1:14.02	+0,82	35.44	1:14.02
24. Carola Hompes	Budel	1:15.83	198801868	1:15.97	+0,86	36.48	1:15.97
25. Rolijn van Vught	Nayade	1:16.37	199004110	1:16.15	+0,79	36.10	1:16.15
26. Joëlle Vaes	DIO	1:15.43	199007576	1:16.65	+0,69	35.69	1:16.65
27. Esther van Maastricht	Montferland	1:13.74	198802836	1:19.49	+0,76	38.38	1:19.49
28. Xandra Otter	WIDEX GZC DONK	1:28.53	199006046	1:26.86	+0,89	41.63	1:26.86

Masters 30+

1. Marlies Reinders	De Dinkel	1:02.18	198602976	1:01.52	+0,81	29.44	1:01.52
2. Marije Jansen	Aquarijn	1:02.05	198504088	1:02.30	+0,74	29.81	1:02.30
3. Olga Volman-Maiorova	NDD	1:03.62	198504188	1:04.18	+0,73	30.32	1:04.18
4. Marije van Manen	ZPC AMERSFOORT	1:07.77	198602386	1:06.42	+0,67	32.02	1:06.42
5. Ann Van Beylen	RSCM	1:06.53	20264/84	1:06.48	+0,92	31.58	1:06.48
6. Jorien Doets	WS Twente	1:04.64	198605306	1:06.97	+0,91	31.72	1:06.97
7. Miranda Pijnenburg	De Treffers	1:07.95	198301216	1:07.23	+0,85	32.56	1:07.23
8. Auke de Lange	AZC	1:07.53	198602226	1:08.51	+0,78	31.88	1:08.51
9. A. Reefhuis-de Vries	WS Twente	1:05.63	198603908	1:08.76	+0,72	32.66	1:08.76
10. Nele Van Campfort	CNBA	1:06.96	002159/86	1:08.86	+0,75	32.81	1:08.86
11. Renee de Kok	PSV	1:12.65	198403350	1:10.16	+0,70	33.44	1:10.16
12. Angela Giezen	Montferland	1:11.56	198302796	1:12.26	+0,84	34.42	1:12.26
13. Denise de Riet	ZZ&PC De Devel	1:15.20	198402040	1:12.97	+0,96	35.04	1:12.97
14. Melanie Lange	SG Erkelenz-Hückelhoven	1:18.93	077526	1:13.16	+0,89	34.87	1:13.16
15. Petra Peters	RZ	1:18.33	198604412	1:17.98	+0,73	37.23	1:17.98
16. Fabienne Jeukens	Zwemvereniging Hoogland	1:18.81	198401156	1:19.83	+0,99	37.83	1:19.83
17. Marloes Rebel	WS Twente	1:27.54	198403474	1:29.09	+1,00	43.15	1:29.09
NG Myriam Olinger	CNDu	1:24.30	1641				

Masters 35+

1. Nathalie Blondeel	CNSW	1:02.73	004784/77	1:04.19	+0,69	30.81	1:04.19
2. Anke Lambooy	De Vliet (SG)	1:03.17	198001182	1:04.60		30.71	1:04.60
3. Angela Koekkoek	Triton	1:05.48	197901516	1:05.90	+0,70	31.24	1:05.90
4. Chantal Verhoeff	Old Dutch	1:12.68	197900912	1:07.85	+0,89	32.15	1:07.85
5. Natasja Forat	ZPC De Zeeuwse Kust	1:12.56	197701186	1:10.25	+0,88	34.17	1:10.25
6. Kristel Lips	ZV De Bron	1:16.02	197900562	1:15.68	+0,80	36.49	1:15.68
7. Margriet Leeffers	Deltasteur	1:15.29	197800448	1:16.05	+0,95	36.48	1:16.05
8. Severine Bayre	CNSW	1:14.08	004275/78	1:18.10	+0,97	35.74	1:18.10
9. Sandra de Bruijne	Onderdak	1:19.92	197801310	1:22.24	+0,79	38.92	1:22.24
10. Clementine van Bruxvoort	ZPB H&L Productions	1:28.64	197700138	1:36.32	+0,88	45.43	1:36.32
AFGEM Patricia Vos	TRB-RES	1:10.07	198001730				

Programmanr. 13, Dames, 100m vrije slag

Masters 40+

1. Edith Janssen-Koolen	TRB-RES	1:06.78	197300898	1:05.49	+0,77	31.47	1:05.49
2. Yvette Ratering	De Ward	1:07.03	197200990	1:06.64	+0,89	31.39	1:06.64
3. Petra Guijt	Aqua-Novio'94	1:09.61	197600978	1:11.15	+1,01	33.77	1:11.15
4. Marian Nederlof	DWF	1:10.41	197600950	1:14.23	+0,81	35.28	1:14.23
5. Alma Knegt-Bessembinders	De Spatters	1:15.19	197601064	1:14.47	+0,75	34.28	1:14.47
6. Cindy Struyf	GBZ	1:53.48	21020/72	1:54.15	+1,21	53.98	1:54.15
AFGEM Evelien Breman-Alers	Nautilus	1:21.34	197200878				

Masters 45+

1. Monique Tuijp	WZ&PC Purmerend	1:01.97	196900800	1:04.18	+0,83	30.29	1:04.18
2. Marjo Goelema-Koek	De Biesboschzwemmers	1:06.04	196900192	1:06.48	+0,76	31.79	1:06.48
3. Annette de Visser	Oceanus	1:07.71	197100602	1:07.26	+0,84	32.45	1:07.26
4. Valerie Rolland	CNSW	1:09.52	004276/71	1:08.73	+0,81	33.34	1:08.73
5. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	1:08.64	197000054	1:09.03	+0,94	33.13	1:09.03
6. Inken Wemheuer	DWT	1:11.28	197101016	1:12.82	+1,08	34.70	1:12.82
7. Marion Broekhuis	WS Twente	1:13.12	196800060	1:13.65	+0,52	35.06	1:13.65
8. Julie Burgess	CNBA	1:23.78	005046/67	1:15.40	+0,83	33.90	1:15.40
9. Nicole Vrijhoeven	PSV	1:16.10	196900834	1:16.55	+0,72	36.79	1:16.55
10. Ingeborg Stokx	DAW	1:22.59	196700666	1:22.03	+0,78	38.51	1:22.03
11. Judith van der Heijden	Budel	1:29.55	197001012	1:26.17	+0,74	40.36	1:26.17
12. Petra Nagtzaam	ZC Aquadream	1:41.85	197001018	1:50.36	+0,70	49.94	1:50.36

Masters 50+

1. Katrien Delaender	BZK	1:06.71	20525/66	1:05.33	+0,75	31.10	1:05.33
<i>Kampioenschaps Record, Belgisch Masters Record</i>							
2. Jacqueline Tuin	DAW	1:13.80	196600690	1:10.73	+0,77	34.19	1:10.73
3. Katrin Pennings	PSV	1:10.29	196400570	1:11.27	+0,70	33.97	1:11.27
4. Roelien Speelman-Tigelaar	De Spatters	1:15.72	196600664	1:17.23	+0,76	36.42	1:17.23
5. Livia Dragic	Erster Offenbacher SC	1:25.08	364042	1:21.34	+0,85	38.80	1:21.34
6. Machteld Stiling	ZPC AMERSFOORT	1:23.37	196600716	1:23.51	+0,78	38.46	1:23.51
7. Alice de Haan	WIDEX GZC DONK	1:29.57	196400590	1:29.28	+0,95	42.10	1:29.28
8. Marie-Jeanne Vandormael	GZVN	1:32.10	21035/63	1:34.91	+0,86	45.47	1:34.91
9. Miriam Groenen	Budel	1:42.83	196500630	1:40.65	+0,99	45.80	1:40.65

Masters 55+

1. Esther van Lohuizen	PSV	1:11.88	195900300	1:10.86	+0,80	34.48	1:10.86
2. Marijke van Hoek	ZPC De Zeeuwse Kust	1:15.14	195800050	1:14.94	+0,86	35.85	1:14.94
3. Pia van der Molen	HZ&PC Heerenveen	1:18.68	196000116	1:22.34	+0,84	38.68	1:22.34
4. Birgit Bartelds	Mosaqua Gulpen	1:42.64	196100372	1:43.55	+1,03	49.33	1:43.55
5. Karien Musters	Old Dutch	1:46.43	195800236	1:50.48	+0,84	49.24	1:50.48
AFGEM Herlinde Segers	GBZ	1:46.20	20151/60				

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	1:10.43	195600048	1:09.01	+0,79	33.52	1:09.01
<i>Europees Masters Record</i>							
2. Micaela von Richthofen	Erster Offenbacher SC	1:17.43	130914	1:18.78	+0,89	38.93	1:18.78
3. Anne De Sauvage	CNSW	1:20.57	005093/55	1:19.74		38.69	1:19.74
<i>Belgisch Masters Record</i>							
4. Alison Gilbert	De Futen	1:19.04	195300068	1:22.96	+0,94	38.10	1:22.96
5. Rita Schelkens	ZIK	1:32.96	20163/56	1:33.46	+0,70	42.95	1:33.46
6. Tineke Brouwer-Maat	Zwemvereniging Westland	1:30.08	195300074	1:35.30	+0,91	43.34	1:35.30
7. Tineke van Diggelen	ZPCH	1:37.66	195200048	1:39.26		47.83	1:39.26
8. Geerdien Meerwaldt	De Geul	1:53.73	195200058	1:59.20	+1,06	54.29	1:59.20
9. Lies Hartman	PSV	2:09.68	195600116	2:01.08	+1,22	55.36	2:01.08
10. Maryse Van Cant	AZSC	2:18.97	20233/54	2:17.40		1:02.80	2:17.40

Programmanr. 13, Dames, 100m vrije slag

Masters 65+

1. Conny Boer-Buys	ZVVS	1:13.20	195000006	1:12.28	+0,92	33.91	1:12.28
<i>Nederlands Masters Record</i>							
2. Christien Nieuwenhuis	Swol 1894	1:12.62	195100022	1:14.18	+0,75	35.05	1:14.18
3. Magdolna Csanadine Toth	Budapesti Delfinek	1:22.86	2/1090	1:20.53	+1,05	37.91	1:20.53
<i>Hungarian Masters Record</i>							
4. Janny van der Weide	Deltasteur	2:00.07	195100066	2:05.94		57.77	2:05.94

Masters 70+

1. Corrie Verhoeven	PSV	1:20.91	194600026	1:22.23	+0,87	38.49	1:22.23
<i>Nederlands Masters Record</i>							
2. Piroska Weidinger	Budapesti Delfinek	1:26.69	2/852	1:28.12		41.04	1:28.12

Masters 75+

1. Truus Ruiter	Old Dutch	2:05.37	194000004	2:05.94	+0,89	57.67	2:05.94
-----------------	-----------	---------	-----------	----------------	-------	-------	---------

Masters 80+

1. Lottie Geurts	PSV	1:35.89	193500006	1:35.94	+1,05	47.88	1:35.94
<i>Nederlands Masters Record</i>							

Programmanr. 14
06-05-2016 - 15:27

Heren, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
-----------	------------	---------------	------	----	-----	------	------	------

Masters 20+

1. Christiaan Zwaal	MSV-Zeemacht	2:20.40	199503881	2:17.09	+0,61	27.68	1:05.34	1:46.25	2:17.09
2. Romero Hennep	De Kempvis	2:17.33	199304929	2:23.10	+0,69	29.73	1:09.83	1:51.70	2:23.10
3. Vincent Dermaux	ZC Aquadream	2:21.10	199600599	2:24.34	+0,78	30.14	1:06.62	1:50.87	2:24.34
4. Nordin Termoshuizen	WVZ	2:26.61	199605401	2:26.48	+0,74	30.41	1:08.68	1:54.95	2:26.48
5. Erik Pape	Octopus	2:21.92	199601669	2:26.68	+0,78	29.79	1:12.21	1:54.02	2:26.68
6. Paul van Grol	WIDEX GZC DONK	2:29.75	199602951	2:31.38		32.19	1:13.80	1:56.10	2:31.38
7. Thijs van den End	ZPC Woerden	2:26.28	199306803	2:33.46	+0,96	31.19	1:09.11	1:57.61	2:33.46
8. Nick van der Krogt	LZ 1886	2:34.77	199501313	2:34.28	+0,76	31.62	1:13.96	1:58.16	2:34.28
9. Frank Hezemans	LZ 1886	2:33.41	199200521	2:34.51	+0,79	32.27	1:14.67	1:59.94	2:34.51
10. Qi Cheng Hua	SSF Bonn	2:44.70	182879	2:41.32	+0,70	35.23	1:17.08	2:04.88	2:41.32
11. Maarten Steekelenburg	Aquamania	3:00.09	199300479	3:00.42	+0,79	38.21	1:23.13	2:19.72	3:00.42
12. John van Heteren	DWF	2:56.68	199305017	3:00.68	+0,82	37.06	1:26.49	2:17.57	3:00.68
AFGEM Danny Vochtelo	ZZG De Boskickers	3:34.21	199207251						

Masters 25+

1. Tim Bunnik	Triton	2:26.51	199000505	2:23.79	+0,77	30.04	1:07.01	1:49.02	2:23.79
2. Alex Schelvis	LZ 1886	2:15.13	198702927	2:26.49	+0,80	29.01	1:07.03	1:52.01	2:26.49
3. Maik Steenkamp	Montferland	2:25.07	199103847	2:31.80	+0,82	31.86	1:14.74	1:57.38	2:31.80
4. Tolga Ozel	CNBA	2:41.03	005935/88	2:34.02	+0,71	30.46	1:09.67	1:56.16	2:34.02
5. Fernand Cieol	CNDu	2:32.93	1645	2:34.50	+0,78	30.46	1:10.41	1:56.47	2:34.50
6. Rens Post	WVZ	2:38.20	199101827	2:36.23	+0,76	31.52	1:13.63	1:59.64	2:36.23
7. Niels Albrechts	MGO (SG)	2:36.16	198800039	2:44.51	+0,84	33.90	1:14.97	2:11.42	2:44.51
8. Patrick de Jonge	ZPC Woerden	2:44.26	198906635	2:49.46	+0,81	33.09	1:16.51	2:09.99	2:49.46
9. Patrick Holthuisen	d'ELFT WAVE (SG)	2:45.13	199107681	2:52.77	+0,56	34.42	1:25.58	2:14.28	2:52.77
10. Mark Huijsman	De Lansingh	2:43.45	199001305	2:52.88	+0,81	35.11	1:25.72	2:12.81	2:52.88
11. Mark Godwaldt	PSV	2:51.72	198701039	2:56.67	+0,90	33.71	1:19.34	2:17.87	2:56.67
AFGEM Rutger Dalm	De Lansingh	2:32.25	199005561						
AFGEM Hidde van Merwijk	Aqua-Novio'94	2:28.19	198702217						

Programmanr. 14, Heren, 200m wisselslag

Masters 30+

1. Kristiaan Lenos	LZ 1886	2:19.64	198301331	2:25.05	+0,80	29.89	1:08.40	1:51.46	2:25.05
2. Robert Dekker	De Veene	2:23.36	198400443	2:26.18	+0,79	30.01	1:08.31	1:52.93	2:26.18
3. Thommy Nickel	Van Vliet-Barracuda	2:23.03	198401627	2:26.89	+0,79	31.86	1:08.97	1:53.03	2:26.89
4. Frank van der Voordt	MGO (SG)	2:34.35	198302259	2:36.02	+0,75	32.49	1:12.99	2:00.10	2:36.02
5. Ferry Blangé	ZOB'66	2:32.01	198300185	2:38.47	+0,79	32.91	1:16.68	2:02.56	2:38.47
6. Martin van Vaardegem	GoSwim	2:51.53	198201767	2:47.79	+0,76	34.99	1:19.10	2:09.13	2:47.79
7. Vincent Verwaest	AZV	2:50.15	118/85	2:50.02	+0,73	33.55	1:19.72	2:09.02	2:50.02
8. Maarten Prot	Upstream Amsterdam	3:00.96	198403195	2:55.47	+0,91	37.89	1:24.03	2:15.51	2:55.47
9. Nicolas Havet	SC Rixensart	2:57.55	001817/86	2:56.94	+0,72	38.53	1:26.08	2:16.35	2:56.94

Masters 35+

1. Ivo Roozeboom	WVZ	2:28.91	197700801	2:27.64	+0,77	32.56	1:11.05	1:56.81	2:27.64
2. Vincent Versteeg	Zwemlust-den Hommel	2:23.03	197701003	2:27.94	+0,76	31.74	1:11.63	1:54.07	2:27.94
3. Marcel Reefhuis	WS Twente	2:30.30	198101381	2:33.49	+0,74	31.81	1:13.97	1:57.76	2:33.49
4. Freddie Geerlings	NIMO	2:32.90	197900379	2:34.29	+0,82	32.53	1:14.92	1:58.53	2:34.29
5. Victor Barnar	GoSwim	2:36.61	197801805	2:35.78	+0,74	32.30	1:15.45	1:58.87	2:35.78
6. Markus van Rest	WVZ	2:32.92	197701197	2:40.72	+0,80	30.99	1:13.89	2:03.71	2:40.72
7. Harm Jan Otter	De Zandstuve	2:34.34	198101283	2:47.48	+0,85	35.28	1:22.52	2:08.28	2:47.48
8. Rogier van Gent	IJZPC	2:49.60	198000405	2:58.03	+0,79	34.46	1:22.88	2:13.45	2:58.03
9. Robin Roskam	De Duinkickers	3:23.42	197801831	3:29.17	+1,02	42.37	1:40.68	2:37.64	3:29.17
DIS Enrico Hahn	Otter SC	2:27.57	458508						

AF - De aangegeven afstand niet uitgezwommen.

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	2:18.41	197600889	2:19.29	+0,76	29.50	1:06.70	1:46.94	2:19.29
<i>Kampioenschaps Record</i>									
2. Jeroen Van Den Bosch	RSCM	2:25.86	10074/75	2:20.72		29.49	1:08.12	1:49.79	2:20.72
<i>Belgisch Masters Record</i>									
3. Gerard Eghuizen	HZ&PC Heerenveen	2:38.11	197400197	2:48.55	+0,85	34.18	1:19.36	2:09.67	2:48.55
4. Gertjan van der Knaap	De Duck	2:44.05	197300459	2:53.23	+0,95	36.31	1:22.68	2:13.61	2:53.23
5. Erik Rushton	WIDEX GZC DONK	3:16.66	197601573	3:11.50	+0,95	38.30	1:32.03	2:27.37	3:11.50
6. Bas van Gool	De Geul	3:33.41	197201435	3:47.46		40.74	1:53.78	2:57.61	3:47.46
AFGEM Machiel Stolk	Swol 1894	2:36.83	197400779						

Masters 45+

1. Richard Ricksen	NIMO	2:33.54	197000841	2:32.64	+1,17	31.93	1:14.31	1:57.65	2:32.64
2. Antwan van Engen	De Ward	2:30.11	197101577	2:32.73	+0,78	31.18	1:12.34	1:57.88	2:32.73
3. Marc Verbeeck	MZVA	2:23.33	11051/68	2:32.90	+0,86	32.01	1:12.89	1:59.04	2:32.90
4. Marcel van Winssen	De Gelenberg	2:32.19	197101477	2:35.35	+0,87	32.29	1:15.30	1:59.38	2:35.35
5. Arjan Bellaart	Het Y	2:26.58	196900079	2:35.54	+0,75	31.62	1:12.68	2:00.02	2:35.54
6. Stefan Holmstrom	DAW	2:43.21	196701671	2:43.33	+0,84	33.74	1:15.87	2:05.02	2:43.33
7. Marcel Brittijn	De Duinkickers	2:57.82	196900159	3:05.32	+0,74	38.90	1:30.02	2:23.55	3:05.32

Masters 50+

1. Bert Schlicher	RZ	2:27.83	196400669	2:33.46	+0,88	32.31	1:11.72	1:57.15	2:33.46
2. Arnold de Rover	De Futen	2:38.24	196400645	2:36.89	+0,73	32.78	1:13.89	2:01.04	2:36.89
3. Bernd Bienek	SV Gladbeck 13	2:41.89	278658	2:48.18	+0,97	34.84	1:22.22	2:08.92	2:48.18
4. Otto Jansen	LZ 1886	2:41.48	196501403	2:49.50	+0,88	35.55	1:18.46	2:09.49	2:49.50
5. John Stokx	DAW	2:48.89	196401341	2:51.71	+0,88	34.85	1:20.02	2:13.07	2:51.71
6. Fred Dijkshoorn	Zwemvereniging Westland	3:02.04	196501539	3:03.64	+0,83	35.19	1:22.94	2:20.06	3:03.64
7. Frank van Vliet	PSV	3:12.76	196400927	3:05.51	+0,91	37.69	1:28.90	2:23.50	3:05.51
8. Mike Hartog	ZPB H&L Productions	3:10.22	196601509	3:18.57		43.66	1:33.50	2:34.48	3:18.57
9. Rik van Gasteren	AquAmigos	4:18.04	196401015	4:07.31	+1,05	57.83	2:06.99	3:14.29	4:07.31
NG.ZA O. Chalmer-Rasmussen	CNDu	3:06.30	123						
AFGEM Rene de Boer	DAW	2:43.08	196400087						

Programmanr. 14, Heren, 200m wisselslag

Masters 55+

1. Hugo Bregman	Albion	2:29.17	195800069	2:31.61	+0,80	30.82	1:10.38	1:56.92	2:31.61
2. Fred Ketting	PSV	2:39.00	196000289	2:39.45	+0,81	32.27	1:16.13	2:03.46	2:39.45
3. Ronald Grove	Oceanus	2:47.74	196100161	2:44.69	+0,84	35.06	1:22.09	2:08.49	2:44.69
4. Peter Molecz	SC Diana	2:54.66	19219	2:53.85	+0,94	36.77	1:22.32	2:13.67	2:53.85
5. Wim de Lange	AZC	2:54.38	195800533	3:01.12	+0,93	37.41	1:25.87	2:19.74	3:01.12
6. Mark Kas	PLONS	3:03.06	196100285	3:02.20	+0,89	36.80	1:30.88	2:20.75	3:02.20
7. Rob Hemesath	PSV	3:10.17	196100189	3:02.66	+0,88	40.07	1:30.45	2:21.20	3:02.66
8. André Schutte	ZPC De Zeeuwse Kust	3:07.70	196000521	3:13.99	+0,87	39.86	1:30.52	2:29.33	3:13.99
9. Jan Willem Heuten	WS Twente	3:11.57	196000883	3:17.63	+0,94	39.34	1:35.10	2:34.93	3:17.63
10. Jan Timmerman	IJZPC	3:40.74	195700347	3:45.08	+0,86	46.36	1:45.28	2:51.92	3:45.08

Masters 60+

1. Peter Kauch	SV Gladbeck 13	2:36.43	73094	2:39.51	+0,88	34.98	1:20.74	2:04.17	2:39.51
<i>German Masters Record</i>									
2. Simon Veale	Totnes Swimming Club	2:40.99	1008	2:41.47	+0,69	33.02	1:14.96	2:04.23	2:41.47
3. Paul Bunnik	Triton	2:57.26	195600413	3:00.41		36.97	1:25.16	2:18.21	3:00.41
4. Luc Laloi	HELIOS	3:20.68	005538/53	3:14.83	+0,96	42.55	1:35.52	2:30.74	3:14.83
5. Dré Klaassen	ZOB'66	3:29.06	195600141	3:33.41	+0,97	44.72	1:44.12	2:39.99	3:33.41

Masters 65+

1. Zsolt Peredy	Budapesti Delfinek	3:19.80	2/230	3:17.93	+1,02	41.78	1:36.48	2:33.13	3:17.93
-----------------	--------------------	---------	-------	----------------	-------	-------	---------	---------	---------

Masters 70+

1. Rob Hanou	PSV	3:29.97	194300109	3:31.02	+1,18	49.59	1:47.98	2:47.55	3:31.02
2. Theo Schouten	WWV	3:46.07	194600161	3:50.76	+1,00	47.41	1:51.55	3:01.82	3:50.76
AFGEM Vadym Kutsenko	Dynamo	3:21.05							

Masters 75+

1. Frans van Enst	WS Twente	3:25.30	194000011	3:35.73	+1,07	44.98	1:35.28	2:45.59	3:35.73
2. Manfred Bottin	SV Langenfeld 1912	4:23.36	57993	4:43.09	+1,19	1:06.42	2:24.75	3:46.58	4:43.09

Programmanr. 15
06-05-2016 - 15:58

Dames, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m	150m	200m
Masters 20+									
1. Nicole Bennis	WVZ	2:30.89	199600470	2:31.34	+0,68	32.02	1:13.18	1:55.47	2:31.34
2. Martina Eva Becker	Erster Offenbacher SC	2:30.47	160468	2:32.20	+0,75	32.72	1:11.45	1:57.15	2:32.20
3. Sharon van der Leest	WZ&PC Purmerend	2:26.70	199202772	2:34.50	+0,79	32.64	1:14.49	1:56.40	2:34.50
4. Liesa Vrielinck	BZK	2:37.32	21068/93	2:36.11	+0,83	33.01	1:15.75	2:00.23	2:36.11
5. Iris Pijtak	ZPC AMERSFOORT	2:38.15	199300602	2:36.53	+0,72	32.91	1:13.48	2:00.67	2:36.53
6. Cynthia van Beusekom	TriVia	2:30.01	199500134	2:40.71	* +0,75	33.20	1:14.37	2:02.82	2:40.71
7. Kimberley Kranenberg	ZPC De Hof	2:33.57	199400292	2:41.88	+0,81	34.44	1:17.26	2:04.55	2:41.88
8. Wendy de Bruin	ZOB'66	2:42.94	199206320	2:43.47	+0,63	34.57	1:17.68	2:06.20	2:43.47
9. Karin de Kok	AquaAmigos	2:47.37	199301010	2:45.45	+0,67	35.66	1:21.49	2:08.72	2:45.45
10. Heleen Arends	TriVia	2:39.81	199404416	2:46.18	+0,81	35.48	1:16.35	2:06.99	2:46.18
11. Denise van Zetten	Octopus	2:42.06	199600932	2:49.34	+0,88	37.72	1:21.68	2:13.33	2:49.34
12. Elise Matthysen	ZIK	2:33.67	21004/92	2:49.72	+0,79	36.48	1:22.37	2:08.16	2:49.72
13. Getrude Corporaal	ZVZ	2:47.80	199200380	2:55.97	+0,81	37.16	1:22.66	2:17.95	2:55.97
14. Ramona Noordermeer	ZVVS	3:15.51	199401746	2:59.34	+0,86	40.62	1:29.23	2:19.63	2:59.34
15. Anne Aarts	Aqua-Novio'94	2:52.38	199207942	3:04.52	+0,68	39.29	1:27.30	2:24.65	3:04.52
16. Talitha Boelen	DWF	3:21.47	199502910	3:33.10	+0,81	44.73	1:39.70	2:45.86	3:33.10
17. Claudia Creemers	RZ	3:26.23	199202864	3:35.98	+0,85	44.66	1:41.23	2:45.56	3:35.98
GEM Mariëtte Bulman	ZC Aquadream	2:54.56	199506846						
GEM Maike Korthout	TRB-RES	2:48.17	199406034						

Programmanr. 15, Dames, 200m wisselslag

Masters 25+

1. Wendan Poelstra	TriVia	2:29.20	199102496	2:33.88	+0,89	31.76	1:11.46	1:57.76	2:33.88
<i>Kampioenschaps Record</i>									
2. Aniek Huijsman	De Lansingh	2:39.91	198801932	2:37.29	+0,78	33.79	1:14.22	1:59.32	2:37.29
3. Maaike Vooren	DAW	2:33.99	199103324	2:38.49	+0,81	34.08	1:18.35	2:03.44	2:38.49
4. Ilse van den Wijngaard	ZPC Woerden	2:34.61	198904736	2:44.58	+0,76	34.40	1:16.35	2:04.12	2:44.58
5. Simone Hendrikse	PSV	2:44.10	199005446	2:48.49	+0,84	34.51	1:20.12	2:08.58	2:48.49
6. Rosanne de Boer	LZ 1886	2:40.84	199104060	2:50.09	+0,79	37.43	1:24.03	2:11.17	2:50.09
7. Liesbeth van Mill	DWK	2:56.68	198702786	2:54.47	+0,87	37.34	1:23.70	2:13.25	2:54.47
8. Anita Scheper	TriVia	2:47.52	198803862	2:55.49	+0,95	37.64	1:23.29	2:14.97	2:55.49
9. Kelly Bockting	Montferland	3:04.87	199104050	3:03.34	+0,81	36.21	1:25.75	2:19.78	3:03.34
10. Liset de Veer	Aqua-Novio'94	2:56.52	198704190	3:05.14	+0,85	37.44	1:24.54	2:21.32	3:05.14
11. Joëlle Vaes	DIO	3:05.61	199007576	3:05.16	+0,57	38.18	1:26.15	2:21.48	3:05.16
12. Aurore Gueret	SC Rixensart	3:04.08	005539/87	3:06.70	+1,26	40.59	1:28.82	2:23.72	3:06.70

Masters 30+

1. Nadya Putter	ZVVS	2:36.36	198301630	2:38.90	+0,72	33.90	1:16.31	2:02.96	2:38.90
2. Esther Versteeg	Van Vliet-Barracuda	2:45.83	198302112	2:46.72		34.01	1:18.70	2:07.35	2:46.72
3. Marlies Jehoel-van As	PSV	2:55.41	198500074	2:54.91	+0,73	37.08	1:22.32	2:12.50	2:54.91
4. Annette Vogelsang	ZV De Bron	2:54.50	198402632	2:58.18	+0,84	37.17	1:24.23	2:17.51	2:58.18

Masters 35+

1. Marjon van Kempen	MGO (SG)	2:59.12	198000578	2:47.29	+0,77	35.86	1:19.08	2:07.48	2:47.29
2. Chantal Verhoeff	Old Dutch	2:59.80	197900912	2:54.17	+0,90	34.14	1:22.87	2:16.61	2:54.17
3. Jolanda van Gendt	PSV	3:00.03	197800266	2:57.42	+0,72	38.66	1:24.33	2:16.36	2:57.42
4. Kristel Lips	ZV De Bron	2:54.77	197900562	3:02.75	+0,83	38.88	1:26.74	2:20.07	3:02.75
5. Carmen Haan	ZZG De Boskikkers	3:12.77	197901458	3:04.93	+0,97	37.46	1:25.80	2:20.33	3:04.93
6. Fabiola Bosman	Deltasteur	3:11.20	197701148	3:14.25	+0,82	41.67	1:31.98	2:29.75	3:14.25
7. Margriet Leeffers	Deltasteur	3:16.17	197800448	3:16.14	+0,93	45.29	1:33.81	2:30.69	3:16.14
8. Rianne van Vegchelen	Deltasteur	3:29.11	198101530	3:52.53	+1,14	50.20	1:54.33	3:01.31	3:52.53
AFGEM Natascha Hartman	PSV	3:27.88	198101780						

Masters 40+

1. Liselotte Joling	PSV	2:37.55	197500268	2:44.77	+0,88	34.96	1:19.34	2:07.47	2:44.77
2. Evelien van Klaarbergen	HZ&PC Heerenveen	2:44.72	197200964	2:48.41	+0,80	35.42	1:18.32	2:10.21	2:48.41
3. Ilona Hogerheyde	DAW	2:47.64	197400224	2:48.53	+0,77	34.44	1:19.55	2:08.36	2:48.53
4. Geraldine Trainor	De Duck	2:55.26	197500544	2:49.69	+0,76	35.79	1:20.82	2:09.16	2:49.69
5. Nadège van Meeteren	De Meer	2:45.45	197400736	2:52.85	+0,86	38.28	1:25.53	2:12.50	2:52.85
6. M. den Drijver-Aarse	Zwemvereniging Westland	2:51.83	197500884	2:53.34	+0,94	35.59	1:22.41	2:14.04	2:53.34
7. Yvette Ratering	De Ward	2:57.94	197200990	2:55.60	+0,97	35.96	1:21.39	2:14.53	2:55.60

Masters 45+

1. Heidi Van Stein	LZ 1886	2:46.96	196900864	2:47.66	+0,78	35.78	1:19.38	2:10.53	2:47.66
2. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	2:56.63	197000054	2:52.96	+0,95	37.63	1:26.02	2:15.07	2:52.96
3. Kathy Van Lindt	AZL	2:59.73	20181/71	2:53.31	+0,88	36.24	1:26.37	2:16.10	2:53.31
4. Henriëtte Manting	GZVW	3:05.17	197100246	3:06.09	+0,97	36.51	1:25.72	2:23.76	3:06.09
5. Geesje Lena Boomsma	Orca	3:12.60	197000826	3:16.98	+0,92	42.70	1:34.51	2:32.07	3:16.98
6. Annette van Dok	MSV-Zeemacht	3:33.94	196800742	3:32.77	+0,83	47.06	1:39.81	2:43.77	3:32.77
7. Greta Wyma-Teitsma	DWK	3:35.64	197100696	3:48.28	+1,06	58.01	1:52.73	2:55.25	3:48.28
AFGEM Jeanne Petit	De Dinkel	2:49.23	197001020						

Masters 50+

1. Allie Price	Cardiff Masters	2:45.01	547582	2:46.32	+0,73	35.47	1:18.63	2:07.49	2:46.32
2. Marjan Remmits	ZPC Woerden	2:46.79	196300518	2:48.46	+0,78	34.59	1:20.45	2:10.35	2:48.46
3. Arlene Delmage	CNSW	2:59.56	005892/62	2:53.30	+1,02	35.26	1:23.45	2:15.26	2:53.30
4. J. Rolloos-Bakkers	De Lansingh	3:03.16	196300222	3:06.27	+0,90	38.74	1:28.34	2:24.02	3:06.27
5. Annemarie Vuist	Swol 1894	3:03.54	196300282	3:07.62	+0,87	40.53	1:31.06	2:24.06	3:07.62
6. M. Grove-Lingeman	Oceanus	3:09.29	196200080	3:10.00	+0,82	39.65	1:28.65	2:26.17	3:10.00

Programmanr. 15, Dames, 200m wisselslag, Masters 50+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
7. K. van Nassau van den	Old Dutch	3:14.62 196600188	3:31.68	+0,98	47.04	1:44.42	2:43.11	3:31.68

Masters 55+

1. Patty Verhagen	PSV	3:03.00 195900146	3:05.16	+0,87	39.28	1:28.81	2:23.89	3:05.16
2. Petra Tossings	DAW	3:06.10 196100376	3:11.66	+0,94	40.71	1:34.61	2:29.04	3:11.66
3. Mathilde Vink	Swol 1894	3:09.28 195800128	3:14.92	+1,01	38.59	1:31.86	2:31.06	3:14.92
4. Mies Kuipers	Old Dutch	4:32.66 195800202	4:35.48	+1,04	1:06.70	2:16.72	3:32.86	4:35.48

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	3:02.41 195600048	3:01.07	+0,79	37.49	1:24.92	2:20.00	3:01.07
<i>Nederlands Masters Record</i>								
2. Ineke Weekers	PSV	3:17.29 195300050	3:18.38	+0,86	48.67	1:44.39	2:36.05	3:18.38
3. Rita Schelkens	ZIK	3:53.67 20163/56	3:59.61	+0,60	51.57	1:56.32	3:02.98	3:59.61

Masters 65+

1. Christien Nieuwenhuis	Swol 1894	3:14.79 195100022	3:18.51	+0,76	39.89	1:34.23	2:35.05	3:18.51
<i>Nederlands Masters Record</i>								
2. Yolande Dubuisson	HELIOS	3:54.27 000278/51	3:57.84	+0,88	53.42	2:05.42	3:06.14	3:57.84
3. Gonnies Bak	PSV	3:53.12 195100064	4:00.57	+0,94	58.25	2:03.50	3:08.69	4:00.57
4. A. Gilding-Tussaud	WS Twente	4:09.18 195000038	4:03.37	+1,16	58.21	1:58.63	3:09.93	4:03.37

Masters 70+

1. Matty van der Veen	Old Dutch	4:32.93 194400020	4:41.79	+1,17	1:10.10	2:27.29	3:43.67	4:41.79
-----------------------	-----------	-------------------	----------------	-------	---------	---------	---------	---------

Programmanr. 16
06-05-2016 - 16:33

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
------	------------	---------------	------	----

80+, Dames

1.	WVZ 1	WVZ	9:28.72					9:41.13	+0,81
	<i>Nederlands Masters Record</i>								
	Anouk van der Vlies	96	+0,81	33.90	1:11.44	1:49.80	2:27.54	2:27.54	
	Manon van Strien	94	+0,70	31.82	1:08.60	1:47.30	2:25.78	2:25.78	
	Isabelle Massar	91	+0,48	32.27	1:09.36	1:47.89	2:26.50	2:26.50	
	Nicole Bennis	96	+0,32	32.50	1:09.29	1:46.53	2:21.31	2:21.31	

80+, Gemengd

1. Nova 1	Nova			9:41.56				9:39.59	+0,84
Janine de Groot	95	+0,84	32.00	1:08.48	1:47.21	2:24.76	2:24.76		
Karin Groen	95	+0,59	33.79	1:11.69	1:51.37	2:28.93	2:28.93		
Jesper Honken	96	+0,54	32.67	1:11.38	1:51.85	2:28.99	2:28.99		
Stefan Kwant	92	+0,68	30.94	1:04.97	1:41.30	2:16.91	2:16.91		

100+, Dames

1.	ZPC Woerden 2	ZPC Woerden	9:12.45					9:42.78	+0,73
	<i>Nederlands Masters Record</i>								
	Sabine Lina	89	+0,73	33.24	1:11.15	1:51.67	2:34.33	2:34.33	
	Ilse van den Wijngaard	89	+0,47	33.00	1:10.39	1:49.30	2:27.95	2:27.95	
	Mandy Verbakel	90	+0,54	32.59	1:10.33	1:48.40	2:25.81	2:25.81	
	Jamilla van Veen	96	+0,61	29.84	1:04.36	1:39.70	2:14.69	2:14.69	

Programmanr. 16, Dames, 4 x 200m vrije slag, 100+

rang	vereniging	inschrijftijd	tijd	RT
2.	De Meer 1	10:12.68	10:47.45	+0,75
	Chantal van der Horst	94 +0,75 33.71	1:11.04 1:49.40 2:27.19 2:27.19	
	Lindsey Hol	90 +0,76 37.33	1:20.49 2:04.93 2:49.40 2:49.40	
	Eline van Gemert	95 +0,47 37.20	1:21.63 2:05.66 2:45.79 2:45.79	
	Nadège van Meeteren	74 +0,87 37.29	1:18.77 2:01.84 2:45.07 2:45.07	

120+, Dames

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	10:19.81					10:02.60	+0,72
	Marje van Manen	86	+0,72	34.33	1:11.83	1:50.95	2:29.05	2:29.05	
	Atie Pijtak-Radersma	56	+0,41	35.90	1:15.71	1:56.14	2:35.16	2:35.16	
	Lidia v. Bon-Rosenbrand	70	+0,38	34.95	1:14.17	1:55.70	2:37.50	2:37.50	
	Iris Pijtak	93	+0,37	32.25	1:08.01	1:44.73	2:20.89	2:20.89	
2.	WVZ 2	WVZ	10:39.74					10:53.76	+0,87
	Tessa Verheijdt	89	+0,87	37.65	1:20.20	2:04.05	2:45.79	2:45.79	
	Fleur Maas	89	+0,51	37.72	1:20.60	2:05.64	2:50.97	2:50.97	
	Yvonne Gerritsen	80	+0,98	35.39	1:15.61	1:57.28	2:36.71	2:36.71	
	Linda Hoogendam	83		34.56	1:16.46	1:59.52	2:40.29	2:40.29	

120+, Heren

1.	RSCM 1	RSCM		8:25.13				8:35.20	+0,82
	Kampioenschaps Record, Belgisch Masters Record								
	Jeroen Van Den Bosch	75	+0,82	28.41	59.90	1:32.83	2:04.64	2:04.64	
	Jo Rogiers	63	+0,49	30.70	1:05.12	1:40.91	2:16.60	2:16.60	
	Gil Rogiers	90	+0,60	28.67	1:00.37	1:33.86	2:07.34	2:07.34	
	Ken Rogiers	89	+0,40	27.89	59.52	1:33.35	2:06.62	2:06.62	
2.	LZ 1886 1	LZ 1886		8:45.76				8:59.45	+1,35
	Kristiaan Lenos	83	+1,35	28.63	1:00.81	1:34.80	2:08.59	2:08.59	
	Nick van der Krogt	95	+0,42	31.54	1:06.40	1:43.02	2:19.13	2:19.13	
	Casper van den Burgh	72	+0,60	32.73	1:09.80	1:48.26	2:25.39	2:25.39	
	Alex Schelvis	87	+0,35	28.59	1:00.24	1:33.36	2:06.34	2:06.34	
3.	RZ 1	RZ		9:15.48				9:13.76	+0,84
	Bert Schlicher	64	+0,84	33.03	1:10.48	1:47.59	2:22.49	2:22.49	
	Sander Bouts	85	+0,51	29.90	1:03.98	1:38.05	2:11.80	2:11.80	
	Patrick Creemers	90	+0,35	28.76	1:01.84	1:36.03	2:09.56	2:09.56	
	Kelvin Isselt	76	+0,39	32.13	1:10.92	1:50.78	2:29.91	2:29.91	
4.	ZPC Woerden 1	ZPC Woerden		9:00.93				9:27.79	+0,92
	Johan Remmits	62	+0,92	30.99	1:04.84	1:40.00	2:13.94	2:13.94	
	Patrick de Jonge	89	+0,28	31.95	1:09.57	1:50.32	2:32.24	2:32.24	
	Niels van Beurden	88	+0,39	31.97	1:08.35	1:47.81	2:29.29	2:29.29	
	Thijs van den End	93	+0,52	29.60	1:02.78	1:37.79	2:12.32	2:12.32	
5.	WVZ 3	WVZ		9:39.58				9:29.95	+0,80
	Simon van Ravesteijn	80	+0,80	33.92	1:11.92	1:51.30	2:29.21	2:29.21	
	Markus van Rest	77	+0,35	33.55	1:10.49	1:48.38	2:24.59	2:24.59	
	Rens Post	91	+0,62	31.16	1:07.34	1:44.81	2:20.81	2:20.81	
	Ivo Roozeboom	77	+0,39	31.00	1:06.11	1:41.59	2:15.34	2:15.34	
6.	DAW 1	DAW		10:01.93				9:55.59	+0,86
	Stefan Holmstrom	67	+0,86	32.59	1:10.10	1:49.70	2:27.55	2:27.55	
	Dennis Kraakman	87	+0,42	33.39	1:12.66	1:54.51	2:35.42	2:35.42	
	Wouter Zijlstra	82	+0,37	32.72	1:11.22	1:51.86	2:33.28	2:33.28	
	Pieter van Gemeren	69	+0,42	33.19	1:08.08	1:44.89	2:19.34	2:19.34	

AFGEM PSV 4 PSV 10:43.39

120+, Gemengd

1.	d'ELFT WAVE (SG) 1	d'ELFT WAVE (SG)		8:53.77				9:04.92	+0,72
	<i>Nederlands Masters Record</i>								
	Lisa Klatten	92	+0,72	32.79	1:10.31	1:51.18	2:31.42	2:31.42	
	Roos van Esch	82	+0,32	33.04	1:09.61	1:47.14	2:23.53	2:23.53	
	Nol van Thull	80	+0,39	27.50	59.28	1:32.84	2:05.89	2:05.89	
	Erik Simons	89	+0,35	27.68	59.10	1:31.61	2:04.08	2:04.08	
2.	WS Twente 1	WS Twente		9:21.27				9:28.07	+0,94
	Henrike de Vries	89	+0,94	34.54	1:12.68	1:54.02	2:35.43	2:35.43	
	Marcel Reefhuis	81	+0,07	30.00	1:03.60	1:38.46	2:12.56	2:12.56	
	Jorien Doets	86	+0,36	33.33	1:10.92	1:50.05	2:29.62	2:29.62	
	Michiel Beemster	80	+0,50	29.29	1:01.85	1:35.82	2:10.46	2:10.46	

Programmanr. 16, Gemengd, 4 x 200m vrije slag, 120+

rang	vereniging	inschrijftijd	tijd	RT
3.	Zwemlust-den Hommel 1	9:29.36	9:33.05	+0,80
	Marious de Jong	90 +0,80 34.03	1:12.86 1:54.26 2:34.96	2:34.96
	Mark Zwart	79 +0,40 30.25	1:04.29 1:40.70 2:16.10	2:16.10
	Eline Schoenmaker	90 +0,64 35.60	1:16.62 1:58.88 2:39.72	2:39.72
	Joan Kentrop	85 +0,59 26.81	57.03 1:29.73 2:02.27	2:02.27
4.	Montferland 1	10:47.76	10:48.16	+0,74
	Maik Steenkamp	91 +0,74 30.08	1:05.35 1:41.84 2:16.63	2:16.63
	Angela Giezen	83 +0,73 37.52	1:21.14 2:05.76 2:47.29	2:47.29
	Ferdinand Teitink	70 +0,62 36.45	1:20.43 2:08.05 2:55.06	2:55.06
	Kelly Bockting	91 +0,69 37.72	1:19.83 2:04.17 2:49.18	2:49.18
AFGEM	DWK 1	DWK	10:24.28	

160+, Heren

1.	Het Y 1	Het Y		9:34.16				9:40.39	+0,83
	Manuel Arostegui Ramirez	84	+0,83	31.38	1:06.67	1:43.54	2:20.48	2:20.48	
	Christian Broodman	70	+0,51	34.74	1:14.87	1:56.90	2:36.15	2:36.15	
	Bas Overbosch	77	+0,42	32.59	1:09.56	1:49.24	2:27.27	2:27.27	
	Arjan Bellaart	69	+0,47	30.85	1:05.96	1:41.88	2:16.49	2:16.49	

160+, Gemengd

1.	Steenwijk 1934 1	Steenwijk 1934		10:03.29				10:13.78	+0,81
	Lonneke Oenema	91	+0,81	35.62	1:16.94	2:00.02	2:43.12	2:43.12	
	Huyb Stegeman	67	+0,58	34.49	1:14.38	1:56.36	2:38.93	2:38.93	
	Wilma Heijman	64	+0,42	37.03	1:17.74	1:59.24	2:40.66	2:40.66	
	Lauren Vis	82	+0,42	28.79	1:02.32	1:36.95	2:11.07	2:11.07	
2.	TRB-RES 1	TRB-RES		10:05.80				10:26.47	+0,69
	Yvette Bouthoorn	90	+0,69	35.74	1:16.70	2:04.46	2:51.63	2:51.63	
	Marcel Tuerlings	66	+0,43	35.57	1:15.99	1:59.13	2:43.97	2:43.97	
	Edith Janssen-Koolen	73	+0,40	32.98	1:10.58	1:49.08	2:27.74	2:27.74	
	Rob Verheul	66	+0,40	32.66	1:08.75	1:45.71	2:23.13	2:23.13	
3.	De Futen 1	De Futen		10:26.42				10:28.98	+0,75
	Petra Benani-Wolsing	84	+0,75	36.13	1:15.45	1:56.81	2:38.50	2:38.50	
	Alison Gilbert	53	+0,31	40.49	1:26.68	2:16.54	3:04.77	3:04.77	
	Arnold de Rover	64	+0,49	32.87	1:08.63	1:46.19	2:22.71	2:22.71	
	Erwin Zuidervelt	75	+0,68	31.86	1:07.90	1:45.92	2:23.00	2:23.00	
4.	AZC 1	AZC		11:07.08				11:16.04	+0,79
	Michael Go	75	+0,79	36.94	1:19.53	2:06.49	2:56.04	2:56.04	
	Sandra Daamen-Posma	68	+0,33	42.28	1:30.51	2:22.07	3:10.11	3:10.11	
	Auke de Lange	86	+0,33	36.20	1:16.37	1:58.38	2:39.13	2:39.13	
	Guido Keutgen	68	+0,51	31.82	1:09.15	1:49.84	2:30.76	2:30.76	
5.	CNBA 1	CNBA		11:16.20				11:47.48	+0,86
	Julie Burgess	67	+0,86	37.84	1:24.13	2:12.90	3:01.07	3:01.07	
	Nelle Van Campfort	86	+0,39	35.08	1:15.09	1:55.84	2:35.13	2:35.13	
	Karim Naili	66	+0,74	37.26	1:18.91	2:00.93	2:41.86	2:41.86	
	Serge Adrianssens	56	+0,89	46.90	1:40.75	2:35.53	3:29.42	3:29.42	
6.	VZV Njord 1	VZV Njord		11:50.28				11:54.86	+0,79
	Karin Sagonas-Koolen	70	+0,79	37.54	1:22.72	2:08.74	2:54.45	2:54.45	
	Jacques Verriet	70	+0,55	39.05	1:24.17	2:10.56	2:58.15	2:58.15	
	Fabienne Verriet-Regensburg	75	+0,82	47.61	1:43.84	2:41.46	3:38.36	3:38.36	
	Francis Roosen	68	+0,46	32.73	1:08.32	1:45.91	2:23.90	2:23.90	

200+, Dames

1.	CNSW 2	CNSW	11:40.09	10:09.87	+0,89			
	Kampioenschaps Record, Belgisch Masters Record + startzwemster 200m EMR							
	Colette Crabbe	56	+0,89	34.60	1:13.18	1:52.53	2:31.61	2:31.61
	Arlene Delmage	62	+0,20	34.86	1:13.58	1:52.52	2:30.27	2:30.27
	Pierrette Michel	62	+0,47	35.35	1:16.41	1:57.58	2:37.34	2:37.34
	Valerie Rolland	71	+0,36	35.50	1:13.44	1:52.13	2:30.65	2:30.65
2.	PSV 2	PSV	10:28.92	10:23.41	+0,87			
	Nederlands Masters Record							
	Liselotte Joling	75	+0,87	33.66	1:11.24	1:49.94	2:25.88	2:25.88
	Katrin Pennings	64	+0,48	34.68	1:14.06	1:55.91	2:36.71	2:36.71
	Esther van Lohuizen	59	+0,50	36.50	1:17.25	1:59.11	2:38.01	2:38.01
	Patty Verhagen	59	+0,44	38.11	1:19.29	2:01.27	2:42.81	2:42.81

Programmanr. 16, 4 x 200m vrije slag

200+, Heren

1. De Rog 1	De Rog			9:13.48				9:26.96	+0,67
<i>Nederlands Masters Record</i>									
Rob Spetter	62	+0,67	33.07	1:10.11	1:48.57	2:26.70	2:26.70		
Erik Kamphuis	60	+0,70	35.47	1:14.77	1:55.69	2:34.46	2:34.46		
Peter Bernsen	63	+0,37	32.01	1:07.56	1:42.59	2:15.08	2:15.08		
Glen le Clercq	68	+0,48	29.93	1:03.97	1:38.07	2:10.72	2:10.72		

200+, Gemengd

1. PSV 5	PSV			14:55.19				14:14.63	+0,74
Nicole Vrijhoeven	69	+0,74	39.02	1:21.53	2:05.77	2:47.05	2:47.05		
Lies Hartman	56	+0,94	55.89	2:04.43	3:19.45	4:34.03	4:34.03		
Frans Suijkerbuijk	56	+0,31	57.56	2:03.98	3:13.49	4:19.19	4:19.19		
Harold Matla	68	+0,54	34.55	1:13.64	1:54.59	2:34.36	2:34.36		

240+, Dames

1. Swol 1894 1	Swol 1894			11:50.38				11:57.18	+0,78
Christien Nieuwenhuis	51	+0,78	39.78	1:25.94	2:12.81	2:57.26	2:57.26		
Bea Swijnenberg	49	+0,33	42.09	1:31.28	2:22.53	3:10.90	3:10.90		
Mathilde Vink	58	+0,53	41.62	1:27.26	2:13.66	2:57.02	2:57.02		
Annemarie Vuist	63	+0,52	39.57	1:23.00	2:08.15	2:52.00	2:52.00		

240+, Heren

1. UZSC 1	UZSC			12:50.80				12:13.14	+0,99
Tom Meijnen	44	+0,99	46.47	1:44.08	2:46.11	3:47.22	3:47.22		
Henk Kuipers	62	+0,65	37.91	1:18.08	1:59.07	2:37.90	2:37.90		
Wim Scherpenisse	55	+0,81	39.02	1:25.07	2:12.16	2:55.09	2:55.09		
Nartano Glijn	55	+0,89	39.23	1:25.11	2:11.09	2:52.93	2:52.93		

240+, Gemengd

1. CNSW 1	CNSW			13:23.06				11:31.00	+0,97
<i>Belgisch Masters Record</i>									
Jean-Marie Cadiat	53	+0,97	32.73	1:11.02	1:51.25	2:28.77	2:28.77		
Philippe Godbille	57	+0,65	35.84	1:19.38	2:05.14	2:48.07	2:48.07		
Anne De Sauvage	55		39.19	1:24.35	2:11.72	2:58.21	2:58.21		
Claire Anthony	57	+0,74	43.09	1:35.04	2:28.72	3:15.95	3:15.95		
2. HZ&PC Heerenveen 1	HZ&PC Heerenveen			12:12.01				12:20.35	+0,84
Marten de Groot	58	+0,84	30.25	1:03.84	1:38.72	2:15.52	2:15.52		
Jan van der Heide	51	+0,54	44.70	1:36.36	2:30.36	3:23.78	3:23.78		
Ineke Meijer	52	+0,23	46.01	1:40.11	2:37.15	3:30.18	3:30.18		
Pia van der Molen	60	+0,36	40.28	1:27.78	2:18.82	3:10.87	3:10.87		
3. Budapesti Delfinek 1	Budapesti Delfinek			12:34.00				12:43.55	+1,04
Zsolt Peregdy	51	+1,04	39.87	1:25.33	2:13.05	2:57.16	2:57.16		
Sumeghy Laszlo	45	+0,53	44.14	1:38.78	2:37.60	3:35.48	3:35.48		
Magdolna Csanadine Toth	49	+0,77	41.17	1:30.40	2:24.53	3:14.64	3:14.64		
Henriett Novakne Cseszregi	69	+0,80	39.03	1:24.36	2:11.82	2:56.27	2:56.27		

280+, Gemengd

1. PSV 3	PSV			13:37.82				14:15.42	+0,86
Ineke Weekers	53	+0,86	40.68	1:24.15	2:07.71	2:50.53	2:50.53		
Gonnie Bak	51	+0,46	48.30	1:47.13	2:46.99	3:42.07	3:42.07		
Rob Hanou	43	+0,57	41.64	1:33.59	2:27.32	3:17.02	3:17.02		
Bob Berg	33	+0,56	59.87	2:07.54	3:19.25	4:25.80	4:25.80		

320+, Dames

1. PSV 1	PSV			18:30.92				18:39.49	+1,12
<i>Europees Masters Record, startzwemmer NMR 50/100/200</i>									
Marianne Maandonks	26	+1,12	1:16.67	3:22.91	5:33.41	7:15.64	7:15.64		
Lottie Geurts	35	+0,67	49.75	1:45.11	2:41.72	3:36.19	3:36.19		
Alice Lindhout	35		59.82	2:13.35	3:25.10	4:36.46	4:36.46		
Corrie Verhoeven	46	+0,83	40.68	1:29.85	2:20.42	3:11.20	3:11.20		

4 - ONMK 2016 lb sessie 4

07-05-2016 - 9:00

Programmanr. 17
07-05-2016 - 9:00

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging				inschrijftijd				tijd				RT	
Masters 20+															
1.	Melissa van der Geld	AquAmigos				10:14.25				199506250				10:05.03	+0,75
	50m: 33.54	33.54	250m: 3:06.00	38.90	450m: 5:39.20	37.89	650m: 8:12.51	38.46							
	100m: 1:10.54	37.00	300m: 3:44.85	38.85	500m: 6:17.15	37.95	700m: 8:50.94	38.43							
	150m: 1:48.63	38.09	350m: 4:23.25	38.40	550m: 6:55.65	38.50	750m: 9:28.95	38.01							
	200m: 2:27.10	38.47	400m: 5:01.31	38.06	600m: 7:34.05	38.40	800m: 10:05.03	36.08							
2.	Iris Pijtak	ZPC AMERSFOORT				9:48.05				199300602				10:08.52	+0,74
	50m: 33.41	33.41	250m: 3:05.67	38.95	450m: 5:41.17	38.93	650m: 8:16.28	38.64							
	100m: 1:10.57	37.16	300m: 3:44.35	38.68	500m: 6:20.08	38.91	700m: 8:54.78	38.50							
	150m: 1:48.48	37.91	350m: 4:23.37	39.02	550m: 6:59.20	39.12	750m: 9:32.54	37.76							
	200m: 2:26.72	38.24	400m: 5:02.24	38.87	600m: 7:37.64	38.44	800m: 10:08.52	35.98							
3.	Kimberly Mijnen	WZ&PC Purmerend				9:57.20				199503644				10:19.42	+0,77
	50m: 33.36	33.36	250m: 3:08.06	39.04	450m: 5:46.30	39.49	650m: 8:24.43	39.75							
	100m: 1:11.26	37.90	300m: 3:47.39	39.33	500m: 6:25.42	39.12	700m: 9:04.01	39.58							
	150m: 1:50.16	38.90	350m: 4:27.25	39.86	550m: 7:04.95	39.53	750m: 9:42.48	38.47							
	200m: 2:29.02	38.86	400m: 5:06.81	39.56	600m: 7:44.68	39.73	800m: 10:19.42	36.94							
4.	Désirée Emmen	De Warande				10:41.81				199204862				10:25.59	+0,70
	50m: 34.09	34.09	250m: 3:08.21	39.23	450m: 5:46.91	39.75	650m: 8:27.20	40.26							
	100m: 1:11.76	37.67	300m: 3:47.89	39.68	500m: 6:26.65	39.74	700m: 9:07.52	40.32							
	150m: 1:50.12	38.36	350m: 4:27.38	39.49	550m: 7:06.81	40.16	750m: 9:47.08	39.56							
	200m: 2:28.98	38.86	400m: 5:07.16	39.78	600m: 7:46.94	40.13	800m: 10:25.59	38.51							
5.	Janine de Groot	Nova				10:50.62				199500092				10:35.98	+0,88
	50m: 33.60	33.60	250m: 3:10.55	40.73	450m: 5:54.39	40.88	650m: 8:38.99	40.23							
	100m: 1:10.95	37.35	300m: 3:50.99	40.44	500m: 6:35.69	41.30	700m: 9:19.59	40.60							
	150m: 1:50.22	39.27	350m: 4:32.08	41.09	550m: 7:17.49	41.80	750m: 9:58.85	39.26							
	200m: 2:29.82	39.60	400m: 5:13.51	41.43	600m: 7:58.76	41.27	800m: 10:35.98	37.13							
6.	Moniek Heemskerk	LZ 1886				10:03.65				199601964				10:38.39	+0,74
	50m: 33.97	33.97	250m: 3:11.36	39.87	450m: 5:51.76	40.49	650m: 8:34.71	40.87							
	100m: 1:12.48	38.51	300m: 3:51.08	39.72	500m: 6:32.14	40.38	700m: 9:15.95	41.24							
	150m: 1:51.75	39.27	350m: 4:30.95	39.87	550m: 7:13.16	41.02	750m: 9:57.28	41.33							
	200m: 2:31.49	39.74	400m: 5:11.27	40.32	600m: 7:53.84	40.68	800m: 10:38.39	41.11							
7.	Sigrit Aarten	Deltasteur				10:09.87				199302868				10:39.57	+0,96
	50m: 33.53	33.53	250m: 3:11.94	40.34	450m: 5:54.96	40.25	650m: 8:39.96	40.55							
	100m: 1:11.72	38.19	300m: 3:52.33	40.39	500m: 6:36.32	41.36	700m: 9:21.41	41.45							
	150m: 1:51.36	39.64	350m: 4:33.25	40.92	550m: 7:17.76	41.44	750m: 10:01.73	40.32							
	200m: 2:31.60	40.24	400m: 5:14.71	41.46	600m: 7:59.41	41.65	800m: 10:39.57	37.84							
8.	Anouk Kuijlaars	PSV				10:36.47				199401700				10:48.89	+0,76
	50m: 35.95	35.95	250m: 3:17.78	40.89	450m: 6:00.37	40.80	650m: 8:46.01	41.67							
	100m: 1:15.57	39.62	300m: 3:58.61	40.83	500m: 6:40.86	40.49	700m: 9:27.55	41.54							
	150m: 1:56.11	40.54	350m: 4:39.29	40.68	550m: 7:22.60	41.74	750m: 10:08.62	41.07							
	200m: 2:36.89	40.78	400m: 5:19.57	40.28	600m: 8:04.34	41.74	800m: 10:48.89	40.27							
9.	Beau Rijpers	Swol 1894				10:23.17				199402638				10:57.82	+0,80
	50m: 35.22	35.22	250m: 3:16.67	41.40	450m: 6:03.26	41.70	650m: 8:52.87	42.26							
	100m: 1:14.33	39.11	300m: 3:58.60	41.93	500m: 6:45.95	42.69	700m: 9:35.32	42.45							
	150m: 1:54.30	39.97	350m: 4:39.96	41.36	550m: 7:27.87	41.92	750m: 10:16.97	41.65							
	200m: 2:35.27	40.97	400m: 5:21.56	41.60	600m: 8:10.61	42.74	800m: 10:57.82	40.85							
10.	Naomi van Gool	LZ 1886				11:23.03				199505166				11:44.65	+0,75
	50m: 36.22	36.22	250m: 3:32.10	45.20	450m: 6:32.53	45.00	650m: 9:32.16	44.33							
	100m: 1:18.39	42.17	300m: 4:17.57	45.47	500m: 7:18.03	45.50	700m: 10:16.78	44.62							
	150m: 2:02.38	43.99	350m: 5:02.25	44.68	550m: 8:02.74	44.71	750m: 11:01.19	44.41							
	200m: 2:46.90	44.52	400m: 5:47.53	45.28	600m: 8:47.83	45.09	800m: 11:44.65	43.46							
11.	Charine de Ruiter	Steenwijk 1934				11:53.78				199403668				12:01.84	+0,96
	50m: 38.59	38.59	250m: 3:39.14	46.19	450m: 6:45.56	46.44	650m: 9:50.67	46.19							
	100m: 1:21.88	43.29	300m: 4:25.61	46.47	500m: 7:32.08	46.52	700m: 10:35.16	44.49							
	150m: 2:07.27	45.39	350m: 5:12.42	46.81	550m: 8:18.63	46.55	750m: 11:20.21	45.05							
	200m: 2:52.95	45.68	400m: 5:59.12	46.70	600m: 9:04.48	45.85	800m: 12:01.84	41.63							
12.	Lieke Janssen	NIMO				11:16.59				199305954				12:16.25	+0,78
	50m: 37.46	37.46	250m: 3:38.84	46.00	450m: 6:48.32	47.41	650m: 9:55.63	45.84							
	100m: 1:21.29	43.83	300m: 4:26.19	47.35	500m: 7:35.67	47.35	700m: 10:43.28	47.65							
	150m: 2:06.28	44.99	350m: 5:13.27	47.08	550m: 8:22.40	46.73	750m: 11:29.51	46.23							
	200m: 2:52.84	46.56	400m: 6:00.91	47.64	600m: 9:09.79	47.39	800m: 12:16.25	46.74							

Programmanr. 17, Dames, 800m vrije slag, Masters 20+

rang	naam	vereniging				inschrijftijd				tijd				RT	
13.	Marjan Rikken	ZVV				11:32.03				199206114				12:22.68	+0,87
	50m:	38.64	38.64	250m:	3:41.48	46.72	450m:	6:51.02	47.55	650m:	10:02.51	47.54			
	100m:	1:22.99	44.35	300m:	4:28.87	47.39	500m:	7:39.12	48.10	700m:	10:50.61	48.10			
	150m:	2:08.37	45.38	350m:	5:16.30	47.43	550m:	8:27.08	47.96	750m:	11:37.63	47.02			
	200m:	2:54.76	46.39	400m:	6:03.47	47.17	600m:	9:14.97	47.89	800m:	12:22.68	45.05			
14.	Rebecca van Eeren	SCOM				12:25.64				199306910				12:45.87	+0,92
	50m:	40.35	40.35	250m:	3:50.35	47.89	450m:	7:06.12	48.39	650m:	10:21.27	47.67			
	100m:	1:27.02	46.67	300m:	4:39.84	49.49	500m:	7:55.87	49.75	700m:	11:10.13	48.86			
	150m:	2:13.72	46.70	350m:	5:28.02	48.18	550m:	8:44.33	48.46	750m:	11:57.83	47.70			
	200m:	3:02.46	48.74	400m:	6:17.73	49.71	600m:	9:33.60	49.27	800m:	12:45.87	48.04			
15.	Claudia Creemers	RZ				13:37.79				199202864				15:37.24	+0,84
	50m:	42.04	42.04	250m:	4:26.18	1:00.49	450m:	8:28.38	1:00.82	650m:	12:34.01	1:00.81			
	100m:	1:31.88	49.84	300m:	5:26.34	1:00.16	500m:	9:29.77	1:01.39	700m:	13:37.14	1:03.13			
	150m:	2:27.21	55.33	350m:	6:27.11	1:00.77	550m:	10:31.38	1:01.61	750m:	14:37.42	1:00.28			
	200m:	3:25.69	58.48	400m:	7:27.56	1:00.45	600m:	11:33.20	1:01.82	800m:	15:37.24	59.82			
DIS	Cynthia van Veen	ZPC Woerden				13:19.72				199606736					
	AF - De aangegeven afstand niet uitgezwommen.														

Masters 25+

1.	L. van der Heide - Andeweg	Zuiderzeewimmers	9:53.22	198800092	10:04.55	+0,87		
	50m: 33.20	33.20	250m: 3:05.24	38.44	450m: 5:39.55	38.24	650m: 8:12.89	38.05
	100m: 1:10.04	36.84	300m: 3:43.94	38.70	500m: 6:18.00	38.45	700m: 8:51.39	38.50
	150m: 1:48.22	38.18	350m: 4:22.36	38.42	550m: 6:56.68	38.68	750m: 9:29.11	37.72
	200m: 2:26.80	38.58	400m: 5:01.31	38.95	600m: 7:34.84	38.16	800m: 10:04.55	35.44
2.	Maaïke Vooren	DAW	10:02.00	199103324	10:14.80	+0,86		
	50m: 34.72	34.72	250m: 3:10.25	39.24	450m: 5:46.08	38.76	650m: 8:21.28	38.72
	100m: 1:13.09	38.37	300m: 3:49.52	39.27	500m: 6:25.07	38.99	700m: 8:59.70	38.42
	150m: 1:51.79	38.70	350m: 4:28.24	38.72	550m: 7:03.79	38.72	750m: 9:37.67	37.97
	200m: 2:31.01	39.22	400m: 5:07.32	39.08	600m: 7:42.56	38.77	800m: 10:14.80	37.13
3.	Mandy Verbakel	ZPC Woerden	10:43.53	199003908	10:58.40	+0,83		
	50m: 34.32	34.32	250m: 3:18.23	41.38	450m: 6:07.63	42.08	650m: 8:55.90	41.83
	100m: 1:13.79	39.47	300m: 4:00.70	42.47	500m: 6:49.91	42.28	700m: 9:37.70	41.80
	150m: 1:54.67	40.88	350m: 4:42.88	42.18	550m: 7:31.81	41.90	750m: 10:18.75	41.05
	200m: 2:36.85	42.18	400m: 5:25.55	42.67	600m: 8:14.07	42.26	800m: 10:58.40	39.65
4.	Rosanne de Boer	LZ 1886	10:17.22	199104060	11:05.14	+0,79		
	50m: 35.17	35.17	250m: 3:19.76	41.45	450m: 6:09.74	42.24	650m: 8:59.85	41.73
	100m: 1:15.12	39.95	300m: 4:02.53	42.77	500m: 6:53.14	43.40	700m: 9:42.49	42.64
	150m: 1:56.01	40.89	350m: 4:44.51	41.98	550m: 7:35.24	42.10	750m: 10:23.34	40.85
	200m: 2:38.31	42.30	400m: 5:27.50	42.99	600m: 8:18.12	42.88	800m: 11:05.14	41.80
5.	Anne Duijst	De Haaien	10:43.86	198901030	11:10.75	+0,81		
	50m: 36.42	36.42	250m: 3:23.25	42.94	450m: 6:15.86	43.52	650m: 9:08.46	43.23
	100m: 1:16.43	40.01	300m: 4:06.33	43.08	500m: 6:58.90	43.04	700m: 9:51.01	42.55
	150m: 1:57.89	41.46	350m: 4:49.62	43.29	550m: 7:41.89	42.99	750m: 10:32.21	41.20
	200m: 2:40.31	42.42	400m: 5:32.34	42.72	600m: 8:25.23	43.34	800m: 11:10.75	38.54
6.	Maaïke van Diggele	ZPB H&L Productions	10:58.21	198700868	11:11.22	+0,81		
	50m: 36.55	36.55	250m: 3:21.67	42.22	450m: 6:11.99	42.60	650m: 9:04.18	42.76
	100m: 1:16.51	39.96	300m: 4:04.43	42.76	500m: 6:55.23	43.24	700m: 9:47.74	43.56
	150m: 1:57.57	41.06	350m: 4:46.80	42.37	550m: 7:38.19	42.96	750m: 10:30.17	42.43
	200m: 2:39.45	41.88	400m: 5:29.39	42.59	600m: 8:21.42	43.23	800m: 11:11.22	41.05
7.	Elmi Roelofsens	ZVV	11:06.54	199008198	11:16.49	+0,86		
	50m: 33.59	33.59	250m: 3:15.19	41.39	450m: 6:05.97	42.68	650m: 9:04.57	44.35
	100m: 1:12.68	39.09	300m: 3:57.72	42.53	500m: 6:50.92	44.95	700m: 9:49.20	44.63
	150m: 1:52.80	40.12	350m: 4:40.00	42.28	550m: 7:35.47	44.55	750m: 10:33.06	43.86
	200m: 2:33.80	41.00	400m: 5:23.29	43.29	600m: 8:20.22	44.75	800m: 11:16.49	43.43
8.	Linda Janssen	ZPB H&L Productions	10:57.18	198802088	11:20.38	+0,90		
	50m: 37.77	37.77	250m: 3:30.00	43.85	450m: 6:24.72	43.88	650m: 9:18.15	42.51
	100m: 1:19.27	41.50	300m: 4:13.53	43.53	500m: 7:08.62	43.90	700m: 10:01.00	42.85
	150m: 2:02.30	43.03	350m: 4:57.19	43.66	550m: 7:52.64	44.02	750m: 10:41.27	40.27
	200m: 2:46.15	43.85	400m: 5:40.84	43.65	600m: 8:35.64	43.00	800m: 11:20.38	39.11
9.	Sunanda van Heteren	De Geul	10:43.48	198901728	11:26.05	+0,87		
	50m: 36.53	36.53	250m: 3:27.99	43.83	450m: 6:24.16	43.92	650m: 9:20.11	44.01
	100m: 1:17.53	41.00	300m: 4:12.61	44.62	500m: 7:08.67	44.51	700m: 10:03.58	43.47
	150m: 2:00.21	42.68	350m: 4:56.14	43.53	550m: 7:51.94	43.27	750m: 10:46.31	42.73
	200m: 2:44.16	43.95	400m: 5:40.24	44.10	600m: 8:36.10	44.16	800m: 11:26.05	39.74
10.	Tamara Caspers	LZ 1886	10:49.72	199007272	11:30.40	+0,74		
	50m: 35.33	35.33	250m: 3:26.22	43.75	450m: 6:24.06	44.81	650m: 9:21.59	44.78
	100m: 1:15.83	40.50	300m: 4:10.80	44.58	500m: 7:07.49	43.43	700m: 10:04.97	43.38
	150m: 1:58.42	42.59	350m: 4:55.15	44.35	550m: 7:52.12	44.63	750m: 10:48.71	43.74
	200m: 2:42.47	44.05	400m: 5:39.25	44.10	600m: 8:36.81	44.69	800m: 11:30.40	41.69

Programmanr. 17, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging				inschrijftijd				tijd				RT	
11.	Henrike de Vries	WS Twente				12:02.91				198907460				11:46.48	+0,97
	50m:	37.93	37.93	250m:	3:31.33	44.77	450m:	6:31.76	45.26	650m:	9:34.25	45.97			
	100m:	1:19.85	41.92	300m:	4:16.14	44.81	500m:	7:17.12	45.36	700m:	10:19.04	44.79			
	150m:	2:02.89	43.04	350m:	5:01.25	45.11	550m:	8:03.06	45.94	750m:	11:03.63	44.59			
	200m:	2:46.56	43.67	400m:	5:46.50	45.25	600m:	8:48.28	45.22	800m:	11:46.48	42.85			
12.	Liset de Veer	Aqua-Novio'94				11:55.64				198704190				12:03.57	+0,82
	50m:	40.39	40.39	250m:	3:42.07	45.89	450m:	6:45.39	45.59	650m:	9:49.18	45.48			
	100m:	1:25.07	44.68	300m:	4:27.93	45.86	500m:	7:31.33	45.94	700m:	10:35.23	46.05			
	150m:	2:10.30	45.23	350m:	5:13.99	46.06	550m:	8:17.23	45.90	750m:	11:20.24	45.01			
	200m:	2:56.18	45.88	400m:	5:59.80	45.81	600m:	9:03.70	46.47	800m:	12:03.57	43.33			
13.	Lisette van den Bos	Poseidon'56				12:16.34				198700468				12:09.19	+0,87
	50m:	40.32	40.32	250m:	3:41.83	46.10	450m:	6:46.24	46.06	650m:	9:53.12	47.10			
	100m:	1:25.02	44.70	300m:	4:27.51	45.68	500m:	7:32.70	46.46	700m:	10:39.77	46.65			
	150m:	2:10.19	45.17	350m:	5:14.01	46.50	550m:	8:19.51	46.81	750m:	11:26.03	46.26			
	200m:	2:55.73	45.54	400m:	6:00.18	46.17	600m:	9:06.02	46.51	800m:	12:09.19	43.16			
14.	Kathleen Laloi	HELIOS				13:27.85				005550/88				12:15.86	+0,96
	50m:	39.13	39.13	250m:	3:39.31	46.23	450m:	6:47.16	47.38	650m:	9:56.01	47.10			
	100m:	1:22.39	43.26	300m:	4:25.79	46.48	500m:	7:34.28	47.12	700m:	10:43.12	47.11			
	150m:	2:07.74	45.35	350m:	5:12.91	47.12	550m:	8:21.45	47.17	750m:	11:31.14	48.02			
	200m:	2:53.08	45.34	400m:	5:59.78	46.87	600m:	9:08.91	47.46	800m:	12:15.86	44.72			
15.	Rachelle Hellenbrand	Thalassa				12:21.44				199101204				12:58.94	+0,89
	50m:	40.04	40.04	250m:	3:51.40	49.24	450m:	7:10.15	49.87	650m:	10:32.56	50.60			
	100m:	1:25.66	45.62	300m:	4:41.50	50.10	500m:	8:00.11	49.96	700m:	11:23.92	51.36			
	150m:	2:13.20	47.54	350m:	5:30.67	49.17	550m:	8:51.28	51.17	750m:	12:13.38	49.46			
	200m:	3:02.16	48.96	400m:	6:20.28	49.61	600m:	9:41.96	50.68	800m:	12:58.94	45.56			
16.	Janneke Wynia	WS Twente				12:42.11				199005500				13:11.27	+1,00
	50m:	42.90	42.90	250m:	3:58.49	50.10	450m:	7:21.66	50.65	650m:	10:44.81	51.07			
	100m:	1:29.44	46.54	300m:	4:49.06	50.57	500m:	8:12.58	50.92	700m:	11:35.37	50.56			
	150m:	2:18.21	48.77	350m:	5:40.08	51.02	550m:	9:03.52	50.94	750m:	12:24.40	49.03			
	200m:	3:08.39	50.18	400m:	6:31.01	50.93	600m:	9:53.74	50.22	800m:	13:11.27	46.87			

Masters 30+

1.	Ramona Linting	AZC	10:52.64	198301274	10:28.05	+0,69		
	50m: 33.58	33.58	250m: 3:08.67	39.48	450m: 5:49.01	39.87	650m: 8:28.66	39.71
	100m: 1:11.15	37.57	300m: 3:49.10	40.43	500m: 6:29.21	40.20	700m: 9:08.88	40.22
	150m: 1:49.77	38.62	350m: 4:29.14	40.04	550m: 7:09.03	39.82	750m: 9:48.73	39.85
	200m: 2:29.19	39.42	400m: 5:09.14	40.00	600m: 7:48.95	39.92	800m: 10:28.05	39.32
2.	Denise de Riet	ZZ&PC De Devel	11:21.33	198402040	11:01.06	+0,95		
	50m: 35.72	35.72	250m: 3:18.78	41.74	450m: 6:06.74	42.20	650m: 8:56.15	42.81
	100m: 1:14.79	39.07	300m: 4:00.51	41.73	500m: 6:48.77	42.03	700m: 9:38.46	42.31
	150m: 1:55.66	40.87	350m: 4:42.54	42.03	550m: 7:31.18	42.41	750m: 10:20.36	41.90
	200m: 2:37.04	41.38	400m: 5:24.54	42.00	600m: 8:13.34	42.16	800m: 11:01.06	40.70
3.	Linda Hoogendam	WVZ	10:49.69	198300892	11:10.79	+0,83		
	50m: 37.44	37.44	250m: 3:26.66	43.02	450m: 6:15.80	41.89	650m: 9:07.24	42.64
	100m: 1:18.91	41.47	300m: 4:08.56	41.90	500m: 6:58.19	42.39	700m: 9:49.88	42.64
	150m: 2:01.13	42.22	350m: 4:51.57	43.01	550m: 7:41.37	43.18	750m: 10:32.13	42.25
	200m: 2:43.64	42.51	400m: 5:33.91	42.34	600m: 8:24.60	43.23	800m: 11:10.79	38.66
4.	Sandra Schellekens	SWNZ (SG)	11:42.41	198503416	11:46.22	+0,97		
	50m: 37.22	37.22	250m: 3:32.83	44.84	450m: 6:32.36	44.87	650m: 9:33.93	45.30
	100m: 1:19.84	42.62	300m: 4:18.04	45.21	500m: 7:18.06	45.70	700m: 10:19.05	45.12
	150m: 2:03.08	43.24	350m: 5:02.52	44.48	550m: 8:02.98	44.92	750m: 11:03.58	44.53
	200m: 2:47.99	44.91	400m: 5:47.49	44.97	600m: 8:48.63	45.65	800m: 11:46.22	42.64
5.	Tineke Roelofs	PSV	12:16.87	198504004	13:05.65	+0,81		
	50m: 42.14	42.14	250m: 3:54.80	49.49	450m: 7:13.94	50.19	650m: 10:36.16	50.17
	100m: 1:28.38	46.24	300m: 4:44.20	49.40	500m: 8:04.28	50.34	700m: 11:26.76	50.60
	150m: 2:16.43	48.05	350m: 5:33.94	49.74	550m: 8:54.83	50.55	750m: 12:16.82	50.06
	200m: 3:05.31	48.88	400m: 6:23.75	49.81	600m: 9:45.99	51.16	800m: 13:05.65	48.83
6.	Marloes Rebel	WS Twente	13:57.14	198403474	14:05.38	+0,96		
	50m: 46.12	46.12	250m: 4:18.77	54.63	450m: 7:53.63	54.12	650m: 11:29.44	53.48
	100m: 1:37.83	51.71	300m: 5:12.14	53.37	500m: 8:47.74	54.11	700m: 12:23.71	54.27
	150m: 2:30.62	52.79	350m: 6:05.29	53.15	550m: 9:41.69	53.95	750m: 13:17.49	53.78
	200m: 3:24.14	53.52	400m: 6:59.51	54.22	600m: 10:35.96	54.27	800m: 14:05.38	47.89
AFGEM	Petra Benani-Wolsing	De Futen	10:19.23	198402796				
AFGEM	Ann Van Beylen	RSCM	10:15.42	20264/84				

Programmanr. 17, Dames, 800m vrije slag

Masters 35+

1.	Yvonne Gerritsen	WVZ	10:53.18	198000342	11:07.16	+0,86		
	50m: 36.15	36.15	250m: 3:22.86	42.48	450m: 6:13.07	42.75	650m: 9:02.89	42.55
	100m: 1:16.59	40.44	300m: 4:05.42	42.56	500m: 6:55.75	42.68	700m: 9:45.22	42.33
	150m: 1:58.25	41.66	350m: 4:47.94	42.52	550m: 7:38.10	42.35	750m: 10:26.94	41.72
	200m: 2:40.38	42.13	400m: 5:30.32	42.38	600m: 8:20.34	42.24	800m: 11:07.16	40.22
2.	Agnes van Brug	DAW	11:31.31	198001726	11:18.55	+0,91		
	50m: 38.15	38.15	250m: 3:29.12	43.32	450m: 6:21.53	43.14	650m: 9:13.77	42.97
	100m: 1:19.82	41.67	300m: 4:12.32	43.20	500m: 7:04.74	43.21	700m: 9:56.30	42.53
	150m: 2:02.31	42.49	350m: 4:55.28	42.96	550m: 7:47.68	42.94	750m: 10:38.95	42.65
	200m: 2:45.80	43.49	400m: 5:38.39	43.11	600m: 8:30.80	43.12	800m: 11:18.55	39.60
3.	Severine Bayre	CNSW	11:34.89	004275/78	12:05.35	+1,05		
	50m: 40.92	40.92	250m: 3:43.55	46.15	450m: 6:48.13	46.47	650m: 9:52.32	46.18
	100m: 1:25.83	44.91	300m: 4:29.32	45.77	500m: 7:34.10	45.97	700m: 10:37.94	45.62
	150m: 2:11.12	45.29	350m: 5:15.58	46.26	550m: 8:20.16	46.06	750m: 11:23.13	45.19
	200m: 2:57.40	46.28	400m: 6:01.66	46.08	600m: 9:06.14	45.98	800m: 12:05.35	42.22
4.	Eveline Hacquebord	IJZPC	11:50.53	197901206	12:32.00	+0,85		
	50m: 39.31	39.31	250m: 3:46.46	47.84	450m: 6:59.45	48.12	650m: 10:11.48	48.01
	100m: 1:24.09	44.78	300m: 4:34.86	48.40	500m: 7:47.50	48.05	700m: 10:59.37	47.89
	150m: 2:11.00	46.91	350m: 5:23.19	48.33	550m: 8:35.48	47.98	750m: 11:47.07	47.70
	200m: 2:58.62	47.62	400m: 6:11.33	48.14	600m: 9:23.47	47.99	800m: 12:32.00	44.93
5.	Rianne van Vegchelen	Deltasteur	13:58.54	198101530	14:34.98	+1,09		
	400m*							
	50m: 43.97	43.97	250m: 4:18.80	54.58	450m: 8:02.87	55.66	650m: 11:49.41	56.93
	100m: 1:35.17	51.20	300m: 5:15.21	56.41	500m: 8:59.17	56.30	700m: 12:45.92	56.51
	150m: 2:28.65	53.48	350m: 6:10.78	55.57	550m: 9:55.83	56.66	750m: 13:40.04	54.12
	200m: 3:24.22	55.57	400m: 7:07.21	56.43	600m: 10:52.48	56.65	800m: 14:34.98	54.94
6.	Clementine van Bruxvoort	ZPB H&L Productions	14:11.39	197700138	15:04.86	+1,02		
	50m: 49.24	49.24	250m: 4:35.51	57.28	450m: 8:24.54	57.61	650m: 12:14.77	58.31
	100m: 1:45.08	55.84	300m: 5:32.46	56.95	500m: 9:21.03	56.49	700m: 13:12.70	57.93
	150m: 2:42.17	57.09	350m: 6:29.85	57.39	550m: 10:19.37	58.34	750m: 14:11.74	59.04
	200m: 3:38.23	56.06	400m: 7:26.93	57.08	600m: 11:16.46	57.09	800m: 15:04.86	53.12
AFGEM	Natascha Hartman	PSV	13:43.95	198101780				

Masters 40+

1.	Kirsten Cameron	East Leeds	9:06.86	1160788	9:10.90	+0,74		
	Kampioenschaps Record							
	50m: 31.50	31.50	250m: 2:49.45	34.48	450m: 5:08.63	34.81	650m: 7:27.88	34.76
	100m: 1:05.48	33.98	300m: 3:24.24	34.79	500m: 5:43.32	34.69	700m: 8:02.77	34.89
	150m: 1:40.23	34.75	350m: 3:58.93	34.69	550m: 6:18.37	35.05	750m: 8:37.50	34.73
	200m: 2:14.97	34.74	400m: 4:33.82	34.89	600m: 6:53.12	34.75	800m: 9:10.90	33.40
2.	Jannie Vennik	HZ&PC Heerenveen	11:34.92	197601006	11:39.13	+0,99		
	50m: 38.43	38.43	250m: 3:33.04	43.31	450m: 6:30.83	44.35	650m: 9:27.48	43.85
	100m: 1:21.44	43.01	300m: 4:17.88	44.84	500m: 7:15.17	44.34	700m: 10:12.01	44.53
	150m: 2:05.02	43.58	350m: 5:01.61	43.73	550m: 7:59.10	43.93	750m: 10:55.59	43.58
	200m: 2:49.73	44.71	400m: 5:46.48	44.87	600m: 8:43.63	44.53	800m: 11:39.13	43.54
3.	Pascale Janssen	De Roersoppers	11:59.11	197300852	12:19.84	+0,97		
	50m: 40.21	40.21	250m: 3:43.86	46.47	450m: 6:51.58	47.81	650m: 10:00.73	47.74
	100m: 1:24.70	44.49	300m: 4:30.12	46.26	500m: 7:38.46	46.88	700m: 10:47.49	46.76
	150m: 2:10.89	46.19	350m: 5:17.21	47.09	550m: 8:25.49	47.03	750m: 11:34.51	47.02
	200m: 2:57.39	46.50	400m: 6:03.77	46.56	600m: 9:12.99	47.50	800m: 12:19.84	45.33
4.	Natacha Van Hoof	ShaRK	12:04.82	20260/73	12:31.76	+0,93		
	50m: 41.17	41.17	250m: 3:48.12	47.02	450m: 6:58.37	47.84	650m: 10:10.08	48.32
	100m: 1:27.29	46.12	300m: 4:35.24	47.12	500m: 7:45.74	47.37	700m: 10:57.83	47.75
	150m: 2:13.99	46.70	350m: 5:22.83	47.59	550m: 8:34.10	48.36	750m: 11:46.37	48.54
	200m: 3:01.10	47.11	400m: 6:10.53	47.70	600m: 9:21.76	47.66	800m: 12:31.76	45.39
5.	Ingrid Versteegen	DBD	12:27.49	197300770	12:42.12	+0,83		
	50m: 41.80	41.80	250m: 3:51.76	48.74	450m: 7:06.35	48.08	650m: 10:19.81	48.40
	100m: 1:27.77	45.97	300m: 4:40.42	48.66	500m: 7:54.48	48.13	700m: 11:08.16	48.35
	150m: 2:14.75	46.98	350m: 5:29.71	49.29	550m: 8:42.78	48.30	750m: 11:56.30	48.14
	200m: 3:03.02	48.27	400m: 6:18.27	48.56	600m: 9:31.41	48.63	800m: 12:42.12	45.82
6.	Marianne Delmee	CNSW	14:10.96	005587/72	13:01.87	+1,08		
	50m: 41.50	41.50	250m: 3:53.61	49.72	450m: 7:14.82	50.19	650m: 10:38.45	51.01
	100m: 1:28.17	46.67	300m: 4:43.89	50.28	500m: 8:05.95	51.13	700m: 11:29.13	50.68
	150m: 2:15.43	47.26	350m: 5:33.31	49.42	550m: 8:55.71	49.76	750m: 12:17.93	48.80
	200m: 3:03.89	48.46	400m: 6:24.63	51.32	600m: 9:47.44	51.73	800m: 13:01.87	43.94

Programmanr. 17, Dames, 800m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	tijd	RT
7.	Eszter Takar	VfR Simmern	14:24.67	323300	14:34.31 +1,16
	50m: 48.29	250m: 4:28.48	56.07	450m: 8:10.06	56.01
	100m: 1:41.82	300m: 5:24.10	55.62	500m: 9:04.69	54.63
	150m: 2:36.76	350m: 6:19.34	55.24	550m: 10:01.03	56.34
	200m: 3:32.41	400m: 7:14.05	54.71	600m: 10:55.55	54.52
				650m: 11:51.53	55.98
				700m: 12:46.91	55.38
				750m: 13:42.16	55.25
				800m: 14:34.31	52.15
8.	Fabienne Verriet-Regensburg	VZV Njord	14:43.27	197500428	15:53.98 +0,91
	50m: 49.40	250m: 4:45.81	1:00.31	450m: 8:49.39	1:01.20
	100m: 1:45.97	300m: 5:46.49	1:00.68	500m: 9:50.69	1:01.30
	150m: 2:45.45	350m: 6:47.31	1:00.82	550m: 10:51.24	1:00.55
	200m: 3:45.50	400m: 7:48.19	1:00.88	600m: 11:52.64	1:01.40
				650m: 12:54.10	1:01.46
				700m: 13:54.93	1:00.83
				750m: 14:55.92	1:00.99
				800m: 15:53.98	58.06

Masters 45+

1.	Karin Stein <i>Nederlands Masters Record</i>	ZVVS	10:19.35	197100554	10:21.39 +0,80
	50m: 35.61	250m: 3:10.63	39.26	450m: 5:47.40	39.36
	100m: 1:13.69	300m: 3:49.60	38.97	500m: 6:26.35	38.95
	150m: 1:52.64	350m: 4:29.11	39.51	550m: 7:05.84	39.49
	200m: 2:31.37	400m: 5:08.04	38.93	600m: 7:45.24	39.40
				650m: 8:24.64	39.40
				700m: 9:04.20	39.56
				750m: 9:43.84	39.64
				800m: 10:21.39	37.55
2.	Annette de Visser	Oceanus	10:48.26	197100602	11:06.80 +0,88
	50m: 35.62	250m: 3:21.32	41.81	450m: 6:10.61	41.90
	100m: 1:16.04	300m: 4:04.12	42.80	500m: 6:53.65	43.04
	150m: 1:57.08	350m: 4:46.17	42.05	550m: 7:35.76	42.11
	200m: 2:39.51	400m: 5:28.71	42.54	600m: 8:18.56	42.80
				650m: 9:00.62	42.06
				700m: 9:43.18	42.56
				750m: 10:24.90	41.72
				800m: 11:06.80	41.90
3.	Valerie Rolland	CNSW	11:17.36	004276/71	11:22.01 +0,73
	50m: 39.68	250m: 3:33.30	43.18	450m: 6:24.01	42.71
	100m: 1:22.08	300m: 4:15.62	42.32	500m: 7:06.09	42.08
	150m: 2:06.16	350m: 4:58.65	43.03	550m: 7:49.05	42.96
	200m: 2:50.12	400m: 5:41.30	42.65	600m: 8:32.02	42.97
				650m: 9:14.93	42.91
				700m: 9:57.73	42.80
				750m: 10:40.51	42.78
				800m: 11:22.01	41.50
4.	Nicole Vrijhoeven	PSV	11:54.01	196900834	11:48.36 +0,70
	50m: 40.77	250m: 3:40.66	45.31	450m: 6:40.27	44.91
	100m: 1:24.60	300m: 4:25.78	45.12	500m: 7:24.89	44.62
	150m: 2:10.05	350m: 5:10.97	45.19	550m: 8:09.34	44.45
	200m: 2:55.35	400m: 5:55.36	44.39	600m: 8:53.76	44.42
				650m: 9:38.23	44.47
				700m: 10:23.00	44.77
				750m: 11:06.95	43.95
				800m: 11:48.36	41.41
5.	Joyce Brummelkamp	ZVVS	12:06.69	197000952	12:06.44 +0,93
	50m: 39.27	250m: 3:40.60	46.15	450m: 6:46.68	46.99
	100m: 1:23.14	300m: 4:26.91	46.31	500m: 7:32.61	45.93
	150m: 2:08.79	350m: 5:13.67	46.76	550m: 8:19.14	46.53
	200m: 2:54.45	400m: 5:59.69	46.02	600m: 9:04.77	45.63
				650m: 9:51.45	46.68
				700m: 10:37.24	45.79
				750m: 11:22.94	45.70
				800m: 12:06.44	43.50
6.	Marion Broekhuis	WS Twente	11:52.31	196800060	12:08.76 +0,72
	50m: 40.62	250m: 3:44.63	46.56	450m: 6:51.54	46.43
	100m: 1:25.08	300m: 4:31.64	47.01	500m: 7:37.90	46.36
	150m: 2:11.41	350m: 5:18.07	46.43	550m: 8:24.19	46.29
	200m: 2:58.07	400m: 6:05.11	47.04	600m: 9:10.16	45.97
				650m: 9:55.92	45.76
				700m: 10:41.57	45.65
				750m: 11:26.91	45.34
				800m: 12:08.76	41.85
7.	Annet Kootstra	Swol 1894	12:44.50	197100344	12:11.08 +0,91
	50m: 40.22	250m: 3:43.15	46.31	450m: 6:49.80	46.83
	100m: 1:24.74	300m: 4:29.57	46.42	500m: 7:36.45	46.65
	150m: 2:10.54	350m: 5:16.52	46.95	550m: 8:23.14	46.69
	200m: 2:56.84	400m: 6:02.97	46.45	600m: 9:09.75	46.61
				650m: 9:55.73	45.98
				700m: 10:42.49	46.76
				750m: 11:27.70	45.21
				800m: 12:11.08	43.38
8.	Karin Sagonas-Koolen	VZV Njord	12:32.09	197000964	12:45.44 +0,82
	50m: 39.27	250m: 3:47.99	47.92	450m: 7:04.03	48.40
	100m: 1:25.22	300m: 4:37.46	49.47	500m: 7:53.87	49.84
	150m: 2:11.57	350m: 5:25.71	48.25	550m: 8:42.56	48.69
	200m: 3:00.07	400m: 6:15.63	49.92	600m: 9:32.68	50.12
				650m: 10:21.47	48.79
				700m: 11:10.59	49.12
				750m: 11:58.89	48.30
				800m: 12:45.44	46.55
9.	Britta Fritz	SC Janus e.V.	12:54.39		12:54.96 +0,96
	50m: 44.45	250m: 3:59.97	49.18	450m: 7:16.62	49.16
	100m: 1:33.19	300m: 4:48.92	48.95	500m: 8:05.04	48.42
	150m: 2:21.28	350m: 5:38.26	49.34	550m: 8:54.33	49.29
	200m: 3:10.79	400m: 6:27.46	49.20	600m: 9:42.71	48.38
				650m: 10:31.63	48.92
				700m: 11:20.99	49.36
				750m: 12:09.13	48.14
				800m: 12:54.96	45.83
10.	Peggy Hurenkamp	HZ&PC Heerenveen	13:22.51	196900922	12:57.07 +0,89
	50m: 40.61	250m: 3:55.92	49.73	450m: 7:15.42	49.72
	100m: 1:27.86	300m: 4:45.31	49.39	500m: 8:04.99	49.57
	150m: 2:16.64	350m: 5:34.95	49.64	550m: 8:53.87	48.88
	200m: 3:06.19	400m: 6:25.70	50.75	600m: 9:44.10	50.23
				650m: 10:32.81	48.71
				700m: 11:21.95	49.14
				750m: 12:10.24	48.29
				800m: 12:57.07	46.83
11.	Ingeborg Stokx	DAW	13:45.70	196700666	13:25.11 +0,96
	50m: 42.81	250m: 4:07.00	51.36	450m: 7:31.83	50.83
	100m: 1:33.30	300m: 4:58.83	51.83	500m: 8:22.92	51.09
	150m: 2:24.16	350m: 5:50.12	51.29	550m: 9:14.21	51.29
	200m: 3:15.64	400m: 6:41.00	50.88	600m: 10:05.58	51.37
				650m: 10:56.55	50.97
				700m: 11:48.09	51.54
				750m: 12:38.06	49.97
				800m: 13:25.11	47.05

Programmanr. 17, Dames, 800m vrije slag, Masters 45+

rang	naam	vereniging			inschrijftijd			tijd			RT	
12.	Ymke Snellen van Vollenhoven	PSV			13:30.87			196800836			13:36.55	+0,88
	50m:	44.72	44.72	250m:	4:10.14	51.79	450m:	7:39.73	51.52	650m:	11:07.44	51.65
	100m:	1:34.92	50.20	300m:	5:02.91	52.77	500m:	8:32.13	52.40	700m:	12:00.14	52.70
	150m:	2:25.96	51.04	350m:	5:54.33	51.42	550m:	9:23.93	51.80	750m:	12:51.44	51.30
	200m:	3:18.35	52.39	400m:	6:48.21	53.88	600m:	10:15.79	51.86	800m:	13:36.55	45.11
13.	Betty van Kemenade	PSV			15:08.29			196800832			14:34.42	+1,09
	50m:	47.37	47.37	250m:	4:27.42	55.29	450m:	8:09.03	54.93	650m:	11:50.61	54.95
	100m:	1:40.55	53.18	300m:	5:23.47	56.05	500m:	9:05.17	56.14	700m:	12:46.89	56.28
	150m:	2:36.39	55.84	350m:	6:18.80	55.33	550m:	10:00.11	54.94	750m:	13:42.08	55.19
	200m:	3:32.13	55.74	400m:	7:14.10	55.30	600m:	10:55.66	55.55	800m:	14:34.42	52.34
AFGEM	Kristien Van de Moortel	ShaRK			12:44.96			20315/69				

Masters 50+

1.	Katrien Delaender	BZK	10:22.68	20525/66	10:18.62			
	Kampioenschaps Record, Belgisch Masters Record							
	50m: 34.57	34.57	250m: 3:09.61	39.62	450m: 5:46.18	39.30	650m: 8:23.35	39.31
	100m: 1:12.20	37.63	300m: 3:48.52	38.91	500m: 6:25.28	39.10	700m: 9:02.50	39.15
	150m: 1:51.26	39.06	350m: 4:28.09	39.57	550m: 7:04.91	39.63	750m: 9:41.39	38.89
	200m: 2:29.99	38.73	400m: 5:06.88	38.79	600m: 7:44.04	39.13	800m: 10:18.62	37.23
2.	Wilna Heijman	Steenwijk 1934	11:16.35	196400506	11:35.38	+0,83		
	50m: 38.13	38.13	250m: 3:32.58	44.36	450m: 6:30.04	44.83	650m: 9:26.23	43.93
	100m: 1:20.69	42.56	300m: 4:16.42	43.84	500m: 7:14.08	44.04	700m: 10:09.60	43.37
	150m: 2:03.89	43.20	350m: 5:01.42	45.00	550m: 7:58.43	44.35	750m: 10:53.45	43.85
	200m: 2:48.22	44.33	400m: 5:45.21	43.79	600m: 8:42.30	43.87	800m: 11:35.38	41.93
3.	Jeannette Ruesink	WS Twente	11:47.43	196300212	11:58.65			
	50m: 41.97	41.97	250m: 3:46.48	46.22	450m: 6:49.73	45.65	650m: 9:50.01	45.25
	100m: 1:27.51	45.54	300m: 4:32.35	45.87	500m: 7:34.90	45.17	700m: 10:34.56	44.55
	150m: 2:13.96	46.45	350m: 5:18.26	45.91	550m: 8:20.00	45.10	750m: 11:18.42	43.86
	200m: 3:00.26	46.30	400m: 6:04.08	45.82	600m: 9:04.76	44.76	800m: 11:58.65	40.23
4.	Jacqueline Rolloos-Bakkers	De Lansingh	11:36.61	196300222	11:59.49	+0,87		
	50m: 40.08	40.08	250m: 3:42.12	46.30	450m: 6:46.81	46.25	650m: 9:49.58	45.49
	100m: 1:24.59	44.51	300m: 4:27.92	45.80	500m: 7:32.84	46.03	700m: 10:34.73	45.15
	150m: 2:10.37	45.78	350m: 5:14.73	46.81	550m: 8:18.50	45.66	750m: 11:18.66	43.93
	200m: 2:55.82	45.45	400m: 6:00.56	45.83	600m: 9:04.09	45.59	800m: 11:59.49	40.83
5.	Christel Aerts	TesSwim	12:23.74	20061/66	12:08.40	+1,14		
	50m: 40.60	40.60	250m: 3:43.19	46.16	450m: 6:49.52	46.63	650m: 9:54.47	46.25
	100m: 1:25.06	44.46	300m: 4:29.98	46.79	500m: 7:35.64	46.12	700m: 10:40.59	46.12
	150m: 2:10.91	45.85	350m: 5:16.44	46.46	550m: 8:21.71	46.07	750m: 11:25.86	45.27
	200m: 2:57.03	46.12	400m: 6:02.89	46.45	600m: 9:08.22	46.51	800m: 12:08.40	42.54
6.	Kathleen Anne Raymond	Croydon Amphibians	12:51.23	547999	12:52.24	+0,82		
	50m: 41.62	41.62	250m: 3:55.45	48.42	450m: 7:11.40	49.03	650m: 10:27.89	49.02
	100m: 1:29.30	47.68	300m: 4:44.59	49.14	500m: 8:00.65	49.25	700m: 11:17.22	49.33
	150m: 2:17.75	48.45	350m: 5:33.39	48.80	550m: 8:49.46	48.81	750m: 12:05.83	48.61
	200m: 3:07.03	49.28	400m: 6:22.37	48.98	600m: 9:38.87	49.41	800m: 12:52.24	46.41
7.	Nicky Slinger	HPC	12:41.37	196600316	13:04.16	+0,91		
	50m: 41.71	41.71	250m: 3:53.48	49.67	450m: 7:13.06	50.28	650m: 10:35.18	51.19
	100m: 1:27.61	45.90	300m: 4:43.06	49.58	500m: 8:02.74	49.68	700m: 11:25.82	50.64
	150m: 2:15.57	47.96	350m: 5:33.04	49.98	550m: 8:53.84	51.10	750m: 12:16.00	50.18
	200m: 3:03.81	48.24	400m: 6:22.78	49.74	600m: 9:43.99	50.15	800m: 13:04.16	48.16
8.	Alice de Haan	WIDEX GZC DONK	14:11.76	196400590	15:16.72	+0,96		
	50m: 48.09	48.09	250m: 4:32.20	57.89	450m: 8:29.53	59.72	650m: 12:25.62	59.90
	100m: 1:41.48	53.39	300m: 5:31.45	59.25	500m: 9:28.00	58.47	700m: 13:23.84	58.22
	150m: 2:37.66	56.18	350m: 6:30.59	59.14	550m: 10:27.09	59.09	750m: 14:22.23	58.39
	200m: 3:34.31	56.65	400m: 7:29.81	59.22	600m: 11:25.72	58.63	800m: 15:16.72	54.49
AFGEM	Frances van der Moolen	De Waalstroom	13:51.44	196400454				
AFGEM	K. van Nassau van den Heuvel	Old Dutch	12:20.29	196600188				

Masters 55+

1.	Patty Verhagen	PSV	11:17.49	195900146	11:29.76	+0,83
	50m: 39.21	250m: 3:30.28	43.34	450m: 6:25.28	650m: 9:20.26	43.79
	100m: 1:21.05	300m: 4:13.94	43.66	500m: 7:09.06	700m: 10:03.92	43.66
	150m: 2:03.81	350m: 4:57.55	43.61	550m: 7:52.82	750m: 10:47.78	43.86
	200m: 2:46.94	400m: 5:41.52	43.97	600m: 8:36.47	800m: 11:29.76	41.98
2.	Petra Tossings	DAW	12:17.48	196100376	12:08.18	+0,95
	50m: 40.80	250m: 3:43.77	45.96	450m: 6:48.15	650m: 9:54.08	46.34
	100m: 1:26.10	300m: 4:30.01	46.24	500m: 7:34.49	700m: 10:40.70	46.62
	150m: 2:11.76	350m: 5:16.08	46.07	550m: 8:20.72	750m: 11:26.38	45.68
	200m: 2:57.81	400m: 6:02.63	46.55	600m: 9:07.74	800m: 12:08.18	41.80

Programmanr. 17, Dames, 800m vrije slag, Masters 55+

rang	naam	vereniging				inschrijftijd				tijd				RT	
3.	Carla Devriese	ROSC				11:58.77				315/61				12:11.77	+0,91
	50m:	40.15	40.15	250m:	3:42.72	46.02	450m:	6:47.77	45.89	650m:	9:53.66	45.91			
	100m:	1:25.33	45.18	300m:	4:29.21	46.49	500m:	7:34.46	46.69	700m:	10:40.87	47.21			
	150m:	2:10.31	44.98	350m:	5:15.02	45.81	550m:	8:20.73	46.27	750m:	11:26.52	45.65			
	200m:	2:56.70	46.39	400m:	6:01.88	46.86	600m:	9:07.75	47.02	800m:	12:11.77	45.25			
4.	Marjan Spoelstra	Swol 1894				13:33.53				196000236				13:47.26	+0,82
	50m:	47.68	47.68	250m:	4:17.12	52.86	450m:	7:47.83	52.84	650m:	11:16.20	51.89			
	100m:	1:39.07	51.39	300m:	5:09.36	52.24	500m:	8:39.45	51.62	700m:	12:07.86	51.66			
	150m:	2:32.26	53.19	350m:	6:02.95	53.59	550m:	9:32.28	52.83	750m:	12:59.29	51.43			
	200m:	3:24.26	52.00	400m:	6:54.99	52.04	600m:	10:24.31	52.03	800m:	13:47.26	47.97			
5.	Pia van der Molen	HZ&PC Heerenveen				14:09.47				196000116				14:10.72	+0,95
	50m:	44.27	44.27	250m:	4:13.07	54.24	450m:	7:52.55	55.72	650m:	11:32.07	54.95			
	100m:	1:33.42	49.15	300m:	5:07.21	54.14	500m:	8:47.38	54.83	700m:	12:25.68	53.61			
	150m:	2:25.56	52.14	350m:	6:02.59	55.38	550m:	9:42.68	55.30	750m:	13:19.66	53.98			
	200m:	3:18.83	53.27	400m:	6:56.83	54.24	600m:	10:37.12	54.44	800m:	14:10.72	51.06			

Masters 60+

1.	Ineke Weekers		PSV			11:56.50		195300050		12:05.26		+0,91	
	50m:	41.67	41.67	250m:	3:43.21	45.51	450m:	6:45.85	45.74	650m:	9:49.59		45.99
	100m:	1:26.64	44.97	300m:	4:28.95	45.74	500m:	7:31.97	46.12	700m:	10:35.46		45.87
	150m:	2:12.13	45.49	350m:	5:14.39	45.44	550m:	8:17.81	45.84	750m:	11:20.85		45.39
	200m:	2:57.70	45.57	400m:	6:00.11	45.72	600m:	9:03.60	45.79	800m:	12:05.26		44.41
2.	Carla Hensen		PSV			14:01.51		195300062		14:12.14		+1,06	
	50m:	46.36	46.36	250m:	4:20.70	53.88	450m:	7:56.59	53.56	650m:	11:33.49		53.52
	100m:	1:38.72	52.36	300m:	5:15.17	54.47	500m:	8:51.21	54.62	700m:	12:27.89		54.40
	150m:	2:32.15	53.43	350m:	6:08.75	53.58	550m:	9:45.23	54.02	750m:	13:21.38		53.49
	200m:	3:26.82	54.67	400m:	7:03.03	54.28	600m:	10:39.97	54.74	800m:	14:12.14		50.76
3.	Ineke Meijer		HZ&PC Heerenveen			14:34.03		195200034		15:35.14		+0,80	
	50m:	48.93	48.93	250m:	4:44.91	58.30	450m:	8:44.57	59.30	650m:	12:42.21		59.15
	100m:	1:46.69	57.76	300m:	5:46.15	1:01.24	500m:	9:44.38	59.81	700m:	13:42.57		1:00.36
	150m:	2:45.79	59.10	350m:	6:44.29	58.14	550m:	10:43.42	59.04	750m:	14:40.21		57.64
	200m:	3:46.61	1:00.82	400m:	7:45.27	1:00.98	600m:	11:43.06	59.64	800m:	15:35.14		54.93
4.	Lies Hartman		PSV			19:24.27		195600116		19:18.63		+1,40	
	50m:	57.54	57.54	250m:	5:41.22	1:13.20	450m:	10:36.86	1:14.12	650m:	15:39.83		1:16.51
	100m:	2:06.18	1:08.64	300m:	6:55.79	1:14.57	500m:	11:53.96	1:17.10	700m:	16:53.96		1:14.13
	150m:	3:15.48	1:09.30	350m:	8:07.91	1:12.12	550m:	13:08.80	1:14.84	750m:	18:05.08		1:11.12
	200m:	4:28.02	1:12.54	400m:	9:22.74	1:14.83	600m:	14:23.32	1:14.52	800m:	19:18.63		1:13.55

Masters 65+

1.	Conny Boer-Buys	ZVVS	12:44.08	195000006	11:59.36	+0,98		
	<i>Europees Masters Record</i>							
	50m: 39.29	39.29	250m: 3:41.41	45.63	450m: 6:46.00	45.36	650m: 9:49.27	45.89
	100m: 1:23.39	44.10	300m: 4:27.91	46.50	500m: 7:31.39	45.39	700m: 10:35.35	46.08
	150m: 2:09.11	45.72	350m: 5:14.44	46.53	550m: 8:17.13	45.74	750m: 11:18.49	43.14
	200m: 2:55.78	46.67	400m: 6:00.64	46.20	600m: 9:03.38	46.25	800m: 11:59.36	40.87
2.	Micheline Falize	HELIOS	13:52.42	004182/51	14:15.96			
	<i>Belgisch Masters Record</i>							
	50m: 49.45	49.45	250m: 4:23.37	54.45	450m: 8:01.01	54.19	650m: 11:37.52	54.30
	100m: 1:41.38	51.93	300m: 5:18.23	54.86	500m: 8:54.93	53.92	700m: 12:30.93	53.41
	150m: 2:35.04	53.66	350m: 6:12.38	54.15	550m: 9:49.64	54.71	750m: 13:24.66	53.73
	200m: 3:28.92	53.88	400m: 7:06.82	54.44	600m: 10:43.22	53.58	800m: 14:15.96	51.30
3.	Gonnie Bak	PSV	15:29.23	195100064	16:11.05	+0,97		
	50m: 54.70	54.70	250m: 4:59.41	1:02.26	450m: 9:10.92	1:02.49	650m: 13:17.18	1:00.70
	100m: 1:53.25	58.55	300m: 6:01.48	1:02.07	500m: 10:12.56	1:01.64	700m: 14:17.40	1:00.22
	150m: 2:55.11	1:01.86	350m: 7:05.21	1:03.73	550m: 11:15.66	1:03.10	750m: 15:17.98	1:00.58
	200m: 3:57.15	1:02.04	400m: 8:08.43	1:03.22	600m: 12:16.48	1:00.82	800m: 16:11.05	53.07

Masters 70+

1.	Annie Smits	PSV			16:15.01	194600016	16:12.16	+1,25				
	50m:	56.04	56.04	250m:	5:06.57	1:02.68	450m:	9:13.15	1:02.13	650m:	13:16.37	1:00.19
	100m:	1:57.67	1:01.63	300m:	6:08.00	1:01.43	500m:	10:13.91	1:00.76	700m:	14:16.95	1:00.58
	150m:	3:01.40	1:03.73	350m:	7:10.35	1:02.35	550m:	11:16.14	1:02.23	750m:	15:17.02	1:00.07
	200m:	4:03.89	1:02.49	400m:	8:11.02	1:00.67	600m:	12:16.18	1:00.04	800m:	16:12.16	55.14

Programmanr. 17, Dames, 800m vrije slag, Masters 70+

rang	naam	vereniging	inschrijftijd	tijd	RT
2.	Matty van der Veen	Old Dutch	16:14.29	194400020	16:39.88 +1,19
	50m: 52.40	52.40	250m: 4:55.49	1:01.13	9:08.38
	100m: 1:51.81	59.41	300m: 5:58.74	1:03.25	10:12.28
	150m: 2:52.44	1:00.63	350m: 7:00.84	1:02.10	11:14.98
	200m: 3:54.36	1:01.92	400m: 8:05.31	1:04.47	12:19.54
			450m: 9:08.38	1:03.07	13:23.08
			500m: 10:12.28	1:03.90	14:29.34
			550m: 11:14.98	1:02.70	15:33.62
			600m: 12:19.54	1:04.56	16:39.88
			650m: 13:23.08	1:03.54	
			700m: 14:29.34	1:06.26	
			750m: 15:33.62	1:04.28	
			800m: 16:39.88	1:06.26	

Programmanr. 18
07-05-2016 - 11:02

Heren, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
Masters 20+					
1.	Emiel van Beusekom	Van Vliet-Barracuda	5:06.14	199403951	5:03.58 +0,76
	50m: 30.25	30.25	150m: 1:46.59	39.96	250m: 3:09.84
	100m: 1:06.63	36.38	200m: 2:25.44	38.85	300m: 3:55.61
					350m: 4:30.22
					400m: 5:03.58
2.	Nordin Termoshuizen	WVZ	5:09.63	199605401	5:06.90 +0,79
	50m: 31.15	31.15	150m: 1:47.31	39.81	250m: 3:12.37
	100m: 1:07.50	36.35	200m: 2:26.12	38.81	300m: 3:59.88
					350m: 4:33.55
					400m: 5:06.90
3.	Vincent Dermaux	ZC Aquadream	5:09.77	199600599	5:07.07 +0,76
	50m: 30.89	30.89	150m: 1:48.19	39.12	250m: 3:10.94
	100m: 1:09.07	38.18	200m: 2:25.96	37.77	300m: 3:57.07
					350m: 4:33.05
					400m: 5:07.07
4.	Coen de Bruijn	Hieronymus	4:45.43	199205151	5:07.81 +0,72
	50m: 31.53	31.53	150m: 1:49.79	40.69	250m: 3:11.30
	100m: 1:09.10	37.57	200m: 2:30.19	40.40	300m: 3:55.04
					350m: 4:31.46
					400m: 5:07.81
5.	Jordy Jongenelen	ZC Aquadream	5:17.18	199504995	5:28.53 +0,64
	50m: 32.45	32.45	150m: 1:54.40	43.85	250m: 3:24.77
	100m: 1:10.55	38.10	200m: 2:37.78	43.38	300m: 4:12.87
					350m: 4:52.00
					400m: 5:28.53
6.	Nick van der Krogt	LZ 1886	5:15.76	199501313	5:32.44 +0,76
	50m: 32.15	32.15	150m: 1:56.33	45.43	250m: 3:27.62
	100m: 1:10.90	38.75	200m: 2:40.60	44.27	300m: 4:16.20
					350m: 4:55.36
					400m: 5:32.44

Masters 25+

1.	Tim Bunnik	Triton	5:16.95	199000505	5:15.59 +0,80
	50m: 33.08	33.08	150m: 1:52.68	40.81	250m: 3:18.68
	100m: 1:11.87	38.79	200m: 2:32.78	40.10	300m: 4:04.57
					350m: 4:39.68
					400m: 5:15.59
2.	Maik Steenkamp	Montferland	5:03.15	199103847	5:26.50 +0,81
	50m: 32.76	32.76	150m: 1:57.10	45.51	250m: 3:25.54
	100m: 1:11.59	38.83	200m: 2:41.53	44.43	300m: 4:10.30
					350m: 4:48.96
					400m: 5:26.50

Masters 30+

1.	Thommy Nickel	Van Vliet-Barracuda	5:14.08	198401627	5:22.30 +0,80
	50m: 34.01	34.01	150m: 1:54.53	40.23	250m: 3:21.08
	100m: 1:14.30	40.29	200m: 2:34.10	39.57	300m: 4:08.95
					350m: 4:45.66
					400m: 5:22.30
2.	Frank van der Voordt	MGO (SG)	5:18.01	198302259	5:32.52 +0,73
	50m: 32.92	32.92	150m: 1:56.43	43.42	250m: 3:28.10
	100m: 1:13.01	40.09	200m: 2:39.14	42.71	300m: 4:17.33
					350m: 4:56.24
					400m: 5:32.52
3.	Rob van Wanrooy	Gay Swim Amsterdam	5:52.20	198202627	6:17.33 +0,92
	50m: 41.29	41.29	150m: 2:20.47	47.96	250m: 4:00.84
	100m: 1:32.51	51.22	200m: 3:08.23	47.76	300m: 4:55.24
					350m: 5:37.27
					400m: 6:17.33

Masters 35+

1.	Dennis Brouwers	HZPC	5:06.39	197800167	5:18.71 +0,87
	50m: 34.86	34.86	150m: 1:55.11	38.06	250m: 3:19.15
	100m: 1:17.05	42.19	200m: 2:32.34	37.23	300m: 4:06.20
					350m: 4:42.40
					400m: 5:18.71
2.	Vincent Versteeg	Zwemlust-den Hommel	5:13.04	197701003	5:24.04 +0,77
	50m: 33.11	33.11	150m: 1:56.17	41.96	250m: 3:23.29
	100m: 1:14.21	41.10	200m: 2:38.17	42.00	300m: 4:09.97
					350m: 4:47.11
					400m: 5:24.04
3.	Freddie Geerlings	NIMO	5:31.54	197900379	5:36.53 +0,83
	50m: 35.91	35.91	150m: 2:04.34	44.18	250m: 3:34.19
	100m: 1:20.16	44.25	200m: 2:48.91	44.57	300m: 4:20.86
					350m: 4:59.03
					400m: 5:36.53

Programmanr. 18, Heren, 400m wisselslag, Masters 35+

rang	naam	vereniging	inschrijftijd	tijd	RT
4.	Harm Jan Otter	De Zandstuve	5:37.70	198101283	5:56.13 +0,86
	50m: 35.16	150m: 2:08.58	250m: 3:44.95	350m: 5:14.88	40.97
	100m: 1:19.24	200m: 2:57.96	300m: 4:33.91	400m: 5:56.13	41.25

Masters 40+

1.	Jeroen Van Den Bosch	RSCM	4:59.06	10074/75	5:00.31 +0,87
	<i>Kampioenschaps Record, Belgisch Masters Record</i>				
	50m: 31.33	150m: 1:49.10	250m: 3:12.53	350m: 4:29.56	33.03
	100m: 1:07.41	200m: 2:28.63	300m: 3:56.53	400m: 5:00.31	30.75
2.	Egbert Stolk	d'ELFT WAVE (SG)	5:02.59	197600889	5:00.37 +0,77
	50m: 31.62	150m: 1:48.96	250m: 3:11.53	350m: 4:28.51	33.89
	100m: 1:08.15	200m: 2:28.94	300m: 3:54.62	400m: 5:00.37	31.86
3.	Alex Damen	DAW	5:24.68	197501371	5:45.67 +0,88
	50m: 33.28	150m: 2:01.39	250m: 3:36.98	350m: 5:06.90	38.59
	100m: 1:15.43	200m: 2:46.70	300m: 4:28.31	400m: 5:45.67	38.77
4.	Erwin Zuidervelt	De Futen	5:41.99	197501015	6:04.72 +0,82
	50m: 36.35	150m: 2:10.94	250m: 3:51.06	350m: 5:25.61	40.96
	100m: 1:22.27	200m: 2:58.06	300m: 4:44.65	400m: 6:04.72	39.11
5.	Kasper van den Berghe	Swol 1894	6:13.43	197301125	6:12.22 +0,78
	50m: 38.99	150m: 2:12.55	250m: 3:54.18	350m: 5:31.33	42.78
	100m: 1:24.68	200m: 2:58.51	300m: 4:48.55	400m: 6:12.22	40.89
6.	Gerard Eghuizen	HZ&PC Heerenveen	5:56.03	197400197	6:26.37 +0,88
	50m: 36.49	150m: 2:15.78	250m: 4:00.96	350m: 5:42.44	43.96
	100m: 1:27.72	200m: 3:04.10	300m: 4:58.48	400m: 6:26.37	43.93

Masters 45+

1.	Antwan van Engen	De Ward	5:24.15	197101577	5:33.69 +0,88
	50m: 33.21	150m: 1:57.58	250m: 3:29.88	350m: 4:58.39	38.40
	100m: 1:12.58	200m: 2:41.19	300m: 4:19.99	400m: 5:33.69	35.30
2.	Stefan Holmstrom	DAW	6:04.10	196701671	5:55.81 +0,79
	50m: 35.43	150m: 2:07.65	250m: 3:43.68	350m: 5:16.46	40.76
	100m: 1:20.54	200m: 2:53.62	300m: 4:35.70	400m: 5:55.81	39.35
3.	Jacques Verriet	VZV Njord	6:39.67	197001039	6:25.43 +0,85
	50m: 39.38	150m: 2:19.87	250m: 3:59.56	350m: 5:37.85	46.63
	100m: 1:28.44	200m: 3:09.33	300m: 4:51.22	400m: 6:25.43	47.58
4.	Marcel Brittijn	De Duinkickers	6:29.56	196900159	6:39.74 +0,69
	50m: 39.67	150m: 2:28.01	250m: 4:16.01	350m: 5:57.60	43.78
	100m: 1:36.21	200m: 3:19.50	300m: 5:13.82	400m: 6:39.74	42.14

Masters 50+

1.	Arnold de Rover	De Futen	5:33.71	196400645	5:50.26 +0,81
	50m: 35.94	150m: 2:06.14	250m: 3:41.61	350m: 5:12.80	39.89
	100m: 1:20.35	200m: 2:50.71	300m: 4:32.91	400m: 5:50.26	37.46
2.	Otto Jansen	LZ 1886	6:10.91	196501403	6:08.71 +0,91
	50m: 36.89	150m: 2:12.40	250m: 3:53.09	350m: 5:29.53	42.14
	100m: 1:25.62	200m: 2:58.95	300m: 4:47.39	400m: 6:08.71	39.18
3.	Paul van der Voort	De Zwoer	6:26.75	196200715	6:30.69 +1,02
	50m: 39.17	150m: 2:17.87	250m: 4:07.80	350m: 5:50.56	42.51
	100m: 1:29.10	200m: 3:08.12	300m: 5:08.05	400m: 6:30.69	40.13
4.	Fred Dijkshoorn	Zwemvereniging Westland	6:29.74	196501539	6:39.16 +0,78
	50m: 36.71	150m: 2:19.11	250m: 4:12.42	350m: 5:55.52	43.36
	100m: 1:25.14	200m: 3:13.19	300m: 5:12.16	400m: 6:39.16	43.64

AFGEM	Wolfgang Vintan	Upstream Amsterdam	6:33.67	196401331	
-------	-----------------	--------------------	---------	-----------	--

Programmanr. 18, Heren, 400m wisselslag

Masters 55+

1.	Hugo Bregman	Albion			5:22.27	195800069		5:28.75			+0,77			
		50m:	32.38	32.38	150m:	1:52.95	42.80	250m:	3:25.92	50.46		350m:	4:53.90	38.96
		100m:	1:10.15	37.77	200m:	2:35.46	42.51	300m:	4:14.94	49.02		400m:	5:28.75	34.85
2.	Ronald Grove	Oceanus			6:00.75	196100161		5:56.99			+0,78			
		50m:	35.57	35.57	150m:	2:10.40	50.44	250m:	3:48.74	49.30		350m:	5:17.64	39.02
		100m:	1:19.96	44.39	200m:	2:59.44	49.04	300m:	4:38.62	49.88		400m:	5:56.99	39.35
3.	Peter Molecz	SC Diana			6:09.78	19219		6:17.27			+0,97			
		50m:	39.18	39.18	150m:	2:15.14	50.70	250m:	3:59.16	54.28		350m:	5:36.08	42.17
		100m:	1:24.44	45.26	200m:	3:04.88	49.74	300m:	4:53.91	54.75		400m:	6:17.27	41.19
4.	Jan Willem Heuten	WS Twente			7:03.83	196000883		7:10.22			+0,97			
		50m:	42.97	42.97	150m:	2:38.99	59.60	250m:	4:40.32	1:00.67		350m:	6:25.61	46.20
		100m:	1:39.39	56.42	200m:	3:39.65	1:00.66	300m:	5:39.41	59.09		400m:	7:10.22	44.61

Masters 60+

1.	Simon Veale		Totnes Swimming Club			5:28.29	1008			5:50.36		+0,70
	Kampioenschaps Record, Britisch Masters Record											
	50m:	34.13	34.13	150m:	2:02.24	47.30	250m:	3:40.66	51.87	350m:	5:13.10	39.91
	100m:	1:14.94	40.81	200m:	2:48.79	46.55	300m:	4:33.19	52.53	400m:	5:50.36	37.26
2.	Peter Kauch		SV Gladbeck 13			5:52.76	73094			5:51.98		+0,91
	German Masters Record											
	50m:	36.41	36.41	150m:	2:08.57	49.46	250m:	3:45.37	47.71	350m:	5:13.44	39.43
	100m:	1:19.11	42.70	200m:	2:57.66	49.09	300m:	4:34.01	48.64	400m:	5:51.98	38.54
3.	Paul Bunnik		Triton			6:31.42	195600413			6:24.41		+0,95
	50m:	38.67	38.67	150m:	2:19.99	52.79	250m:	4:05.78	55.23	350m:	5:42.45	41.27
	100m:	1:27.20	48.53	200m:	3:10.55	50.56	300m:	5:01.18	55.40	400m:	6:24.41	41.96

Masters 65+

1.	Piet Schop	De Bevelanders	7:23.40	195000109	7:15.71	+0,70		
	50m: 39.30	39.30	150m: 2:28.57	57.40	250m: 4:26.12	59.76	350m: 6:22.05	53.46
	100m: 1:31.17	51.87	200m: 3:26.36	57.79	300m: 5:28.59	1:02.47	400m: 7:15.71	53.66
DIS	Zsolt Peredy	Budapesti Delfinek	7:00.32	2/230				
	VG - Bij de laatste armslag voor keer- en/of eindpunt de armen niet over het water naar voren gebracht.							

Masters 70+

1.	Rob Hanou	PSV	7:23.74	194300109	7:20.46	+1,07		
	50m: 49.19	49.19	150m: 2:49.31	1:00.03	250m: 4:48.16	57.94	350m: 6:34.15	46.07
	100m: 1:49.28	1:00.09	200m: 3:50.22	1:00.91	300m: 5:48.08	59.92	400m: 7:20.46	46.31
AFGEM	Vadym Kutsenko	Dynamo	6:49.52					

Masters 75+

1.	Manfred Bottin	SV Langenfeld 1912	9:22.00	57993	10:17.11	+1,11		
	50m: 1:09.06	1:09.06	150m: 3:59.31	1:29.53	250m: 6:50.54	1:30.14	350m: 9:18.19	1:02.95
	100m: 2:29.78	1:20.72	200m: 5:20.40	1:21.09	300m: 8:15.24	1:24.70	400m: 10:17.11	58.92

Programmanr. 19
07-05-2016 - 11:36

4 x 100m vrije slag

Masters Open
Resultaten

rang		vereniging			inschrijftijd		tijd		RT
80+, Dames									
1.	TriVia 1	TriVia			4:17.27		4:20.80		+0,82
	Heleen Arends	+0,82	31.50	1:05.30	Anita Scheper	+0,44	32.39	1:08.44	
	Cynthia van Beusekom	+0,42	30.68	1:04.06	Wendana Poelstra	+0,55	29.99	1:03.00	
2.	LZ 1886 1	LZ 1886			4:25.78		4:33.73		+0,74
	Moniek Heemskerk	+0,74	32.52	1:07.12	Tamara Caspers	+0,49	33.05	1:09.42	
	Rosanne de Boer	+0,48	32.51	1:09.47	Debby Bavelaar	+0,23	31.73	1:07.72	
80+, Heren									
1.	Octopus 1	Octopus			3:54.34		3:54.55		+0,74
	Erik Pape	+0,74	27.37	57.40	Jeffry van Zetten	+0,28	26.80	57.86	
	Roald Blok	+0,48	28.49	59.02	Sjors Boverhoff	+0,51	28.45	1:00.27	
2.	De Amstel 1	De Amstel			3:51.19		3:58.76		+0,72
	Nick Sijmons	+0,72	27.58	58.35	Bart van der Zwaan	+0,60	28.59	59.79	
	Nick Drenth	+0,39	28.57	1:01.52	Jeffrey van 't Schip	+0,48	27.53	59.10	
3.	ESCA Zwemmen 1	ESCA Zwemmen			3:58.80		3:59.16		+0,78
	Mike Schel	+0,78	28.91	59.18	Tim de Vrugt	+0,34	27.97	59.51	
	Sander de Vrugt	+0,39	27.66	58.48	Bram Meijlis	+0,49	28.29	1:01.99	
80+, Gemengd									
1.	De Zwoer 1	De Zwoer			3:59.45		4:02.78		+0,77
	Pieter Ytsma	+0,77	27.88	58.45	Sigrid Dogger	+0,31	29.90	1:03.47	
	Suzanne Lange	+0,29	29.47	1:03.21	Auke Koops	+0,19	26.34	57.65	
2.	Nova 1	Nova			4:14.49		4:07.56		+0,77
	Jesper Honken	+0,77	29.30	1:02.02	Karin Groen	+0,45	29.46	1:02.24	
	Janine de Groot	+0,55	31.36	1:05.64	Stefan Kwant	+0,30	27.11	57.66	
3.	ZPC Woerden 2	ZPC Woerden			4:42.35		5:03.51		+0,76
	Danielle Dekker	+0,76	36.31	1:18.61	Rens Klok	+0,49	37.07	1:17.85	
	Cynthia van Veen	+0,48	37.18	1:22.91	Patrick de Jonge	+0,25	29.14	1:04.14	
100+, Dames									
AFGEM	Aquarijn 1	Aquarijn			4:05.52				
100+, Gemengd									
1.	ZOB'66 1	ZOB'66			4:14.53		4:29.40		+0,81
	Rebecca Evers	+0,81	33.64	1:11.63	Wendy de Bruin	+0,58	31.52	1:04.80	
	Ferry Blangé	+0,18	28.74	1:01.43	Ian van Mullem	+0,56	33.07	1:11.54	
120+, Dames									
1.	ZPC Woerden 1	ZPC Woerden			4:11.02		4:21.08		+0,78
	Nederlands Masters Record								
	Ilse van den Wijngaard	+0,78	31.33	1:06.80	Sabine Lina	+0,44	30.62	1:05.50	
	Marjan Remmits	+0,22	31.92	1:07.55	Jamilla van Veen	+0,38	28.93	1:01.23	
2.	ZPC AMERSFOORT 2	ZPC AMERSFOORT			4:43.14		4:33.06		+0,97
	Henriëtte v. Norden	+0,97	33.17	1:10.81	Petra Casteleijn	+0,43	33.33	1:11.41	
	Marje van Manen	+0,41	31.31	1:05.54	Iris Pijtak	+0,24	30.28	1:05.30	
3.	WS Twente 2	WS Twente			4:38.40		4:42.28		+0,72
	Annelette Reefhuis-de Vries	+0,72	31.68	1:08.47	Marion Broekhuis	+0,30	35.48	1:15.61	
	Henrike de Vries	+0,46	33.47	1:09.89	Jorien Doets	+0,46	32.32	1:08.31	
4.	WVZ 3	WVZ			4:41.14		4:48.83		+0,94
	Fleur Maas	+0,94	34.33	1:15.05	Linda Hoogendam	+0,59	34.08	1:12.71	
	Chita van der Goorbergh	+0,59	33.73	1:11.75	Yvonne Gerritsen	+0,50	31.97	1:09.32	
5.	De Meer 1	De Meer			4:45.42		4:54.12		+0,74
	Chantal van der Horst	+0,74	32.44	1:07.30	Lindsey Hol	+0,70	33.91	1:11.83	
	Cindy de Vries	+0,67	37.67	1:22.74	Nadège van Meeteren	+0,81	34.88	1:12.25	

Programmanr. 19, Dames, 4 x 100m vrije slag, 120+

rang	vereniging	inschrijftijd	tijd	RT
6.	PSV 6	4:58.94	4:55.55	+0,73
	Anouk Kuijlaars	+0,73 34.60 1:11.64	+0,32 32.61 1:09.72	
	Tineke Roelofs	+0,35 37.18 1:18.77	+0,51 35.07 1:15.42	
7.	Swol 1894 3	5:16.97	5:14.03	+0,76
	Thaisa Fiering	+0,76 32.37 1:06.88	+0,25 40.52 1:27.45	
	Marjan Spoelstra	+0,68 43.07 1:32.39	+0,15 31.92 1:07.31	

120+, Heren

1.	WVZ 2	3:59.17	4:09.81	+0,80
	Markus van Rest	+0,80 30.03 1:03.88	+0,52 28.97 1:02.87	
	Simon van Ravesteijn	+0,58 29.74 1:03.18	+0,57 28.65 59.88	

120+, Gemengd

1.	De IJssel 1	4:17.50	4:17.82	+0,78
	Martje Godschalk	+0,78 32.22 1:07.90	+0,52 30.47 1:04.09	
	Nikki Hoozeboom	+0,43 31.57 1:07.06	+0,53 26.91 58.77	
2.	De Lansingh 1	4:38.43	4:33.39	+0,72
	Aniek Huijsman	+0,72 31.34 1:05.45	+0,14 36.05 1:16.67	
	Remco Plass	+0,37 31.89 1:06.55	+0,34 30.69 1:04.72	
3.	WVZ 1	4:41.21	4:34.46	+0,74
	Della Badoux	+0,74 31.29 1:04.92	+0,44 29.54 1:02.35	
	Petra Versteegen	+0,78 34.78 1:15.76	+0,55 35.10 1:11.43	
4.	Aqua-Novio'94 1	4:27.64	4:40.72	+1,01
	Petra Gijlt	+1,01 33.83 1:11.43	+0,32 34.73 1:14.42	
	Pieter-Sjoerd de Wijn	+0,09 31.65 1:08.70	+0,42 31.15 1:06.17	

AFGEM Zwemlust-den Hommel 1 Zwemlust-den Hommel 4:18.78

160+, Dames

1.	Old Dutch 1	5:20.55	5:14.57	+0,89
	Chantal Verhoeff	+0,89 32.21 1:09.23	+0,44 39.17 1:22.02	
	Karin van Nassau van den Heuvel	+0,42 40.60 1:26.75	+0,71 36.54 1:16.57	
2.	Erster Offenbacher SC 1	5:30.00	5:31.98	+0,95
	Livia Dragic	+0,95 39.17 1:21.77	+0,63 48.65 1:47.40	
	Micaela von Richthofen	+0,62 37.85 1:18.64	+0,37 30.74 1:04.17	

160+, Heren

1.	De Futen 1	3:59.76	3:53.39	+0,70
	<i>Nederlands Masters Record</i>			
	Lorenzo Cavallini	+0,70 27.07 55.93	+0,49 27.39 57.86	
	Arnold de Rover	+0,40 28.82 1:00.68	+0,40 27.25 58.92	
2.	WS Twente 1	4:08.97	4:04.28	+0,97
	Hans Westerhof	+0,97 30.79 1:03.41	+0,56 29.27 1:01.94	
	Marcel Reefhuis	+0,45 28.69 1:01.10	+0,36 27.08 57.83	
3.	DAW 2	4:15.45	4:19.31	+0,78
	Wouter Zijlstra	+0,78 29.85 1:03.70	+0,66 29.81 1:03.20	
	Hans Schoenmakers	+0,50 33.54 1:11.03	+0,45 29.29 1:01.38	
4.	PSV 4	4:19.06	4:20.29	+0,84
	Stefan Oosting	+0,84 26.94 57.13	+0,59 35.51 1:12.89	
	Mark Godwaldt	+0,55 29.69 1:03.95	+0,41 31.85 1:06.32	
5.	Het Y 1	4:13.85	4:20.30	+0,84
	Manuel Arostegui Ramirez	+0,84 29.97 1:02.14	+0,58 33.72 1:11.54	
	Bas Overbosch	+0,39 30.39 1:05.69	+0,37 29.18 1:00.93	
6.	De Rog 1	4:47.32	4:37.46	+1,00
	Mark Kuin	+1,00 32.53 1:09.11	+0,20 33.98 1:11.82	
	Wijnand Vergeest	+0,38 34.06 1:11.17	+0,59 31.23 1:05.36	

DIS Swol 1894 1 Swol 1894 4:35.06
AA - Gestart voor het startsignaal (en wel gezwommen).

Johan Wezenberg, Willem Jannink, Kasper van den Berghe, Arjan Aalbers

Programmanr. 19, Heren, 4 x 100m vrije slag, 160+

rang	vereniging	inschrijftijd	tijd	RT
NG	d'ELFT WAVE (SG) 1	d'ELFT WAVE (SG)	3:58.52	

160+, Gemengd

1.	Steenwijk 1934 1	Steenwijk 1934	4:31.39	4:38.38	+0,74
	Casper Dollekamp	+0,74 33.75 1:12.07	Lauren Vis	+0,37 27.02 56.51	
	Charine de Ruiter	+0,80 34.69 1:13.39	Wilma Heijman	+0,50 36.35 1:16.41	
2.	WIDEX GZC DONK 1	WIDEX GZC DONK	5:32.27	5:26.75	+0,89
	Erik Rushton	+0,89 35.94 1:14.85	Xandra Otter	+0,99 41.78 1:27.24	
	Alice de Haan	+0,73 41.92 1:29.69	Pierre de Groot	+0,67 35.54 1:14.97	
DIS	RZ 1	RZ	4:34.46		
	AA - Gestart voor het startsignaal (en wel gezwommen).				
	Wendy Knoops, Suzan van den Bogaard, Bert Schlicher, Kelvin Isselt				

200+, Dames

1.	CNSW 2	CNSW	4:42.00	4:43.34	+0,81
	Kampioenschaps Record, Belgisch Masters Record				
	Colette Crabbe	+0,81 33.03 1:09.82	Arlene Delmage	+0,22 32.56 1:07.65	
	Nathalie Blondeel	+0,17 30.24 1:03.45	Claire Anthony	+0,38 39.69 1:22.42	
2.	PSV 5	PSV	4:48.76	4:54.66	+0,88
	Liselotte Joling	+0,88 32.45 1:07.77	Katrin Pennings	+0,55 33.41 1:10.64	
	Nicole Vrijhoeven	+0,40 37.02 1:17.15	Ineke Weekers	+0,44 38.37 1:19.10	

200+, Gemengd

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	4:19.85	4:21.87	+0,77
	Nederlands Masters Record, Startzwemmer EMR 100m				
	Atie Pijtak-Radersma	+0,77 32.96 1:08.60	Lidia v. Bon-Rosenbrand	+0,31 31.52 1:07.70	
	Ron Korzelijs	+0,60 30.55 1:04.52	Edwin v. Norden	+0,20 29.16 1:01.05	
2.	ZVVS 1	ZVVS	4:58.89	4:56.58	+0,81
	Ada de Voogd	+0,81 36.37 1:17.87	Helena Mels	+0,52 35.24 1:15.09	
	Willem Putter	+0,60 36.27 1:17.10	Freddy v.d. Veen	+0,38 30.46 1:06.52	

240+, Dames

1.	Swol 1894 2	Swol 1894	5:29.63	5:23.53	+0,73
	Nederlands Masters Record				
	Annemarie Vuist	+0,73 38.57 1:20.37	Mathilde Vink	39.02 1:23.71	
	Bea Swijnenberg	40.59 1:25.07	Christien Nieuwenhuis	+0,22 34.29 1:14.38	
2.	PSV 8	PSV	6:48.46	8:10.31	+1,01
	Liesbeth ter Laak	+1,01 1:14.21 2:40.71	Carla Hensen	+0,67 45.12 1:36.50	
	Lies Hartman	+0,66 56.97 2:11.32	Gonnie Bak	+0,70 46.60 1:41.78	

240+, Heren

1.	WWV 1	WWV	4:34.94	4:41.78	+0,86
	Nederlands Masters Record				
	Kees-Jan van Overbeeke	+0,86 30.84 1:05.27	Theo Schouten	+0,33 37.36 1:20.70	
	Ruud Ruiter	+0,37 35.39 1:11.34	Robert Vink	+0,31 30.61 1:04.47	
2.	UZSC 1	UZSC	5:34.22	5:04.09	+0,85
	Tom Meijnen	+0,85 40.52 1:25.55	Wim Scherpenisse	+0,85 36.68 1:16.40	
	Henk Kuipers	+0,49 34.00 1:10.32	Nartano Glijen	+0,60 33.50 1:11.82	
3.	PSV 7	PSV	5:20.28	5:39.23	+0,94
	Cor Sprengers	+0,94 51.68 1:58.92	Rob Hemesath	+0,50 35.23 1:14.80	
	Ron Phaff	+0,79 34.51 1:13.28	Michiel Klaren	+0,47 34.48 1:12.23	

Programmanr. 19, 4 x 100m vrije slag

240+, Gemengd

1.	PSV 3 <i>Nederlands Masters Record</i>	PSV		4:42.35			4:45.55	+0,82
	Fred Ketting	+0,82	29.48	1:01.74	Corrie Verhoeven	+0,49	37.34	1:20.95
	Patty Verhagen	+0,15	37.57	1:16.72	Joop Ariaens	+0,57	31.52	1:06.14
2.	CNSW 1 <i>Belgisch Masters Record</i>	CNSW		6:15.83			5:21.20	+0,87
	Jean-Marie Cadiat	+0,87	31.64	1:06.97	Anne De Sauvage	+0,50	37.04	49.78
	Philippe Godbille	+0,56	33.05	1:11.40	Fernande Gourmet-Blondeel		1:16.69	2:13.05
3.	WS Twente 3	WS Twente		5:27.60			5:30.28	+0,83
	Ronald Richardson	+0,83	30.52	1:06.21	Antoinette Gilding-Tussaud	+0,54	49.23	1:46.84
	Frans van Enst	+0,57	35.74	1:20.83	Jeannette Ruesink	+0,36	36.47	1:16.40
4.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		5:26.98			5:35.19	+0,83
	Marten de Groot	+0,83	29.36	1:01.12	Ineke Meijer	+0,42	47.53	1:40.20
	Jan van der Heide	+0,37	43.42	1:32.18	Pia van der Molen	+0,44	38.03	1:21.69
5.	Old Dutch 2	Old Dutch		6:46.71			6:45.47	+0,96
	Marcel Creemers	+0,96	38.22	1:22.97	Mar van Geel		49.25	1:44.83
	Marie Smits	+0,56	51.82	1:46.77	Karien Musters	+0,66	52.36	1:50.90

280+, Heren

1.	PSV 2	PSV		6:37.85			6:34.67	+0,85
	<i>Nederlands Masters Record</i>							
	Frans Suijkerbuijk	+0,85	55.96	1:58.32	Rob Hanou	+0,91	40.11	1:26.78
	Brend Brevé	+0.42	32.43	1:07.80	Bob Berg		54.86	2:01.77

320+, Dames

1.	PSV 1	PSV		8:35.04			8:50.07	+1,09
	<i>Europees Masters Record, Startzwemmer 100m NMR ,100m*</i>							
	Marianne Maandonks	+1,09	1:16.72	3:14.41	Alice Lindhout		56.83	2:05.97
	Lottie Geurts		51.49	1:46.46	Annie Smits	+0,93	49.85	1:43.23

5 - ONMK 2016 lb sessie 5

07-05-2016 - 13:30

Programmanr. 21
07-05-2016 - 13:30

Dames, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
Masters 20+					
1.	Karin Groen	Nova	35.92	199502440	36.04 +0,69
2.	Carmen Seesing	NDD	35.17	199406220	36.23 +0,70
3.	Chantal van der Horst	De Meer	36.65	199400616	36.89 +0,74
4.	Suzanne Lange	De Zwoer	37.76	199202998	37.84 +0,76
5.	Martina Eva Becker	Erster Offenbacher SC	38.46	160468	38.36 +0,73
6.	Debby Bavelaar	LZ 1886	36.13	199502648	38.85 +0,78
7.	Nicky Deijl	ZOB'66	36.58	199601360	39.25 +0,77
8.	Sharon Julius	Octopus	37.79	199602664	39.65 +0,78
9.	Rebecca Evers	ZOB'66	40.70	199207916	41.02 +0,79
10.	Laura de Haas	De Treffers	41.21	199603392	43.37 +0,67
11.	Tessa Benjamins	Aqualero	43.48	199500636	43.86 +0,82
12.	Leona Boomsma	Orca	43.63	199603630	43.96 +0,78
13.	Lieke Janssen	NIMO	46.33	199305954	44.16 +0,66
14.	Daphne Meijer	Montferland	43.76	199303850	44.62 +0,92
15.	Simone van Iersel	TRB-RES	42.89	199207954	45.68 +0,94
DIS	Elina Mäkinen	CNDu	37.92	10962	
SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.					

Masters 25+

1.	Suzan van den Bogaard	RZ	36.76	198900450	36.32 +0,76
2.	Caroline Cavadini	CNBA	37.73	000127/90	36.94 +0,76
3.	Aniek Huijsman	De Lansingh	36.66	198801932	37.43 +0,76
4.	Isabelle Massar	WVZ	37.66	199102034	38.40 +0,80
5.	Esther van Maastrigt	Montferland	36.48	198802836	38.85 +0,76
6.	Anne Duijst	De Haaien	38.60	198901030	39.06 +0,85
7.	Rosanne de Boer	LZ 1886	39.13	199104060	39.55 +0,78
8.	Christa Stam	RSW (SG)	39.13	198806790	40.63 +0,80
9.	Thaisa Fiering	Swol 1894	41.22	199100940	41.76 +0,73
10.	Aurore Gueret	SC Rixensart	43.76	005539/87	41.99 +0,84
	Joke Smits-Velthuis	VZV Njord	40.62	199008342	41.99 +0,94
12.	Fleur Maas	WVZ	43.07	198902768	44.66 +0,96
13.	Kathleen Laloi	HELIOS	48.82	005550/88	45.18 +0,95
14.	Karin Hovenkamp	De Spatters	42.60	198701850	45.87 +0,76
15.	Danielle Dekker	ZPC Woerden	45.66	198706162	45.95 +0,76
16.	Janneke Wynia	WS Twente	46.17	199005500	46.11 +0,98
17.	Rachelle Hellenbrand	Thalassa	47.77	199101204	49.48 +0,94
18.	Xandra Otter	WIDEX GZC DONK	50.20	199006046	51.83 +0,91
AFGEM	Marlous de Jong	Zwemlust-den Hommel	40.69	199001782	
AFGEM	Anja Verledens	ZIK	40.02	20171/91	
AFGEM	Anouk Meesen	Zwemclub Koewacht	38.18	198902828	

Masters 30+

1.	Laura Badoux	DAW	36.08	198200038	35.75 +0,86
2.	Annelette Reefhuis-de Vries	WS Twente	40.44	198603908	41.16 +0,77
3.	Angela Giezen	Montferland	41.26	198302796	41.17 +0,90
4.	Esther Versteeg	Van Vliet-Barracuda	41.20	198302112	41.60 +0,74
5.	Jacqueline Wissink	PSV	43.16	198503286	42.43 +0,81
DIS	Renee de Kok	PSV	39.65	198403350	
SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.					
AFGEM	Evy van Kempen	TRB-RES	47.70	198605286	
NG	Mirjam Belderbos	Aquarijn	39.95	198300128	

Programmanr. 21, Dames, 50m schoolslag

Masters 35+

1.	Yvonne Gerritsen	WVZ	37.51	198000342	39.61 *	+0,82
2.	Vanessa De Bleijser	ZIK	41.00	20184/77	41.88	+0,74
3.	C. van der Straate de Jong	Old Dutch	41.87	198001750	42.12	+0,95
4.	Petra Verstegen	WVZ	41.64	197700906	42.40	+0,87
5.	Nancy Peeters	De Rog	43.67	197901496	44.13	+0,72
6.	Mascha Schijvenaars	De Zilvermeeuw	45.56	197900754	45.54	+1,32
7.	Fabiola Bosman	Deltasteur	44.32	197701148	45.60	+0,86
AFGEM	Kirsten Savelberg	AZC	43.26	197901192		

Masters 40+

1.	Nadège van Meeteren	De Meer	38.67	197400736	38.26	+0,85
2.	Edith Janssen-Koolen	TRB-RES	38.11	197300898	39.72	+0,76
3.	Alma Knecht-Besseminders	De Spatters	43.29	197601064	41.83	+0,76
4.	Pascalie Janssen	De Roersoppers	43.06	197300852	42.04	+0,93
5.	Marian Nederlof	DWF	42.48	197600950	42.83	+0,85
6.	Ingeborg Speelman Hamelink	Zwemclub Koewacht	45.09	197601028	44.91	+0,86
AFGEM	Vivian van Kerkwijk	RZ	44.39	197500892		

Masters 45+

1.	Marjo Goelema-Koek	De Biesboschzwemmers	36.19	196900192	36.18	+0,75
	<i>Nederlands Masters Record</i>					
2.	Trudy Ketting	PSV	38.96	197000268	37.76	+0,79
3.	Karin Stein	ZVVS	37.38	197100554	38.03	+0,86
4.	Annette Wijnja-Visser	De Biesboschzwemmers	38.51	196700528	39.73	+0,80
5.	Regine Beckers-Stribos	DBD	41.89	197000492	41.08	
6.	Desiree van der Lem	Vereniging Swimcademy	40.69	196800282	41.24	+0,89
7.	Dorette van Veghel	PSV	41.04	197000938	41.47	+0,94
8.	Simone van Lent	VZV Njord	42.22	196900950	41.99	+0,85
9.	Annette Korving-Leijenaar	Aqualero	42.88	196700662	43.10	+0,82
10.	Arianne Hamakers	De Rog	43.95	196700714	43.44	+0,93
11.	Antoinette Kant	Den Doorn	44.82	196900920	46.84	+0,92
12.	Sandra Daamen-Posma	AZC	46.50	196800854	46.93	+0,97
13.	Judith van der Heijden	Budel	52.49	197001012	51.38	+0,90
14.	Ageeth Westenbrink	De Rog	49.85	196700712	51.43	+0,85
15.	Petra Nagtzaam	ZC Aquadream	50.09	197001018	59.13	+0,68
DIS	Helena Mels	ZVVS	42.95	196901036		
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					
AFGEM	Jeanne Petit	De Dinkel	39.65	197001020		

Masters 50+

1.	Jacqueline Tuin	DAW	39.65	196600690	39.57	+0,73
2.	Jacqueline Rolloos-Bakkers	De Lansingh	41.88	196300222	42.64	+0,96
3.	Annemarie Vuist	Swol 1894	43.60	196300282	45.17	+0,91
4.	Francine Sommer	Triton	44.63	196200384	45.29	+0,88
5.	Machteld Stiling	ZPC AMERSFOORT	46.88	196600716	45.31	+0,80
6.	Roelien Speelman-Tigelaar	De Spatters	45.29	196600664	46.50	+0,76

Masters 55+

1.	Marijke van Hoek	ZPC De Zeeuwse Kust	46.24	195800050	44.17	+0,89
2.	Ada de Voogd	ZVVS	47.57	195900280	47.64	+0,87
3.	Claire Anthony	CNSW	45.14	001353/57	47.77	+0,81
4.	Lia Bijkerk	WIDEX GZC DONK	49.87	196000014	50.60	+0,96
5.	Mies Kuipers	Old Dutch	1:05.37	195800202	1:03.11	+0,99
AFGEM	Herlinde Segers	GBZ	50.84	20151/60		

Programmanr. 21, Dames, 50m schoolslag

Masters 60+

1.	Ineke Weekers	PSV	45.54	195300050	45.36	+0,88
2.	Patty Krupiarz	PLONS	46.61	195400074	48.05	+0,78
3.	Tineke van Diggelen	ZPCH	50.57	195200048	53.08	+0,94
4.	Geerdien Meerwaldt	De Geul	55.42	195200058	57.39	+1,07
5.	Maryse Van Cant	AZSC	1:05.94	20233/54	1:07.07	

Masters 65+

1.	Magdolna Csanadine Toth	Budapesti Delfinek	45.43	2/1090	46.22	+1,00
2.	Bea Swijnenberg	Swol 1894	45.45	194900010	46.54	+0,79
3.	Yolande Dubuisson	HELIOS	46.16	000278/51	47.29	+0,88
4.	Nini van Dongen-de Paepe	ZZ&PC De Devel	1:00.02	195100044	1:02.64	+0,99
5.	Janny van der Weide	Deltasteur	1:08.94	195100066	1:12.18	

Masters 70+

1.	Corrie Verhoeven	PSV	46.16	194600026	48.03	+0,90
	<i>Nederlands Masters Record</i>					
2.	Annet Verhoeven - Steggerda	De Duinkickers	50.37	194600024	51.65	+1,19
3.	Liesbeth ter Laak	PSV	1:11.30	194200008	1:15.64	+0,91

Masters 75+

1.	Lea Maes	GBZ	1:07.12	20041/37	1:12.41	+1,11
----	----------	-----	---------	----------	----------------	-------

Masters 80+

1.	Eliane Pellis	AZSC	53.44	20672/33	52.21	+0,90
2.	Alice Lindhout	PSV	1:06.27	193500010	1:07.93	+0,99

Masters 85+

1.	Agnes Van Obberghen	AZSC	50.93	20696/31	51.83	+1,08
	<i>Wereld Masters Record</i>					

Masters 90+

1.	Marianne Maandonks	PSV	1:38.56	192600004	1:44.41 *	+1,03
	<i>Nederlands Masters Record</i>					

Programmanr. 22
07-05-2016 - 13:45

Heren, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	
Masters 20+						
1.	Wimar Lindenberg	Hieronymus	29.04	199601857	29.59	+0,65
2.	Levin Veale	Totnes Swimming Club	28.67	246591	30.17	+0,64
3.	Romero Hennep	De Kempvis	29.52	199304929	31.30	+0,76
4.	Jeffrey Appel	WZ&PC Purmerend	30.87	199200027	31.52	+0,64
5.	Roald Blok	Octopus	30.30	199302685	31.57	+0,76
6.	Erik Pape	Octopus	31.99	199601669	32.40	+0,77
7.	Martino Valentijn	DIO	31.67	199403913	33.12	+0,77
8.	Paul van Grol	WIDEX GZC DONK	33.52	199602951	33.24	+0,63
9.	Nick Sijmons	De Amstel	33.45	199500491	33.79	+0,73
10.	Tom de Lange	Deltasteur	33.64	199300303	34.25	+0,92
11.	Martin Wolswinkel	De Haaien	35.25	199503959	35.01	+0,92
12.	Jordy Jongenelen	ZC Aquadream	33.63	199504995	35.21	+0,64
13.	Remco Oskam	WIDEX GZC DONK	33.72	199205583	35.50	+0,77

Programmanr. 22, Heren, 50m schoolslag, Masters 20+

rang	naam	vereniging	inschrijftijd		tijd	RT
14.	Sjoerd Nijhof	ZPC De Hof	33.48	199401117	35.77	+0,79
15.	Bob Potkamp	Deltasteur	37.10	199403189	39.15	+0,86
16.	Rens Klok	ZPC Woerden	38.33	199602045	40.83	+0,94
17.	Maarten Steekelenburg	Aquamania	42.03	199300479	41.72	+0,76
18.	Ian van Mullem	ZOB'66	38.91	199602545	41.86	+0,85

Masters 25+

1.	Erik Simons	d'ELFT WAVE (SG)	30.13	198902845	30.83	+0,78
2.	Pascal Florczyk	TPSK 1925 e.V.	30.50	152716	31.77	+0,73
3.	Sander de Vrugt	ESCA Zwemmen	32.11	198903499	32.54	+0,67
4.	Maik Steenkamp	Montferland	32.33	199103847	32.69	+0,81
5.	Patrick Creemers	RZ	32.32	199000579	32.85	+0,69
6.	Gilles Degrott	CNDu	33.57	2773	33.34	+0,71
7.	Herman van Dijk	De Wellerobben	32.22	198900691	33.40	+0,81
8.	Ken Rogiers	RSCM	31.86	10193/89	33.45	+0,73
9.	Niels van Beurden	ZPC Woerden	33.54	198805669	34.42	+0,69
10.	Nick Drenth	De Amstel	34.90	199105605	36.27	+0,81
11.	Patrick Holthuizen	d'ELFT WAVE (SG)	35.74	199107681	36.58	+0,62
12.	Wouter van 't Klooster	ZPC AMERSFOORT	35.76	198806159	36.97	+0,91
13.	Bart van der Zwaan	De Amstel	36.22	199005149	37.30	+0,74
14.	Rens Post	WVZ	35.83	199101827	37.43	+0,71
15.	Mark Huijsman	De Lansingh	36.38	199001305	37.71	+0,82
16.	Harmen Reemst	ZOB'66	37.76	198702715	38.16	+0,73
17.	Robin Eggenkamp	De Duinkikers	37.83	198700847	39.80	+0,83
18.	Wesley Determann	Zwemvereniging Hoogland	41.71	198806107	42.86	+0,99

Masters 30+

1.	Tim van den Berg	MNC Dordrecht	31.72	198500157	32.57	+0,76
2.	Ivan van Omme	De Geul	31.03	198201263	32.60	+0,66
3.	Lauren Vis	Steenwijk 1934	33.88	198201883	33.31	+0,69
4.	Rob van Wanrooy	Gay Swim Amsterdam	32.65	198202627	34.76	+0,69
5.	Jim Geestman	RSW (SG)	33.20	198300699	34.94	+0,86
6.	Nicolas Havet	SC Rixensart	36.28	001817/86	35.29	+0,68
7.	Gerwin Vonk	De Spatters	35.40	198201907	35.58	+0,76
8.	Ferry Blangé	ZOB'66	33.44	198300185	35.93	+0,82
9.	Wouter Zijlstra	DAW	37.34	198202077	36.66	+0,84
10.	Sander de Velde	Deltasteur	40.93	198302165	43.92	+0,83

Masters 35+

1.	Richard Claus	Swimteam Helden-Mosa (SG)	30.36	198000265	31.13	+0,68
2.	Ronald Smits	PSV	32.55	197800981	32.20	+0,67
3.	Vincent Versteeg	Zwemlust-den Hommel	31.61	197701003	32.63	+0,76
4.	Simon van Ravesteijn	WVZ	32.13	198002263	32.80	+0,78
5.	Victor Barnar	GoSwim	32.37	197801805	33.24	+0,74
6.	Enrico Hahn	Otter SC	33.98	458508	33.63	+0,77
7.	Mark Zwart	Zwemlust-den Hommel	35.16	197901461	33.89	+0,91
8.	Freddie Geerlings	NIMO	33.51	197900379	34.05	+0,86
9.	Ron Langelaan	DAW	34.63	197800643	35.23	+0,74
10.	Harm Jan Otter	De Zandstuve	36.23	198101283	35.65	+0,91
11.	Berry van Holland	TriVia	34.94	198000603	37.81	+0,80
12.	Gino Martijn	RZ	39.36	197901865	40.14	+0,76

Masters 40+

1.	Jiri Geers	AZK	32.16	10011/74	33.92	+0,74
2.	Gerard Eghuizen	HZ&PC Heerenveen	37.43	197400197	37.75	+1,05
3.	Kelvin Isselt	RZ	36.93	197601119	38.59	+0,81
4.	Bas van Gool	De Geul	44.06	197201435	45.47	+0,79

Programmanr. 22, Heren, 50m schoolslag

Masters 45+

1.	Harry Cornet	De Biesboschzwemmers	31.28	197100175	33.18	+0,79
2.	Harold Matla	PSV	32.47	196800591	33.60	+0,86
3.	Richard Ricksen	NIMO	34.01	197000841	33.66	+0,93
4.	Thomas Janßen	SG Mülheim	33.41	251149	33.83	+0,74
5.	Marcel Jonkman	Aqualero	33.40	196801389	34.46	+0,77
6.	Lars Friedemann	SG Mülheim	34.59	64157	35.74	+0,76
7.	Hans Schoenmakers	DAW	35.82	196900863	36.40	+0,77
8.	Arjan Verheij	De Rog	34.83	197101617	36.48	+0,81
9.	Nico Swart	Den Doorn	35.67	196801475	37.18	+0,79
10.	Bob Peters	CNDU	39.20	9650	39.39	+0,99
11.	Marcel Brittijn	De Duinkickers	40.18	196900159	41.18	+0,73
12.	Roelof Broekman	De Spatters	38.99	196800155	42.44	+0,85
13.	Henk van Zetten	Octopus	45.94	196701261	46.97	+0,93
14.	William Lueb	PSV	47.68	196701579	50.38	+0,96
15.	Tanguy Wymeersch	CNSW	46.82	002684/69	50.91	+1,10
16.	Oebele Boomsma	Orca	49.94	197001659	52.35	+1,05

Masters 50+

1.	Bernd Bienek	SV Gladbeck 13	34.25	278658	34.92	+0,95
2.	Bert Schlicher	RZ	34.41	196400669	35.44	+0,87
3.	Bertjan Schelhaas	DWT	36.72	196501577	36.09	+0,97
4.	Marcel van der Lem	Vereniging Swimcademy	35.41	196500563	36.10	+0,86
5.	Arno Schrauwen	De Roersoppers	34.86	196501355	36.50	+0,84
6.	Rene de Jong	ZVVS	35.37	196600351	37.57	+0,94
7.	John Stokx	DAW	37.15	196401341	38.09	+0,81
8.	Eric de Haas	De Treffers	37.97	196501275	38.42	+0,92
9.	Peter van Kemenade	PSV	40.60	196501499	39.07	+0,72
10.	Michiel Klaren	PSV	38.93	196201087	39.18	+0,74
11.	Cees Kersten	De Rog	42.34	196401435	39.77	+0,83
12.	Roy le Clercq	De Rog	43.26	196401041	41.46	+0,89
13.	Willem Jannink	Swol 1894	39.30	196500423	42.18	+0,85
14.	Pierre de Groot	WIDEX GZC DONK	42.00	196401431	42.64	+0,85
15.	René Speelman	De Spatters	42.49	196601521	43.52	+0,81
16.	Merlin Weber	Nautilus	43.17	196201261	44.64	+0,86

Masters 55+

1.	Hans Luchies	Aqua-Novio'94	36.92	196101069	37.13	+0,82
2.	Arlandas Juodeska	Kauno Takas	35.86		37.22	+0,79
<i>Lithuanian Masters Record</i>						
3.	Jan Vlasblom	PLONS	38.80	196100823	37.25	+0,90
4.	Rob Hemesath	PSV	39.31	196100189	38.68	+0,95
5.	Philippe Godbille	CNSW	38.89	000230/57	39.63	+0,85
6.	Wolfgang Grenzing	SG Mönchengladbach	38.29	275182	40.03	+0,91
7.	Wim de Lange	AZC	44.49	195800533	40.68	+0,82
8.	Jan Timmerman	IJZPC	43.51	195700347	43.51	+0,87
9.	Jos Zentjens	Budel	46.92	195700569	44.12	+0,79
10.	Jan Haitsma	De Spatters	44.53	196000929	45.98	+0,99
11.	Peter Coffeng	WIDEX GZC DONK	45.77	195700063	46.05	+0,94
12.	Jos van Sleuwen	Nautilus	46.80	195700323	48.27	+1,26
AFGEM	Lieven De Rijcke	GBZ	42.07	10130/60		

Masters 60+

1.	Peter Kauch	SV Gladbeck 13	36.10	73094	36.14	+0,86
2.	Charles Bos	De Roersoppers	37.15	195300019	37.78	+0,77
<i>Nederlands Masters Record</i>						
3.	Paul Bunnik	Triton	37.79	195600413	39.10	+0,89
4.	Simon Veale	Totnes Swimming Club	38.10	1008	40.32	+0,72
5.	Luc Laloi	HELIOS	41.47	005538/53	41.50	+0,91
6.	Laurens Klein Breteler	WWV	39.98	195400109	41.90	+0,91
7.	Dré Klaassen	ZOB'66	43.62	195600141	44.61	+0,92

Programmanr. 22, Heren, 50m schoolslag, Masters 60+

rang	naam	vereniging	inschrijftijd		tijd	RT
8.	Toby Van den Eynde	ZIK	44.67	10155/54	45.04	+0,88
9.	Frans Suijkerbuijk	PSV	53.39	195600499	53.22	+0,85

Masters 65+

1.	Piet Schop	De Bevelanders	41.46	195000109	40.12	+0,60
2.	Jaap Kwakkel	DAW	49.55	194700157	45.23	+0,90
3.	Jan van der Heide	HZ&PC Heerenveen	49.64	195100059	51.45	+1,12
4.	Mar van Geel	Old Dutch	52.21	194700135	52.81	+1,21
5.	Nico van Dongen	ZZ&PC De Devel	52.70	194800159	53.13	+1,07
6.	Etienne Languillier	CNSW	1:13.30	000228/50	1:15.32	+1,26

Masters 70+

1.	Sumeghy Laszlo	Budapesti Delfinek	42.38	2/1510	42.67	+1,20
2.	Rob Hanou	PSV	42.32	194300109	42.92	+1,08
3.	Tom Meijnen	UZSC	43.37	194400087	43.90	+0,88
4.	Nico Baay	Old Dutch	44.65	194200053	45.52	+0,84
5.	Kevork Boyrazian	CNSW	52.03	002620/44	54.54 *	+1,36

Masters 75+

1.	Jan Eichhorn	ZV Haerlem	53.99	193700015	58.53	
----	--------------	------------	-------	-----------	--------------	--

Masters 80+

1.	Cor Sprengers	PSV	52.49	193500019	54.60	
----	---------------	-----	-------	-----------	--------------	--

Masters 85+

1.	Klaas Prins	Steenwijk 1934	1:30.10	192800001	1:39.44	+1,25
----	-------------	----------------	---------	-----------	----------------	-------

Programmanr. 23
07-05-2016 - 14:00

Dames, 200m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT	50m	100m	150m	200m
Masters 20+										
1.	Jamilla van Veen	ZPC Woerden	2:27.15	199603192	2:27.26	+0,95	33.20	1:10.00	1:48.76	2:27.26
2.	Cynthia van Beusekom	TriVia	2:30.19	199500134	2:33.04	+0,80	35.13	1:14.47	1:54.39	2:33.04
3.	Désirée Emmen	De Warande	2:33.75	199204862	2:33.24	+0,67	35.03	1:13.62	1:53.75	2:33.24
4.	Kimberly Mijnen	WZ&PC Purmerend	2:28.97	199503644	2:33.64	+0,69	34.79	1:13.65	1:54.07	2:33.64
5.	Melissa van der Geld	AquAmigos	2:34.18	199506250	2:33.90	+0,76	35.16	1:14.03	1:54.64	2:33.90
6.	Sigrid Dogger	De Zwoer	2:33.08	199200452	2:34.60	+0,71	35.13	1:14.49	1:54.87	2:34.60
7.	Chantal Grove	De Dolfijn	2:27.76	199401844	2:34.75	+0,69	36.39	1:15.06	1:55.02	2:34.75
8.	Stéphanie Bergsma	Dedemsvaart-AC	2:29.10	199203374	2:36.61	+0,67	35.73	1:14.92	1:56.02	2:36.61
9.	Heleen Arends	TriVia	2:38.39	199404416	2:41.36	+0,64	37.05	1:18.28	1:59.94	2:41.36
10.	Suzanne Mosch	MSV-Zeemacht	2:37.04	199400548	2:41.55	+0,65	37.84	1:18.34	2:00.16	2:41.55
11.	Iris Pijtak	ZPC AMERSFOORT	2:34.39	199300602	2:43.05	+0,67	37.27	1:18.66	2:01.76	2:43.05
12.	Anouk van der Vlies	WVZ	2:36.27	199603226	2:44.63	+0,99	37.71	1:19.29	2:02.15	2:44.63
13.	Giulia Rolloos	Van Vliet-Barracuda	2:43.73	199500946	2:54.69	+0,79	40.72	1:25.14	2:10.67	2:54.69
14.	Getrude Corporaal	ZVZ	2:53.88	199200380	2:55.82	+0,83	40.84	1:25.35	2:11.56	2:55.82
15.	Eva Kattouw	De Ward	2:51.58	199407168	2:56.02	+0,76	39.48	1:24.55	2:11.13	2:56.02
16.	Naomi van Gool	LZ 1886	2:44.54	199505166	3:03.31 *	+1,09	40.74	1:26.94	2:15.37	3:03.31
17.	Ramona Noordermeer	ZVVS	3:02.12	199401746	3:04.72	+0,75	43.73	1:31.04	2:19.60	3:04.72
18.	Dorien Hein	De Futen	2:57.19	199503010	3:18.18	+0,68	46.49	1:36.62	2:28.36	3:18.18
19.	Cynthia van Veen	ZPC Woerden	3:10.00	199606736	3:29.57	+0,74	46.75	1:41.00	2:37.92	3:29.57

Programmanr. 23, Dames, 200m rugslag

Masters 25+

1. Charlotte Groeneveld	UZSC	2:37.74	198701404	2:37.89	+0,80	35.98	1:16.20	1:57.23	2:37.89
2. Ilse van den Wijngaard	ZPC Woerden	2:33.08	198904736	2:41.78	+0,77	37.12	1:17.94	1:59.57	2:41.78
3. Monique Lindenberg	De Bevelanders	2:42.27	199002360	2:43.50	+0,83	38.21	1:19.37	2:01.25	2:43.50
4. Tessa Mosch	MSV-Zeemacht	2:47.95	199102172	2:48.58	+0,64	38.18	1:21.18	2:04.67	2:48.58
5. L. van der Heide - Anden	Zuiderzeewimmers	2:37.31	198800092	2:49.43	+0,73	39.13	1:22.30	2:06.56	2:49.43
6. Anna Boef	LZ 1886	2:38.81	198806288	2:52.45	+0,75	38.12	1:21.20	2:06.07	2:52.45
7. Margot Tijnagel	Triton	2:47.62	198806872	2:52.46	+0,75	39.65	1:22.82	2:07.56	2:52.46
8. Maaike van Diggele	ZPB H&L Productions	2:46.70	198700868	2:54.67	+0,68	41.70	1:25.43	2:09.95	2:54.67
9. Eline Schoenmaker	Zwemlust-den Hommel	2:54.25	199003322	2:55.25	+0,72	40.48	1:25.78	2:10.55	2:55.25
10. Liesbeth van Mill	DWK	2:47.67	198702786	2:56.95	+0,74	41.37	1:25.96	2:11.31	2:56.95
11. Esther van Maastrigt	Montferland	2:48.81	198802836	2:58.49	+0,66	42.75	1:27.78	2:14.14	2:58.49
12. Lonneke Oenema	Steenwijk 1934	3:12.54	199102314	3:02.09	+0,95	42.14	1:28.15	2:16.26	3:02.09
13. Liset de Veer	Aqua-Novio'94	2:52.84	198704190	3:06.00	+0,77	42.65	1:29.12	2:16.83	3:06.00

Masters 30+

1. Roos van Esch	d'ELFT WAVE (SG)	2:37.10	198200468	2:39.24	+0,72	37.88	1:18.49	1:59.73	2:39.24
2. Jorien Doets	WS Twente	2:50.01	198605306	2:45.32	+0,99	38.14	1:19.25	2:02.51	2:45.32
3. Marlies Jehoe-van As	PSV	2:55.07	198500074	2:52.01	+1,03	39.48	1:22.06	2:07.07	2:52.01
4. Jepke van der Werf	ESCA Zwemmen	2:50.09	198201832	2:54.86	+0,70	39.49	1:22.90	2:09.28	2:54.86
5. Angela Giezen	Montferland	3:01.99	198302796	2:56.02	+1,01	42.24	1:26.75	2:13.25	2:56.02
6. Sandra Schellekens	SWNZ (SG)	3:03.42	198503416	3:06.13	+0,79	43.78	1:31.22	2:19.35	3:06.13

Masters 35+

1. Marjon van Kempen	MGO (SG)	2:47.75	198000578	2:44.41	+0,70	39.45	1:21.40	2:03.58	2:44.41
2. Jolanda van Gendt	PSV	2:57.25	197800266	2:57.94	+0,55	41.53	1:26.34	2:12.36	2:57.94
3. Carmen Haan	ZZG De Boskickers	2:50.19	197901458	3:00.54	+0,84	42.57	1:29.75	2:16.32	3:00.54
4. Margriet Leeffers	Deltasteur	3:35.92	197800448	3:22.32	+0,75	44.93	1:37.31	2:29.85	3:22.32
5. Rianne van Vegchelen	Deltasteur	3:47.89	198101530	3:56.80	+0,80	57.23	1:58.51	2:59.00	3:56.80
AFGEM Natascha Hartman	PSV	2:54.38	198101780						

Masters 40+

1. Evelien van Klaarbergen	HZ&PC Heerenveen	2:42.22	197200964	2:42.71	+0,76	37.86	1:18.90	2:01.12	2:42.71
2. Ingrid Versteegen	DBD	3:20.04	197300770	3:21.09	+0,80	47.87	1:40.36	2:32.25	3:21.09
3. F. Verriet-Regensburg	VZV Njord	4:12.53	197500428	4:13.54	+0,97	1:00.19	2:04.78	3:11.33	4:13.54

Masters 45+

1. Heidi Van Stein	LZ 1886	2:47.91	196900864	2:49.06	+0,75	40.06	1:21.97	2:05.63	2:49.06
2. Lesley Cordial	Neptunus	2:51.80	196700684	2:53.40	+0,62	39.56	1:23.85	2:09.15	2:53.40
3. Annette Wijnja-Visser	De Biesboschzwemmers	2:50.79	196700528	2:57.14	+0,81	40.54	1:25.53	2:12.18	2:57.14
4. Laura Staal	Oceanus	2:59.74	196700358	2:59.42	+0,74	41.95	1:27.78	2:14.02	2:59.42
5. Petra Blum	SG Bayer	2:59.54	274174	3:01.77	+0,78	41.49	1:26.77	2:13.88	3:01.77
6. Henriëtte v. Norden	ZPC AMERSFOORT	2:59.25	196800046	3:03.99	+0,74	42.20	1:29.69	2:18.07	3:03.99
7. Henriëtte Manting	GZVW	3:10.86	197100246	3:14.43	+0,74	43.86	1:33.63	2:24.72	3:14.43
8. Geesje Lena Boomsma	Orca	3:18.41	197000826	3:16.30	+0,77	44.23	1:33.71	2:25.42	3:16.30
9. Annette van Dok	MSV-Zeemacht	3:16.65	196800742	3:18.06	+0,91	45.90	1:35.34	2:26.67	3:18.06
10. Nicole Vrijhoeven	PSV	3:22.26	196900834	3:21.27	+0,74	48.09	1:38.58	2:30.72	3:21.27
11. Wendy Knoops	RZ	3:06.95	196800720	3:25.69	+0,91	47.61	1:39.90	2:33.42	3:25.69
AFGEM Esther Mijnen	WZ&PC Purmerend	3:10.75	196900846						

Masters 50+

1. Judith Cromjongh	De Zwoer	2:44.88	196400054	2:43.83	+0,69	39.21	1:20.56	2:03.10	2:43.83
<i>Nederlands Masters Record</i>									
2. Allie Price	Cardiff Masters	2:46.50	547582	2:49.64	+0,71	38.72	1:21.60	2:05.68	2:49.64
3. Wilna Heijman	Steenwijk 1934	2:59.58	196400506	3:03.42	+0,78	44.17	1:31.02	2:18.52	3:03.42
4. M. Grove-Lingeman	Oceanus	3:03.13	196200080	3:05.97	+0,77	42.26	1:29.08	2:17.70	3:05.97
5. Jeannette Ruesink	WS Twente	2:58.56	196300212	3:08.69	+0,83	46.00	1:33.99	2:22.01	3:08.69
6. Annemarie Vuist	Swol 1894	3:19.55	196300282	3:15.84	+0,78	48.26	1:38.22	2:27.67	3:15.84

Programmanr. 23, Dames, 200m rugslag

Masters 55+

1. Patty Verhagen	PSV	3:13.37	195900146	3:10.67	+1,01	47.18	1:35.47	2:24.39	3:10.67
2. Irma Hertogs	PSV	3:03.57	195900222	3:12.37	+0,93	44.71	1:32.70	2:22.16	3:12.37
3. Inge Wolfs	PLONS	3:03.46	196000304	3:15.27	+0,84	44.91	1:34.01	2:24.55	3:15.27
4. Hannie Poletiek	TriVia	3:34.38	195900278	3:32.42 *	+1,03	49.83	1:43.53	2:38.89	3:32.42
5. Pia van der Molen	HZ&PC Heerenveen	3:28.90	196000116	3:36.80	+0,78	49.54	1:44.73	2:40.54	3:36.80
6. J. Resink-lindeboom	DWK	3:31.45	196000142	3:38.57	+0,88	50.61	1:45.40	2:42.81	3:38.57

Masters 60+

1. Colette Crabbe	CNSW	2:57.88	004900/56	2:52.90	+0,74	40.35	1:24.03	2:09.16	2:52.90
<i>Europees Masters Record</i>									
2. Atie Pijtak-Radersma	ZPC AMERSFOORT	3:01.39	195600048	3:02.52	+0,73	43.75	1:30.09	2:17.30	3:02.52
<i>Nederlands Masters Record</i>									
3. Anne De Sauvage	CNSW	3:16.09	005093/55	3:15.62	+0,81	45.38	1:35.04	2:26.05	3:15.62
4. Ineke Meijer	HZ&PC Heerenveen	3:48.97	195200034	4:03.39	+0,87	58.56	2:01.26	3:03.80	4:03.39
5. Lies Hartman	PSV	4:35.52	195600116	4:37.01	+0,61	1:01.11	2:12.32	3:25.20	4:37.01
6. Maryse Van Cant	AZSC	5:18.76	20233/54	5:05.73 *	+1,20	1:07.21	2:27.87	3:49.80	5:05.73

Masters 65+

1. Christien Nieuwenhuis	Swol 1894	3:32.67	195100022	3:30.46	+1,11	49.91	1:43.75	2:37.74	3:30.46
<i>Nederlands Masters Record</i>									
2. A. Gilding-Tussaud	WS Twente	3:51.10	195000038	3:55.96	+0,75	55.07	1:55.06	2:57.73	3:55.96
3. Gonnie Bak	PSV	4:05.15	195100064	4:17.23	+0,82	1:01.06	2:10.39	3:17.22	4:17.23

Masters 70+

1. Loekie v. Huissteden	ZPC AMERSFOORT	4:24.02	194500002	4:46.03	+1,03	1:04.64	2:19.73	3:32.91	4:46.03
2. Matty van der Veen	Old Dutch	4:48.95	194400020	4:50.79 *	+0,82	1:08.47	2:21.45	3:37.51	4:50.79
3. Hannelore Bottin	SV Langenfeld 1912	5:17.66	57992	5:18.24	+1,38	1:16.06	2:35.20	3:58.14	5:18.24

Masters 75+

1. Truus Ruiter	Old Dutch	4:53.23	194000004	4:59.45	+0,82		2:24.98	3:45.14	4:59.45
-----------------	-----------	---------	-----------	----------------	-------	--	---------	---------	---------

Masters 80+

1. Alice Lindhout	PSV	4:28.02	193500010	4:38.05		1:02.55	2:16.43	3:29.25	4:38.05
-------------------	-----	---------	-----------	----------------	--	---------	---------	---------	---------

Masters 90+

1. Marianne Maandonks	PSV	6:57.86	192600004	6:55.37	+1,08	1:33.02	3:19.12	5:09.80	6:55.37
<i>Nederlands Masters Record, tt 50/100m NMR</i>									

Programmanr. 24
07-05-2016 - 14:37

Heren, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Emiel van Beusekom	Van Vliet-Barracuda	2:25.66 199403951	2:24.21	+0,67	33.51	1:10.13	1:47.59	2:24.21
2. Mike Schel	ESCA Zwemmen	2:24.96 199403279	2:27.27	+1,08	35.53	1:12.89	1:50.73	2:27.27
3. Frank Beijering	De IJssel	2:49.88 199304311	2:38.30	+0,81	35.71	1:14.58	1:55.82	2:38.30
4. Ruben de Boer	De Duinkikkers	2:40.78 199301419	2:44.78	+0,63	38.45	1:20.42	2:02.66	2:44.78
5. Bram Meijlis	ESCA Zwemmen	2:26.32 199401967	2:52.91	+0,63	37.71	1:20.70	2:06.97	2:52.91

Masters 25+

1. Kalon Veale	Totnes Swimming Club	2:16.80 34589	2:14.99	+0,66	30.05	1:03.71	1:39.06	2:14.99
2. Tim Bunnik	Triton	2:30.95 199000505	2:30.65	+0,79	34.53	1:12.79	1:52.43	2:30.65
3. Niels Albrechts	MGO (SG)	2:30.45 198800039	2:39.58	+0,95	38.19	1:19.05	2:00.28	2:39.58
4. Mark Godwaldt	PSV	2:45.19 198701039	2:48.28	+0,80	39.45	1:21.87	2:06.17	2:48.28

Masters 30+

1. Sander Bouts	RZ	2:24.06 198500331	2:23.57	+0,70	33.64	1:09.67	1:46.76	2:23.57
2. Martijn Giezen	Montferland	2:25.56 198500813	2:24.70	+0,75	33.60	1:10.42	1:48.23	2:24.70
3. Robert Dekker	De Veene	2:22.81 198400443	2:27.00	+0,74	34.77	1:11.93	1:50.16	2:27.00
4. Thommy Nickel	Van Vliet-Barracuda	2:23.20 198401627	2:27.02	+0,82	34.98	1:11.59	1:49.86	2:27.02
5. Maarten Prot	Upstream Amsterdam	2:47.89 198403195	2:54.26	+0,82	39.84	1:24.56	2:10.00	2:54.26

Masters 35+

1. Dennis Brouwers	HZPC	2:13.37 197800167	2:16.84	+0,98	33.71	1:08.38	1:42.83	2:16.84
<i>Nederlands Masters Record</i>								
2. Nol van Thull	d'ELFT WAVE (SG)	2:23.59 198001513	2:18.84	+0,74	31.92	1:06.53	1:42.29	2:18.84
3. Ronald Smits	PSV	2:26.50 197800981	2:25.12	+0,76	32.86	1:09.83	1:47.81	2:25.12
4. Ivo Roozeboom	WVZ	2:30.85 197700801	2:26.06	+0,71	34.84	1:12.34	1:49.93	2:26.06
5. Sascha Sauer	Wilhelmshavener SSV	2:26.47 246307	2:29.99	+0,69	35.58	1:13.60	1:52.38	2:29.99
6. Marcel Reefhuis	WS Twente	2:32.57 198101381	2:33.63	+0,57	35.72	1:14.50	1:54.79	2:33.63
7. Stan Dekker	PLONS	2:33.60 197901823	2:35.13	+0,75	35.23	1:13.86	1:54.61	2:35.13
8. Alberto Sun	CNSW	2:43.34 005891/78	2:45.30	+0,72	36.17	1:17.32	2:00.74	2:45.30
9. Gino Martijn	RZ	2:59.92 197901865	3:00.20	+0,63	43.04	1:28.59	2:15.76	3:00.20
DIS Markus van Rest	WVZ	2:46.13 197701197						

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	2:23.17 197600889	2:24.30	+0,82	33.71	1:09.65	1:46.97	2:24.30
<i>Kampioenschaps Record</i>								
2. Remco Plass	De Lansingh	2:45.42 197300687	2:43.08	+0,70	38.26	1:19.71	2:02.34	2:43.08
3. Arjan Aalbers	Swol 1894	2:44.42 197500001	2:50.09	+0,76	38.81	1:21.75	2:06.73	2:50.09
4. Gerard Eghuizen	HZ&PC Heerenveen	2:37.62 197400197	2:56.79	+0,85	39.58	1:23.29	2:11.20	2:56.79
AFGEM Machiel Stolk	Swol 1894	2:44.76 197400779						

Masters 45+

1. Marc Verbeeck	MZVA	2:22.35 11051/68	2:31.49	+0,79	35.77	1:13.76	1:53.57	2:31.49
2. J. van den Berg	WVZ	2:27.89 196801575	2:34.16	+0,75	34.26	1:12.72	1:52.46	2:34.16
3. Arjan Bellaart	Het Y	2:32.48 196900079	2:34.96	+0,72	36.25	1:15.98	1:56.21	2:34.96
4. Guido Keutgen	AZC	2:35.23 196801551	2:37.35	+0,94	34.68	1:14.51	1:56.88	2:37.35
5. Antwan van Engen	De Ward	2:32.73 197101577	2:41.43	+0,76	36.94	1:17.54	1:58.71	2:41.43
6. Nico Swart	Den Doorn	2:45.22 196801475	2:48.76	+0,97	38.22	1:20.11	2:05.19	2:48.76
7. Korstiaan de Boer	Steenwijk 1934	2:52.29 197101629	3:01.37	+0,77	41.62	1:27.32	2:15.13	3:01.37
8. Jacques Verriet	VZV Njord	2:55.52 197001039	3:02.58	+1,03	42.98	1:28.42	2:15.99	3:02.58
NG.ZA Jan Goossens	GZVN	2:13.69 11003/68						

Programmanr. 24, Heren, 200m rugslag

Masters 50+

1. Ragnar Stermann	SG Mülheim	2:31.63	94725	2:29.06	+0,77	33.99	1:11.21	1:50.01	2:29.06
2. Peter Bernsen	De Rog	2:22.53	196301119	2:29.07	+0,67	34.13	1:12.23	1:50.76	2:29.07
3. Johan Remmits	ZPC Woerden	2:26.53	196201159	2:31.66	+0,76	34.65	1:12.76	1:52.29	2:31.66
4. Edwin v. Norden	ZPC AMERSFOORT	2:28.67	196300563	2:32.89	+0,62	36.01	1:14.64	1:54.89	2:32.89
5. Tomas Prescher	SG Mülheim	2:31.75	146010	2:33.04	+0,75	35.74	1:14.73	1:54.18	2:33.04
6. Bert Schlicher	RZ	2:25.67	196400669	2:37.11	+0,74	36.77	1:16.44	1:57.86	2:37.11
7. Ron Korzelijs	ZPC AMERSFOORT	2:36.49	196500513	2:43.10	+0,72	38.78	1:20.04	2:02.15	2:43.10
8. Wiljam Nijenhuis	De IJssel	2:37.28	196400547	2:53.31	+0,84	40.27	1:23.65	2:07.89	2:53.31
9. Fred Dijkshoorn	Zwemvereniging Westland	2:59.85	196501539	3:02.79	+0,89	41.80	1:28.13	2:16.52	3:02.79
10. Erik Saan	De Duck	3:03.62	196500769	3:03.05	+0,77	40.34	1:27.20	2:15.94	3:03.05
11. Casper Dollekamp	Steenwijk 1934	3:01.16	196301341	3:05.78	+0,60	43.59	1:31.37	2:20.11	3:05.78
12. Jack Barends	WS Twente	3:05.82	196201011	3:12.10	+0,88	46.79	1:36.08	2:24.90	3:12.10
13. Hans Maas	PLONS	3:29.46	196501433	3:37.75	+1,05	51.31	1:46.99	2:45.33	3:37.75

100m*

Masters 55+

1. Hugo Bregman	Albion	2:38.50	195800069	2:37.96	+0,82	36.55	1:17.16	1:58.49	2:37.96
<i>Kampioenschaps Record</i>									
2. Albert Boonstra	Aqua-Novio'94	2:32.42	195700425	2:39.18	+0,63	36.92	1:17.72	1:58.68	2:39.18
3. Erik Kamphuis	De Rog	2:54.64	196001035	2:53.70	+0,76	40.62	1:25.17	2:12.53	2:53.70
4. Sven Tidelski	SC Poseidon Koblenz	2:46.38	158989	2:54.42	+0,81	39.47	1:22.62	2:08.88	2:54.42
5. Arlandas Juodeska	Kauno Takas	2:50.95		2:54.73	+0,78	40.29	1:25.47	2:11.89	2:54.73
<i>Lithuanian Masters Record</i>									
6. Bart van Calker	WS Twente	3:15.47	196100067	3:23.15	+0,77	47.92	1:38.43	2:32.18	3:23.15
7. Jan Willem Heuten	WS Twente	3:45.27	196000883	3:37.19	+1,05	50.75	1:46.52	2:43.17	3:37.19
AFGEM Lieve De Rijcke	GBZ	3:26.61	10130/60						

Masters 60+

1. Brend Brevé	PSV	2:49.24	195200265	2:53.04	+0,75	39.50	1:23.19	2:09.06	2:53.04
2. Evertjan Masurel	PLONS	2:57.10	195600495	2:57.85	+0,83	41.42	1:26.67	2:12.79	2:57.85
3. Henk Slomp	Inktvis-De Pinquin (SG)	3:05.81	195500359	3:15.01	+0,72	44.79	1:36.37	2:27.81	3:15.01
4. Dré Klaassen	ZOB'66	3:35.36	195600141	3:54.89	+0,92	57.26	1:57.35	2:57.83	3:54.89

Masters 65+

1. Ludwig Lorenz	SV Gladbeck 13	3:29.74	127866	3:41.35	+1,13	51.31	1:47.60	2:44.84	3:41.35
------------------	----------------	---------	--------	----------------	-------	-------	---------	---------	---------

Masters 70+

1. Sumeghy Laszlo	Budapesti Delfinek	3:44.14	2/1510	3:46.31	+0,67	49.16	1:46.32	2:48.10	3:46.31
2. Theo Schouten	WWV	3:46.26	194600161	4:00.68	+0,68	55.82	1:57.75	2:59.98	4:00.68

Masters 75+

1. Frans van Enst	WS Twente	3:08.80	194000011	3:14.17	+0,60	44.98	1:35.06	2:25.30	3:14.17
2. Jan Eichhorn	ZV Haerlem	3:56.39	193700015	4:07.58	+0,82	55.52	2:00.05	3:04.53	4:07.58

Programmanr. 25
07-05-2016 - 15:01

Dames, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Tamara Grove <i>Nederlands Masters Record</i>	De Dolfijn	2:08.24 199601266	2:09.08	+0,74	29.45	1:01.81	1:34.98	2:09.08
2. Jamilla van Veen	ZPC Woerden	2:13.57 199603192	2:14.89	+0,80	30.94	1:04.71	1:39.88	2:14.89
3. Liesa Vrielinck	BZK	2:22.28 21068/93	2:22.96	+0,80	33.03	1:09.62	1:47.58	2:22.96
4. Janine de Groot	Nova	2:25.25 199500092	2:23.05	+0,88	32.23	1:09.31	1:46.69	2:23.05
5. Chantal van der Horst	De Meer	2:22.05 199400616	2:25.35	+0,77	34.18	1:11.44	1:49.24	2:25.35
6. Wendy de Bruin	ZOB'66	2:22.18 199206320	2:26.32	+0,65	33.68	1:11.10	1:49.24	2:26.32
7. Beau Rijpers	Swol 1894	2:17.93 199402638	2:26.48	+0,75	32.97	1:09.37	1:47.83	2:26.48
8. Moniek Heemskerck	LZ 1886	2:21.59 199601964	2:28.71	+0,71	33.56	1:11.31	1:50.05	2:28.71
9. Tessa Benjamins	Aqualero	2:39.78 199500636	2:34.96	+0,80	35.26	1:15.56	1:55.36	2:34.96
10. Alma Janssen	Van Vliet-Barracuda	2:31.53 199401078	2:35.95	+0,93	35.72	1:15.92	1:57.02	2:35.95
11. Anne Aarts	Aqua-Novio'94	2:32.05 199207942	2:36.52	+0,72	36.29	1:16.76	1:57.77	2:36.52
12. Eva Kattouw	De Ward	2:27.44 199407168	2:37.70	+0,71	33.53	1:12.58	1:55.93	2:37.70
13. Ilse Blankvoort	Steenwijk 1934	2:39.13 199204458	2:39.40	+0,84	36.03	1:16.36	1:58.28	2:39.40
14. Charine de Ruiter	Steenwijk 1934	2:42.10 199403668	2:41.72	+0,95	35.74	1:16.09	1:59.09	2:41.72
15. Ramona Noordermeer	ZVVS	2:34.88 199401746	2:42.40	+0,76	37.24	1:18.72	2:01.78	2:42.40
16. Naomi van Gool	LZ 1886	2:34.88 199505166	2:46.31	+0,78	35.96	1:17.79	2:01.84	2:46.31
17. Lieke Janssen	NIMO	2:36.10 199305954	2:46.44	+0,77	35.80	1:17.83	2:02.53	2:46.44
18. Daphne Meijer	Montferland	2:48.78 199303850	2:48.84	+0,92	37.16	1:20.83	2:04.03	2:48.84
19. Rebecca van Eeren	SCOM	2:37.75 199306910	2:50.69	+0,84	38.21	1:20.76	2:04.70	2:50.69
20. Dorien Hein	De Futen	2:42.07 199503010	3:00.25	+0,77	39.68	1:25.39	2:13.90	3:00.25
21. Claudia Creemers	RZ	3:07.41 199202864	3:04.12	+0,82	40.59	1:26.37	2:14.96	3:04.12
22. Simone van Iersel	TRB-RES	3:10.12 199207954	3:07.25	+1,02	42.58	1:29.22	2:18.63	3:07.25
AFGEM Mariëtte Bulman	ZC Aquadream	2:28.00 199506846						
AFGEM Linda Kamperman	Aquarijn	2:13.02 199601238						

Masters 25+

1. Caroline Cavadini <i>Kampioenschaps Record, Belgisch Masters Record</i>	CNBA	2:07.73 000127/90	2:08.60	+0,77	29.12	1:01.23	1:35.31	2:08.60
2. Wendan Poelstra	TriVia	2:13.50 199102496	2:17.12	+0,76	31.96	1:06.93	1:42.42	2:17.12
3. Maaike Vooren	DAW	2:16.21 199103324	2:18.69	+0,81	32.74	1:08.08	1:43.47	2:18.69
4. Mandy Verbakel	ZPC Woerden	2:20.42 199003908	2:21.47	+0,78	31.80	1:07.37	1:44.71	2:21.47
5. L. van der Heide - Ander	Zuiderzeewimmers	2:18.71 198800092	2:22.81	+0,84	32.93	1:09.03	1:46.66	2:22.81
6. Isabelle Massar	WVZ	2:24.01 199102034	2:25.48	+0,77	32.25	1:09.10	1:47.20	2:25.48
7. Aniek Huijsman	De Lansingh	2:22.13 198801932	2:26.11	+0,77	32.51	1:08.78	1:47.09	2:26.11
8. Josine van Dorsselaer	Zwemclub Koewacht	2:21.28 198801040	2:26.74	+0,78	33.33	1:10.72	1:49.12	2:26.74
9. Laura de Jong	De Waalstroom	2:37.36 199001778	2:27.36	+0,88	31.78	1:07.31	1:46.92	2:27.36
10. Tessa Mosch	MSV-Zeemacht	2:27.01 199102172	2:28.41	+0,69	32.66	1:11.04	1:49.41	2:28.41
11. Linda Janssen	ZPB H&L Productions	2:23.83 198802088	2:30.77	+0,91	35.85	1:15.41	1:54.22	2:30.77
12. Thaisa Fiering	Swol 1894	2:25.25 199100940	2:30.91	+0,75	34.00	1:12.76	1:52.46	2:30.91
13. Rosanne de Boer	LZ 1886	2:19.85 199104060	2:30.93	+0,77	32.61	1:10.96	1:50.49	2:30.93
14. Sabine Lina	ZPC Woerden	2:20.75 198902680	2:31.42	+0,74	32.59	1:09.47	1:49.31	2:31.42
15. Ilse van den Wijngaard	ZPC Woerden	2:21.96 198904736	2:31.71	+0,81	33.70	1:12.08	1:52.05	2:31.71
16. Aurore Gueret	SC Rixensart	2:34.92 005539/87	2:32.61	+0,80	34.91	1:13.53	1:53.16	2:32.61
17. Martje Godschalk	De IJsel	2:30.30 199001186	2:32.96	+0,77	34.69	1:14.07	1:53.32	2:32.96
18. Anita Scheper	TriVia	2:31.78 198803862	2:34.70	+0,92	36.64	1:16.13	1:56.51	2:34.70
19. Henrike de Vries	WS Twente	2:37.27 198907460	2:39.12	+1,01	36.37	1:16.84	1:58.02	2:39.12
20. Jacqueline van den Beukel	Zwemvereniging Westland	2:33.01 199100238	2:40.81	+0,80	34.17	1:14.16	1:57.18	2:40.81
21. Margot Tijnagel	Triton	2:44.38 198806872	2:43.98	+0,86	35.05	1:16.56	2:01.14	2:43.98
22. Fleur Maas	WVZ	2:40.38 198902768	2:46.82	+0,95	38.00	1:20.46	2:03.28	2:46.82
23. Rachelle Hellenbrand	Thalassa	2:47.30 199101204	2:55.15	+0,93	38.57	1:22.93	2:09.95	2:55.15
24. Janneke Wynia	WS Twente	2:55.04 199005500	2:55.58	+0,95	38.94	1:23.09	2:08.95	2:55.58
25. Xandra Otter	WIDEX GZC DONK	3:01.15 199006046	3:08.28	+0,96	43.57	1:31.85	2:21.10	3:08.28
26. Danielle Dekker	ZPC Woerden	2:59.72 198706162	3:09.75	+0,72	40.03	1:27.61	2:20.15	3:09.75
AFGEM Anouk Meesen	Zwemclub Koewacht	2:30.03 198902828						

Programmanr. 25, Dames, 200m vrije slag

Masters 30+

1. Nadya Putter	ZVVS	2:20.40	198301630	2:19.86	+0,70	33.02	1:08.34	1:44.33	2:19.86
2. Ramona Linting	AZC	2:29.97	198301274	2:24.23	+0,72	32.98	1:09.33	1:46.73	2:24.23
3. Jorien Doets	WS Twente	2:23.37	198605306	2:29.94	+0,91	33.23	1:10.77	1:50.10	2:29.94
4. Marlies Jehoel-van As	PSV	2:28.48	198500074	2:31.71	+0,73	33.94	1:11.85	1:51.82	2:31.71
5. Jacqueline Oostenbrink	De Forel	2:33.42	198403156	2:37.97	+0,84	35.86	1:16.14	1:57.82	2:37.97
6. Miranda Pijnenburg	De Treffers	2:42.83	198301216	2:39.89	+0,86	35.32	1:15.70	1:57.41	2:39.89
7. Sandra Schellekens	SWNZ (SG)	2:40.18	198503416	2:41.24	+0,88	36.96	1:18.86	2:01.27	2:41.24
8. Linda Hoogendam	WVZ	2:29.37	198300892	2:41.64	+0,84	37.12	1:19.04	2:01.73	2:41.64
9. Melanie Lange	SG Erkelenz-Hückelhoven	2:46.94	077526	2:44.37	+0,83	37.46	1:19.24	2:01.53	2:44.37
10. Jepke van der Werf	ESCA Zwemmen	2:36.64	198201832	2:44.63	+0,84	36.92	1:19.70	2:02.90	2:44.63
11. Marije Jansen	Aquarijn	2:26.30	198504088	2:46.17	+0,71	28.76	1:02.23	2:02.80	2:46.17
12. Tineke Roelofs	PSV	2:46.07	198504004	2:49.25	+0,76	38.42	1:21.28	2:05.73	2:49.25
13. Fabienne Jeukens	Zwemvereniging Hoogland	3:00.11	198401156	2:55.59	+0,85	37.92	1:22.68	2:10.25	2:55.59
NG Mirjam Belderbos	Aquarijn	2:21.24	198300128						

Masters 35+

1. Angela Koekkoek	Triton	2:28.06	197901516	2:31.35	+0,78	33.74	1:11.51	1:51.48	2:31.35
2. Chantal Verhoeff	Old Dutch	2:36.13	197900912	2:32.42	+0,90	34.60	1:15.06	1:54.72	2:32.42
3. Agnes van Brug	DAW	2:36.58	198001726	2:33.00	+0,81	35.31	1:14.30	1:54.06	2:33.00
4. C. van der Straate de Jor	Old Dutch	2:53.44	198001750	2:44.82	+1,00	37.76	1:19.47	2:02.36	2:44.82
5. Severine Bayre	CNSW	2:43.67	004275/78	2:48.56	+0,96	39.57	1:22.79	2:06.06	2:48.56
6. Margriet Leeffers	Deltasteur	2:48.20	197800448	2:53.57	+0,96	38.16	1:21.63	2:07.47	2:53.57
7. Sandra de Bruijne	Onderdak	3:01.25	197801310	3:04.27	+0,83	41.27	1:27.92	2:16.09	3:04.27
8. Rianne van Vegchelen	Deltasteur	3:07.54	198101530	3:20.49	+1,01	42.68	1:32.76	2:25.76	3:20.49
9. C. van Bruxvoort	ZPB H&L Productions	3:15.17	197700138	3:24.33	+0,97	45.46	1:37.44	2:31.28	3:24.33
AFGEM Patricia Vos	TRB-RES	2:38.57	198001730						

Masters 40+

1. Kirsten Cameron	East Leeds	2:09.92	1160788	2:09.78	+0,73	30.43	1:03.53	1:36.44	2:09.78
<i>Europees Masters Record</i>									
2. Edith Janssen-Koolen	TRB-RES	2:29.03	197300898	2:24.15	+0,81	32.89	1:09.67	1:47.18	2:24.15
3. Liselotte Joling	PSV	2:23.16	197500268	2:24.83	+0,86	33.43	1:11.15	1:49.25	2:24.83
4. Yvette Ratering	De Ward	2:35.31	197200990	2:32.78	+0,88	34.38	1:12.98	1:53.70	2:32.78
5. Petra Guijt	Aqua-Novio'94	2:31.93	197600978	2:37.69	+0,89	36.28	1:16.58	1:57.84	2:37.69
6. Jannie Vennik	HZ&PC Heerenveen	2:49.70	197601006	2:45.57	+0,86	37.55	1:20.04	2:03.70	2:45.57
7. I. Speelman Hamelink	Zwemclub Koewacht	2:49.28	197601028	2:49.44	+0,85	37.94	1:20.30	2:04.64	2:49.44
8. Marian Nederlof	DWF	2:40.47	197600950	2:49.63	+0,78	36.21	1:17.70	2:02.50	2:49.63
9. Marianne Delmee	CNSW	3:03.34	005587/72	2:58.96	+0,95	39.34	1:24.70	2:13.86	2:58.96
10. Catarina Matos	De Rog	3:08.17	197200976	3:00.94	+0,76	40.32	1:26.53	2:14.88	3:00.94
<i>100m*</i>									
11. Ingrid Versteegen	DBD	3:00.01	197300770	3:04.76	+0,84	41.75	1:29.01	2:17.33	3:04.76
12. Inge Lolkema-Soeters	Steenwijk 1934	3:04.10	197300934	3:05.88	+0,93	42.14	1:28.69	2:17.13	3:05.88
13. F. Verriet-Regensburg	VZV Njord	3:41.71	197500428	3:40.19	+0,93	49.28	1:46.18	2:43.18	3:40.19
AFGEM Evelien Breman-Alers	Nautilus	3:00.75	197200878						
AFGEM Vivian van Kerkwijk	RZ	2:41.44	197500892						

Masters 45+

1. Heidi Van Stein	LZ 1886	2:23.25	196900864	2:25.20	+0,76	32.71	1:09.22	1:47.34	2:25.20
2. Karin Stein	ZVVS	2:30.09	197100554	2:25.82	+0,83	34.50	1:11.28	1:49.26	2:25.82
3. Annette de Visser	Oceanus	2:27.65	197100602	2:27.02	+0,85	33.50	1:10.59	1:48.80	2:27.02
4. Valerie Rolland	CNSW	2:34.12	004276/71	2:30.39	+0,71	35.26	1:12.73	1:51.87	2:30.39
5. L. v. Bon-Rosenbrand	ZPC AMERSFOORT	2:36.22	197000054	2:35.54	+0,97	34.92	1:14.34	1:54.70	2:35.54
6. Henriëtte v. Norden	ZPC AMERSFOORT	2:43.19	196800046	2:39.12	+0,98	36.39	1:17.28	1:59.42	2:39.12
7. Marion Broekhuis	WS Twente	2:39.79	196800060	2:43.89	+0,73	37.17	1:19.25	2:01.77	2:43.89
8. Henriëtte Manting	GZVW	2:37.32	197100246	2:44.50	+0,84	36.43	1:17.53	2:00.57	2:44.50
9. Joyce Brummelkamp	ZVVS	2:53.73	197000952	2:45.37	+0,82	37.68	1:19.52	2:02.73	2:45.37
10. Desiree van der Lem	Vereniging Swimcademy	2:47.58	196800282	2:49.53	+0,86	37.08	1:19.57	2:04.62	2:49.53
11. Annet Kootstra	Swol 1894	2:52.72	197100344	2:49.64	+0,84	39.31	1:22.33	2:06.97	2:49.64
12. Karin Sagonas-Koolen	VZV Njord	2:52.52	197000964	2:53.36	+0,81	37.79	1:21.54	2:08.18	2:53.36

Programmanr. 25, Dames, 200m vrije slag, Masters 45+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
13. Ingeborg Stokx	DAW	3:06.66 196700666	3:02.82	+0,57	40.64	1:27.58	2:16.78	3:02.82
14. Karin Frederix	Old Dutch	3:08.82 196901044	3:03.31	+1,09	42.13	1:29.94	2:18.52	3:03.31
15. Nathasja Konijn	WIDEX GZC DONK	3:13.72 197100992	3:05.45	+0,83	40.90	1:28.38	2:17.18	3:05.45
16. Paule Walravens	CNSW	3:17.72 004339/67	3:07.40	+0,89	44.76	1:33.49	2:23.09	3:07.40
17. Britta Fritz	SC Janus e.V.	3:02.20	3:07.55	+0,92	44.07	1:31.95	2:21.01	3:07.55
18. Sandra Daamen-Posma	AZC	3:12.74 196800854	3:08.58	+0,94	41.76	1:30.33	2:20.96	3:08.58
19. Annette van Dok	MSV-Zeemacht	3:15.66 196800742	3:09.69	+0,84	42.84	1:30.89	2:20.91	3:09.69
20. Kristien Van de Moortel	ShaRK	2:51.68 20315/69	3:09.76	+0,86	40.55	1:29.29	2:19.86	3:09.76

Masters 50+

1. Marjan Remmits	ZPC Woerden	2:30.64 196300518	2:32.10	+0,79	35.74	1:14.03	1:53.78	2:32.10
2. Jacqueline Tuin	DAW	2:44.76 196600690	2:37.78	+0,77	35.38	1:14.36	1:56.07	2:37.78
3. Wilna Heijman	Steenwijk 1934	2:39.95 196400506	2:43.16	+0,88	37.65	1:19.06	2:01.40	2:43.16
4. Francine Sommer	Triton	2:42.76 196200384	2:46.89	+0,86	36.55	1:18.30	2:01.93	2:46.89
5. R. Speelman-Tigelaar	De Spatters	2:51.91 196600664	2:51.60	+0,77	38.45	1:21.59	2:06.61	2:51.60
6. Monique Munnik	AZC	2:59.58 196200328	2:53.93	+0,84	38.86	1:23.40	2:09.23	2:53.93
7. Alice de Haan	WIDEX GZC DONK	3:23.15 196400590	3:29.40	+1,07	45.89	1:37.67	2:33.92	3:29.40
8. Miriam Groenen	Budel	3:44.58 196500630	3:47.64	+0,96	47.50	1:43.69	2:48.13	3:47.64
DIS M. Vandormael	GZVN	3:31.88 21035/63						

AF - De aangegeven afstand niet uitgezwommen.

DIS Petra Casteleijn	ZPC AMERSFOORT	2:35.89 196600098						
----------------------	----------------	-------------------	--	--	--	--	--	--

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 55+

1. Esther van Lohuizen	PSV	2:34.10 195900300	2:34.22	+0,79	35.28	1:14.64	1:55.51	2:34.22
2. Patty Verhagen	PSV	2:45.93 195900146	2:45.43	+0,85	39.41	1:21.44	2:04.23	2:45.43
3. Petra Tossings	DAW	2:46.01 196100376	2:47.08	+0,90	38.84	1:22.19	2:05.71	2:47.08
4. Marijke van Hoek	ZPC De Zeeuwse Kust	2:50.56 195800050	2:51.04	+0,78	39.23	1:22.82	2:08.34	2:51.04
5. Wil Ponsioen-van Mil	AZC	3:25.29 196100402	3:22.09	+1,06	45.37	1:36.86	2:30.33	3:22.09
6. Karien Musters	Old Dutch	3:47.98 195800236	4:00.08	+0,93	51.71	1:50.26	2:54.61	4:00.08

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	2:34.94 195600048	2:34.30	+0,81	35.87	1:14.70	1:55.50	2:34.30
<i>Nederlands Masters Record</i>								
2. Micaela von Richthofen	Erster Offenbacher SC	2:57.60 130914	2:57.76	+0,84	39.58	1:25.00	2:11.86	2:57.76
3. Ineke Meijer	HZ&PC Heerenveen	3:18.70 195200034	3:36.92	+0,90	48.90	1:44.91	2:43.66	3:36.92
4. Tineke van Diggelen	ZPCH	3:37.80 195200048	3:43.58	+0,90	49.99	1:46.64	2:44.99	3:43.58
5. F. Gourmet-Blondeel	CNSW	3:41.63 004901/52	3:50.61	+0,89	51.48	1:49.76	2:47.65	3:50.61
6. Geerdien Meerwaldt	De Geul	4:09.66 195200058	4:15.54	+1,01	56.53	2:02.64	3:09.74	4:15.54

Masters 65+

1. Conny Boer-Buys	ZVVS	2:41.11 195000006	2:42.50	+0,94	36.68	1:17.85	2:01.60	2:42.50
<i>Nederlands Masters Record</i>								
2. Gonnje Bak	PSV	3:32.89 195100064	3:42.29	+0,91	50.39	1:48.46	2:47.33	3:42.29
3. Janny van der Weide	Deltasteur	4:18.57 195100066	4:49.82		1:02.26	2:12.20	3:22.91	4:49.82

Masters 70+

1. Corrie Verhoeven	PSV	3:05.59 194600026	3:08.91	+0,85	41.44	1:29.95	2:19.66	3:08.91
<i>Nederlands Masters Record</i>								
2. Annie Smits	PSV	3:49.25 194600016	3:43.34		51.42	1:48.20	2:46.88	3:43.34

Programmanr. 25, Dames, 200m vrije slag

Masters 75+

1. Marie Smits	Old Dutch	4:09.43	193800004	4:00.58	+1,19	53.41	1:55.79	3:00.07	4:00.58
2. Truus Ruiter	Old Dutch	4:28.43	194000004	4:31.20	+0,95	59.57	2:08.70	3:19.82	4:31.20

Masters 80+

1. Lottje Geurts	PSV	3:35.23	193500006	3:41.56	+1,03	49.75	1:46.70	2:44.43	3:41.56
<i>Nederlands Masters Record</i>									

Programmanr. 26
07-05-2016 - 16:04

Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Christiaan Zwaal	MSV-Zeemacht	2:05.65 199503881	2:02.27	+0,64	28.43	1:00.06	1:31.86	2:02.27
2. Jeffrey Appel	WZ&PC Purmerend	2:00.71 199200027	2:04.28	+1,21	27.96	59.32	1:31.95	2:04.28
3. Erik Pape	Octopus	2:07.86 199601669	2:07.65	+0,76	29.61	1:02.76	1:35.38	2:07.65
4. Nordin Termoshuizen	WVZ	2:04.65 199605401	2:07.81	+0,80	29.32	1:02.51	1:35.34	2:07.81
5. Vincent Dermaux	ZC Aquadream	2:03.37 199600599	2:09.30	+0,75	28.29	1:01.27	1:35.53	2:09.30
6. Jeffrey van Zetten	Octopus	2:08.39 199500755	2:11.79	+0,81	30.37	1:04.90	1:38.38	2:11.79
7. Frank Hezemans	LZ 1886	2:12.30 199200521	2:12.88	+0,76	29.91	1:03.03	1:37.94	2:12.88
8. Sjors Boverhoff	Octopus	2:06.70 199500741	2:13.72	+0,70	30.16	1:03.89	1:38.81	2:13.72
9. Hans Stoffers	Triton Putten	2:12.22 199604027	2:16.05	+0,68	29.66	1:04.51	1:40.57	2:16.05
10. Remco Oskam	WIDEX GZC DONK	2:10.48 199205583	2:16.12	+0,77	29.38	1:04.13	1:40.69	2:16.12
11. Jorden Theijink	ZPC De Hof	2:07.08 199400323	2:17.61	+0,75	30.69	1:05.74	1:41.64	2:17.61
12. Stefan Kwant	Nova	2:20.35 199200781	2:18.19	+0,72	29.59	1:03.73	1:39.74	2:18.19
13. Sjoerd Nijhof	ZPC De Hof	2:10.30 199401117	2:18.28	+0,80	29.81	1:03.53	1:40.22	2:18.28
14. Martino Valentijn	DIO	2:15.04 199403913	2:19.75	+0,76	31.37	1:08.01	1:44.52	2:19.75
15. Tim de Vrugt	ESCA Zwemmen	2:15.04 199306719	2:21.36	+0,71	31.36	1:07.21	1:45.02	2:21.36
16. Ruben de Boer	De Duinkickers	2:25.93 199301419	2:27.29	+0,74	32.47	1:10.02	1:48.89	2:27.29
17. Thomas Grudelbach	ZVVS	2:30.61 199500355	2:29.12	+0,85	33.27	1:11.12	1:51.19	2:29.12
18. Bram Meijlis	ESCA Zwemmen	2:16.17 199401967	2:36.16	+0,74	32.51	1:11.63	1:53.99	2:36.16
19. Maarten Steekelenburg	Aquaman	2:36.32 199300479	2:36.24	+0,79	34.62	1:14.64	1:57.35	2:36.24
20. Rens Klok	ZPC Woerden	2:31.39 199602045	2:42.79	+0,82	35.92	1:17.30	1:59.88	2:42.79
AFGEM Bob Potkamp	Deltasteur	2:47.82 199403189						
Masters 25+								
1. Erik Simons	d'ELFT WAVE (SG)	2:00.83 198902845	2:02.24	+0,77	27.56	58.44	1:30.42	2:02.24
2. Alex Schelvis	LZ 1886	1:59.75 198702927	2:06.03	+0,74	29.30	1:00.94	1:33.50	2:06.03
3. Patrick Creemers	RZ	2:08.63 199000579	2:08.61	+0,71	29.74	1:03.48	1:36.86	2:08.61
4. Tim Bunnik	Triton	2:10.67 199000505	2:09.67	+0,76	28.16	1:00.88	1:35.03	2:09.67
5. Sander de Vrugt	ESCA Zwemmen	2:12.63 198903499	2:15.32	+0,67	30.30	1:04.16	1:39.88	2:15.32
6. Niels Albrechts	MGO (SG)	2:13.79 198800039	2:15.44	+0,82	31.08	1:05.47	1:41.03	2:15.44
7. Tolga Ozel	CNBA	2:18.37 005935/88	2:16.42	+0,75	29.60	1:04.76	1:40.85	2:16.42
8. Bart van der Zwaan	De Amstel	2:12.33 199005149	2:17.47	+0,80	31.27	1:06.09	1:42.47	2:17.47
9. Jeffrey van 't Schip	De Amstel	2:09.79 199102035	2:17.55	+0,82	30.18	1:03.71	1:40.36	2:17.55
10. Erik van der Heide	Zuiderzeewimmers	2:09.19 198801337	2:17.97	+0,77	30.55	1:04.70	1:41.04	2:17.97
11. Mark Godwaldt	PSV	2:19.90 198701039	2:26.46	+0,80	32.25	1:09.25	1:48.78	2:26.46
12. Niels van Beurden	ZPC Woerden	2:21.27 198805669	2:32.86	+0,71	33.53	1:12.43	1:52.96	2:32.86
13. Patrick de Jonge	ZPC Woerden	2:24.51 198906635	2:33.50	+0,84	31.40	1:09.87	1:50.88	2:33.50
14. Wesley Determann	Zwemvereniging Hoogland	2:42.12 198806107	2:48.01	+0,97	33.97	1:15.44	2:01.28	2:48.01
15. Robin Eggenkamp	De Duinkickers	2:46.06 198700847	2:50.50	+0,86	34.24	1:16.31	2:03.49	2:50.50
AFGEM Hidde van Merwijk	Aqua-Novio'94	2:10.88 198702217						

Programmanr. 26, Heren, 200m vrije slag

Masters 30+

1. Jim Geestman	RSW (SG)	2:04.64	198300699	2:10.13	+0,89	29.71	1:02.10	1:36.11	2:10.13
2. Robert Dekker	De Veene	2:08.64	198400443	2:12.12	+0,86	30.42	1:04.31	1:38.72	2:12.12
3. Pieter Pickhardt	ZPC De Hof	2:04.40	198301657	2:12.74	+0,84	30.22	1:03.52	1:38.15	2:12.74
4. Tim van den Berg	MNC Dordrecht	2:11.34	198500157	2:20.70	+0,76	30.52	1:06.27	1:43.60	2:20.70
5. Rob van Wanrooy	Gay Swim Amsterdam	2:23.25	198202627	2:26.92	+0,78	31.71	1:08.55	1:47.16	2:26.92
6. Wouter Zijlstra	DAW	2:42.58	198202077	2:28.20	+0,81	32.78	1:10.16	1:49.13	2:28.20
7. Nicolas Havet	SC Rixensart	2:29.29	001817/86	2:32.93	+0,72	34.56	1:12.66	1:52.24	2:32.93
8. Maarten Prot	Upstream Amsterdam	2:38.95	198403195	2:37.35	+0,88	34.95	1:16.34	1:57.71	2:37.35
9. Julien Mathieu	Villeurbanne Natation	2:45.62	170694076	2:47.31	+0,93	36.08	1:17.45	2:02.88	2:47.31

Masters 35+

1. Ivo Roozeboom	WVZ	2:20.46	197700801	2:09.45	+0,79	29.29	1:02.18	1:35.38	2:09.45
2. Michiel Beemster	WS Twente	2:02.51	198000063	2:11.34	+0,87	28.61	1:01.12	1:35.85	2:11.34
3. Dennis Brouwers	HZPC	2:06.23	197800167	2:11.43	+0,89	30.69	1:04.02	1:38.20	2:11.43
4. Marcel Reefhuis	WS Twente	2:12.37	198101381	2:12.76	+1,13	30.45	1:04.01	1:38.95	2:12.76
5. Mark Zwart	Zwemlust-den Hommel	2:09.04	197901461	2:15.75	+0,77	30.71	1:04.49	1:40.07	2:15.75
6. Freddie Geerlings	NIMO	2:16.91	197900379	2:16.70	+0,77	31.38	1:06.21	1:42.25	2:16.70
7. Sascha Sauer	Wilhelmshavener SSV	2:12.60	246307	2:18.39	+0,80	31.13	1:06.67	1:43.40	2:18.39
8. Raymond Oosterbaan	WIDEX GZC DONK	2:14.16	197700711	2:20.56	+0,89	30.93	1:07.06	1:44.31	2:20.56
9. Stan Dekker	PLONS	2:13.79	197901823	2:20.71	+0,88	31.93	1:07.43	1:44.40	2:20.71
10. Berry van Holland	TriVia	2:18.06	198000603	2:25.78	+0,77	32.73	1:10.00	1:48.34	2:25.78
11. Harm Jan Otter	De Zandstuve	2:31.49	198101283	2:27.65	+0,90	32.55	1:09.72	1:48.54	2:27.65
12. Alberto Sun	CNSW	2:27.90	005891/78	2:29.38	+0,79	32.49	1:09.55	1:49.09	2:29.38
13. Rutger Stam	Zwemvereniging Hoogland	2:37.28	198102463	2:31.14	+0,88	34.35	1:13.09	1:52.90	2:31.14

Masters 40+

1. Jeroen Van Den Bosch	RSCM	2:03.38	10074/75	2:04.07	+0,85	28.92	1:00.79	1:32.33	2:04.07
2. Dennis Schouten	Upstream Amsterdam	2:08.91	197501351	2:16.02	+0,76	30.36	1:05.35	1:40.19	2:16.02
3. Alex Damen	DAW	2:19.99	197501371	2:16.74	+0,74	29.89	1:04.82	1:41.21	2:16.74
4. Uwe Wehler	SC Poseidon Koblenz	2:33.80	167187	2:34.02	+0,79	33.29	1:11.22	1:51.58	2:34.02
5. Wouter van der Stelt	Den Doorn	2:28.15	197200889	2:39.47	+0,76	35.30	1:14.82	1:56.88	2:39.47
100m*									
6. Erik Rushton	WIDEX GZC DONK	2:51.89	197601573	2:51.21	+0,96	38.64	1:21.66	2:07.55	2:51.21
7. Bas van Gool	De Geul	2:57.64	197201435	3:07.22	+0,88	39.86	1:25.60	2:16.23	3:07.22

Masters 45+

1. Pieter van Gemenen	DAW	2:19.05	196901779	2:15.44	+0,79	31.01	1:04.97	1:40.51	2:15.44
2. Arjan Bellaart	Het Y	2:09.17	196900079	2:15.89	+0,71	30.80	1:05.76	1:40.98	2:15.89
3. Francis Roosen	VZV Njord	2:30.91	196801581	2:24.42	+0,77	31.88	1:06.75	1:44.52	2:24.42
4. Chris Kouwenhoven	De Spatters	2:39.29	197101669	2:36.56	+0,90	34.97	1:15.03	1:56.05	2:36.56
5. Sander Nieuwenhuys	De Fuut	2:32.94	196801423	2:49.13	+0,78	36.76	1:18.75	2:03.49	2:49.13
6. Korstiaan de Boer	Steenwijk 1934	2:50.57	197101629	2:49.31	+0,84	36.76	1:19.57	2:05.41	2:49.31
7. Erik van Dartel	PSV	2:35.87	196700185	2:52.75	+1,01	38.40	1:21.62	2:07.86	2:52.75
8. Tanguy Wymeersch	CNSW	3:10.50	002684/69	3:14.20	+1,07	45.72	1:34.90	2:26.58	3:14.20
AFGEM Ferry Adema	d'ELFT WAVE (SG)	2:19.54	197100007						

Masters 50+

1. Tomas Prescher	SG Mülheim	2:05.72	146010	2:09.99	+0,76	30.18	1:03.32	1:36.81	2:09.99
2. Edwin v. Norden	ZPC AMERSFOORT	2:23.34	196300563	2:16.05	+0,71	31.27	1:06.21	1:41.70	2:16.05
3. Dave Witteboon	MZVA	2:17.34	331/63	2:16.78	+0,95	30.95	1:05.29	1:40.91	2:16.78
4. Bob de Vries	Aquapoldro	2:23.59	196601101	2:17.67	+0,71	30.37	1:05.84	1:42.00	2:17.67
5. Rob Verheul	TRB-RES	2:25.15	196601571	2:25.41	+0,80	32.83	1:09.43	1:47.35	2:25.41
6. Hans Westerhof	WS Twente	2:28.19	196200743	2:28.16	+0,94	35.22	1:12.44	1:50.96	2:28.16
7. Rene de Jong	ZVVS	2:28.20	196600351	2:30.58	+0,89	34.52	1:12.71	1:51.86	2:30.58
8. John Stokx	DAW	2:32.39	196401341	2:32.51	+0,83	33.56	1:11.15	1:52.87	2:32.51
9. Karim Naili	CNBA	2:35.48	000664/66	2:35.29	+0,92	34.62	1:14.15	1:54.19	2:35.29
10. Paul Wijnja	De Biesboschzwemmers	2:35.03	196301403	2:37.30	+0,79	36.29	1:17.59	1:58.86	2:37.30
100m*									

Programmanr. 26, Heren, 200m vrije slag, Masters 50+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
11. Freddy v.d. Veen	ZVVS	2:42.16 196601161	2:37.95	+0,98	34.44	1:13.57	1:55.53	2:37.95
12. Bob Nieuwenhuys	De Fuut	2:36.02 196201227	2:38.66	+0,82	35.91	1:15.01	1:57.11	2:38.66
13. Fred Dijkshoorn	Zwemvereniging Westland	2:30.14 196501539	2:38.76	+0,77	34.50	1:14.38	1:56.92	2:38.76
14. Roy le Clercq	De Rog	2:43.94 196401041	2:42.50	+0,89	35.58	1:17.46	2:00.20	2:42.50
15. Erik Saan	De Duck	2:42.68 196500769	2:43.40	+0,98	35.51	1:16.96	2:01.22	2:43.40
16. O. Chalmer-Rasmussen	CNDu	2:44.39 123	2:49.23	+0,87	37.77	1:19.82	2:04.54	2:49.23
17. René Speelman	De Spatters	2:47.17 196601521	2:51.66	+0,81	37.16	1:19.26	2:05.96	2:51.66
18. Mike Hartog	ZPB H&L Productions	2:58.25 196601509	3:00.90	+0,86	41.14	1:26.06	2:14.26	3:00.90
19. Stephane Frantzen	CNSW	3:33.98 002546/66	3:36.53	+1,22	49.25	1:45.95	2:42.48	3:36.53

Masters 55+

1. Arno Wouters	ZPC De Zeeuwse Kust	2:17.75 195800667	2:23.97	+0,92	32.98	1:09.59	1:47.74	2:23.97
2. Ronald Grove	Oceanus	2:44.65 196100161	2:26.44	+0,71	31.88	1:09.60	1:48.73	2:26.44
3. Sven Tidelski	SC Poseidon Koblenz	2:33.28 158989	2:31.96	+1,02	34.49	1:12.99	1:53.18	2:31.96
4. Mark Kas	PLONS	2:41.25 196100285	2:41.25	+0,87	37.02	1:18.21	1:59.85	2:41.25
5. Wim de Lange	AZC	2:35.08 195800533	2:43.15	+0,92	34.18	1:14.18	1:58.39	2:43.15
6. Jos Zentjens	Budel	2:52.72 195700569	2:52.19	+0,87	36.25	1:18.60	2:05.42	2:52.19
7. Hans-Jörg Kuck	SSF Bonn	2:58.60 124651	2:53.93	+1,00	37.94	1:22.28	2:08.42	2:53.93
AFGEM Frederik Eshuis	UZSC	3:02.78 195900821						
AFGEM Rob Penninks	PSV	2:38.45 196000897						

Masters 60+

1. Peter Kauch	SV Gladbeck 13	2:18.69 73094	2:19.88	+0,91	32.59	1:08.35	1:44.52	2:19.88
<i>Kampioenschaps Record, German Masters Record</i>								
2. Philippe Morelle	HELIOS	2:15.56 005139/56	2:21.11	+0,86	31.58	1:07.95	1:45.50	2:21.11
<i>Belgisch Masters Record</i>								
3. Klaus Kalinke	SV Gladbeck 13	2:33.87 72636	2:23.29	+0,80	32.09	1:08.25	1:45.73	2:23.29
<i>100m*</i>								
4. Simon Veale	Totnes Swimming Club	2:23.74 1008	2:23.77	+0,71	32.28	1:09.38	1:47.46	2:23.77
5. Henk Slomp	Inktvis-De Pinquin (SG)	2:36.74 195500359	2:39.23	+0,79	35.70	1:16.95	1:59.68	2:39.23
6. Wim Scherpenisse	UZSC	3:02.11 195500447	2:48.67	+1,17	38.55	1:22.81	2:08.23	2:48.67
7. Laurens Klein Breteler	WWV	2:43.15 195400109	2:58.39	+0,99	38.36	1:23.93	2:10.99	2:58.39
<i>100m*</i>								
8. Toby Van den Eynde	ZIK	2:54.47 10155/54	2:59.08	+0,85	39.98	1:25.47	2:14.24	2:59.08
9. Rolf Peltzer	SG Erkelenz-Hückelhoven	3:06.65 160057	3:08.01	+0,85	39.83	1:27.86	2:18.37	3:08.01
10. Sierd Tilma	Steenwijk 1934	3:23.04 195300277	3:19.03	+1,17	40.85	1:31.26	2:26.73	3:19.03

Masters 65+

1. Wout Hemmes	De Plons	2:47.04 194800059	2:44.51	+0,86	36.03	1:18.23	2:01.57	2:44.51
2. Piet Schop	De Bevelanders	2:50.04 195000109	2:50.87	+0,69	38.43	1:21.93	2:07.58	2:50.87
3. Hilbert Prins	OEZA	2:56.10 195100223	3:02.07	+0,99	41.41	1:27.82	2:15.33	3:02.07
4. Jaap Kwakkel	DAW	3:07.77 194700157	3:12.96	+0,94	41.83	1:30.81	2:22.64	3:12.96
5. Ludwig Lorenz	SV Gladbeck 13	3:13.77 127866	3:23.10	+1,12	47.70	1:41.63	2:32.51	3:23.10
6. Jan van der Heide	HZ&PC Heerenveen	3:21.85 195100059	3:28.57	+1,12	44.86	1:37.05	2:32.57	3:28.57
7. Mar van Geel	Old Dutch	3:42.76 194700135	3:58.66	+1,27	53.65	1:53.90	2:57.66	3:58.66

Masters 70+

1. Willem Putter	ZVVS	2:57.98 194500135	2:55.53	+0,95	39.11	1:23.44	2:10.72	2:55.53
2. Geza Kaltenecker	AZC	3:18.54 194200065	3:15.62	+0,83	41.21	1:30.71	2:24.92	3:15.62
AFGEM Vadym Kutsenko	Dynamo	2:45.13						

Masters 75+

1. Frans van Enst	WS Twente	3:05.83 194000011	3:05.31	+1,04	41.32	1:29.33	2:19.02	3:05.31
2. F. Hendrik De Bruijn	CN Aquamasters	3:01.27	3:07.45	+1,11	44.25	1:32.49	2:21.48	3:07.45

Programmanr. 26, Heren, 200m vrije slag

Masters 80+

AFGEM Bob Berg PSV 4:08.92 193300011

Masters 85+

1. Klaas Prins Steenwijk 1934 5:56.26 192800001 **6:09.52** 1:17.20 2:53.59 4:35.05 6:09.52
Nederlands Masters Record

Programmanr. 27
07-05-2016 - 16:47

Dames, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Martina Eva Becker	Erster Offenbacher SC	1:07.77 160468	1:07.80	+0,72	32.26	1:07.80
2. Stéphanie Bergsma	Dedemsvaart-AC	1:06.50 199203374	1:08.84	+0,69	32.71	1:08.84
3. Liesa Vrielinck	BZK	1:10.13 21068/93	1:09.90	+0,80	32.21	1:09.90
4. Cynthia van Beusekom	TriVia	1:08.72 199500134	1:11.33	+0,74	32.63	1:11.33
5. Suzanne Mosch	MSV-Zeemacht	1:10.57 199400548	1:13.38	+0,75	33.03	1:13.38
6. Giulia Rolloos	Van Vliet-Barracuda	1:14.02 199500946	1:14.70	+0,91	34.53	1:14.70
7. Anouk van der Vlies	WVZ	1:10.81 199603226	1:15.04	+0,89	33.79	1:15.04
8. Karin Verbeek	Nautilus	1:11.83 199201848	1:16.22	+0,74	35.34	1:16.22
9. Wendy de Bruin	ZOB'66	1:15.22 199206320	1:17.30	+0,63	35.31	1:17.30
10. Sharon Julius	Octopus	1:18.45 199602664	1:20.85	+0,79	35.35	1:20.85
11. Rebecca Evers	ZOB'66	1:19.81 199207916	1:21.01	+0,82	35.53	1:21.01
12. Alma Janssen	Van Vliet-Barracuda	1:19.28 199401078	1:21.61	+0,94	37.58	1:21.61
13. Anne Aarts	Aqua-Novio'94	1:24.56 199207942	1:23.67	+0,73	37.10	1:23.67
14. Rebecca van Eeren	SCOM	1:22.37 199306910	1:31.00	+0,87	39.34	1:31.00
15. Cynthia van Veen	ZPC Woerden	1:32.32 199606736	1:42.98 *	+0,71	41.82	1:42.98
16. Claudia Creemers	RZ	1:42.90 199202864	1:44.77	+0,88	45.19	1:44.77
AFGEM Linda Kamperman	Aquarijn	1:07.26 199601238				

Masters 25+

1. Charlotte Groeneveld	UZSC	1:08.29 198701404	1:08.64	+0,81	32.45	1:08.64
2. Jolanda Post	DIO	1:07.59 199004848	1:10.66	+1,03	32.07	1:10.66
3. Monique Lindenberg	De Bevelanders	1:14.27 199002360	1:13.92	+0,79	33.61	1:13.92
4. Maaikje van Diggele	ZPB H&L Productions	1:13.45 198700868	1:14.73	+0,81	33.79	1:14.73
5. Wendan Poelstra	TriVia	1:07.76 199102496	1:15.14	+0,76	33.80	1:15.14
6. Josine van Dorsselaer	Zwemclub Koewacht	1:12.46 198801040	1:16.04	+0,79	34.63	1:16.04
7. Liset de Veer	Aqua-Novio'94	1:22.20 198704190	1:22.73	+0,82	37.88	1:22.73
8. Liesbeth van Mill	DWK	1:17.77 198702786	1:22.79	+0,86	37.46	1:22.79
9. Anita Scheper	TriVia	1:17.49 198803862	1:22.80	+0,95	37.61	1:22.80
10. Christa Stam	RSW (SG)	1:21.18 198806790	1:23.24	+0,80	36.53	1:23.24
11. Karin Hovenkamp	De Spatters	1:14.62 198701850	1:23.29	+0,77	37.45	1:23.29
12. Lindsey Hol	De Meer	1:21.14 199008088	1:26.20	+0,84	38.34	1:26.20
13. Lisette van den Bos	Poseidon'56	1:25.63 198700468	1:31.80	+0,88	41.19	1:31.80

Masters 30+

1. Roos van Esch	d'ELFT WAVE (SG)	1:12.02 198200468	1:11.07	+0,77	32.78	1:11.07
2. Nadya Putter	ZVVS	1:10.36 198301630	1:11.28	+0,75	33.81	1:11.28
3. Esther Versteeg	Van Vliet-Barracuda	1:11.04 198302112	1:13.02	+0,87	33.54	1:13.02
4. Nele Van Campfort	CNBA	1:14.55 002159/86	1:14.99	+0,77	34.93	1:14.99
5. Miranda Pijnenburg	De Treffers	1:13.49 198301216	1:19.75	+0,89	37.34	1:19.75
6. Marije Jansen	Aquarijn	1:13.21 198504088	1:24.69	+0,80	39.98	1:24.69
7. Jacqueline Oostenbrink	De Forel	1:21.03 198403156	1:27.27	+0,83	37.54	1:27.27

Programmanr. 27, Dames, 100m vlinderslag

Masters 35+

1. Delia Badoux	WVZ	1:09.99	198000042	1:09.91	+0,75	31.63	1:09.91
<i>Nederlands Masters Record</i>							
2. Chantal Verhoeff	Old Dutch	1:17.86	197900912	1:19.29	+0,91	35.30	1:19.29
3. Angela Koekkoek	Triton	1:21.73	197901516	1:22.18	+0,72	36.36	1:22.18
4. Carmen Haan	ZZG De Boskikkers	1:36.54	197901458	1:31.32	+0,97	37.50	1:31.32
5. Sandra de Bruijne	Onderdak	1:45.64	197801310	1:52.57	+0,88	48.89	1:52.57
AFGEM Patricia Vos	TRB-RES	1:21.26	198001730				
AFGEM Kirsten Savelberg	AZC	1:31.70	197901192				

Masters 40+

1. Olivia Lorton	Swimming Luxembourg	1:14.65	9981	1:14.97	+0,72	33.54	1:14.97
2. Ilona Hogerheyde	DAW	1:17.17	197400224	1:17.85	+0,77	34.98	1:17.85
3. Yvette Ratering	De Ward	1:25.08	197200990	1:21.84 *	+1,14	36.28	1:21.84
4. Marianne Delmee	CNSW	1:44.54	005587/72	1:44.72	+0,93	46.86	1:44.72
5. Lisette Sorber	UZSC	1:58.85	197200968	1:56.49	+1,00	52.59	1:56.49

Masters 45+

1. Ingrid Boot-De Groot	De Aalscholver	1:11.72	197000168	1:12.44	+0,74	33.52	1:12.44
2. Lesley Cordial	Neptunus	1:10.54	196700684	1:12.51	+0,81	33.90	1:12.51
3. Valerie Rolland	CNSW	1:20.92	004276/71	1:19.77	+0,72	37.40	1:19.77
4. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	1:20.69	197000054	1:21.65	+0,90	36.82	1:21.65
5. Trudy Ketting	PSV	1:24.35	197000268	1:21.89	+0,82	37.46	1:21.89
6. Peggi Hurenkamp	HZ&PC Heerenveen	1:26.82	196900922	1:27.63	+0,88	40.88	1:27.63
7. Nathasja Konijn	WIDEX GZC DONK	1:42.13	197100992	1:38.15	+0,83	45.13	1:38.15
AFGEM Jeanne Petit	De Dinkel	1:12.95	197001020				
AFGEM Joyce Brummelkamp	ZVVS	1:34.74	197000952				

Masters 50+

1. Katrien Delaender	BZK	1:11.47	20525/66	1:11.16	+0,80	33.20	1:11.16
<i>Kampioenschappen Record, Belgisch Masters Record</i>							
2. Arlene Delmage	CNSW	1:14.30	005892/62	1:14.05	+0,71	33.70	1:14.05
3. Marjan Remmits	ZPC Woerden	1:17.05	196300518	1:17.03	+0,82	35.05	1:17.03
4. Margriet Grove-Lingeman	Oceanus	1:24.38	196200080	1:27.20	+0,85	39.80	1:27.20
5. Nicky Slinger	HPC	1:33.27	196600316	1:35.00	+0,90	44.11	1:35.00
6. K. van Nassau van den Heu	Old Dutch	1:31.86	196600188	1:46.39	+0,89	49.91	1:46.39

Masters 55+

1. Mathilde Vink	Swol 1894	1:18.03	195800128	1:23.60	+0,83	37.94	1:23.60
2. Inge Wolfs	PLONS	1:21.39	196000304	1:26.49	+0,87	39.49	1:26.49
3. Claire Anthony	CNSW	1:24.12	001353/57	1:35.03	+0,83	42.69	1:35.03
4. Hannie Poletiek	TriVia	1:46.06	195900278	1:49.74	+1,10	46.88	1:49.74
5. Lia Bijkerk	WIDEX GZC DONK	1:57.36	196000014	1:56.85	+0,99	51.82	1:56.85
6. Mies Kuipers	Old Dutch	2:15.10	195800202	2:19.92	+0,91	1:04.06	2:19.92

Masters 60+

1. Carla Hensen	PSV	1:40.95	195300062	1:46.22	+0,95	49.27	1:46.22
-----------------	-----	---------	-----------	----------------	-------	-------	---------

Masters 65+

1. Yolande Dubuisson	HELIOS	1:49.74	000278/51	1:52.20	+0,88	51.28	1:52.20
<i>Kampioenschappen Record, Belgisch Masters Record</i>							
2. Antoinette Gilding-Tussaud	WS Twente	2:15.73	195000038	2:08.83	+1,00	1:00.19	2:08.83
DIS Christien Nieuwenhuis	Swol 1894	1:27.63	195100022				
<i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i>							

Programmanr. 28
07-05-2016 - 17:01

Heren, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Christiaan Zwaal	MSV-Zeemacht	59.80	199503881	59.26	+0,60	27.28	59.26
2. Wimar Lindenberg	Hieronymus	1:00.54	199601857	1:00.80	+0,67	28.07	1:00.80
3. Jesper Oranje	De Duck	59.76	199200997	1:01.13	+0,80	27.74	1:01.13
4. Nick Sijmons	De Amstel	1:01.23	199500491	1:03.15	+0,74	28.67	1:03.15
5. Nordin Termoshuizen	WVZ	1:03.48	199605401	1:04.11	+0,76	29.89	1:04.11
6. Romero Hennep	De Kempvis	59.20	199304929	1:04.26	+0,97	29.29	1:04.26
7. Emiel van Beusekom	Van Vliet-Barracuda	1:03.43	199403951	1:05.20	+0,77	29.78	1:05.20
8. Jorden Theijink	ZPC De Hof	1:01.33	199400323	1:06.81	+0,82	30.19	1:06.81
9. Frank Hezemans	LZ 1886	1:07.28	199200521	1:07.91	+0,75	31.72	1:07.91
10. Jordy Jongenelen	ZC Aquadream	1:05.57	199504995	1:08.20	+0,65	31.69	1:08.20
11. Paul van Grol	WIDEX GZC DONK	1:07.62	199602951	1:08.45	+0,62	31.88	1:08.45
12. Jesper Honken	Nova	1:10.43	199600085	1:11.34	+0,81	30.98	1:11.34
13. Ian van Mullem	ZOB'66	1:17.80	199602545	1:22.40	+0,87	37.80	1:22.40

Masters 25+

1. Kalon Veale	Totnes Swimming Club	57.29	34589	1:00.52	+0,69	27.31	1:00.52
2. Gil Rogiers	RSCM	1:02.09	10336/90	1:02.97	+0,79	29.13	1:02.97
3. Maik Steenkamp	Montferland	1:04.31	199103847	1:07.09	+0,73	30.40	1:07.09
4. Rens Post	WVZ	1:09.33	199101827	1:08.30	+0,72	30.61	1:08.30
5. Fernand Cieol	CNDu	1:04.82	1645	1:08.50	+0,77	30.80	1:08.50
6. Rutger Dalm	De Lansingh	1:11.66	199005561	1:13.16	+0,83	33.36	1:13.16
7. Patrick Holthuisen	d'ELFT WAVE (SG)	1:16.38	199107681	1:17.30	+0,66	35.40	1:17.30
8. Harmen Reemst	ZOB'66	1:23.37	198702715	1:23.78	+0,79	36.31	1:23.78

Masters 30+

1. Lauren Vis	Steenwijk 1934	1:05.88	198201883	1:01.98	+0,66	27.76	1:01.98
2. Sander Bouts	RZ	1:02.49	198500331	1:03.49	+0,86	29.70	1:03.49
3. Pieter Pickhardt	ZPC De Hof	1:03.28	198301657	1:07.81	+0,85	31.60	1:07.81
4. Frank van der Voordt	MGO (SG)	1:10.65	198302259	1:11.38	+0,75	32.62	1:11.38
DIS Gerwin Vonk	De Spatters	1:06.43	198201907				

2 volledige slagen schoolslag gezwommen tijdens de race

Masters 35+

1. Nol van Thull	d'ELFT WAVE (SG)	1:03.62	198001513	1:01.38	+0,81	28.40	1:01.38
<i>Kampioenschaps Record</i>							
2. Richard Claus	Swimteam Helden-Mosa (SG)	59.76	198000265	1:03.06	+0,70	29.08	1:03.06
3. Enrico Hahn	Otter SC	1:11.17	458508	1:06.19	+0,76	30.07	1:06.19
4. Markus van Rest	WVZ	1:04.53	197701197	1:07.53	+1,15	30.68	1:07.53
5. Patrick Roozeboom	WS Twente	1:07.64	197701643	1:08.95	+0,91	32.41	1:08.95
6. Michiel Beemster	WS Twente	1:02.83	198000063	1:09.29	+0,90	31.01	1:09.29
7. Bas Overbosch	Het Y	1:12.07	197700737	1:16.07	+0,88	34.49	1:16.07

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	1:02.37	197600889	1:03.65	+0,78	29.17	1:03.65
2. Kelvin Isselt	RZ	1:04.10	197601119	1:05.76	+0,78	29.74	1:05.76
3. Dennis Schouten	Upstream Amsterdam	1:03.83	197501351	1:08.47	+0,78	31.43	1:08.47
4. Uwe Wehler	SC Poseidon Koblenz	1:19.60	167187	1:19.40	+0,80	35.98	1:19.40
5. Mohamed Abou Gebba	CNSW	1:41.83	00504575	1:31.98	+0,99	43.03	1:31.98
AFGEM Machiel Stolk	Swol 1894	1:13.21	197400779				

Programmanr. 28, Heren, 100m vlinderslag

Masters 45+

1. Harry Cornet	De Biesboschzwemmers	1:03.59	197100175	1:05.93	+0,78	30.57	1:05.93
2. Antwan van Engen	De Ward	1:04.89	197101577	1:05.99	+0,75	30.26	1:05.99
3. Marc Bleeker	d'ELFT WAVE (SG)	1:08.44	196901729	1:09.65	+0,92	31.90	1:09.65
4. Richard Rickson	NIMO	1:10.65	197000841	1:09.82	+0,83	31.62	1:09.82
5. Stefan Holmstrom	DAW	1:20.14	196701671	1:12.59	+0,89	34.04	1:12.59
6. Harald Mulder	WVZ	1:15.91	196701459	1:17.43	+0,88	37.29	1:17.43
7. Hans Schoenmakers	DAW	1:17.96	196900863	1:19.60	+0,75	35.57	1:19.60
8. Marcel Brittijn	De Duinkickers	1:25.52	196900159	1:28.22	+0,72	36.59	1:28.22

Masters 50+

1. Ragnar Stermann	SG Mülheim	1:04.60	94725	1:05.68	+0,76	30.96	1:05.68
2. Jo Rogiers	RSCM	1:06.17	10194/63	1:08.58	+0,84	32.01	1:08.58
3. Wiljam Nijenhuis	De IJssel	1:10.47	196400547	1:12.59	+0,93	33.02	1:12.59
4. Bernd Bienek	SV Gladbeck 13	1:13.85	278658	1:17.66	+0,98	35.26	1:17.66
5. Frank van Vliet	PSV	1:25.03	196400927	1:23.00	+0,94	36.92	1:23.00
6. Andreas Walter	Stader Schwimmverein	1:19.05	167364	1:24.29	+1,09	37.18	1:24.29
7. Henk Kuipers	UZSC	1:27.79	196201207	1:29.88	+0,87	42.07	1:29.88
8. Eric de Haas	De Treffers	1:34.50	196501275	1:30.60	+1,00	42.08	1:30.60
9. Mike Hartog	ZPB H&L Productions	1:30.62	196601509	1:34.00	+0,92	43.31	1:34.00

Masters 55+

1. Hugo Bregman	Albion	1:03.37	195800069	1:03.48	+0,77	29.22	1:03.48
2. Albert Boonstra	Aqua-Novio'94	1:07.65	195700425	1:09.17	+0,81	31.04	1:09.17
3. Fred Ketting	PSV	1:16.37	196000289	1:11.21	+0,87	32.57	1:11.21
4. Walter Ludwig	Schwimmsportfr. Sieglar 60	1:17.73	133686	1:22.27	+0,89	37.92	1:22.27
5. Jan Willem Heuten	WS Twente	1:33.23	196000883	1:30.16	+1,01	39.34	1:30.16
6. Jan Haitsma	De Spatters	1:41.05	196000929	1:44.99	+0,98	48.23	1:44.99

Masters 60+

1. Jean-Marie Cadiat	CNSW	1:09.77	000243/53	1:11.85	+0,88	33.51	1:11.85
2. Paul Bunnik	Triton	1:22.47	195600413	1:22.01	+0,88	36.87	1:22.01
3. Luc Laloi	HELIOS	1:35.52	005538/53	1:32.36	+0,86	40.84	1:32.36

Masters 70+

1. Rob Hanou	PSV	1:45.75	194300109	1:42.28	+1,16	48.58	1:42.28
--------------	-----	---------	-----------	----------------	-------	-------	---------

Masters 75+

1. Manfred Bottin	SV Langenfeld 1912	2:01.76	57993	2:25.37	+1,06	1:08.02	2:25.37
-------------------	--------------------	---------	-------	----------------	-------	---------	---------

Programmanr. 29
07-05-2016 - 17:19

4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging			inschrijftijd		tijd		RT
80+, Dames								
1.	TriVia 1 <i>Kampioenschaps Record</i>	TriVia		2:09.20		2:14.51		+0,66
	Heleen Arends	94	+0,66	34.25	Cynthia van Beusekom	95	+0,38	30.20
	Wendan Poelstra	91	+0,37	38.50	Anita Scheper	88	+0,33	31.56
2.	LZ 1886 1	LZ 1886		2:16.44		2:19.87		+0,80
	Tamara Caspers	90	+0,80	36.02	Moniek Heemskerk	96	+0,38	33.81
	Debby Bavelaar	95	+0,29	37.50	Naomi van Gool	95	+0,15	32.54

Programmanr. 29, 4 x 50m wisselslag

80+, Heren

1. Octopus 1	Octopus	2:01.75	1:57.40	+0,68
Jeffrey van Zetten	95 +0,68 31.27	Erik Pape	96 +0,54 28.03	
Roald Blok	93 +0,39 31.31	Sjors Boverhoff	95 +0,46 26.79	
2. De Zwoer 1	De Zwoer	2:00.92	1:58.06	+0,68
Pieter Ytsma	95 +0,68 30.72	Matthijs Mulder	95 +0,04 28.90	
Sven Dogger	96 +0,10 32.82	Auke Koops	95 +0,18 25.62	
3. ESCA Zwemmen 1	ESCA Zwemmen	2:01.75	2:01.97	+0,62
Bram Meijlis	94 +0,62 33.93	Mike Schel	94 +0,52 27.89	
Sander de Vrugt	89 +0,19 33.55	Tim de Vrugt	93 +0,37 26.60	
4. De Amstel 1	De Amstel	1:59.48	2:02.14	+0,70
Jeffrey van 't Schip	91 +0,70 31.51	Nick Sijmons	95 +0,48 27.92	
Nick Drenth	91 +0,17 35.51	Bart van der Zwaan	90 +0,31 27.20	

80+, Gemengd

1. Nova 1	Nova	2:09.35	2:07.22	+0,70
Janine de Groot	95 +0,70 34.65	Jesper Honken	96 +0,48 29.94	
Karin Groen	95 +0,57 37.03	Stefan Kwant	92 +0,18 25.60	

100+, Gemengd

1. Van Vliet-Barracuda 1	Van Vliet-Barracuda	2:15.55	2:09.53	+1,01
Thommy Nickel	84 +1,01 32.46	Esther Versteeg	83 +0,71 31.90	
Emiel van Beusekom	94 +0,58 34.22	Giulia Rolloos	95 +0,16 30.95	
2. De Lansingh 1	De Lansingh	2:09.54	2:10.71	+0,76
Aniek Huijsman	88 +0,76 34.66	Petra van Achteren	84 +0,36 32.60	
Mark Huijsman	90 +0,44 36.58	Rutger Dalm	90 +0,28 26.87	
3. WVZ 2	WVZ	2:11.11	2:10.80	+1,04
Vivian de Gier	92 +1,04 38.60	Isabelle Massar	91 +0,46 33.27	
Thomas Kersten	90 +0,08 30.62	Stefan Vrolijk	86 +0,36 28.31	
4. RZ 1	RZ	2:14.33	2:16.15	+0,59
Gino Martijn	79 +0,59 35.02	Suzan van den Bogaard	89 +0,61 31.43	
Patrick Creemers	90 +0,23 33.36	Claudia Creemers	92 +0,54 36.34	

AFGEM ZC Aquadream 1

ZC Aquadream 2:16.24

120+, Dames

1. DAW 5	DAW	2:13.42	2:13.56	+0,84
Wieteke Elzinga	86 +0,84 35.88	Ilona Hogerheyde	74 +0,51 33.03	
Laura Badoux	82 +0,41 35.54	Maaïke Vooren	91 +0,24 29.11	
2. ZPC Woerden 2	ZPC Woerden	2:13.43	2:16.96	+0,80
Ilse van den Wijngaard	89 +0,80 35.41	Marjan Remmits	63 +0,21 32.30	
Sabine Lina	89 +0,35 40.30	Mandy Verbakel	90 +0,36 28.95	
3. PSV 1	PSV	2:20.60	2:18.54	+0,96
Marlies Jehoe-van As	85 +0,96 37.08	Elles van Leeuwen	86 +0,50 31.83	
Renee de Kok	84 +0,40 40.46	Nienke van Stipriaan	87 +0,51 29.17	
4. De Meer 1	De Meer	2:27.89	2:27.05	+0,65
Lindsey Hol	90 +0,65 37.83	Chantal van der Horst	94 +0,61 34.83	
Nadège van Meeteren	74 +0,55 38.69	Cindy de Vries	72 +0,41 35.70	
5. WVZ 4	WVZ	2:26.45	2:29.16	+0,65
Petra Verstegen	77 +0,65 39.13	Linda Hoogendam	83 +0,46 37.14	
Yvonne Gerritsen	80 +0,58 40.19	Fleur Maas	89 +0,36 32.70	
6. DBD 1	DBD	2:37.69	2:36.44	+0,77
Ingrid Versteegen	73 +0,77 43.42	Meike Schoonen	96 +0,37 37.29	
Regine Beckers-Stribos	70 +0,65 41.23	Lindsey van Roosmalen	96 +0,41 34.50	

AFGEM TRB-RES 1

TRB-RES 2:31.67

Programmanr. 29, 4 x 50m wisselslag

120+, Heren

1. d'ELFT WAVE (SG) 1	d'ELFT WAVE (SG)	1:55.41	1:56.39	+1,09
Egbert Stolk	76 +1,09 30.37	Marc Bleeker	69 +0,59 30.39	
Erik Simons	89 +0,61 30.70	Nol van Thull	80 +0,62 24.93	
2. RSCM 1	RSCM	2:00.34	1:58.87	+0,75
Jeroen Van Den Bosch	75 +0,75 31.68	Jo Rogiers	63 +0,41 28.84	
Ken Rogiers	89 +0,33 32.52	Gil Rogiers	90 +0,40 25.83	
3. WVZ 3	WVZ	2:05.23	2:02.27	+0,73
Ivo Roozeboom	77 +0,73 30.99	Markus van Rest	77 +0,59 29.68	
Rens Post	91 +0,41 35.59	Nordin Termoshuizen	96 +0,27 26.01	
4. ZPC Woerden 1	ZPC Woerden	2:06.26	2:12.26	+0,73
Johan Remmits	62 +0,73 32.66	Niels van Beurden	88 +0,18 29.57	
Rens Klok	96 +0,63 43.02	Patrick de Jonge	89 +0,15 27.01	
5. ZOB'66 1	ZOB'66	2:17.29	2:21.06	+0,68
Harmen Reemst	87 +0,68 36.42	Ian van Mullem	96 +0,48 33.25	
Dré Klaassen	56 +0,60 43.64	Ferry Blangé	83 +0,32 27.75	
DIS WIDEX GZC DONK 2	WIDEX GZC DONK	2:18.68		+0,62
<i>EA - Te vroeg overgenomen.</i>				
Erik Rushton	76 +0,62 42.12	Remco Oskam	92	
Paul van Grol	96 -0,06	Raymond Oosterbaan	77	

120+, Gemengd

1. ZVVS 1	ZVVS	2:04.70	2:05.19	+0,55
Nick Cleintuar	95 +0,55 28.10	Nadya Putter	83 +0,42 32.29	
Karin Stein	71 +0,35 37.94	Bas v.d. Nouwelant	80 +0,26 26.86	
2. CNBA 1	CNBA	2:10.44	2:08.46	+0,65
<i>Belgisch Masters Record</i>				
Tolga Ozel	88 +0,65 31.44	Nele Van Campfort	86 +0,31 32.86	
Marcio Pierard Pizzigatti	75 +0,21 36.45	Caroline Cavadini	90 +0,43 27.71	
3. Montferland 1	Montferland	2:11.67	2:08.60	+0,66
Martijn Giezen	85 +0,66 30.41	Maik Steenkamp	91 +0,51 29.46	
Esther van Maastrigt	88 +0,24 38.39	Wilma van Velsen	64 +0,37 30.34	
4. WS Twente 2	WS Twente	2:10.55	2:09.22	+0,71
Jorien Doets	86 +0,71 34.41	Michiel Beemster	80 +0,35 28.34	
Marcel Reefhuis	81 +0,47 36.95	Annette Reefhuis-de Vries	86 +0,32 29.52	
5. Steenwijk 1934 2	Steenwijk 1934	2:20.72	2:19.26	+0,66
Lonneke Oenema	91 +0,66 38.29	Lauren Vis	82 +0,38 26.94	
Korstiaan de Boer	71 +0,48 41.98	Ilse Blankvoort	92 +0,52 32.05	
6. Swol 1894 2	Swol 1894	2:23.37	2:20.20	+0,70
Beau Rijpers	94 +0,70 37.50	Johan Wezenberg	76 +0,88 32.44	
Willem Jannink	65 +0,58 40.38	Thaisa Fiering	91 +0,50 29.88	
7. De Spatters 1	De Spatters	2:14.17	2:20.51	+0,74
Gerwin Vonk	82 +0,74 33.11	Karin Hovenkamp	87 +0,61 35.52	
Roelof Broekman	68 +0,06 39.74	Alma Knecht-Bessemers	76 +0,36 32.14	
8. Deltasteur 1	Deltasteur	2:26.05	2:28.06	+0,66
Sander de Velde	83 +0,66 40.35	Fabiola Bosman	77 +0,76 39.52	
Tom de Lange	93 +0,80 34.44	Margriet Leefters	78 +0,69 33.75	
AFGEM Zwemlust-den Hommel 1	Zwemlust-den Hommel	2:08.52		
NG De Futen 1	De Futen	2:22.40		

Programmanr. 29, 4 x 50m wisselslag

160+, Dames

1. ZVVS 3	ZVVS	2:37.43	2:33.77	+0,77
Ramona Noordemeer	94 +0,77 40.09	Joyce Brummelkamp	70 +0,55 38.43	
Helena Mels	69 +0,55 42.00	Ada de Voogd	59 +0,34 33.25	
2. Old Dutch 1	Old Dutch	2:44.58	2:39.08	+0,92
Karin van Nassau van den Heuvel	66 +0,92 47.14	Chantal Verhoeff	79 +0,27 32.78	
Claudia van der Straate de Jong	80 +0,39 43.49	Karin Frederix	69 +0,74 35.67	
3. HZ&PC Heerenveen 1	HZ&PC Heerenveen	2:40.70	2:40.00	+0,66
Pia van der Molen	60 +0,66 43.67	Peggy Hurenkamp	69 +0,58 38.58	
Evelien van Klaarbergen	72 +0,60 42.38	Jannie Vennik	76 +0,49 35.37	
4. Erster Offenbacher SC 1	Erster Offenbacher SC	3:15.00	2:48.27	+1,06
Micaela von Richtthofen	53 +1,06 45.73	Martina Eva Becker	95 +0,49 31.81	
Livia Dragic	63 +0,65 46.66	Anke Tkatschenko	64 +0,61 44.07	
DIS De Rog 2	De Rog	2:42.48		+0,71
EA - Te vroeg overgenomen.				
Nancy Peeters	79 +0,71 44.13	Catarina Matos	72	
Wendy Brugman	73 -0,10	Arianne Hamakers	67	
AFGEM AZC 1	AZC	2:51.21		

160+, Heren

1. DAW 3	DAW	2:07.03	2:05.60	+1,03
Alex Damen	75 +1,03 32.68	Pieter van Gemeren	69 +0,43 29.73	
Ron Langelaan	78 +0,58 34.91	Kars Lutik	78 +0,33 28.28	
2. DAW 4	DAW	2:08.77	2:09.55	+0,72
John Stokx	64 +0,72 34.63	Wouter Zijlstra	82 +0,17 29.56	
Hans Schoenmakers	69 +0,51 36.91	Stefan Holmstrom	67 +0,45 28.45	
3. Het Y 1	Het Y	2:14.73	2:14.52	+0,65
Manuel Arostegui Ramirez	84 +0,65 34.71	Arjan Bellaart	69 +0,41 30.28	
Bas Overbosch	77 +0,44 38.59	Christian Broodman	70 +0,62 30.94	
4. ZVVS 1	ZVVS	2:17.24	2:20.31	+0,75
Freddy v.d. Veen	66 +0,75 38.29	Thomas Grudelbach	95 +0,15 31.58	
Rene de Jong	66 +0,42 36.92	Willem Putter	45 +0,45 33.52	

160+, Gemengd

1. WVZ 1	WVZ	2:06.85	2:06.87	+0,70
Jan-Willem van den Berg	68 +0,70 32.52	Delia Badoux	80 +0,28 30.55	
Simon van Ravesteijn	80 +0,53 32.29	Chita van der Goorbergh	68 +0,43 31.51	
2. PSV 7	PSV	2:14.70	2:08.27	+0,74
Liselotte Joling	75 +0,74 37.30	Ronald Smits	78 +0,12 26.98	
Trudy Ketting	70 +0,09 38.75	Stefan Oosting	81 +0,21 25.24	
3. De Biesboschzwemmers 1	De Biesboschzwemmers	2:12.15	2:11.40	+0,73
Annette Wijnja-Visser	67 +0,73 38.23	Harry Cornet	71 +0,24 27.85	
Marjo Goelema-Koek	69 +0,40 36.61	Paul Wijnja	63 +0,36 28.71	
4. Triton 1	Triton	2:14.16	2:18.42	+0,72
Angela Koekkoek	79 +0,72 36.57	Tim Bunnik	90 +0,27 28.66	
Paul Bunnik	56 +0,32 39.65	Francine Sommer	62 +0,52 33.54	
5. VZV Njord 1	VZV Njord	2:30.89	2:25.46	+1,13
Simone van Lent	69 +1,13 40.80	Karin Sagonas-Koolen	70 +0,30 37.06	
Jacques Verriet	70 +0,39 39.18	Francis Roosen	68 +0,38 28.42	
6. CNSW 3	CNSW	2:35.80	2:35.93	+0,76
Anne De Sauvage	55 +0,76 41.50	Alberto Sun	78 +0,41 32.93	
Mohamed Abou Gebba	75 +0,51 46.66	Severine Bayre	78 +0,72 34.84	
7. Budel 1	Budel	2:45.49	2:38.68	+0,76
Carola Hompes	88 +0,76 40.68	Edward van Nijmweegen	70 +0,61 36.86	
Judith van der Heijden	70 +0,30 48.84	Jos Zentjens	57 +0,73 32.30	
8. PSV 9	PSV	2:43.57	2:42.02	+0,66
Jolanda van Gendt	78 +0,66 39.61	Erik van Dartel	67 +0,57 34.77	
Frans Suijkerbuijk	56 +0,46 52.40	Tineke Roelofs	85 +0,50 35.24	
9. De Rog 3	De Rog	2:47.00	2:47.10	+0,78
Wijnand Vergeest	68 +0,78 39.36	Roy le Clercq	64 +0,47 36.09	
Ageeth Westenbrink	67 +0,52 51.66	Brigitte Willems	74 +0,61 39.99	

Programmanr. 29, Gemengd, 4 x 50m wisselslag, 160+

rang		vereniging	inschrijftijd	tijd	RT
AFGEM	Nautilus 1	Nautilus	2:37.02		
AFGEM	RZ 2	RZ	2:17.60		

200+, Dames

1.	CNSW 1 <i>Kampioenschaps Record</i>	CNSW		2:18.94			2:22.75	+0,69
	Valerie Rolland	71	+0,69	37.76	Claire Anthony	57	+0,33	36.05
	Colette Crabbe	56	+0,41	39.90	Nathalie Blondeel	77	+0,36	29.04
2.	ZPC AMERSFOORT 2 <i>Startzwemmer NMR 50m rug</i>	ZPC AMERSFOORT		2:42.45			2:41.48	+0,65
	Atie Pijtak-Radersma	56	+0,65	38.38	Lidia v. Bon-Rosenbrand	70	+0,01	35.69
	Loekie v. Huissteden	45	+0,39	58.22	Marjke van Manen	86	+0,25	29.19

200+, Heren

1.	De Rog 1	De Rog		2:09.03		2:09.27	+0,76	
	Erik Kamphuis	60	+0,76	34.63	Peter Bernsen	63	+0,36	28.68
	Arjan Verheij	71	+0,19	35.65	Cees Kersten	64	+0,41	30.31
2.	PLONS 1	PLONS		2:19.50		2:15.03	+0,74	
	Stan Dekker	79	+0,74	32.99	Mark Kas	61	+0,82	34.08
	Jan Vlasblom	61	+0,27	37.16	Evertjan Masurel	56	+0,39	30.80
3.	AZC 2	AZC		2:23.53		2:19.25	+0,74	
	Guido Keutgen	68	+0,74	31.20	Michael Go	75	+0,49	31.67
	Wim de Lanoe	58	+0,41	40.47	Geza Kaltenecker	42	+0,26	35.91

200+, Gemengd

1.	PSV 4 <i>Nederlands Masters Record</i>	PSV		2:08.99		2:08.99	+0,70	
	Gudule van der Meer	72	+0,70	34.30	Joop Ariaens	59	+0,44	30.91
	Harold Matla	68	+0,22	32.30	Esther van Lohuizen	59	+0,52	31.48
2.	ZPC AMERSFOORT 1	ZPC AMERSFOORT		2:17.43		2:16.41	+0,80	
	Henriëtte v. Norden	68	+0,80	38.32	Edwin v. Norden	63	+0,18	28.27
	Ron Korzelius	65	+0,47	37.27	Petra Casteleijn	66	+0,57	32.55
3.	WS Twente 1	WS Twente		2:25.97		2:23.43	+0,73	
	Jeannette Ruesink	63	+0,73	41.44	Hans Westerhof	62	+0,65	31.62
	Ronald Richardson	63	+0,46	37.50	Marion Broekhuis	68	+0,31	32.87
4.	PSV 2	PSV		2:31.47		2:29.13	+0,70	
	Katrin Pennings	64	+0,70	39.36	Rob Penninks	60	+0,95	39.31
	Dorette van Veghel	70	+0,50	40.91	Marc Wouters	65	+0,25	29.55
5.	De Spatters 2	De Spatters		2:40.94		2:46.47	+1,13	
	Jan Haitsma	60	+1,13	44.14	Albertje van Veen	69	+0,25	44.22
	Roelien Speelman-Tigelaar	66	+0,20	46.85	René Speelman	66	+0,44	31.26
6.	WIDEX GZC DONK 1	WIDEX GZC DONK		2:55.92		2:55.83	+0,71	
	Nathasja Konijn	71	+0,71	46.13	Lia Bijkerk	60	+0,40	47.59
	Peter Coffeng	57	+0,47	49.69	Pierre de Groot	64	+0,48	32.42
7.	CNSW 4	CNSW		3:04.13		3:09.43	+0,86	
	Tanguy Wymeersch	69	+0,86	55.73	Marianne Delmee	72	+0,73	43.85
	Kevork Boyrazian	44	+0,55	53.86	Paule Walravens	67	+0,49	35.99

Programmanr. 29, 4 x 50m wisselslag

240+, Dames

1.	Swol 1894 1	Swol 1894		2:37.52		2:43.20		+0,84
	Nederlands Masters Record							
	Annemarie Vuist	63	+0,84	45.29	Mathilde Vink	58	+0,79	37.19
	Bea Swijnenberg	49	-0,03	47.16	Christien Nieuwenhuis	51	+0,36	33.56
2.	PSV 8	PSV		3:43.76		3:49.14		
	Lies Hartman	56		1:01.89	Gonnie Bak	51	+0,60	55.95
	Liesbeth ter Laak	42		1:16.74	Nicole Vrijhoeven	69	+0,11	34.56
AFGEM	PSV 6	PSV		2:47.89				

240+, Heren

1.	PSV 5 <i>Nederlands Masters Record</i>	PSV	2:17.45				2:17.74		+0,71
	Brend Brevé	52	+0,71	35.02	Fred Ketting	60	+0,37	29.72	
	Rob Hanou	43	+0,66	42.94	Rob Hemesath	61	+0,44	30.06	
2.	UZSC 1	UZSC	2:29.55				2:26.50		+0,72
	Nartano Glijn	55	+0,72	36.17	Wim Scherpenisse	55	+0,60	34.15	
	Tom Meijnen	44	+0,72	44.40	Henk Kuipers	62	+0,46	31.78	
3.	WWV 1	WWV	2:20.12				2:26.51		+0,76
	Ruud Ruiter	53	+0,76	39.44	Kees-Jan van Overbeeke	62	+0,39	31.85	
	Laurens Klein Breteler	54	+0,34	40.59	Theo Schouten	46	+0,34	34.63	

240+, Gemengd

1.	CNSW 2 <i>Belgisch Masters Record</i>	CNSW	2:39.06				2:38.21	+0,64
	Jean-Marie Cadiat	53	+0,64	35.60	Arlene Delmage	62	+0,25	33.38
	Philippe Godbille	57	+0,35	42.39	Fernande Gourmet-Blondeel	52	+0,31	46.84
2.	Steenwijk 1934 1	Steenwijk 1934	3:12.90				3:23.99	+0,73
	Klaas Prins	28	+0,73	1:14.48	Wilma Heijman	64	+0,75	39.14
	Inge Lolkema-Soeters	73	+0,97	53.25	Sierd Tilma	53	+0,95	37.12

280+, Gemengd

1.	Old Dutch 2	Old Dutch		3:28.33			3:27.25	+0,75
	Truus Ruiter	40	+0,75	1:05.39	Marcel Creemers	64	+0,98	48.63
	Nico Baay	42	+0,92	47.20	Marie Smits	38	+0,68	46.03

320+, Dames

1.	PSV 3 <i>Nederlands Masters Record</i>	PSV		4:07.32			4:17.01	+0,74
	Alice Lindhout	35	+0,74	57.60	Corrie Verhoeven	46		48.10
	Marianne Maandonks	26	+0.50	1:46.42	Lottie Geurts	35	+0.90	44.89

6 - ONMK 2016 lb sessie 6

08-05-2016 - 9:00

Programmanr. 30
08-05-2016 - 9:00

Heren, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging			inschrijftijd			tijd			RT	
Masters 20+												
1.	Emiel van Beusekom	Van Vliet-Barracuda			9:35.20		199403951		9:22.84		+0,78	
	50m:	30.72	30.72	250m:	2:52.66	35.79	450m:	5:16.24	34.94	650m:	7:38.98	35.89
	100m:	1:05.45	34.73	300m:	3:28.96	36.30	500m:	5:51.98	35.74	700m:	8:14.95	35.97
	150m:	1:40.91	35.46	350m:	4:05.08	36.12	550m:	6:27.44	35.46	750m:	8:50.24	35.29
	200m:	2:16.87	35.96	400m:	4:41.30	36.22	600m:	7:03.09	35.65	800m:	9:22.84	32.60
2.	Nordin Termoshuizen	WVZ			9:45.87		199605401		9:31.47		+0,78	
	50m:	30.62	30.62	250m:	2:53.44	36.39	450m:	5:17.40	36.34	650m:	7:43.56	36.86
	100m:	1:05.57	34.95	300m:	3:29.60	36.16	500m:	5:53.73	36.33	700m:	8:20.54	36.98
	150m:	1:41.55	35.98	350m:	4:05.34	35.74	550m:	6:29.86	36.13	750m:	8:55.55	35.01
	200m:	2:17.05	35.50	400m:	4:41.06	35.72	600m:	7:06.70	36.84	800m:	9:31.47	35.92
3.	Paul van Grol	WIDEX GZC DONK			10:30.40		199602951		10:07.91		+0,61	
	50m:	31.00	31.00	250m:	3:01.25	38.13	450m:	5:37.53	38.93	650m:	8:13.38	38.75
	100m:	1:07.31	36.31	300m:	3:40.72	39.47	500m:	6:16.75	39.22	700m:	8:52.69	39.31
	150m:	1:44.79	37.48	350m:	4:19.33	38.61	550m:	6:55.54	38.79	750m:	9:31.29	38.60
	200m:	2:23.12	38.33	400m:	4:58.60	39.27	600m:	7:34.63	39.09	800m:	10:07.91	36.62
4.	Remco Oskam	WIDEX GZC DONK			9:45.61		199205583		10:28.10		+0,82	
	50m:	32.28	32.28	250m:	3:05.07	38.31	450m:	5:40.13	39.48	650m:	8:23.87	42.64
	100m:	1:09.81	37.53	300m:	3:43.85	38.78	500m:	6:19.48	39.35	700m:	9:05.83	41.96
	150m:	1:48.54	38.73	350m:	4:21.98	38.13	550m:	6:59.84	40.36	750m:	9:47.58	41.75
	200m:	2:26.76	38.22	400m:	5:00.65	38.67	600m:	7:41.23	41.39	800m:	10:28.10	40.52

Masters 25+

1.	Tim Bunnik	Triton	9:19.13	199000505	9:53.74	+0,84		
	50m: 31.66	31.66	250m: 3:00.82	38.35	450m: 5:33.55	37.20	650m: 8:04.05	37.21
	100m: 1:07.22	35.56	300m: 3:39.22	38.40	500m: 6:11.59	38.04	700m: 8:41.01	36.96
	150m: 1:45.01	37.79	350m: 4:17.76	38.54	550m: 6:49.16	37.57	750m: 9:17.37	36.36
	200m: 2:22.47	37.46	400m: 4:56.35	38.59	600m: 7:26.84	37.68	800m: 9:53.74	36.37
2.	Maik Steenkamp	Montferland	9:24.54	199103847	10:00.96	+0,75		
	50m: 30.93	30.93	250m: 2:59.11	37.91	450m: 5:33.01	38.24	650m: 8:08.48	38.92
	100m: 1:06.49	35.56	300m: 3:37.56	38.45	500m: 6:11.88	38.87	700m: 8:47.06	38.58
	150m: 1:43.48	36.99	350m: 4:16.03	38.47	550m: 6:50.65	38.77	750m: 9:25.18	38.12
	200m: 2:21.20	37.72	400m: 4:54.77	38.74	600m: 7:29.56	38.91	800m: 10:00.96	35.78
3.	Niels Albrechts	MGO (SG)	10:13.16	198800039	10:11.90	+0,85		
	50m: 33.57	33.57	250m: 3:06.71	38.78	450m: 5:41.78	38.34	650m: 8:18.92	39.23
	100m: 1:11.71	38.14	300m: 3:45.46	38.75	500m: 6:21.42	39.64	700m: 8:58.04	39.12
	150m: 1:49.56	37.85	350m: 4:24.18	38.72	550m: 7:00.61	39.19	750m: 9:35.92	37.88
	200m: 2:27.93	38.37	400m: 5:03.44	39.26	600m: 7:39.69	39.08	800m: 10:11.90	35.98
4.	Mark Godwaldt	PSV	10:37.25	198701039	10:43.10	+0,91		
	50m: 33.82	33.82	250m: 3:15.93	40.62	450m: 6:01.15	41.02	650m: 8:45.64	41.15
	100m: 1:13.26	39.44	300m: 3:57.84	41.91	500m: 6:42.74	41.59	700m: 9:26.68	41.04
	150m: 1:53.86	40.60	350m: 4:38.70	40.86	550m: 7:23.24	40.50	750m: 10:06.05	39.37
	200m: 2:35.31	41.45	400m: 5:20.13	41.43	600m: 8:04.49	41.25	800m: 10:43.10	37.05

Masters 30+

1.	Erik Schröder	TriVia	8:41.70	198402025	9:08.02	+0,87		
	50m: 29.78	29.78	250m: 2:46.77	34.98	450m: 5:07.07	34.77	650m: 7:26.60	34.27
	100m: 1:02.93	33.15	300m: 3:21.92	35.15	500m: 5:42.15	35.08	700m: 8:01.42	34.82
	150m: 1:36.99	34.06	350m: 3:56.75	34.83	550m: 6:16.95	34.80	750m: 8:35.28	33.86
	200m: 2:11.79	34.80	400m: 4:32.30	35.55	600m: 6:52.33	35.38	800m: 9:08.02	32.74
2.	Sander Bouts	RZ	9:47.89	198500331	9:44.95	+0,90		
	50m: 32.75	32.75	250m: 2:59.38	37.24	450m: 5:28.17	37.35	650m: 7:55.89	36.97
	100m: 1:08.36	35.61	300m: 3:36.46	37.08	500m: 6:05.16	36.99	700m: 8:32.38	36.49
	150m: 1:45.28	36.92	350m: 4:13.85	37.39	550m: 6:42.22	37.06	750m: 9:09.09	36.71
	200m: 2:22.14	36.86	400m: 4:50.82	36.97	600m: 7:18.92	36.70	800m: 9:44.95	35.86
3.	Frank van der Voordt	MGO (SG)	10:29.33	198302259	10:30.00	+0,77		
	50m: 33.52	33.52	250m: 3:07.82	39.02	450m: 5:46.67	39.81	650m: 8:27.31	40.34
	100m: 1:11.26	37.74	300m: 3:47.39	39.57	500m: 6:26.83	40.16	700m: 9:08.50	41.19
	150m: 1:49.42	38.16	350m: 4:26.90	39.51	550m: 7:06.75	39.92	750m: 9:49.27	40.77
	200m: 2:28.80	39.38	400m: 5:06.86	39.96	600m: 7:46.97	40.22	800m: 10:30.00	40.73

Programmanr. 30, Heren, 800m vrije slag, Masters 30+

rang	naam	vereniging			inschrijftijd		tijd				RT	
4.	Dyon de Greef	Budel			11:54.58		198202385		12:05.86		+0,82	
	50m:	37.05	37.05	250m:	3:38.89	45.66	450m:	6:46.15	46.49	650m:	9:52.26	45.72
	100m:	1:21.44	44.39	300m:	4:26.21	47.32	500m:	7:34.23	48.08	700m:	10:39.01	46.75
	150m:	2:06.48	45.04	350m:	5:11.74	45.53	550m:	8:20.45	46.22	750m:	11:23.67	44.66
	200m:	2:53.23	46.75	400m:	5:59.66	47.92	600m:	9:06.54	46.09	800m:	12:05.86	42.19
5.	Rob van Wanrooy	Gay Swim Amsterdam			11:13.38		198202627		12:09.59		+0,77	
	50m:	36.53	36.53	250m:	3:34.45	46.33	450m:	6:43.21	46.97	650m:	9:53.34	46.67
	100m:	1:18.08	41.55	300m:	4:21.52	47.07	500m:	7:31.81	48.60	700m:	10:41.29	47.95
	150m:	2:01.99	43.91	350m:	5:08.53	47.01	550m:	8:18.68	46.87	750m:	11:27.52	46.23
	200m:	2:48.12	46.13	400m:	5:56.24	47.71	600m:	9:06.67	47.99	800m:	12:09.59	42.07

Masters 35+

1.	Ivo Roozeboom	WVZ	10:01.87	197700801	9:53.09	+0,84		
	50m: 33.23	33.23	250m: 3:05.20	38.01	450m: 5:35.72	37.25	650m: 8:04.00	36.69
	100m: 1:10.99	37.76	300m: 3:43.07	37.87	500m: 6:13.18	37.46	700m: 8:41.05	37.05
	150m: 1:48.98	37.99	350m: 4:20.62	37.55	550m: 6:50.27	37.09	750m: 9:17.66	36.61
	200m: 2:27.19	38.21	400m: 4:58.47	37.85	600m: 7:27.31	37.04	800m: 9:53.09	35.43
2.	Marcel Reefhuis	WS Twente	9:51.37	198101381	9:59.34	+0,77		
	50m: 32.84	32.84	250m: 3:01.39	37.70	450m: 5:32.29	37.69	650m: 8:05.44	38.28
	100m: 1:09.19	36.35	300m: 3:39.53	38.14	500m: 6:10.55	38.26	700m: 8:44.12	38.68
	150m: 1:46.10	36.91	350m: 4:16.79	37.26	550m: 6:48.71	38.16	750m: 9:22.59	38.47
	200m: 2:23.69	37.59	400m: 4:54.60	37.81	600m: 7:27.16	38.45	800m: 9:59.34	36.75
3.	Freddie Geerlings	NIMO	10:10.46	197900379	10:16.26	+0,84		
	50m: 33.61	33.61	250m: 3:05.90	38.39	450m: 5:41.57	39.23	650m: 8:21.16	39.53
	100m: 1:11.12	37.51	300m: 3:44.53	38.63	500m: 6:21.85	40.28	700m: 9:01.19	40.03
	150m: 1:48.89	37.77	350m: 4:23.14	38.61	550m: 7:01.46	39.61	750m: 9:39.93	38.74
	200m: 2:27.51	38.62	400m: 5:02.34	39.20	600m: 7:41.63	40.17	800m: 10:16.26	36.33
4.	Michel Wigbers	DWT	10:40.13	198001743	11:12.23	+0,82		
	50m: 35.85	35.85	250m: 3:19.96	42.81	450m: 6:12.30	43.53	650m: 9:04.67	43.47
	100m: 1:15.06	39.21	300m: 4:02.83	42.87	500m: 6:55.32	43.02	700m: 9:47.53	42.86
	150m: 1:55.49	40.43	350m: 4:45.77	42.94	550m: 7:37.98	42.66	750m: 10:30.49	42.96
	200m: 2:37.15	41.66	400m: 5:28.77	43.00	600m: 8:21.20	43.22	800m: 11:12.23	41.74
5.	Harm Jan Otter	De Zandstuve	10:45.02	198101283	11:24.99	+0,99		
	50m: 36.80	36.80	250m: 3:30.02	44.46	450m: 6:28.33	43.73	650m: 9:22.20	43.27
	100m: 1:18.33	41.53	300m: 4:14.41	44.39	500m: 7:11.71	43.38	700m: 10:04.70	42.50
	150m: 2:01.80	43.47	350m: 4:59.97	45.56	550m: 7:55.96	44.25	750m: 10:45.85	41.15
	200m: 2:45.56	43.76	400m: 5:44.60	44.63	600m: 8:38.93	42.97	800m: 11:24.99	39.14
AFGEM	Raymond Oosterbaan	WIDEX GZC DONK	11:14.39	197700711				

Masters 40+

1.	Andree Haack	SG Mülheim	9:31.59	67255	9:50.49	+0,89		
	50m: 33.39	33.39	250m: 3:02.41	37.86	450m: 5:33.31	37.55	650m: 8:03.20	36.95
	100m: 1:09.57	36.18	300m: 3:40.09	37.68	500m: 6:11.02	37.71	700m: 8:40.20	37.00
	150m: 1:47.00	37.43	350m: 4:18.14	38.05	550m: 6:48.52	37.50	750m: 9:16.41	36.21
	200m: 2:24.55	37.55	400m: 4:55.76	37.62	600m: 7:26.25	37.73	800m: 9:50.49	34.08
2.	Casper van den Burgh	LZ 1886	10:12.25	197201413	10:42.17	+0,85		
	50m: 34.87	34.87	250m: 3:13.67	40.01	450m: 5:56.17	40.94	650m: 8:40.17	41.62
	100m: 1:13.10	38.23	300m: 3:54.30	40.63	500m: 6:36.93	40.76	700m: 9:21.47	41.30
	150m: 1:53.22	40.12	350m: 4:34.34	40.04	550m: 7:17.88	40.95	750m: 10:02.55	41.08
	200m: 2:33.66	40.44	400m: 5:15.23	40.89	600m: 7:58.55	40.67	800m: 10:42.17	39.62
3.	Bas Broekhuis	MZ&PC	10:51.95	197601561	11:17.86	+0,93		
	50m: 37.40	37.40	250m: 3:30.56	43.57	450m: 6:26.85	43.22	650m: 9:18.91	41.75
	100m: 1:19.67	42.27	300m: 4:15.13	44.57	500m: 7:10.52	43.67	700m: 10:01.09	42.18
	150m: 2:02.59	42.92	350m: 4:58.97	43.84	550m: 7:53.72	43.20	750m: 10:41.18	40.09
	200m: 2:46.99	44.40	400m: 5:43.63	44.66	600m: 8:37.16	43.44	800m: 11:17.86	36.68
4.	Erwin Zuidervelt	De Futen	10:36.59	197501015	11:22.37	+0,82		
	50m: 35.71	35.71	250m: 3:23.89	42.58	450m: 6:17.48	43.98	650m: 9:15.79	44.73
	100m: 1:16.84	41.13	300m: 4:06.73	42.84	500m: 7:01.71	44.23	700m: 9:59.76	43.97
	150m: 1:59.22	42.38	350m: 4:50.30	43.57	550m: 7:46.57	44.86	750m: 10:42.77	43.01
	200m: 2:41.31	42.09	400m: 5:33.50	43.20	600m: 8:31.06	44.49	800m: 11:22.37	39.60
5.	Kasper van den Bergh	Swol 1894	11:22.67	197301125	11:24.51	+0,84		
	50m: 37.91	37.91	250m: 3:24.03	41.58	450m: 6:15.68	43.56	650m: 9:12.39	45.01
	100m: 1:19.08	41.17	300m: 4:06.47	42.44	500m: 6:58.96	43.28	700m: 9:57.47	45.08
	150m: 2:00.83	41.75	350m: 4:49.41	42.94	550m: 7:43.04	44.08	750m: 10:41.48	44.01
	200m: 2:42.45	41.62	400m: 5:32.12	42.71	600m: 8:27.38	44.34	800m: 11:24.51	43.03

Programmanr. 30, Heren, 800m vrije slag, Masters 40+

rang	naam	vereniging			inschrijftijd			tijd			RT	
6.	Wouter van der Stelt	Den Doorn			11:18.00			197200889			11:54.00	+0,88
	50m:	37.55	37.55	250m:	3:31.38	44.37	450m:	6:34.38	46.02	650m:	9:36.33	45.59
	100m:	1:19.22	41.67	300m:	4:17.20	45.82	500m:	7:19.82	45.44	700m:	10:22.41	46.08
	150m:	2:02.65	43.43	350m:	5:02.49	45.29	550m:	8:05.21	45.39	750m:	11:08.43	46.02
	200m:	2:47.01	44.36	400m:	5:48.36	45.87	600m:	8:50.74	45.53	800m:	11:54.00	45.57
7.	Erik Rushton	WIDEX GZC DONK			13:04.52			197601573			12:52.88	+0,81
	50m:	40.21	40.21	250m:	3:50.90	50.24	450m:	7:10.25	50.65	650m:	10:28.31	49.67
	100m:	1:24.60	44.39	300m:	4:39.76	48.86	500m:	7:58.98	48.73	700m:	11:17.67	49.36
	150m:	2:12.63	48.03	350m:	5:30.80	51.04	550m:	8:48.79	49.81	750m:	12:07.60	49.93
	200m:	3:00.66	48.03	400m:	6:19.60	48.80	600m:	9:38.64	49.85	800m:	12:52.88	45.28

Masters 45+

1.	Arjan Bellaart		Het Y		10:14.09	196900079		10:22.74	+0,80			
	50m:	33.56	33.56	250m:	3:07.16	39.06	450m:	5:45.51	39.69	650m:	8:24.55	39.81
	100m:	1:11.22	37.66	300m:	3:46.57	39.41	500m:	6:25.24	39.73	700m:	9:04.47	39.92
	150m:	1:49.27	38.05	350m:	4:26.13	39.56	550m:	7:05.13	39.89	750m:	9:44.18	39.71
	200m:	2:28.10	38.83	400m:	5:05.82	39.69	600m:	7:44.74	39.61	800m:	10:22.74	38.56
2.	Rob Kwaaitaal		De Waalstroom		10:13.56	197001627		10:32.07	+0,89			
	100m*											
	50m:	35.36	35.36	250m:	3:14.04	40.41	450m:	5:54.87	39.87	650m:	8:34.91	40.52
	100m:	1:13.92	38.56	300m:	3:53.94	39.90	500m:	6:34.69	39.82	700m:	9:14.76	39.85
	150m:	1:53.71	39.79	350m:	4:34.60	40.66	550m:	7:14.28	39.59	750m:	9:54.72	39.96
	200m:	2:33.63	39.92	400m:	5:15.00	40.40	600m:	7:54.39	40.11	800m:	10:32.07	37.35
3.	Chris Kouwenhoven		De Spatters		11:44.26	197101669		11:51.56	+0,90			
	50m:	37.02	37.02	250m:	3:34.32	44.75	450m:	6:36.54	44.95	650m:	9:37.99	44.85
	100m:	1:20.33	43.31	300m:	4:20.11	45.79	500m:	7:22.67	46.13	700m:	10:23.74	45.75
	150m:	2:04.57	44.24	350m:	5:05.65	45.54	550m:	8:08.12	45.45	750m:	11:08.44	44.70
	200m:	2:49.57	45.00	400m:	5:51.59	45.94	600m:	8:53.14	45.02	800m:	11:51.56	43.12
4.	Harald Mulder		WVZ		11:52.14	196701459		12:24.22	+0,95			
	50m:	42.78	42.78	250m:	3:54.98	49.33	450m:	7:06.32	47.79	650m:	10:14.84	47.85
	100m:	1:29.01	46.23	300m:	4:42.31	47.33	500m:	7:52.65	46.33	700m:	11:00.12	45.28
	150m:	2:18.15	49.14	350m:	5:32.28	49.97	550m:	8:40.55	47.90	750m:	11:45.49	45.37
	200m:	3:05.65	47.50	400m:	6:18.53	46.25	600m:	9:26.99	46.44	800m:	12:24.22	38.73
AFGEM	Erik van Dartel		PSV		11:20.66	196700185						

Masters 50+

1.	Johan Remmits	ZPC Woerden	9:41.93	196201159	10:03.06	+0,85		
	50m: 32.31	32.31	250m: 3:02.74	37.88	450m: 5:35.04	37.97	650m: 8:10.32	38.60
	100m: 1:09.23	36.92	300m: 3:41.21	38.47	500m: 6:13.88	38.84	700m: 8:49.20	38.88
	150m: 1:46.54	37.31	350m: 4:18.72	37.51	550m: 6:52.39	38.51	750m: 9:27.10	37.90
	200m: 2:24.86	38.32	400m: 4:57.07	38.35	600m: 7:31.72	39.33	800m: 10:03.06	35.96
2.	Jan Brink	ZPC De Zeeuwse Kust	9:36.70	196200091	10:05.62	+0,75		
	50m: 33.23	33.23	250m: 3:05.66	38.14	450m: 5:39.91	38.53	650m: 8:13.63	38.17
	100m: 1:11.24	38.01	300m: 3:44.41	38.75	500m: 6:18.70	38.79	700m: 8:51.60	37.97
	150m: 1:48.91	37.67	350m: 4:22.70	38.29	550m: 6:57.16	38.46	750m: 9:29.42	37.82
	200m: 2:27.52	38.61	400m: 5:01.38	38.68	600m: 7:35.46	38.30	800m: 10:05.62	36.20
3.	Bob de Vries	Aquapoldro	10:06.24	196601101	10:12.70	+0,71		
	50m: 32.33	32.33	250m: 3:04.97	38.29	450m: 5:39.89	39.00	650m: 8:18.39	39.40
	100m: 1:10.32	37.99	300m: 3:43.48	38.51	500m: 6:19.38	39.49	700m: 8:57.85	39.46
	150m: 1:48.92	38.60	350m: 4:21.97	38.49	550m: 6:59.28	39.90	750m: 9:36.27	38.42
	200m: 2:26.68	37.76	400m: 5:00.89	38.92	600m: 7:38.99	39.71	800m: 10:12.70	36.43
4.	Jordi Van Engelen	ZIK	9:59.81	11008/66	10:15.82	+0,88		
	50m: 34.50	34.50	250m: 3:07.85	39.03	450m: 5:44.74	39.39	650m: 8:22.75	39.76
	100m: 1:11.84	37.34	300m: 3:47.00	39.15	500m: 6:24.17	39.43	700m: 9:01.89	39.14
	150m: 1:50.37	38.53	350m: 4:26.34	39.34	550m: 7:03.66	39.49	750m: 9:40.76	38.87
	200m: 2:28.82	38.45	400m: 5:05.35	39.01	600m: 7:42.99	39.33	800m: 10:15.82	35.06
5.	Darlin Valcke	DZV	11:17.07	10400/66	11:02.68	+1,01		
	50m: 36.86	36.86	250m: 3:22.69	41.68	450m: 6:10.46	41.72	650m: 8:57.98	41.87
	100m: 1:17.66	40.80	300m: 4:04.56	41.87	500m: 6:52.37	41.91	700m: 9:40.24	42.26
	150m: 1:59.28	41.62	350m: 4:46.72	42.16	550m: 7:34.23	41.86	750m: 10:22.37	42.13
	200m: 2:41.01	41.73	400m: 5:28.74	42.02	600m: 8:16.11	41.88	800m: 11:02.68	40.31
6.	Karim Naili	CNBA	11:09.33	000664/66	11:02.71	+1,04		
	50m: 37.25	37.25	250m: 3:22.65	41.38	450m: 6:10.93	42.22	650m: 9:00.08	42.36
	100m: 1:17.95	40.70	300m: 4:05.00	42.35	500m: 6:53.22	42.29	700m: 9:42.17	42.09
	150m: 1:59.07	41.12	350m: 4:47.00	42.00	550m: 7:35.40	42.18	750m: 10:24.18	42.01
	200m: 2:41.27	42.20	400m: 5:28.71	41.71	600m: 8:17.72	42.32	800m: 11:02.71	38.53

Programmanr. 30, Heren, 800m vrije slag, Masters 50+

rang	naam	vereniging			inschrijftijd				tijd				RT	
7.	Phil Trethewie	Old Dutch			11:24.29				196501315				11:16.54	+0,85
	50m:	37.96	37.96	250m:	3:31.89	44.03	450m:	6:25.68	42.95	650m:	9:17.43	42.10		
	100m:	1:20.32	42.36	300m:	4:15.56	43.67	500m:	7:08.93	43.25	700m:	9:58.95	41.52		
	150m:	2:03.99	43.67	350m:	4:58.83	43.27	550m:	7:52.53	43.60	750m:	10:38.90	39.95		
	200m:	2:47.86	43.87	400m:	5:42.73	43.90	600m:	8:35.33	42.80	800m:	11:16.54	37.64		
8.	Luc Stappaerts	ShaRK			10:53.73				10208/65				11:32.00	+0,66
	50m:	37.67	37.67	250m:	3:28.93	43.27	450m:	6:23.68	44.54	650m:	9:20.97	44.68		
	100m:	1:19.69	42.02	300m:	4:12.18	43.25	500m:	7:07.32	43.64	700m:	10:05.04	44.07		
	150m:	2:02.91	43.22	350m:	4:55.92	43.74	550m:	7:52.13	44.81	750m:	10:49.88	44.84		
	200m:	2:45.66	42.75	400m:	5:39.14	43.22	600m:	8:36.29	44.16	800m:	11:32.00	42.12		
9.	Fred Dijkshoorn	Zwemvereniging Westland			11:20.41				196501539				11:46.76	+0,75
	50m:	39.33	39.33	250m:	3:38.22	45.99	450m:	6:40.55	46.10	650m:	9:41.02	45.19		
	100m:	1:21.89	42.56	300m:	4:23.60	45.38	500m:	7:25.17	44.62	700m:	10:24.78	43.76		
	150m:	2:07.21	45.32	350m:	5:09.47	45.87	550m:	8:10.74	45.57	750m:	11:07.01	42.23		
	200m:	2:52.23	45.02	400m:	5:54.45	44.98	600m:	8:55.83	45.09	800m:	11:46.76	39.75		
10.	Marcel Hoff	Aqua-Novio'94			11:21.63				196400317				11:49.17	+0,82
	50m:	39.00	39.00	250m:	3:37.15	45.50	450m:	6:38.37	45.27	650m:	9:39.25	44.99		
	100m:	1:21.69	42.69	300m:	4:22.00	44.85	500m:	7:23.38	45.01	700m:	10:23.64	44.39		
	150m:	2:06.36	44.67	350m:	5:07.33	45.33	550m:	8:08.93	45.55	750m:	11:07.71	44.07		
	200m:	2:51.65	45.29	400m:	5:53.10	45.77	600m:	8:54.26	45.33	800m:	11:49.17	41.46		
11.	Joost de Kroon	AquAmigos			11:34.73				196400999				11:52.75	+1,23
	50m:	40.10	40.10	250m:	3:40.18	45.87	450m:	6:43.10	45.58	650m:	9:45.20	45.52		
	100m:	1:24.19	44.09	300m:	4:25.97	45.79	500m:	7:28.73	45.63	700m:	10:29.24	44.04		
	150m:	2:08.54	44.35	350m:	5:11.82	45.85	550m:	8:14.26	45.53	750m:	11:12.64	43.40		
	200m:	2:54.31	45.77	400m:	5:57.52	45.70	600m:	8:59.68	45.42	800m:	11:52.75	40.11		
12.	Paul van der Voort	De Zwoer			11:25.37				196200715				11:54.41	+1,11
	50m:	37.38	37.38	250m:	3:38.30	45.99	450m:	6:44.34	46.11	650m:	9:47.53	45.98		
	100m:	1:21.01	43.63	300m:	4:24.86	46.56	500m:	7:30.74	46.40	700m:	10:32.19	44.66		
	150m:	2:06.06	45.05	350m:	5:11.52	46.66	550m:	8:16.27	45.53	750m:	11:16.13	43.94		
	200m:	2:52.31	46.25	400m:	5:58.23	46.71	600m:	9:01.55	45.28	800m:	11:54.41	38.28		
13.	Rik van Gasteren	AquAmigos			14:29.12				196401015				14:22.84	+1,04
	50m:	44.33	44.33	250m:	4:17.54	54.68	450m:	8:00.29	55.92	650m:	11:42.11	55.17		
	100m:	1:36.02	51.69	300m:	5:13.37	55.83	500m:	8:56.12	55.83	700m:	12:37.53	55.42		
	150m:	2:28.94	52.92	350m:	6:08.29	54.92	550m:	9:51.44	55.32	750m:	13:31.37	53.84		
	200m:	3:22.86	53.92	400m:	7:04.37	56.08	600m:	10:46.94	55.50	800m:	14:22.84	51.47		
AFGEM	Johan Neevel	Deltasteur			10:25.37				196501475					

Masters 55+

1.	Gustav van den Berg	TriVia	9:56.03	196100991	10:17.12	+0,90		
	50m: 34.01	34.01	250m: 3:09.37	38.98	450m: 5:46.63	38.96	650m: 8:24.13	38.84
	100m: 1:12.10	38.09	300m: 3:49.05	39.68	500m: 6:26.23	39.60	700m: 9:03.38	39.25
	150m: 1:50.91	38.81	350m: 4:28.32	39.27	550m: 7:05.54	39.31	750m: 9:41.68	38.30
	200m: 2:30.39	39.48	400m: 5:07.67	39.35	600m: 7:45.29	39.75	800m: 10:17.12	35.44
2.	Eric Henrard	AZV	11:16.10	017/60	11:37.94	+1,02		
	50m: 38.20	38.20	250m: 3:29.29	43.44	450m: 6:26.59	43.98	650m: 9:24.79	44.16
	100m: 1:19.88	41.68	300m: 4:13.87	44.58	500m: 7:11.33	44.74	700m: 10:09.89	45.10
	150m: 2:02.26	42.38	350m: 4:57.92	44.05	550m: 7:55.53	44.20	750m: 10:54.10	44.21
	200m: 2:45.85	43.59	400m: 5:42.61	44.69	600m: 8:40.63	45.10	800m: 11:37.94	43.84
3.	Walter Ludwig	Schwimmsportfr. Sieglar 60	11:26.33	133686	11:56.92	+0,98		
	50m: 37.88	37.88	250m: 3:35.60	45.14	450m: 6:39.12	45.67	650m: 9:43.52	46.15
	100m: 1:21.31	43.43	300m: 4:21.36	45.76	500m: 7:25.20	46.08	700m: 10:29.56	46.04
	150m: 2:05.63	44.32	350m: 5:07.14	45.78	550m: 8:11.32	46.12	750m: 11:15.34	45.78
	200m: 2:50.46	44.83	400m: 5:53.45	46.31	600m: 8:57.37	46.05	800m: 11:56.92	41.58
4.	Lex Hoogendam	MNC Dordrecht	12:25.80	195700541	12:56.35	+0,98		
	50m: 38.78	38.78	250m: 3:50.96	49.09	450m: 7:09.46	49.73	650m: 10:29.47	49.83
	100m: 1:24.77	45.99	300m: 4:40.13	49.17	500m: 7:59.65	50.19	700m: 11:19.32	49.85
	150m: 2:12.66	47.89	350m: 5:29.60	49.47	550m: 8:49.71	50.06	750m: 12:09.14	49.82
	200m: 3:01.87	49.21	400m: 6:19.73	50.13	600m: 9:39.64	49.93	800m: 12:56.35	47.21
5.	Luc Nijs	AZV	13:24.93	080/59	12:58.69	+0,92		
	50m: 41.24	41.24	250m: 3:52.91	48.61	450m: 7:11.31	49.82	650m: 10:30.26	49.29
	100m: 1:27.54	46.30	300m: 4:41.89	48.98	500m: 8:01.29	49.98	700m: 11:21.20	50.94
	150m: 2:15.13	47.59	350m: 5:31.24	49.35	550m: 8:51.12	49.83	750m: 12:11.37	50.17
	200m: 3:04.30	49.17	400m: 6:21.49	50.25	600m: 9:40.97	49.85	800m: 12:58.69	47.32
6.	Jan de Laat	AquAmigos	13:24.08	196000861	13:12.78	+1,22		
	50m: 40.78	40.78	250m: 3:56.81	50.76	450m: 7:21.51	51.47	650m: 10:45.95	51.00
	100m: 1:27.05	46.27	300m: 4:47.53	50.72	500m: 8:12.60	51.09	700m: 11:37.03	51.08
	150m: 2:16.50	49.45	350m: 5:38.70	51.17	550m: 9:04.11	51.51	750m: 12:26.94	49.91
	200m: 3:06.05	49.55	400m: 6:30.04	51.34	600m: 9:54.95	50.84	800m: 13:12.78	45.84

Programmanr. 30, Heren, 800m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	tijd	RT
DIS	Bart van Calker	WS Twente	12:04.21	196100067	
AF - De aangegeven afstand niet uitgezwommen.					
AFGEM	Richard Broer	PLONS	10:43.90	195900077	
AFGEM	Ronald van Ginneken	Hieronymus	12:12.34	196100827	

Masters 60+

1.	Simon Veale	Totnes Swimming Club			10:00.76	1008	10:31.84			+0,71		
	50m:	34.14	34.14	250m:	3:15.37	41.15	450m:	5:56.01	40.39	650m:	8:35.69	40.26
	100m:	1:12.92	38.78	300m:	3:55.23	39.86	500m:	6:35.66	39.65	700m:	9:15.29	39.60
	150m:	1:53.73	40.81	350m:	4:35.89	40.66	550m:	7:15.86	40.20	750m:	9:54.69	39.40
	200m:	2:34.22	40.49	400m:	5:15.62	39.73	600m:	7:55.43	39.57	800m:	10:31.84	37.15
2.	Klaus Kalinke	SV Gladbeck 13			11:11.65	72636	10:51.72			+0,97		
	50m:	36.10	36.10	250m:	3:19.83	40.53	450m:	6:04.58	41.27	650m:	8:50.06	41.80
	100m:	1:17.13	41.03	300m:	4:01.52	41.69	500m:	6:45.33	40.75	700m:	9:31.88	41.82
	150m:	1:57.97	40.84	350m:	4:41.85	40.33	550m:	7:26.31	40.98	750m:	10:13.09	41.21
	200m:	2:39.30	41.33	400m:	5:23.31	41.46	600m:	8:08.26	41.95	800m:	10:51.72	38.63
3.	Henk Slomp	Inktvis-De Pinquin (SG)			11:33.90	195500359	11:55.08			+0,83		
	50m:	37.47	37.47	250m:	3:36.95	45.42	450m:	6:42.12	46.61	650m:	9:46.38	46.42
	100m:	1:21.01	43.54	300m:	4:23.29	46.34	500m:	7:28.47	46.35	700m:	10:31.91	45.53
	150m:	2:05.54	44.53	350m:	5:09.01	45.72	550m:	8:14.33	45.86	750m:	11:15.78	43.87
	200m:	2:51.53	45.99	400m:	5:55.51	46.50	600m:	8:59.96	45.63	800m:	11:55.08	39.30
4.	Paul Bunnik	Triton			12:18.15	195600413	11:56.50			+0,84		
	50m:	37.64	37.64	250m:	3:35.70	45.38	450m:	6:38.70	46.36	650m:	9:43.21	46.72
	100m:	1:20.06	42.42	300m:	4:21.10	45.40	500m:	7:24.52	45.82	700m:	10:29.19	45.98
	150m:	2:04.56	44.50	350m:	5:06.66	45.56	550m:	8:10.80	46.28	750m:	11:14.69	45.50
	200m:	2:50.32	45.76	400m:	5:52.34	45.68	600m:	8:56.49	45.69	800m:	11:56.50	41.81
5.	Wim Scherpenisse	UZSC			12:25.99	195500447	12:46.67			+1,18		
	50m:	41.08	41.08	250m:	3:52.68	48.66	450m:	7:09.44	50.02	650m:	10:25.73	48.64
	100m:	1:27.83	46.75	300m:	4:41.36	48.68	500m:	7:58.33	48.89	700m:	11:14.78	49.05
	150m:	2:16.17	48.34	350m:	5:30.52	49.16	550m:	8:47.55	49.22	750m:	12:03.25	48.47
	200m:	3:04.02	47.85	400m:	6:19.42	48.90	600m:	9:37.09	49.54	800m:	12:46.67	43.42
AFGEM	Emiel van Elderen	ZVVS			12:14.80	195600383						

Masters 65+

1.	Wout Hemmes	De Plons	11:56.16	194800059	12:22.82	+0,99		
	50m: 40.18	40.18	250m: 3:51.07	48.68	450m: 6:58.38	46.72	650m: 10:07.45	47.43
	100m: 1:26.72	46.54	300m: 4:38.05	46.98	500m: 7:45.22	46.84	700m: 10:53.62	46.17
	150m: 2:14.98	48.26	350m: 5:25.24	47.19	550m: 8:32.74	47.52	750m: 11:39.84	46.22
	200m: 3:02.39	47.41	400m: 6:11.66	46.42	600m: 9:20.02	47.28	800m: 12:22.82	42.98
2.	Zsolt Peredy	Budapesti Delfinek	13:06.55	2/230	12:50.67	+1,10		
	50m: 41.35	41.35	250m: 3:52.30	48.29	450m: 7:08.69	49.15	650m: 10:27.19	48.53
	100m: 1:27.67	46.32	300m: 4:41.45	49.15	500m: 7:58.27	49.58	700m: 11:15.98	48.79
	150m: 2:15.34	47.67	350m: 5:30.84	49.39	550m: 8:48.67	50.40	750m: 12:03.58	47.60
	200m: 3:04.01	48.67	400m: 6:19.54	48.70	600m: 9:38.66	49.99	800m: 12:50.67	47.09
3.	Hilbert Prins	OEZA	12:56.64	195100223	13:19.23	+1,05		
	50m: 44.23	44.23	250m: 4:01.39	50.10	450m: 7:23.95	50.68	650m: 10:48.29	50.83
	100m: 1:31.84	47.61	300m: 4:51.42	50.03	500m: 8:14.79	50.84	700m: 11:39.70	51.41
	150m: 2:21.33	49.49	350m: 5:42.22	50.80	550m: 9:06.03	51.24	750m: 12:30.25	50.55
	200m: 3:11.29	49.96	400m: 6:33.27	51.05	600m: 9:57.46	51.43	800m: 13:19.23	48.98
4.	Ludwig Lorenz	SV Gladbeck 13	13:44.17	127866	14:16.29	+1,10		
	50m: 50.76	50.76	250m: 4:30.03	53.56	450m: 8:05.37	53.66	650m: 11:41.00	53.39
	100m: 1:46.07	55.31	300m: 5:24.22	54.19	500m: 9:01.80	56.43	700m: 12:34.54	53.54
	150m: 2:41.30	55.23	350m: 6:17.78	53.56	550m: 9:53.64	51.84	750m: 13:27.11	52.57
	200m: 3:36.47	55.17	400m: 7:11.71	53.93	600m: 10:47.61	53.97	800m: 14:16.29	49.18
DIS	Piet Schop	De Bevelanders	12:22.18	195000109				
AA - Gestart voor het startsignaal (en wel gezwommen).								

Masters 70+

1.	Willem Putter	ZVVS				13:41.31	194500135			13:13.87	+1,15	
	50m:	41.85	41.85	250m:	4:00.94	50.87	450m:	7:26.66	51.22	650m:	10:50.92	50.90
	100m:	1:29.11	47.26	300m:	4:52.42	51.48	500m:	8:17.76	51.10	700m:	11:41.58	50.66
	150m:	2:18.77	49.66	350m:	5:43.97	51.55	550m:	9:09.06	51.30	750m:	12:30.83	49.25
	200m:	3:10.07	51.30	400m:	6:35.44	51.47	600m:	10:00.02	50.96	800m:	13:13.87	43.04

Programmanr. 30, Heren, 800m vrije slag, Masters 70+

rang	naam	vereniging			inschrijftijd			tijd			RT	
2.	Rob Hanou	PSV			13:26.75			194300109			13:14.40	+1,12
	50m:	42.62	42.62	250m:	4:03.00	51.69	450m:	7:27.96	50.88	650m:	10:51.48	50.93
	100m:	1:30.41	47.79	300m:	4:54.25	51.25	500m:	8:18.61	50.65	700m:	11:41.79	50.31
	150m:	2:20.83	50.42	350m:	5:45.65	51.40	550m:	9:09.68	51.07	750m:	12:31.89	50.10
	200m:	3:11.31	50.48	400m:	6:37.08	51.43	600m:	10:00.55	50.87	800m:	13:14.40	42.51
3.	Geza Kaltenecker	AZC			14:27.25			194200065			15:09.84	+0,96
	50m:	47.36	47.36	250m:	4:34.85	58.61	450m:	8:29.89	59.42	650m:	12:24.07	58.68
	100m:	1:41.84	54.48	300m:	5:32.41	57.56	500m:	9:28.88	58.99	700m:	13:19.70	55.63
	150m:	2:39.29	57.45	350m:	6:31.90	59.49	550m:	10:28.15	59.27	750m:	14:18.86	59.16
	200m:	3:36.24	56.95	400m:	7:30.47	58.57	600m:	11:25.39	57.24	800m:	15:09.84	50.98
AFGEM	Vadym Kutsenko	Dynamo			11:58.02							

Masters 75+

1.	Frederik Hendrik De Bruijn	CN Aquamasters	13:02.17				13:52.63				+1,22	
	50m: 46.39	46.39	250m: 4:13.27	52.77	450m: 7:44.10	52.27	650m: 11:16.66	52.97				
	100m: 1:36.53	50.14	300m: 5:07.15	53.88	500m: 8:38.04	53.94	700m: 12:10.39	53.73				
	150m: 2:27.42	50.89	350m: 5:58.62	51.47	550m: 9:30.70	52.66	750m: 13:03.08	52.69				
	200m: 3:20.50	53.08	400m: 6:51.83	53.21	600m: 10:23.69	52.99	800m: 13:52.63	49.55				
2.	Frans van Enst	WS Twente	13:36.85				194000011	14:04.70				+1,04
	50m: 44.07	44.07	250m: 4:23.27	55.32	450m: 7:59.26	52.49	650m: 11:34.62	53.25				
	100m: 1:37.45	53.38	300m: 5:18.41	55.14	500m: 8:53.23	53.97	700m: 12:28.02	53.40				
	150m: 2:32.32	54.87	350m: 6:11.92	53.51	550m: 9:46.77	53.54	750m: 13:19.26	51.24				
	200m: 3:27.95	55.63	400m: 7:06.77	54.85	600m: 10:41.37	54.60	800m: 14:04.70	45.44				
3.	Manfred Bottin	SV Langenfeld 1912	15:32.41				57993	17:44.08				+1,31
	50m: 58.21	58.21	250m: 5:36.44	1:09.64	450m: 10:09.92	1:08.64	650m: 14:36.04	1:06.97				
	100m: 2:06.22	1:08.01	300m: 6:43.96	1:07.52	500m: 11:16.26	1:06.34	700m: 15:41.33	1:05.29				
	150m: 3:16.78	1:10.56	350m: 7:52.84	1:08.88	550m: 12:23.51	1:07.25	750m: 16:45.99	1:04.66				
	200m: 4:26.80	1:10.02	400m: 9:01.28	1:08.44	600m: 13:29.07	1:05.56	800m: 17:44.08	58.09				

Programmanr. 31
08-05-2016 - 10:43

Dames, 400m wisselslag

Masters Open
Resultaten

rang	naam		vereniging			inschrijftijd					tijd		RT
Masters 20+													
1.	Moniek Heemskerk		LZ 1886			5:29.54		199601964			5:36.34		+0,74
	50m: 35.41	35.41	150m: 2:02.06	45.49	250m: 3:32.72	45.17	350m: 4:58.94	38.64					
	100m: 1:16.57	41.16	200m: 2:47.55	45.49	300m: 4:20.30	47.58	400m: 5:36.34	37.40					
2.	Kimberly Mijnen		WZ&PC Purmerend			5:26.64		199503644			5:38.06		+0,77
	50m: 36.19	36.19	150m: 2:03.63	42.22	250m: 3:33.39	48.48	350m: 5:01.65	38.83					
	100m: 1:21.41	45.22	200m: 2:44.91	41.28	300m: 4:22.82	49.43	400m: 5:38.06	36.41					
3.	Beau Rijpers		Swol 1894			5:30.72		199402638			5:46.59		+0,79
	50m: 35.49	35.49	150m: 2:04.21	45.13	250m: 3:36.03	47.99	350m: 5:05.91	41.80					
	100m: 1:19.08	43.59	200m: 2:48.04	43.83	300m: 4:24.11	48.08	400m: 5:46.59	40.68					
4.	Janine de Groot		Nova			6:06.15		199500092			5:49.66		+0,92
	50m: 36.56	36.56	150m: 2:07.57	44.65	250m: 3:41.28	50.13	350m: 5:12.69	39.97					
	100m: 1:22.92	46.36	200m: 2:51.15	43.58	300m: 4:32.72	51.44	400m: 5:49.66	36.97					
5.	Wendy de Bruin		ZOB'66			5:44.73		199206320			5:50.62		+0,65
	50m: 36.42	36.42	150m: 2:06.88	45.54	250m: 3:41.41	49.28	350m: 5:12.33	40.32					
	100m: 1:21.34	44.92	200m: 2:52.13	45.25	300m: 4:32.01	50.60	400m: 5:50.62	38.29					
6.	Nanda de Vries		Steenwijk 1934			5:39.07		199204328			5:55.89		+0,85
	50m: 35.62	35.62	150m: 2:04.59	46.21	250m: 3:42.33	52.71	350m: 5:15.88	41.25					
	100m: 1:18.38	42.76	200m: 2:49.62	45.03	300m: 4:34.63	52.30	400m: 5:55.89	40.01					
7.	Karin de Kok		AquAmigos			5:39.58		199301010			5:55.91		+0,69
	50m: 37.03	37.03	150m: 2:09.58	45.99	250m: 3:44.32	47.92	350m: 5:15.76	40.77					
	100m: 1:23.59	46.56	200m: 2:56.40	46.82	300m: 4:34.99	50.67	400m: 5:55.91	40.15					
8.	Denise van Zetten		Octopus			6:11.61		199600932			6:09.50		+0,84
	50m: 36.95	36.95	150m: 2:09.88	45.05	250m: 3:49.66	54.88	350m: 5:27.58	41.96					
	100m: 1:24.83	47.88	200m: 2:54.78	44.90	300m: 4:45.62	55.96	400m: 6:09.50	41.92					
9.	Lieke Janssen		NIMO			6:21.62		199305954			6:43.95		+0,81
	50m: 41.54	41.54	150m: 2:29.73	54.46	250m: 4:15.57	54.37	350m: 5:58.52	46.63					
	100m: 1:35.27	53.73	200m: 3:21.20	51.47	300m: 5:11.89	56.32	400m: 6:43.95	45.43					

Programmanr. 31, Dames, 400m wisselslag, Masters 20+

rang	naam	vereniging	inschrijftijd				tijd				RT	
10.	Claudia Creemers	RZ	7:40.14				199202864				7:59.70	+0,86
	50m: 44.86	44.86	150m: 2:48.98	1:01.84	250m: 4:58.00	1:07.14	350m: 7:01.77	54.32				
	100m: 1:47.14	1:02.28	200m: 3:50.86	1:01.88	300m: 6:07.45	1:09.45	400m: 7:59.70	57.93				

AFGEM	Maike Korthout	TRB-RES	5:41.86	199406034
-------	----------------	---------	---------	-----------

Masters 25+

1.	Wendan Poelstra			TriVia			5:24.00		199102496		5:31.01		+0,74
	50m:	33.47	33.47	150m:	1:56.29	42.92	250m:	3:26.69	47.61	350m:	4:53.69	37.66	
	100m:	1:13.37	39.90	200m:	2:39.08	42.79	300m:	4:16.03	49.34	400m:	5:31.01	37.32	
2.	Maaïke Vooren			DAW			5:31.81		199103324		5:45.65		+0,88
	50m:	35.88	35.88	150m:	2:06.86	47.50	250m:	3:40.06	46.49	350m:	5:06.84	38.59	
	100m:	1:19.36	43.48	200m:	2:53.57	46.71	300m:	4:28.25	48.19	400m:	5:45.65	38.81	
3.	Aniek Huijsman			De Lansingh			5:52.34		198801932		5:47.96		+0,81
	50m:	35.62	35.62	150m:	2:04.62	45.77	250m:	3:38.19	47.20	350m:	5:08.62	40.64	
	100m:	1:18.85	43.23	200m:	2:50.99	46.37	300m:	4:27.98	49.79	400m:	5:47.96	39.34	
4.	Rosanne de Boer			LZ 1886			5:45.28		199104060		5:57.91		+0,80
	50m:	37.57	37.57	150m:	2:12.69	48.27	250m:	3:48.41	47.88	350m:	5:18.29	40.35	
	100m:	1:24.42	46.85	200m:	3:00.53	47.84	300m:	4:37.94	49.53	400m:	5:57.91	39.62	
5.	Maaïke van Diggele			ZPB H&L Productions			5:52.05		198700868		6:02.71		+0,85
	50m:	35.76	35.76	150m:	2:07.02	48.05	250m:	3:44.91	51.69	350m:	5:20.62	43.09	
	100m:	1:18.97	43.21	200m:	2:53.22	46.20	300m:	4:37.53	52.62	400m:	6:02.71	42.09	
6.	Linda Janssen			ZPB H&L Productions			5:46.10		198802088		6:06.00		+0,92
	50m:	37.98	37.98	150m:	2:14.91	50.75	250m:	3:53.59	50.79	350m:	5:28.15	42.20	
	100m:	1:24.16	46.18	200m:	3:02.80	47.89	300m:	4:45.95	52.36	400m:	6:06.00	37.85	
7.	Liesbeth van Mill			DWK			6:22.72		198702786		6:19.33		+0,89
	50m:	41.17	41.17	150m:	2:19.51	49.07	250m:	3:59.67	51.95	350m:	5:36.74	44.62	
	100m:	1:30.44	49.27	200m:	3:07.72	48.21	300m:	4:52.12	52.45	400m:	6:19.33	42.59	
8.	Jacoline van den Beukel			Zwemvereniging Westland			6:29.96		199100238		6:55.93		+0,79
	50m:	39.62	39.62	150m:	2:26.70	48.56	250m:	4:21.36	1:04.96	350m:	6:13.06	44.69	
	100m:	1:38.14	58.52	200m:	3:16.40	49.70	300m:	5:28.37	1:07.01	400m:	6:55.93	42.87	

DIS Liset de Veer Aqua-Novio'94 6:10.33 198704190
RF - Bij het loslaten van de wand na het keerpunt de rugligging niet aangenomen.

AFGEM	Karin Hovenkamp	De Spatters	5:53.49	198701850
-------	-----------------	-------------	---------	-----------

Masters 30+

1.	Nadya Putter	ZVVS			5:32.91		198301630		5:37.71		+0,72			
		50m:	34.47	34.47	150m:	1:58.99	44.59	250m:	3:32.09	48.31		350m:	5:00.82	39.18
		100m:	1:14.40	39.93	200m:	2:43.78	44.79	300m:	4:21.64	49.55		400m:	5:37.71	36.89
2.	Roos van Esch	d'ELFT WAVE (SG)			5:36.49		198200468		5:38.82		+0,78			
		50m:	35.66	35.66	150m:	1:59.92	43.54	250m:	3:32.24	49.21		350m:	5:00.68	38.86
		100m:	1:16.38	40.72	200m:	2:43.03	43.11	300m:	4:21.82	49.58		400m:	5:38.82	38.14
3.	Jacqueline Oostenbrink	De Forel			6:01.62		198403156		6:09.01		+0,74			
		50m:	38.01	38.01	150m:	2:12.46	47.21	250m:	3:52.21	52.56		350m:	5:28.32	41.68
		100m:	1:25.25	47.24	200m:	2:59.65	47.19	300m:	4:46.64	54.43		400m:	6:09.01	40.69
4.	Linda Hoogendam 100m*	WVZ			6:11.36		198300892		6:46.96		+0,67			
		50m:	41.44	41.44	150m:	2:27.88	54.19	250m:	4:19.40	1:00.99		350m:	6:05.75	45.70
		100m:	1:33.69	52.25	200m:	3:18.41	50.53	300m:	5:20.05	1:00.65		400m:	6:46.96	41.21

Masters 35+

1.	Yvonne Gerritsen	WVZ	5:59.41	198000342	6:13.90	*	+0,87	
	50m: 38.13	38.13	150m: 2:15.66	50.23	250m: 3:57.87	50.44	350m: 5:32.97	43.00
	100m: 1:25.43	47.30	200m: 3:07.43	51.77	300m: 4:49.97	52.10	400m: 6:13.90	40.93
2.	Jolanda van Gendt	PSV	6:28.44	197800266	6:22.97		+0,76	
	50m: 41.03	41.03	150m: 2:22.02	48.81	250m: 4:03.67	54.14	350m: 5:40.88	42.02
	100m: 1:33.21	52.18	200m: 3:09.53	47.51	300m: 4:58.86	55.19	400m: 6:22.97	42.09
3.	Carmen Haan	ZZG De Boskickers	6:27.23	197901458	6:47.16		+0,98	
	50m: 44.51	44.51	150m: 2:31.92	51.72	250m: 4:17.58	54.19	350m: 6:01.27	46.21
	100m: 1:40.20	55.69	200m: 3:23.39	51.47	300m: 5:15.06	57.48	400m: 6:47.16	45.89

Programmanr. 31, Dames, 400m wisselslag, Masters 35+

rang	naam	vereniging	inschrijftijd	tijd	RT
4.	Rianne van Vegchelen	Deltasteur	7:26.50	198101530	8:06.89 +1,09
	50m: 55.11 100m: 2:02.30 1:07.19	150m: 3:08.37 200m: 4:12.30 1:06.07 1:03.93	250m: 5:19.92 300m: 6:26.78 1:07.62 1:06.86	350m: 7:15.72 400m: 8:06.89 48.94 51.17	

Masters 40+

1.	Liselotte Joling	PSV	5:39.61	197500268	5:49.89 +0,72
	50m: 36.06 100m: 1:18.88 36.06 42.82	150m: 2:05.71 200m: 2:50.16 46.83 44.45	250m: 3:41.81 300m: 4:33.12 51.65 51.31	350m: 5:12.29 400m: 5:49.89 39.17 37.60	
2.	Evelien van Klaarbergen	HZ&PC Heerenveen	5:44.43	197200964	5:57.36 +0,69
	50m: 38.38 100m: 1:23.67 38.38 45.29	150m: 2:09.78 200m: 2:53.89 46.11 44.11	250m: 3:44.96 300m: 4:36.60 51.07 51.64	350m: 5:17.93 400m: 5:57.36 41.33 39.43	
3.	Nadège van Meeteren	De Meer	6:04.60	197400736	6:14.17 +0,85
	50m: 40.69 100m: 1:32.80 40.69 52.11	150m: 2:22.12 200m: 3:11.92 49.32 49.80	250m: 4:00.24 300m: 4:49.84 48.32 49.60	350m: 5:32.72 400m: 6:14.17 42.88 41.45	
4.	Ingrid Versteegen	DBD	7:23.64	197300770	7:32.36 +0,90
	50m: 57.38 100m: 2:01.56 57.38 1:04.18	150m: 2:57.31 200m: 3:49.20 55.75 51.89	250m: 4:53.03 300m: 5:57.72 1:03.83 1:04.69	350m: 6:46.32 400m: 7:32.36 48.60 46.04	

Masters 45+

1.	Heidi Van Stein	LZ 1886	5:52.61	196900864	5:58.67 +0,80
	50m: 36.41 100m: 1:20.96 36.41 44.55	150m: 2:06.84 200m: 2:51.65 45.88 44.81	250m: 3:44.60 300m: 4:38.37 52.95 53.77	350m: 5:19.31 400m: 5:58.67 40.94 39.36	
2.	Laura Staal	Oceanus	6:13.48	196700358	6:18.28 +0,80
	50m: 42.28 100m: 1:32.35 42.28 50.07	150m: 2:20.85 200m: 3:09.12 48.50 48.27	250m: 4:02.52 300m: 4:55.52 53.40 53.00	350m: 5:38.05 400m: 6:18.28 42.53 40.23	
3.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	6:11.19	197000054	6:24.23 +0,92
	50m: 37.71 100m: 1:21.88 37.71 44.17	150m: 2:14.64 200m: 3:10.07 52.76 55.43	250m: 4:01.71 300m: 4:56.32 51.64 54.61	350m: 5:39.66 400m: 6:24.23 43.34 44.57	
4.	Annet Kootstra	Swol 1894	6:54.40	197100344	6:45.63 +0,89
	50m: 42.58 100m: 1:33.80 42.58 51.22	150m: 2:29.08 200m: 3:21.80 55.28 52.72	250m: 4:16.60 300m: 5:15.53 54.80 58.93	350m: 6:01.32 400m: 6:45.63 45.79 44.31	
5.	Geesje Lena Boomsma	Orca	6:57.32	197000826	7:06.49 +1,00
	50m: 49.64 100m: 1:48.09 49.64 58.45	150m: 2:43.29 200m: 3:37.61 55.20 54.32	250m: 4:35.33 300m: 5:33.22 57.72 57.89	350m: 6:20.26 400m: 7:06.49 47.04 46.23	
AFGEM	Annette van Dok	MSV-Zeemacht	7:32.15	196800742	
AFGEM	Jeanne Petit	De Dinkel	6:02.63	197001020	

Masters 50+

1.	Pierrette Michel <i>Kampioenschaps Record</i>	CNSW	5:41.55	000835/62	5:48.72 +0,90
	50m: 36.04 100m: 1:18.98 36.04 42.94	150m: 2:03.71 200m: 2:46.75 44.73 43.04	250m: 3:36.97 300m: 4:27.90 50.22 50.93	350m: 5:08.37 400m: 5:48.72 40.47 40.35	
2.	Allie Price	Cardiff Masters	5:58.36	547582	5:53.59 +0,73
	50m: 36.21 100m: 1:18.90 36.21 42.69	150m: 2:04.76 200m: 2:49.31 45.86 44.55	250m: 3:39.89 300m: 4:31.75 50.58 51.86	350m: 5:13.69 400m: 5:53.59 41.94 39.90	
3.	Marjan Remmits	ZPC Woerden	6:06.57	196300518	6:15.39 +0,84
	50m: 36.08 100m: 1:20.79 36.08 44.71	150m: 2:11.67 200m: 3:00.94 50.88 49.27	250m: 3:54.77 300m: 4:49.65 53.83 54.88	350m: 5:33.41 400m: 6:15.39 43.76 41.98	
AFGEM	K. van Nassau van den Heuvel	Old Dutch	6:46.87	196600188	

Masters 55+

1.	Patty Verhagen <i>Nederlands Masters Record</i>	PSV	6:32.75	195900146	6:32.28 +0,91
	50m: 40.32 100m: 1:34.24 40.32 53.92	150m: 2:24.84 200m: 3:13.36 50.60 48.52	250m: 4:10.59 300m: 5:07.95 57.23 57.36	350m: 5:50.66 400m: 6:32.28 42.71 41.62	
2.	Hannie Poletiek	TriVia	7:21.92	195900278	7:35.81 +1,11
	50m: 49.96 100m: 1:53.63 49.96 1:03.67	150m: 2:50.58 200m: 3:47.21 56.95 56.63	250m: 4:50.51 300m: 5:53.36 1:03.30 1:02.85	350m: 6:44.72 400m: 7:35.81 51.36 51.09	

Programmanr. 31, Dames, 400m wisselslag, Masters 55+

rang	naam	vereniging	inschrijftijd	tijd	RT
3.	Marjan Spoelstra	Swol 1894	7:30.19	196000236	7:46.10 +0,87
	50m: 54.77 54.77 150m: 2:59.67 1:02.87 250m: 5:00.96 1:00.47 350m: 6:54.95 52.32				
	100m: 1:56.80 1:02.03 200m: 4:00.49 1:00.82 300m: 6:02.63 1:01.67 400m: 7:46.10 51.15				
DIS	Mies Kuipers	Old Dutch	9:05.06	195800202	+0,88
	RH - Het eindpunt niet in rugligging aangeraakt.				

Masters 60+

1.	Colette Crabbe	CNSW	6:00.30	004900/56	6:01.90 +0,87
	<i>Europees Masters Record</i>				
	50m: 38.63 38.63 150m: 2:10.89 46.60 250m: 3:49.57 51.57 350m: 5:22.90 41.36				
	100m: 1:24.29 45.66 200m: 2:58.00 47.11 300m: 4:41.54 51.97 400m: 6:01.90 39.00				
2.	Ineke Weekers	PSV	6:43.43	195300050	6:56.02 +0,90
	50m: 47.34 47.34 150m: 2:40.69 59.95 250m: 4:31.95 53.71 350m: 6:12.83 44.54				
	100m: 1:40.74 53.40 200m: 3:38.24 57.55 300m: 5:28.29 56.34 400m: 6:56.02 43.19				
3.	Margriet Pasma	Inktvis-De Pinquin (SG)	6:51.57	195500088	7:02.23 +0,91
	50m: 50.18 50.18 150m: 2:40.80 52.59 250m: 4:32.53 59.22 350m: 6:17.91 45.14				
	100m: 1:48.21 58.03 200m: 3:33.31 52.51 300m: 5:32.77 1:00.24 400m: 7:02.23 44.32				
AFGEM	Carla Hensen	PSV	7:36.04	195300062	

Masters 65+

1.	Magdolna Csanadine Toth	Budapesti Delfinek	7:32.69	2/1090	7:24.36 +0,96
	<i>Kampioenschaps Record, Hungarian Masters Record</i>				
	50m: 53.13 53.13 150m: 2:52.36 56.02 250m: 4:47.72 58.96 350m: 6:35.99 49.87				
	100m: 1:56.34 1:03.21 200m: 3:48.76 56.40 300m: 5:46.12 58.40 400m: 7:24.36 48.37				
2.	Antoinette Gilding-Tussaud	WS Twente	9:00.07	195000038	8:45.87 +1,16
	50m: 1:00.87 1:00.87 150m: 3:15.66 1:02.81 250m: 5:33.67 1:15.72 350m: 7:47.86 59.14				
	100m: 2:12.85 1:11.98 200m: 4:17.95 1:02.29 300m: 6:48.72 1:15.05 400m: 8:45.87 58.01				
DIS	Gonnie Bak	PSV	8:24.00	195100064	+1,01
	AF - De aangegeven afstand niet uitgezwommen.				

Masters 70+

1.	Matty van der Veen	Old Dutch	10:10.38	194400020	10:47.30 +1,05
	50m: 1:14.64 1:14.64 150m: 4:22.43 1:29.88 250m: 7:11.28 1:21.98 350m: 9:41.39 1:03.95				
	100m: 2:52.55 1:37.91 200m: 5:49.30 1:26.87 300m: 8:37.44 1:26.16 400m: 10:47.30 1:05.91				

Programmanr. 32
08-05-2016 - 11:35

4 x 100m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
80+, Dames					
1.	DIO 1	DIO	4:39.28	4:53.90 +0,62	
	Aniek Resink	+0,62 33.43 1:10.89	Whitney van Hoeckel	+0,50 34.92 1:14.56	
	Susanne van der Linden	+0,51 40.41 1:25.99	Jolanda Post	+0,30 29.83 1:02.46	
2.	Octopus 2	Octopus	5:19.40	5:48.17 +0,69	
	Denise van Zetten	+0,69 38.75 1:20.77	Miriam Visserman	+0,48 40.44 1:33.30	
	Sharon Julius	+0,61 39.43 1:27.82	Margriet Aan het Rot	+0,53 39.11 1:26.28	
80+, Heren					
1.	Octopus 1	Octopus	4:18.83	4:19.72 +0,65	
	Jeffrey van Zetten	+0,65 33.13 1:08.56	Casper Muselaers	+0,46 28.20 1:02.20	
	Roald Blok	+0,46 32.55 1:09.98	Sjors Boverhoff	+0,40 28.26 58.98	

Programmanr. 32, 4 x 100m wisselslag

80+, Gemengd

1.	ZPC Woerden 1 Startzwemmer NMR 100m rug	ZPC Woerden		4:27.72			4:36.77	+0,69
	Jamilla van Veen	+0,69	32.35	1:07.54	Thijs van den End	+0,28	30.23	1:09.67
	Niels van Beurden	+0,32	34.88	1:16.18	Mandy Verbakel	+0,19	30.19	1:03.38
2.	De Zwoer 1	De Zwoer		4:46.49			4:40.28	+0,62
	Pieter Ytsma	+0,62	32.09	1:05.92	Matthijs Mulder	+0,11	30.35	1:07.64
	Suzanne Lange	+0,82	37.79	1:22.39	Sigrid Dogger	+0,40	31.03	1:04.33
3.	LZ 1886 1	LZ 1886		4:38.46			4:45.25	+0,73
	Tamara Caspers	+0,73	36.54	1:18.48	Frank Hezemans	+0,42	30.32	1:06.29
	Moniek Heemskerk	+0,48	39.22	1:23.45	Alex Schelvis	+0,45	26.97	57.03
4.	ZPC Woerden 2	ZPC Woerden		5:29.22			5:48.85	+0,75
	Patrick de Jonge	+0,75	38.06	1:19.24	Cynthia van Veen	+0,35	44.80	1:43.06
	Rens Klok	+0,38	40.53	1:28.60	Danielle Dekker		36.78	1:17.95
DIS	Nova 1	Nova		4:52.31				+0,64
	SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.							
	Janine de Groot	+0,64	36.24	1:15.74	Jesper Honken			
	Karin Groen				Stefan Kwant			

100+, Dames

1.	TriVia 1	TriVia		5:02.99		5:07.99	+1,04	
	Cynthia van Beusekom	+1,04	33.67	1:09.88	Anita Scheper	+0,55	35.93	1:20.30
	Heleen Arends	+0,42	40.76	1:27.47	Lianne van Beusekom	+0,77	32.70	1:10.34
2.	PSV 5	PSV		5:23.14		5:35.92	+0,92	
	Jolanda van Gendt	+0,92	41.78	1:27.34	Marlies Jehoel-van As	+0,47	36.25	1:29.85
	Simone Hendrikse	+0,51	40.77	1:27.89	Anouk Kuilaars	+0,83	33.71	1:10.84

100+, Gemengd

1.	De Haaien 1	De Haaien		4:44.92		4:42.97	+0,76	
	Jeffrey Breedijk	+0,76	30.87	1:03.89	Nicole Reinshagen	+0,64	37.84	1:22.20
	Teun Groeneweg	+0,38	33.68	1:12.24	Anne Duijst	+0,44	30.49	1:04.64
2.	WVZ 1	WVZ		4:47.20		4:49.25	+0,63	
	Nordin Termoshuizen	+0,63	32.92	1:08.50	Delia Badoux	+0,14	31.58	1:11.41
	Yvonne Gerritsen	+0,56	41.88	1:28.88	Rens Post	+0,37	28.27	1:00.46
3.	Montferland 1	Montferland		5:09.96		4:58.62	+0,69	
	Angela Giezen	+0,69	39.96	1:20.50	Kelly Bockting	+0,69	35.70	1:23.44
	Maik Steenkamp	+0,37	34.33	1:14.07	Martijn Giezen	+0,37	28.54	1:00.61
4.	ZOB'66 1	ZOB'66		4:47.32		5:07.10	+0,70	
	Harmen Reemst	+0,70	38.68	1:19.73	Wendy de Bruin	+0,44	34.44	1:16.27
	Nicky Deijl	+0,60	40.89	1:28.40	Ferry Blangé	+0,33	28.41	1:02.70

120+, Dames

1.	De Meer 1	De Meer		5:06.48		5:25.79	+0,74	
	Christa Verploeg	+0,74	42.16	1:25.52	Chantal van der Horst	+0,59	35.97	1:18.85
	Eline van Gemert	+0,45	39.19	1:24.36	Nadège van Meeteren	+0,91	36.19	1:17.06
2.	Steenwijk 1934 1	Steenwijk 1934		6:07.22		6:00.94	+0,84	
	Ilse Blankvoort	+0,84	41.75	1:25.40	Wilma Heijman	+0,78	40.93	1:32.41
	Lonneke Oenema	+0,64	46.49	1:39.26	Inge Lolkema-Soeters	+0,31	38.95	1:23.87

Programmanr. 32, 4 x 100m wisselslag

120+, Heren

1. Zwemlust-den Hommel 1 <i>Nederlands Masters Record, Startzwemmer NMR 100m rug</i>	Zwemlust-den Hommel	4:11.87	4:20.83	+0,95
Joan Kentrop Vincent Versteeg	+0,95 30.20 1:03.43 +0,25 32.73 1:12.29	Mark Musch Mark Zwart	+0,22 29.17 1:06.02 +0,42 28.15 59.09	
2. RSCM 1 <i>Belgisch Masters Record</i>	RSCM	4:26.43	4:26.37	+0,79
Jeroen Van Den Bosch Ken Rogiers	+0,79 33.36 1:07.98 +0,50 34.03 1:14.86	Gil Rogiers Jo Rogiers	+0,55 28.93 1:02.45 +0,53 28.91 1:01.08	
3. WIDEX GZC DONK 1 Raymond Oosterbaan Paul van Grol	WIDEX GZC DONK +0,81 34.91 1:13.19 +0,40 33.04 1:13.12	4:56.73 Remco Oskam Pierre de Groot	4:46.89 +0,58 30.18 1:07.65 +0,69 34.40 1:12.93	+0,81
4. ZVVS 1 Thomas Grudelbach Rene de Jong	ZVVS +0,76 36.21 1:16.49 +0,61 38.74 1:24.45	4:55.78 Finn van der Bas Freddy v.d. Veen	4:53.32 +0,65 30.09 1:06.20 +0,56 30.78 1:06.18	+0,76
5. MGO (SG) 1 Niels Albrechts Sven Dubbeld	MGO (SG) +0,87 35.54 1:13.36 +0,76 40.31 1:27.70	4:45.01 Frank van der Voordt Kees Akershoek	4:55.00 +0,57 31.63 1:09.97 +0,40 30.20 1:03.97	+0,87

120+, Gemengd

1. d'ELFT WAVE (SG) 1 <i>Nederlands Masters Record</i>	d'ELFT WAVE (SG)	4:27.59	4:32.54	+0,66
Merel Toussaint Erik Simons	+0,66 38.53 1:20.31 +0,31 30.52 1:06.71	Roos van Esch Nol van Thull	+0,70 33.05 1:10.66 +0,50 26.39 54.86	
2. ZVVS 2 Nick Cleintuar Karin Stein	ZVVS +0,53 30.13 1:02.98 +0,52 39.50 1:24.50	4:33.43 Nadya Putter Bas v.d. Nouwelant	4:39.58 +0,26 32.29 1:10.60 +0,58 29.01 1:01.50	+0,53
3. De IJssel 1 Nikki Hoogeboom Frank Beijering	De IJssel +0,67 38.16 1:19.47 +0,63 37.22 1:22.85	4:50.14 Wijam Nijenhuis Martje Godschalk	5:02.04 +0,49 33.26 1:11.93 +0,40 31.96 1:07.79	+0,67
4. Steenwijk 1934 2 Charine de Ruiter Korstaan de Boer	Steenwijk 1934 +0,91 42.84 1:26.63 +0,68 42.35 1:29.76	5:09.13 Rick Driezen Nanda de Vries	5:03.54 +0,60 28.18 1:01.64 +0,43 31.49 1:05.51	+0,91
5. RZ 1 Gino Martijn Suzan van den Bogaard	RZ +0,59 38.94 1:19.71 +0,53 39.31 1:24.51	5:06.16 Kelvin Isselt Claudia Creemers	5:15.08 +0,62 30.65 1:05.60 +0,66 38.69 1:25.26	+0,59
6. Swol 1894 1 Peter Lommert Marjan Spoelstra	Swol 1894 +0,74 38.79 1:20.20 +0,81 52.86 1:50.63	5:39.82 Kasper van den Berghe Beau Rijpers	5:36.80 +0,77 34.81 1:18.54 -0,02 31.74 1:07.43	+0,74
7. Nautilus 1 Vera van den Oord Merlin Weber	Nautilus +0,63 38.14 1:19.17 +0,52 48.09 1:42.67	5:29.18 Karin Verbeek Jos van Sleuwen	5:46.54 +0,30 34.99 1:17.11 +0,77 37.65 1:27.59	+0,63

160+, Dames

1. AZC 2 Monique Munnik Mariska Zaal	AZC +0,87 43.03 1:31.78 +0,42 42.83 1:32.90	5:46.99 Ramona Linting Sandra Daamen-Posma	5:43.48 +0,29 32.43 1:14.13 +0,33 37.00 1:24.67	+0,87
2. De Geul 1 Susanne Prins - Molenvijk Aafke Groot	De Geul +0,74 42.38 1:27.53 +0,76 42.88 1:31.09	5:43.45 Suze Roodenburg Ilse Harms	5:56.85 +0,90 41.61 1:46.68 +0,72 33.10 1:11.55	+0,74
3. WIDEX GZC DONK 2 Jacqueline de Ruiter-Wijnolst Lia Bijkerk	WIDEX GZC DONK +0,81 41.66 1:26.50 +0,72 53.07 1:54.40	6:20.16 Xandra Otter Nathasja Konijn	6:33.91 +0,83 50.14 1:48.29 +0,75 39.85 1:24.72	+0,81

Programmanr. 32, 4 x 100m wisselslag

160+, Heren

1.	DAW 6	DAW		4:36.39		4:35.79	+0,73
	Alex Damen	+0,73	33.59	1:10.53	Pieter van Gemeren	+0,39	32.01 1:11.27
	Joost Hoetjes	+0,54	31.95	1:10.50	Kars Luttik	+0,54	30.23 1:03.49
2.	PSV 4	PSV		4:57.21		5:02.27	+0,81
	Mark Godwaldt	+0,81	37.91	1:18.84	Ronald Smits	+0,65	30.42 1:08.40
	Rob Hernesath	+0,65	39.96	1:26.87	Joop Ariaens	+0,71	32.56 1:08.16

160+, Gemengd

1.	ZPC AMERSFOORT 1 <i>Startzwemmer NMR 100m rug</i>	ZPC AMERSFOORT	5:10.23			5:10.37	+0,72	
	Atie Pijtak-Radersma	+0,72	40.54	1:24.02	Lidia v. Bon-Rosenbrand	+0,35	36.70	1:20.23
	Wouter van 't Klooster	+0,64	38.43	1:21.91	Ron Korzelijs	+0,36	30.64	1:04.21
2.	CNBA 1	CNBA	5:23.13			5:17.01	+0,74	
	Nele Van Campfort	+0,74	41.41	1:24.10	Xavier Amould	+0,30	32.45	1:11.88
	Marcio Pierard Pizzigatti	+0,11	39.93	1:26.46	Julie Burgess	+0,36	33.98	1:14.57
3.	RZC 1	RZC	5:09.21			5:19.22	+0,78	
	Jule Verschoor-Holland	+0,78	44.13	1:30.02	Geert van Duinhoven	+0,51	33.52	1:15.33
	Bert de Weerd	+0,31	39.02	1:22.79	Rita van der Horst	+0,48	33.09	1:11.08
4.	AZC 1	AZC	5:35.41			5:19.97	+0,74	
	Guido Keutgen	+0,74	33.28	1:10.40	Joeri Stoffels	+0,77	31.24	1:10.02
	Auke de Lange	+0,25	41.63	1:29.65	Wil Ponsioen-van Mil	+0,30	43.02	1:29.90

200+, Dames

1.	CNSW 1	CNSW			5:02.61		5:06.03	+0,78
	Europees Masters Record, gezwommen om 12.03 uur							
	Pierrette Michel	+0,78	39.48	1:20.59	Arlene Delmage	+0,32	34.63	1:13.62
	Colette Crabbe	+0,30	40.96	1:27.82	Nathalie Blondeel	+0,15	30.30	1:04.00
2.	PSV 1	PSV			5:14.62		5:13.28	+0,70
	Nederlands Masters Record, EMR gezwommen 11.56 uur							
	Gudule van der Meer	+0,70	35.90	1:13.96	Liselotte Joling	+0,75	35.66	1:17.20
	Trudy Ketting	+0,51	39.04	1:22.66	Corrie Verhoeven	+0,49	37.01	1:19.46
3.	Swol 1894 2	Swol 1894			5:46.30		5:59.35	+0,85
	Annemarie Vuisst	+0,85	47.05	1:35.75	Mathilde Vink	+0,73	38.99	1:23.81
	Annet Kootstra	+0,58	48.50	1:42.89	Christien Nieuwenhuis	+0,54	35.84	1:16.90

200+, Gemengd

1. De Rog 1	De Rog			5:47.81			5:47.65	+1,69
Erik Kamphuis	+1,69	39.53	1:19.40	Catarina Matos	+0,69	42.03	1:37.50	
Arianne Hamakers	+0,65	45.87	1:36.91	Cees Kersten	+0,53	34.89	1:13.84	

240+, Dames

DIS PSV 3	PSV	6:00.06
<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>		

Katrin Pennings, Ineke Weekers, Patty Verhagen, Lottje Geurts

240+, Heren

1.	WWV 1	WWV	5:31.67			5:40.66	+0,71	
	Kees-Jan van Overbeeke	+0,71	37.46	1:17.07	Ruud Ruiters	+0,29	39.90	1:27.43
	Laurens Klein Breteler	+0,43	41.36	1:32.41	Theo Schouten	+0,54	39.46	1:23.75
2.	UZSC 1	UZSC	5:52.02			5:44.94	+1,01	
	Nartano Glijm	+1,01	40.63	1:23.06	Henk Kuipers	+0,24	39.63	1:25.58
	Tom Meijnen	+0,88	46.40	1:39.60	Wim Scherpenisse		36.29	1:16.70

Programmanr. 32, 4 x 100m wisselslag

240+, Gemengd

1. Budapesti Delfinek 1	Budapesti Delfinek	6:08.00	6:18.23	+0,70
Sumeghy Laszlo	+0,70 48.47 1:41.77	Zsolt Peredy	+0,75 43.25 1:36.24	
Magdolna Csanadine Toth	+0,79 48.57 1:43.62	Henriett Novakne Cseszregi	36.07 1:16.60	

280+, Heren

1. PSV 2	PSV	7:06.86	8:44.77	+0,87
<i>Nederlands Masters Record</i>				
Bob Berg	+0,87 1:38.67 3:32.05	Rob Hanou	+0,84 50.01 1:50.16	
Harold Matla	+0,69 37.21 1:20.74	Cor Sprengers	+0,62 54.00 2:01.82	

7 - ONMK 2016 lb sessie 7

08-05-2016 - 13:30

Programmanr. 34
08-05-2016 - 13:30

Heren, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT
Masters 20+						
1.	Melvin Prins	Wiekslag	25.50	199500201	25.56	+0,71
2.	Sverre Eschweiler	ReVeLie Swim Team	25.06	199204035	25.73	+0,89
3.	Wimar Lindenberg	Hieronymus	25.86	199601857	26.01	+0,62
4.	Christiaan Zwaal	MSV-Zeemacht	26.51	199503881	26.44	+0,62
5.	Jesper Oranje	De Duck	25.78	199200997	26.53	+0,85
6.	Levin Veale	Totnes Swimming Club	26.28	246591	27.00	+0,66
7.	Roel Rademaker	SPONS	28.66	199406633	28.30	+0,79
8.	Vincent Dermaux	ZC Aquadream	28.72	199600599	28.85	+0,75
9.	Hans Stoffers	Triton Putten	29.23	199604027	28.96	+0,68
10.	Jorden Theijink	ZPC De Hof	27.12	199400323	29.09	+0,75
11.	Thijs de Vos	De Rijn	29.07	199600675	29.79	+0,60
12.	Stefan Kwant	Nova	31.77	199200781	29.89	+0,74
13.	Remco Oskam	WIDEX GZC DONK	29.25	199205583	30.16	+0,82
14.	Thijs van den End	ZPC Woerden	29.01	199306803	30.23	+1,01
15.	Paul van Grol	WIDEX GZC DONK	30.10	199602951	30.28	+0,62
16.	Jesper Honken	Nova	30.60	199600085	30.45	+0,81
17.	Jordy Jongenelen	ZC Aquadream	30.04	199504995	30.47	+0,78
18.	Nick van der Krogt	LZ 1886	30.85	199501313	31.23	+0,75
19.	Thomas Grudelbach	ZVVS	38.53	199500355	31.85	+0,84
20.	Ian van Mullem	ZOB'66	32.01	199602545	32.83	+0,83
21.	Rens Klok	ZPC Woerden	33.21	199602045	34.90	+0,83
22.	Maarten Steekelenburg	Aquamania	36.62	199300479	35.80	+0,80
23.	John van Heteren	DWF	36.13	199305017	37.90	+0,66

Masters 25+

1.	Michele Ratti <i>Belgisch Masters Record</i>	ZIK	25.84	11012/87	26.08	+0,64
2.	Kalon Veale	Totnes Swimming Club	26.79	34589	27.04	+0,73
3.	Alex Schelvis	LZ 1886	26.89	198702927	27.77	+0,91
4.	Lorenzo Cavallini	De Futen	27.67	199007465	27.85	+0,79
5.	Ken Rogiers	RSCM	28.12	10193/89	28.22	+0,82
6.	Gil Rogiers	RSCM	28.85	10336/90	28.35	+0,78
7.	Teun Groeneweg	De Haaïen	26.70	198701133	28.49	+0,79
8.	Tim Bunnik	Triton	27.97	199000505	28.52	+0,80
9.	Fernand Cieol	CNDu	29.81	1645	28.73	+0,73
10.	Tolga Ozel	CNBA	29.53	005935/88	29.20	+0,74
11.	Matthias Claessens	AZK	29.46	11000/90	29.39	+0,88
12.	Rens Post	WVZ	29.39	199101827	29.79	+0,77
13.	Jeffrey van 't Schip	De Amstel	30.04	199102035	30.56	+0,83
14.	Sander Van Den Heuvel	AZK	30.18	10060/91	30.97	+0,69
15.	Patrick Holthuizen	d'ELFT WAVE (SG)	31.00	199107681	31.22	+0,64
16.	Patrick de Jonge	ZPC Woerden	30.09	198906635	31.66	+0,82
17.	Tom Cosemans	Hellas-Glana	31.64	198806199	31.88	+0,87
18.	Mark Godwaldt	PSV	33.30	198701039	32.19	+0,90
19.	Nicky Valentijn	AquAmigos	33.08	198806175	33.00	+0,82
20.	Robin Eggenkamp	De Duinkickers	34.91	198700847	35.03	+0,76
21.	Harmen Reemst	ZOB'66	34.62	198702715	35.20	+0,78

Programmanr. 34, Heren, 50m vlinderslag

Masters 30+

1.	Joan Kentrop	Zwemlust-den Hommel	25.90	198503575	25.98	+0,73
2.	Rick Driezen	Steenwijk 1934	27.78	198600713	27.91	+0,87
3.	Finn van der Bas	ZVVS	28.23	198400067	28.53	+0,82
4.	Mark Musch	Zwemlust-den Hommel	29.20	198401609	28.84	+0,74
5.	Gerwin Vonk	De Spatters	28.30	198201907	29.09	+0,72
6.	Robert Dekker	De Veene	28.60	198400443	29.18	+0,80
7.	Wouter Zijlstra	DAW	30.22	198202077	30.39	+0,84
8.	Pieter Pickhardt	ZPC De Hof	29.09	198301657	30.48	+0,85
9.	Jim Geestman	RSW (SG)	29.76	198300699	30.59	+0,88
10.	Frank van der Voordt	MGO (SG)	30.94	198302259	31.24	+0,77
11.	Bart Gorissen	Hellas-Glana	31.23	198300755	31.44	+0,93

Masters 35+

1.	Ronald Smits	PSV	28.63	197800981	27.50	+0,69
2.	Jeroen Zelsmann	Upstream Amsterdam	28.09	197701551	28.51	+0,74
3.	Joost Hoetjes	DAW	28.00	197800425	28.73	+0,77
4.	Patrick Roozeboom	WS Twente	29.68	197701643	29.94	+0,84
5.	Peter Lommert	Swol 1894	37.72	197900787	35.63	+0,95

Masters 40+

1.	Kelvin Isselt	RZ	28.65	197601119	29.18	+0,72
2.	Joeri Stoffels	AZC	29.76	197300851	29.23	+0,92
3.	Alex Damen	DAW	28.95	197501371	29.26	+0,79
4.	Xavier Arnould	CNBA	30.52	004387/74	29.96	+0,88
5.	Uwe Wehler	SC Poseidon Koblenz	33.28	167187	31.68	+0,78
6.	Johan Wezenberg	Swol 1894	32.13	197601023	32.50	+1,03
7.	Francois Boudreault	PLONS	33.41	197401155	33.26	+0,81
8.	Erik Rushton	WIDEX GZC DONK	36.73	197601573	36.03	+0,93
9.	Bas van Gool	De Geul	35.56	197201435	37.64	+0,76
10.	Mohamed Abou Gebba	CNSW	36.93	005045/75	38.30	+1,05

Masters 45+

1.	Harry Cornet	De Biesboschzwemmers	27.92	197100175	28.53	+0,91
2.	Pieter van Gemenen	DAW	29.61	196901779	29.65	+0,73
3.	Marcel van Winssen	De Golenberg	29.22	197101477	29.72	+0,80
4.	Antwan van Engen	De Ward	29.86	197101577	29.81	+0,75
5.	Richard Rickson	NIMO	30.15	197000841	30.72	+0,84
6.	Jeroen den Boer	TRB-RES	31.38	196701475	31.59	+0,83
7.	Vili Adam	ZV Haerlem	31.52	196901753	31.68	+0,85
8.	Harald Mulder	WVZ	33.29	196701459	33.53	+0,91
9.	Marcel Brittijn	De Duinkickers	32.70	196900159	33.90	+0,84
10.	Martin Berkhout	LZ 1886	33.67	197101123	34.26	+0,75
NG.ZA	Kees Akershoek	MGO (SG)	30.39	196900009		

Masters 50+

1.	Dirk Szymkowiak	SG Mönchengladbach	27.93	326003	28.74	+0,84
2.	Johan Remmits	ZPC Woerden	28.88	196201159	29.17	+0,87
3.	Jo Rogiers	RSCM	29.53	10194/63	29.41	+0,76
4.	Wiljam Nijenhuis	De IJssel	30.25	196400547	30.87	+0,87
5.	Andreas Walter	Stader Schwimmverein	30.42	167364	31.40	+0,88
6.	Rob Verheul	TRB-RES	32.38	196601571	31.76	+0,78
7.	Kees-Jan van Overbeeke	WWV	29.96	196200489	31.78	+0,88
8.	Erik Wetsteijn	Swol 1894	32.61	196501019	31.95	+0,70
9.	Geert van Duinhoven	RZC	32.46	196401263	32.18	+0,99
10.	Paul Wijnja	De Biesboschzwemmers	32.47	196301403	32.73	+0,79
11.	Frank van Vliet	PSV	34.50	196400927	33.29	+0,92
12.	Erik Saan	De Duck	32.29	196500769	33.52	+0,96
13.	Wim van Mil	LZ 1886	33.85	196501597	33.97	+0,83
14.	Fred Dijkshoorn	Zwemvereniging Westland	33.77	196501539	34.00	+0,91
15.	Robin Prins	De Geul	34.62	196200515	35.86	+0,85

Programmanr. 34, Heren, 50m vlinderslag, Masters 50+

rang	naam	vereniging	inschrijftijd		tijd	RT
16.	Mike Hartog	ZPB H&L Productions	34.65	196601509	36.16	+0,84
17.	Roy le Clercq	De Rog	37.00	196401041	36.50	+0,90
18.	Willem Jannink	Swol 1894	38.93	196500423	41.80	+0,83
19.	Harold Blacqui�re	Montferland	43.02	196401095	42.47	+0,96
DIS	Simon Franken	ZV Haerlem	32.31	196601581		
AA - Gestart voor het startsignaal (en wel gezwommen).						
NG	Phil Trethewie	Old Dutch	33.07	196501315		

Masters 55+

1.	Hugo Bregman	Albion	27.81	195800069	28.24	+0,80
2.	Fred Ketting	PSV	30.18	196000289	30.05	+0,89
3.	Joop Ariaens	PSV	30.22	195900747	31.13	+0,85
4.	Mark Kas	PLONS	35.80	196100285	34.93	+0,89
5.	Jack van Dijk	TRB-RES	35.04	196000127	35.01	+1,00
6.	Jaap de Boer	De Duinkickers	36.51	195800691	36.77	+0,78
7.	Andr� Schutte	ZPC De Zeeuwse Kust	37.32	196000521	37.60	+0,92
8.	Peter Coffeng	WIDEX GZC DONK	50.75	195700063	46.22	+1,00
NG	Lionel Godeaux	CNSW	28.59	000217/60		

Masters 60+

1.	Simon Veale	Totnes Swimming Club	30.92	1008	30.37	+0,74
2.	Brend Brev�	PSV	33.12	195200265	31.57	+0,87
3.	Nartano Glijn	UZSC	32.06	195500449	32.64	+0,91
4.	Wim Scherpenisse	UZSC	35.60	195500447	34.53	+1,17
5.	Ruud Ruiter	WWV	35.22	195300169	35.36	+1,05
6.	Fred Zanting	TriVia	33.78	195400323	35.55	+1,01
7.	Toby Van den Eynde	ZIK	38.50	10155/54	40.81	+0,85

Masters 65+

1.	Piet Schop	De Bevelanders	34.87	195000109	35.21	+0,71
2.	Jaap Kwakkel	DAW	41.92	194700157	42.49	+0,93

Masters 70+

1.	Theo Schouten	WWV	41.13	194600161	46.53	+1,03
2.	Peter Ouweeneel	RSW (SG)	1:09.22	194500077	1:17.05	+1,20

Masters 75+

1.	Manfred Bottin	SV Langenfeld 1912	43.65	57993	58.34 *	+1,19
----	----------------	--------------------	-------	-------	----------------	-------

Programmanr. 35
08-05-2016 - 13:44

Dames, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT
Masters 20+						
1.	Chantal Grove	De Dolfijn	29.32	199401844	30.17	+0,72
2.	Cynthia van Beusekom	TriVia	29.88	199500134	30.23	+0,73
3.	St�phanie Bergsma	Dedemsvaart-AC	29.46	199203374	30.47	+0,68
4.	Karin Groen	Nova	30.26	199502440	30.55	+0,72
5.	Denise Boereboom	Van Vliet-Barracuda	30.42	199202144	30.69	+0,81
6.	Lisa Klatten	d'ELFT WAVE (SG)	31.13	199203628	30.93	+0,76
7.	Tamara Grove	De Dolfijn	29.74	199601266	31.41	+0,76
8.	Karin Verbeek	Nautilus	31.97	199201848	31.46	+0,72
9.	Vera van den Oord	Nautilus	30.52	199405432	31.50	+0,77
10.	Eva Engelen	NDD	31.42	199405514	31.52	+0,71
11.	Suzanne Mosch	MSV-Zeemacht	30.50	199400548	31.70	+0,73

Programmanr. 35, Dames, 50m vlinderslag, Masters 20+

rang	naam	vereniging	inschrijftijd		tijd	RT
12.	Martina Eva Becker	Erster Offenbacher SC	32.04	160468	31.97	+0,74
13.	Carmen Seesing	NDD	30.78	199406220	32.21	+0,71
14.	Tessa Mol	De Rijn	33.17	199501396	32.43	+0,79
	Karin de Kok	AquaAmigos	31.54	199301010	32.43	+0,66
16.	Rebecca Evers	ZOB'66	33.23	199207916	32.74	+0,79
17.	Anouk van der Vlies	WVZ	31.63	199603226	32.82	+0,78
18.	Nanda de Vries	Steenwijk 1934	30.09	199204328	32.91	+0,81
19.	Eva Kattouw	De Ward	33.06	199407168	33.03	+0,72
20.	Suzanne Lange	De Zwoer	32.26	199202998	33.13	+0,72
21.	Whitney van Hoeckel	DIO	31.85	199402390	33.20	+0,78
22.	Marissa Minkman	ZC Aquadream	31.48	199306054	33.25	+0,75
23.	Nikki Hoozeboom	De IJssel	34.13	199301196	33.26	+0,94
24.	Larissa Jansen	De Bevelanders	33.32	199500660	33.76	+0,85
25.	Cindy Hendriks	De Waalstroom	35.14	199207672	33.96	+0,74
26.	Carmen Muilwijk	De Geul	33.67	199502700	34.29	+0,76
27.	Merel Toussaint	d'ELFT WAVE (SG)	34.41	199203788	34.36	+0,81
28.	Laura Scheffer	Aquarijn	34.25	199407222	34.55	+0,76
29.	Inge Koopman	ZV Haerlem	34.48	199303382	34.64	+0,91
30.	Debby Bavelaar	LZ 1886	32.64	199502648	34.68	+0,82
31.	Anne Aarts	Aqua-Novio'94	34.32	199207942	34.80	+0,72
32.	Alma Janssen	Van Vliet-Barracuda	36.78	199401078	35.20	+0,87
33.	Eline van Gemert	De Meer	35.12	199505458	35.28	+0,67
34.	Naomi van Gool	LZ 1886	33.82	199505166	35.39	+0,75
35.	Getrude Corporaal	ZVZ	37.63	199200380	36.29	+0,81
36.	Daphne Meijer	Montferland	36.98	199303850	37.14	+0,88
37.	Lieke Janssen	NIMO	38.98	199305954	37.61	+0,78
38.	Cynthia van Veen	ZPC Woerden	37.75	199606736	37.77	+0,68
39.	Daniëlle de Klein	DWF	39.73	199404786	40.88	+0,87
40.	Chadassa Mannee	De Geul	38.49	199501044	40.89	+1,06
41.	Claudia Creemers	RZ	41.46	199202864	41.19	+0,88
42.	Talitha Boelen	DWF	39.76	199502910	42.32	+0,77
AFGEM	Mariëtte Bulman	ZC Aquadream	33.02	199506846		
AFGEM	Maike Korthout	TRB-RES	31.73	199406034		
NG	Eline Molle	De Geul	37.14	199404276		

Masters 25+

1.	Caroline Cavadini	CNBA	29.55	000127/90	29.53	+0,79
	<i>Belgisch Masters Record</i>					
2.	Jolanda Post	DIO	29.21	199004848	29.79	+0,72
3.	Charlotte Groeneveld	UZSC	30.48	198701404	30.24	+0,76
4.	Monique Lindenberg	De Bevelanders	30.83	199002360	31.77	+0,79
5.	Christa Stam	RSW (SG)	32.01	198806790	31.84	+0,92
6.	Suzan van den Bogaard	RZ	30.99	198900450	31.89	+0,77
7.	Nienke van Stipriaan	PSV	33.29	198703970	32.12	+1,02
8.	Tessa Mosch	MSV-Zeemacht	33.16	199102172	32.55	+0,68
9.	Julia Stüwe	TV Meppen	33.08	143683	33.39	+0,76
10.	Daniëlle Scheepers	VZV Njord	33.64	199005428	33.40	+0,74
11.	Arine van Holland	De Vrije Slag	32.55	198701768	33.76	+0,78
12.	Karin Hovenkamp	De Spatters	32.76	198701850	34.13	+0,78
13.	Anita Schepers	TriVia	33.19	198803862	35.79	+0,94
14.	Kelly Bocking	Montferland	35.46	199104050	35.85	+0,81
15.	Senna van Dongen	De Geul	35.84	199100760	36.66	+0,88
16.	Aurore Gueret	SC Rixensart	38.51	005539/87	36.82	+0,81
17.	Henrike de Vries	WS Twente	37.73	198907460	36.90	+0,96
18.	Jacoline van den Beukel	Zwemvereniging Westland	35.22	199100238	37.14	+0,84
19.	Kyra van Camerijk	TRB-RES	35.65	198800742	37.53	+0,88
20.	Miriam Visserman	Octopus	35.78	198704364	38.84	+0,89
21.	Manouk Ticheler	De Duinkickers	38.12	198705416	40.09	+0,85
22.	Daniëlle Dekker	ZPC Woerden	43.13	198706162	43.71	+0,72
23.	Dorien Vasseur	Scheldestroom	44.14	198704164	44.34	+0,89
24.	Xandra Otter	WIDEX GZC DONK	50.13	199006046	48.95	+0,93

Programmanr. 35, Dames, 50m vlinderslag

Masters 30+

1.	Pauline Gouwens	DWK	28.40	198400790	28.65	+0,91
2.	Nicole Heidemann	TV Meppen	29.24	68640	29.46	+0,83
3.	Elles van Leeuwen	PSV	32.01	198602240	32.07	+0,87
4.	Olga Volman-Maiorova	NDD	31.82	198504188	32.47	+0,75
5.	Nele Van Campfort	CNBA	33.88	002159/86	32.69	+0,75
6.	Roos van Esch	d'ELFT WAVE (SG)	32.12	198200468	32.87	+0,79
7.	Annelette Reefhuis-de Vries	WS Twente	32.96	198603908	33.77	+0,72
8.	Auke de Lange	AZC	33.69	198602226	34.73	+0,76
9.	Manon van Rooijen	ZVVS	40.71	198201404	35.11	+0,80
10.	Sandra Schellekens	SWNZ (SG)	34.79	198503416	35.33	+0,96
11.	Lianne van Beusekom	TriVia	35.85	198600330	35.68	+1,02
12.	Nicole Reinshagen	De Haaen	36.49	198402014	35.79	+0,94
13.	Jacqueline Wissink	PSV	37.48	198503286	36.63	+0,75
14.	Miriam Geuskens	NDD	36.74	198300660	38.53	+0,77
15.	Margriet Aan het Rot	Octopus	39.26	198603088	42.50	+0,89

Masters 35+

1.	Delia Badoux	WVZ	30.44	198000042	30.56	+0,80
<i>Nederlands Masters Record</i>						
2.	Angela Koekkoek	Triton	31.07	197901516	31.41	+0,92
3.	Natasja Forat	ZPC De Zeeuwse Kust	39.16	197701186	35.32	+0,90
4.	Nancy Peeters	De Rog	37.00	197901496	37.52	+0,82
5.	Fabiola Bosman	Deltasteur	38.82	197701148	38.32	+0,95
6.	Sandra de Bruijne	Onderdak	42.60	197801310	45.53	+0,85
AFGEM	Patricia Vos	TRB-RES	35.91	198001730		

Masters 40+

1.	Gudule van der Meer	PSV	30.73	197200396	31.39	+0,75
2.	Edith Janssen-Koolen	TRB-RES	32.93	197300898	32.01	+0,75
3.	Olivia Lorton	Swimming Luxembourg	31.94	9981	32.05	+0,82
4.	Yvette Ratering	De Ward	35.09	197200990	34.51	+0,94
5.	Wilma Heesbeen	Aqua-Novio'94	36.20	197200240	35.64	+0,89
6.	Catarina Matos	De Rog	42.85	197200976	37.99	+0,76
7.	Bianca Hertogh - Buijsse	Scheldeestroom	39.59	197400910	39.63	+0,91

Masters 45+

1.	Ingrid Boot-De Groot	De Aalscholver	30.31	197000168	31.30	+0,77
<i>Kampioenschappen Record</i>						
2.	Ilse Harms	De Geul	33.36	196900858	33.36	+0,83
3.	Marjo Goelema-Koek	De Biesboschzwemmers	33.33	196900192	34.07	+0,70
4.	Valerie Rolland	CNSW	36.18	004276/71	34.60	+0,70
5.	Chita van der Goorbergh	WVZ	34.38	196800762	34.64	+0,79
6.	Henriëtte Manting	GZVW	34.67	197100246	35.35	+0,90
7.	Rita van der Horst	RZC	35.22	196900260	36.29	+0,79
8.	Karin Sagonas-Koolen	VZV Njord	37.58	197000964	37.86	+0,86
9.	Nathasja Konijn	WIDEX GZC DONK	42.28	197100992	41.13	+0,82
10.	Annette van Dok	MSV-Zeemacht	43.61	196800742	43.96	+0,80
11.	Kristien Van de Moortel	ShaRK	43.33	20315/69	44.98	+0,83
DIS	Lesley Cordial	Neptunus	31.29	196700684		
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>						
DIS	Katja de Beer	PSV	34.20	196800888		
<i>VG - Bij de laatste armslag voor keer- en/of eindpunt de armen niet over het water naar voren gebracht.</i>						
AFGEM	Jeanne Petit	De Dinkel	31.14	197001020		

Programmanr. 35, Dames, 50m vlinderslag

Masters 50+

1.	Arlene Delmage	CNSW	32.94	005892/62	32.23	+0,80
	<i>Kampioenschappen Record, Belgisch Masters Record</i>					
2.	Marjan Remmits	ZPC Woerden	32.81	196300518	32.56	+0,84
3.	Allie Price	Cardiff Masters	33.31	547582	32.92	+0,66
4.	Wilma van Velsen	Montferland	34.34	196400444	33.97	+0,83
5.	Jacqueline Rolloos-Bakkers	De Lansingh	35.74	196300222	36.93	+0,89
6.	Susanne Prins - Molenwijk	De Geul	37.39	196600284	38.24	+0,84
7.	Anne Boly	CNDu	47.13	10868	46.75	+1,20

Masters 55+

1.	Claire Anthony	CNSW	35.27	001353/57	35.92	+0,80
2.	Mathilde Vink	Swol 1894	34.67	195800128	36.32	+0,87
3.	Hannie Poletiek	TriVia	44.05	195900278	44.10	+1,19
4.	Lia Bijkerk	WIDEX GZC DONK	47.76	196000014	46.75	+1,03
5.	Birgit Bartelds	Mosaqua Gulpen	56.31	196100372	58.28	+1,00
6.	Mies Kuipers	Old Dutch	1:03.42	195800202	1:04.77 *	+0,87

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	37.93	195600048	35.69	+0,80
2.	Carla Hensen	PSV	44.87	195300062	47.02	+0,97
3.	Fernande Gourmet-Blondeel	CNSW	50.99	004901/52	51.77	+0,88
4.	Tineke van Diggelen	ZPCH	59.29	195200048	1:01.34	+1,08

Masters 65+

1.	Christien Nieuwenhuis	Swol 1894	36.19	195100022	36.85	+0,73
	<i>Nederlands Masters Record</i>					
2.	Antoinette Gilding-Tussaud	WS Twente	54.30	195000038	54.53	+1,11

Masters 70+

1.	Corrie Verhoeven	PSV	53.27	194600026	46.67	+0,78
	<i>Nederlands Masters Record</i>					
2.	Annet Verhoeven - Steggerda	De Duinkickers	1:03.64	194600024	1:15.95	+1,05

Programmanr. 36
08-05-2016 - 13:59

Heren, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m	150m	200m
Masters 20+									
1. Martijn Velders	TZC-Vahalis	2:29.28	199502619	2:33.99	+0,67	34.66	1:15.45	1:55.20	2:33.99
2. Roald Blok	Octopus	2:25.31	199302685	2:34.57	+0,75	33.58	1:12.47	1:52.97	2:34.57
3. Romero Hennep	De Kempvis	2:26.74	199304929	2:36.67	+0,62	35.51	1:16.44	1:58.36	2:36.67
4. Paul van Grol	WIDEX GZC DONK	2:42.12	199602951	2:40.35	+0,65	35.18	1:16.63	1:59.19	2:40.35
5. Tom de Lange	Deltasteur	2:56.27	199300303	2:49.96	+0,85	37.65	1:21.21	2:07.02	2:49.96
6. Jordy Jongenelen	ZC Aquadream	2:45.09	199504995	2:51.67	+0,74	39.65	1:23.82	2:09.09	2:51.67
7. Martino Valentijn	DIO	2:42.02	199403913	2:54.03	+0,81	37.91	1:24.48	2:09.21	2:54.03
8. Sven Dubbeld	MGO (SG)	3:00.96	199601141	3:16.88	+0,94	42.74	1:33.08	2:24.66	3:16.88
9. John van Heteren	DWF	3:13.99	199305017	3:17.48	+0,81	43.24	1:34.25	2:25.86	3:17.48
10. Bob Potkamp	Deltasteur	3:12.65	199403189	3:23.48	+0,96	46.13	1:37.88	2:31.20	3:23.48
GEM Coen de Bruijn	Hieronimus	2:22.26	199205151						

Programmanr. 36, Heren, 200m schoolslag

Masters 25+

1. Erik Simons	d'ELFT WAVE (SG)	2:32.49	198902845	2:30.85	+0,78	32.85	1:11.85	1:51.32	2:30.85
2. Maik Steenkamp	Montferland	2:34.67	199103847	2:42.30	+0,75	36.13	1:18.27	2:01.16	2:42.30
3. Patrick Creemers	RZ	2:40.60	199000579	2:42.55	+0,75	37.66	1:20.70	2:01.51	2:42.55
4. Teun Groeneweg	De Haaien	2:27.92	198701133	2:43.10	+0,74	35.04	1:16.08	1:59.46	2:43.10
5. Herman van Dijk	De Wellerobben	2:51.41	198900691	2:45.80	+0,95	37.02	1:18.93	2:02.62	2:45.80
6. Niels van Beurden	ZPC Woerden	2:41.04	198805669	2:58.35	+0,69	38.31	1:24.71	2:11.53	2:58.35
7. Mark Huijsman	De Lansingh	2:58.03	199001305	2:59.07	+0,81	40.33	1:26.61	2:13.41	2:59.07
8. Dennis Kraakman	DAW	3:02.16	198705325	3:00.93	+0,78	38.76	1:24.64	2:12.05	3:00.93
9. Nicky Valentijn	AquAmigos	3:11.96	198806175	3:17.01	+0,79	44.35	1:34.58	2:25.50	3:17.01
10. Wesley Determann	Zwemvereniging Hoogland	3:30.30	198806107	3:19.13	+0,97	43.57	1:34.10	2:25.93	3:19.13

Masters 30+

1. Tim van den Berg	MNC Dordrecht	2:25.21	198500157	2:35.11	+0,74	33.89	1:13.43	1:54.35	2:35.11
2. Thommy Nickel	Van Vliet-Barracuda	2:47.90	198401627	2:53.13	+0,80	39.25	1:23.35	2:08.37	2:53.13
3. Nicolas Havet	SC Rixensart	3:06.77	001817/86	2:56.52	+0,69	38.67	1:23.60	2:08.96	2:56.52
4. Rob van Wanrooy	Gay Swim Amsterdam	3:00.92	198202627	3:04.66	+0,74	38.91	1:25.78	2:16.57	3:04.66
5. Wouter Zijlstra	DAW	2:56.89	198202077	3:05.16	+0,86	38.03	1:24.33	2:13.53	3:05.16
DIS Thijs Tulen	DWT	4:12.07	198604737						

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Masters 35+

1. Richard Claus	Swimteam Helden-Mosa (S2:20.44	198000265	2:27.11	+0,73	32.79	1:10.63	1:48.60	2:27.11	
<i>Kampioenschaps Record</i>									
2. Enrico Hahn	Otter SC	2:38.12	458508	2:41.42	+0,77	35.62	1:16.06	1:57.50	2:41.42
3. Vincent Versteeg	Zwemlust-den Hommel	2:33.88	197701003	2:43.67	+0,74	36.69	1:19.98	2:02.79	2:43.67
4. Victor Barnar	GoSwim	2:44.02	197801805	2:45.91	+0,74	36.87	1:20.00	2:01.81	2:45.91
5. Freddie Geerlings	NIMO	2:45.09	197900379	2:49.64	+0,83	39.54	1:22.88	2:06.94	2:49.64
6. Ron Langelaan	DAW	2:53.86	197800643	2:57.24	+0,72	38.53	1:23.28	2:10.04	2:57.24
7. Berry van Holland	TriVia	2:50.51	198000603	2:57.80	+0,78	40.32	1:25.87	2:12.25	2:57.80
8. Harm Jan Otter	De Zandstuve	2:59.45	198101283	3:00.20	+0,89	40.13	1:27.09	2:14.99	3:00.20

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	2:35.25	197600889	2:37.58	+0,78	34.33	1:13.45	1:54.95	2:37.58
<i>Kampioenschaps Record</i>									
2. Jiri Geers	AZK	2:41.29	10011/74	2:45.32	+0,77	36.77	1:19.39	2:02.66	2:45.32
3. Martin Postma	De Fuut	2:52.00	197301493	2:51.92	+0,87	37.35	1:19.85	2:04.49	2:51.92
4. Michael van Bekkum	Swol 1894	3:01.87	197200051	2:58.23	+0,80	39.39	1:24.72	2:10.99	2:58.23
5. Erwin Zuidervelt	De Futen	3:00.66	197501015	3:12.84	+0,89	43.21	1:32.13	2:22.33	3:12.84
6. Kasper van den Berghe	Swol 1894	3:16.75	197301125	3:19.95	+0,83	46.49	1:37.41	2:29.24	3:19.95
7. Erik Huisman	De Biesboschzwemmers	3:24.16	197401405	3:24.95	+0,73	44.40	1:34.83	2:30.04	3:24.95
AFGEM Jimmy Swiggers	Leuven Aquatics	2:50.88	11107/74						

Masters 45+

1. Harry Cornet	De Biesboschzwemmers	2:32.91	197100175	2:46.34	+0,78	37.61	1:21.06	2:03.87	2:46.34
2. Lars Friedemann	SG Mülheim	2:50.60	64157	2:48.20	+0,80	39.12	1:21.65	2:05.03	2:48.20
3. Patrick Juncker	Swimming Luxembourg	2:46.27	136	2:48.58	+0,86	39.65	1:23.08	2:05.18	2:48.58
4. Thomas Janßen	SG Mülheim	2:44.56	251149	2:51.45	+0,82	37.54	1:21.28	2:06.55	2:51.45
5. Harold Matla	PSV	2:49.51	196800591	2:58.43	+0,98	39.50	1:26.10	2:13.11	2:58.43
6. Bert de Weerd	RZC	3:08.77	196701283	3:01.34	+0,86	40.71	1:27.75	2:14.59	3:01.34
7. Jacques Verriet	VZV Njord	3:16.52	197001039	3:09.47	+0,87	43.39	1:31.04	2:20.48	3:09.47
8. Korstiaan de Boer	Steenwijk 1934	3:12.52	197101629	3:17.08	+0,83	44.56	1:35.12	2:26.38	3:17.08
9. Gertjan van der Vaart	ZVVS	3:28.08	196801529	3:31.30	+0,81	46.92	1:40.96	2:37.14	3:31.30
10. Henk van Zetten	Octopus	3:50.65	196701261	3:44.56	+0,87	51.95	1:49.48	2:47.97	3:44.56
AFGEM Oebele Boomsma	Orca	3:50.51	197001659						

Programmanr. 36, Heren, 200m schoolslag

Masters 50+

1. Arno Schrauwen	De Roersoppers	2:49.05	196501355	2:58.15	+0,82	39.16	1:25.21	2:11.94	2:58.15
Bertjan Schelhaas	DWT	2:50.75	196501577	2:58.15	+0,88	40.78	1:26.09	2:11.40	2:58.15
3. Bernd Bienek	SV Gladbeck 13	2:57.23	278658	2:58.24	+0,87	40.24	1:25.31	2:11.14	2:58.24
4. Ron Korzelius	ZPC AMERSFOORT	3:08.81	196500513	3:09.98	+0,77	42.17	1:31.14	2:21.27	3:09.98
5. Rene de Jong	ZVVS	2:59.36	196600351	3:14.67	+0,87	42.47	1:33.08	2:24.08	3:14.67
6. Jack Barends	WS Twente	3:20.47	196201011	3:21.97	+0,90	46.37	1:38.01	2:30.19	3:21.97
7. Marco Schoenmakers	ZVVS	3:31.35	196401375	3:31.69	+0,90	46.34	1:41.04	2:36.36	3:31.69
8. Merlin Weber	Nautilus	4:00.22	196201261	3:41.99	+0,77	48.70	1:48.02	2:45.98	3:41.99
9. Hans van Scheepen	Steenwijk 1934	3:39.23	196201245	3:43.85	+0,81	49.54	1:47.37	2:45.72	3:43.85
AFGEM Jeffrey van Doormalen	DZ&PC	3:48.86	196501563						

Masters 55+

1. Albert Boonstra	Aqua-Novio'94	2:49.49	195700425	2:58.22	+0,89	40.28	1:25.98	2:11.67	2:58.22
2. Ronald Grove	Oceanus	3:03.41	196100161	3:02.17	+0,74	40.20	1:27.39	2:14.79	3:02.17
3. Rob Hemesath	PSV	3:09.59	196100189	3:12.11	+0,87	42.03	1:30.88	2:22.52	3:12.11
4. Johan Vandewalle	ZIK	3:14.13	10154/60	3:15.81	+0,83	44.14	1:34.51	2:26.49	3:15.81
5. Wolfgang Grenzing	SG Mönchengladbach	3:13.51	275182	3:19.45	+0,91	44.91	1:36.74	2:29.74	3:19.45
6. Pier van der Sluis	Orca	3:14.19	195900757	3:35.42	+1,08	47.79	1:42.93	2:38.41	3:35.42
7. Jan Willem Heuten	WS Twente	3:27.73	196000883	3:37.24	+0,97	49.80	1:46.15	2:43.01	3:37.24
8. Bart van Calker	WS Twente	3:32.49	196100067	3:40.80	+0,97	52.68	1:48.54	2:46.31	3:40.80

Masters 60+

1. Peter Kauch	SV Gladbeck 13	2:50.57	73094	2:56.02	+0,90	38.34	1:22.62	2:08.24	2:56.02
<i>Kampioenschaps Record, German Masters Record</i>									
2. Charles Bos	De Roersoppers	3:13.23	195300019	3:11.22	+0,79	42.40	1:32.37	2:22.18	3:11.22
3. Paul Bunnik	Triton	3:08.02	195600413	3:30.04	+0,95	44.66	1:37.77	2:34.05	3:30.04
4. Dré Klaassen	ZOB'66	3:30.31	195600141	3:37.26	+0,89	50.54	1:45.59	2:41.88	3:37.26
5. Frans Suijkerbuijk	PSV	4:08.04	195600499	4:18.61	+0,82	57.33	2:01.90	3:10.84	4:18.61
AFGEM Laurens Klein Breteler	WWV	3:20.90	195400109						

Masters 65+

1. Nico van Dongen	ZZ&PC De Devel	4:42.11	194800159	4:38.96	+1,08	1:01.94	2:14.75	3:27.90	4:38.96
--------------------	----------------	---------	-----------	----------------	-------	---------	---------	---------	---------

Masters 70+

1. Rob Hanou	PSV	3:33.35	194300109	3:33.48	+1,14	47.43	1:43.32	2:40.54	3:33.48
2. Nico Baay	Old Dutch	3:45.07	194200053	3:54.53	+0,83	52.02	1:51.74	2:53.08	3:54.53
3. Kevork Boyrazian	CNSW	4:27.77	002620/44	4:52.79	+0,97	1:02.85	2:17.77	3:36.53	4:52.79

Masters 75+

1. Jan Eichhorn	ZV Haerlem	4:22.36	193700015	4:38.57	+1,15	1:01.09	2:11.64	3:25.15	4:38.57
-----------------	------------	---------	-----------	----------------	-------	---------	---------	---------	---------

Programmanr. 37
08-05-2016 - 14:33

Dames, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Chantal van der Horst	De Meer	2:47.96 199400616	2:46.41	+0,75	37.99	1:20.24	2:03.05	2:46.41
2. Sharon van der Leest	WZ&PC Purmerend	2:38.12 199202772	2:47.08	+0,86	36.92	1:18.58	2:02.25	2:47.08
3. Marte Stoorvogel	De Rijn	2:54.23 199501408	2:55.31	+0,85	39.74	1:25.17	2:10.23	2:55.31
4. Martina Eva Becker	Erster Offenbacher SC	2:59.08 160468	2:55.94	+0,71	40.08	1:25.52	2:10.44	2:55.94
5. Elina Mäkinen	CNDu	3:01.12 10962	2:56.29	+0,60	39.08	1:24.67	2:10.79	2:56.29
<i>Luxembourg Masters Record</i>								
6. Moniek Heemskerk	LZ 1886	2:54.75 199601964	2:59.81	+0,79	40.81	1:26.42	2:13.11	2:59.81
7. Karin Verbeek	Nautilus	2:56.77 199201848	3:05.89	+0,70	42.72	1:30.29	2:19.04	3:05.89
8. Beau Rijpers	Swol 1894	2:57.17 199402638	3:06.20	+0,73	42.73	1:30.67	2:19.05	3:06.20
9. Karin de Kok	AquaAmigos	2:58.52 199301010	3:08.48	+0,69	43.50	1:31.87	2:20.15	3:08.48
10. Sharon Julius	Octopus	3:00.71 199602664	3:10.90	+0,76	41.29	1:30.07	2:20.53	3:10.90
11. Nicky Deijl	ZOB'66	2:55.58 199601360	3:11.94	+0,79	42.22	1:31.76	2:21.51	3:11.94
12. Rebecca Evers	ZOB'66	3:08.61 199207916	3:14.09	+0,77	43.24	1:32.41	2:22.97	3:14.09
13. Sanne de Roo	ZZ&PC De Devel	3:03.76 199501934	3:16.21	+0,79	42.99	1:32.49	2:23.60	3:16.21
14. Alma Janssen	Van Vliet-Barracuda	3:18.24 199401078	3:24.97	+0,96	47.24	1:39.27	2:32.60	3:24.97

Masters 25+

1. Maaïke Vooren	DAW	2:50.80 199103324	2:56.83	+0,79	40.13	1:25.71	2:11.44	2:56.83
2. Aniek Huijsman	De Lansingh	2:55.70 198801932	2:58.46	+0,75	40.27	1:25.58	2:12.14	2:58.46
3. Maaïke de Boer	De Duinkikkers	2:54.16 199000362	3:00.36	+0,77	41.11	1:27.39	2:13.50	3:00.36
4. Susanne van der Linden	DIO	2:52.27 198802736	3:01.03	+0,42	41.44	1:27.89	2:14.27	3:01.03
5. Simone Hendrikse	PSV	2:57.85 199005446	3:03.00	+0,81	41.97	1:28.75	2:16.03	3:03.00
6. Rosanne de Boer	LZ 1886	3:02.15 199104060	3:04.02	+0,80	41.39	1:29.31	2:16.92	3:04.02
7. Anne Duijst	De Haaïen	3:05.55 198901030	3:04.26	+0,91	42.18	1:28.92	2:16.80	3:04.26
8. Martje Godschalk	De IJssel	3:02.79 199001186	3:09.81	+0,76	43.26	1:31.79	2:20.11	3:09.81
9. Liesbeth van Mill	DWK	3:12.16 198702786	3:13.94	+0,92	44.61	1:33.21	2:23.24	3:13.94
10. Linda Janssen	ZPB H&L Productions	3:00.17 198802088	3:13.95	+0,73	42.20	1:31.46	2:22.13	3:13.95
11. Tamara Nordin	ZPC De Zeeuwse Kust	3:14.76 198702996	3:21.83	+0,82	45.73	1:37.75	2:30.08	3:21.83
12. Kathleen Laloi	HELIOS	3:45.08 005550/88	3:38.22	+0,92	48.40	1:44.91	2:41.52	3:38.22

Masters 30+

1. Nicole Heidemann	TV Meppen	2:40.08 68640	2:41.81	+0,76	35.66	1:16.91	1:59.68	2:41.81
<i>Kampioenschaps Record</i>								
2. Laura Badoux	DAW	3:01.57 198200038	2:58.35	+0,88	39.64	1:25.67	2:11.84	2:58.35
3. Nadya Putter	ZVVS	2:58.73 198301630	3:00.77	+0,72	41.34	1:27.22	2:13.44	3:00.77
4. Caroline van Tiggelen	Scheldestroom	3:04.56 198301970	3:06.00	+0,85	40.23	1:27.05	2:15.34	3:06.00
5. Angela Giezen	Montferland	3:21.16 198302796	3:17.41	+0,79	43.23	1:33.80	2:25.61	3:17.41
6. Aafke Groot	De Geul	3:12.56 198302748	3:21.94	+1,00	45.71	1:38.60	2:30.80	3:21.94
7. Carola Jacobs	Triton Putten	3:49.27 198504176	3:42.28	+0,83	49.64	1:46.26	2:44.14	3:42.28

Masters 35+

1. Yvonne Gerritsen	WVZ	3:05.57 198000342	3:12.81	+0,86	44.09	1:34.64	2:25.08	3:12.81
2. Ilja Janssen	ESCA Zwemmen	3:14.76 198102234	3:13.05	+0,88	42.57	1:31.54	2:21.72	3:13.05
3. Vanessa De Bleyser	ZIK	3:16.00 20184/77	3:19.07	+0,67	44.16	1:36.65	2:28.14	3:19.07
4. Eveline Hacquebord	IJZPC	3:17.33 197901206	3:20.85	+0,88	45.60	1:36.58	2:29.99	3:20.85
5. Rianne van Vegchelen	Deltasteur	4:17.80 198101530	4:20.23	+1,13	59.90	2:07.12	3:12.99	4:20.23

Masters 40+

1. Nadège van Meeteren	De Meer	2:56.50 197400736	3:03.55	+0,87	42.65	1:29.83	2:17.31	3:03.55
2. Gudule van der Meer	PSV	3:02.89 197200396	3:08.52	+0,78	42.50	1:31.01	2:20.01	3:08.52
3. Liselotte Joling	PSV	3:03.57 197500268	3:09.95	+0,90	42.52	1:31.96	2:21.52	3:09.95
4. Kim Speekenbrink	Aqua-Novio'94	3:20.53 197500516	3:18.20	+0,83	44.17	1:35.60	2:27.59	3:18.20
5. Marian Nederlof	DWF	3:26.53 197600950	3:32.54	+0,80	46.75	1:42.17	2:36.85	3:32.54

Programmanr. 37, Dames, 200m schoolslag, Masters 40+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
DIS Pascale Janssen	De Roersoppers	3:13.99 197300852						
AF - De aangegeven afstand niet uitgezwommen.								

Masters 45+

1. Karin Stein	ZVVS	3:00.99 197100554	3:03.13	+0,81	42.45	1:29.36	2:16.82	3:03.13
2. Annette Wijnja-Visser	De Biesboschzwemmers	2:59.87 196700528	3:04.91	+0,83	41.61	1:29.39	2:17.39	3:04.91
3. Trudy Ketting	PSV	3:10.28 197000268	3:07.34	+0,81	43.31	1:32.18	2:20.90	3:07.34
4. Desiree van der Lem	Vereniging Swimcademy	3:17.55 196800282	3:19.49	+0,91	45.62	1:36.79	2:29.22	3:19.49
5. Dorette van Veghel	PSV	3:24.94 197000938	3:23.21	+0,83	46.90	1:39.98	2:32.49	3:23.21
6. Helena Mels	ZVVS	3:34.44 196901036	3:25.37	+0,81	45.95	1:38.39	2:32.22	3:25.37
7. Simone van Lent	VZV Njord	3:29.36 196900950	3:26.02	+0,97	44.85	1:37.13	2:32.72	3:26.02
8. Annet Kootstra	Swol 1894	3:40.08 197100344	3:38.65	+0,90	50.36	1:46.50	2:43.11	3:38.65

Masters 50+

1. Annemarie Vuist	Swol 1894	3:20.59 196300282	3:21.73	+0,82	46.88	1:38.22	2:30.05	3:21.73
2. Jacqueline Tuin	DAW	3:20.73 196600690	3:26.48	+0,80	46.26	1:39.76	2:33.20	3:26.48
3. K. Raymond	Croydon Amphibians	3:34.01 547999	3:31.00	+0,81	48.03	1:42.27	2:38.24	3:31.00
4. Yoka de Vegt- van Dijk	ESCA Zwemmen	3:37.60 196200420	3:37.72	+0,84	47.04	1:41.73	2:40.30	3:37.72
AFGEM Annemarie Straetmans	De Geul	4:01.55 196300508						

Masters 55+

1. Petra Tossings	DAW	3:24.95 196100376	3:27.14	+0,95	48.02	1:41.25	2:34.78	3:27.14
2. Marijke van Hoek	ZPC De Zeeuwse Kust	3:39.30 195800050	3:36.80	+0,90	48.45	1:44.20	2:41.10	3:36.80
3. Marjan Spoelstra	Swol 1894	3:54.02 196000236	3:57.85	+0,88	54.24	1:56.12	2:56.60	3:57.85
4. Anje Manuputty	PSV	4:03.78 195700176	4:02.38	+0,77	54.17	1:56.63	3:00.13	4:02.38
5. Mies Kuipers	Old Dutch	4:35.06 195800202	4:44.60	+0,84	1:04.87	2:20.12	3:31.75	4:44.60
AFGEM Herlinde Segers	GBZ	3:55.19 20151/60						

Masters 60+

1. Ineke Weekers	PSV	3:28.37 195300050	3:29.18	+0,88	49.05	1:42.18	2:36.29	3:29.18
<i>Kampioenschaps Record</i>								
2. Rita Schelkens	ZIK	4:05.35 20163/56	4:05.30	+0,67	55.25	1:58.93	3:02.38	4:05.30
3. Tineke van Diggelen	ZPCH	4:08.12 195200048	4:16.88	+1,01	58.34	2:04.55	3:12.21	4:16.88
4. Geerdien Meerwaldt	De Geul	4:30.80 195200058	4:40.60	+1,16	1:04.19	2:14.18	3:27.38	4:40.60

Masters 65+

1. Yolande Dubuisson	HELIOS	4:02.17 000278/51	3:49.27	+0,81	50.20	1:49.09	2:49.76	3:49.27
2. Gonnje Bak	PSV	4:13.02 195100064	4:15.66	+0,96	1:00.13	2:05.94	3:12.12	4:15.66
3. N. van Dongen-de PaepeZZ&PC De Devel		4:46.69 195100044	4:49.30	+0,95	1:06.73	2:20.62	3:35.91	4:49.30

Masters 70+

1. Loekie v. Huissteden	ZPC AMERSFOORT	4:18.32 194500002	4:37.57	+1,05	1:02.86	2:15.21	3:26.93	4:37.57
2. Liesbeth ter Laak	PSV	5:20.79 194200008	5:46.45 *	+1,31	1:18.33	2:48.11	4:18.92	5:46.45

Masters 80+

1. Alice Lindhout	PSV	5:00.00 193500010	5:50.39 *	+1,24	1:11.61	2:42.62	4:20.03	5:50.39
-------------------	-----	-------------------	------------------	-------	---------	---------	---------	---------

Masters 85+

1. Agnes Van Obberghen	AZSC	4:13.03 20696/31	4:18.23	+1,02	55.31	2:02.17	3:10.02	4:18.23
<i>Wereld Masters Record</i>								

Programmanr. 37, Dames, 200m schoolslag

Masters 90+

1. Marianne Maandonks	PSV	6:28.98	192600004	8:13.89	*	+1,11	1:55.74	4:05.38	6:12.11	8:13.89
<i>Nederlands Masters Record</i>										

Programmanr. 38
08-05-2016 - 15:24

Heren, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT
Masters 20+						
1.	Jeffrey Appel	WZ&PC Purmerend	23.18	199200027	23.78	+0,76
	<i>Nederlands Masters Record</i>					
2.	Wimar Lindenberg	Hieronymus	24.24	199601857	24.27	+0,63
3.	Casper Muselaers	Octopus	24.67	199600399	24.76	+0,66
4.	Levin Veale	Totnes Swimming Club	24.01	246591	24.81	+0,62
5.	Christiaan Zwaal	MSV-Zeemacht	25.36	199503881	25.26	+0,62
6.	Romero Hennep	De Kempvis	24.35	199304929	25.61	+0,67
7.	Roel Rademaker	SPONS	26.44	199406633	26.32	+0,79
8.	Stefan Kwant	Nova	26.52	199200781	26.43	+0,71
	Jesper Oranje	De Duck	25.02	199200997	26.43	+0,85
10.	Frank Beijering	De IJsel	26.50	199304311	26.45	+0,80
11.	Remco Oskam	WIDEX GZC DONK	26.20	199205583	26.69	+0,76
12.	Pieter Ytsma	De Zwoer	27.32	199501809	26.86	+0,71
13.	Hans Stoffers	Triton Putten	27.37	199604027	27.25	+0,67
14.	Jeffry van Zetten	Octopus	26.99	199500755	27.37	+0,81
15.	Sjors Boverhoff	Octopus	28.26	199500741	27.52	+0,76
16.	Frank Hezemans	LZ 1886	27.85	199200521	27.72	+0,79
17.	Martino Valentijn	DIO	26.85	199403913	27.94	+0,81
18.	Jesper Honken	Nova	28.13	199600085	28.02	+0,78
19.	Tom de Lange	Deltasteur	27.94	199300303	28.90	+0,94
20.	Thomas Grudelbach	ZVVS	29.26	199500355	29.16	+0,91
21.	Sven Dubbeld	MGO (SG)	29.03	199601141	29.75	+0,99
22.	Maarten Steekelenburg	Aquamania	30.14	199300479	30.45	+0,79
23.	Rens Klok	ZPC Woerden	30.70	199602045	31.13	+0,84
24.	Bob Potkamp	Deltasteur	30.95	199403189	31.67	+0,89
AFGEM	Tom Barendse	Octopus	24.87	199605731		

Masters 25+

1.	Michele Ratti	ZIK	23.59	11012/87	23.82	+0,73
	<i>Belgisch Masters Record</i>					
2.	Jeffrey Breedijk	De Haaien	25.36	198900451	25.19	+0,79
3.	Lorenzo Cavallini	De Futen	24.70	199007465	25.20	+0,75
4.	Erik Simons	d'ELFT WAVE (SG)	24.68	198902845	25.50	+0,84
5.	Tim Bunnik	Triton	25.05	199000505	25.84	+0,78
6.	Ken Rogiers	RSCM	25.14	10193/89	26.00	+0,72
7.	Gil Rogiers	RSCM	27.50	10336/90	26.39	+0,75
8.	Rutger Dalm	De Lansingh	26.33	199005561	26.76	+0,75
9.	Matthias Claessens	AZK	27.05	11000/90	27.32	+0,91
10.	Rens Post	WVZ	27.09	199101827	27.38	+0,74
11.	Tom Cosemans	Hellas-Glana	28.34	198806199	28.03	+0,80
12.	Patrick de Jonge	ZPC Woerden	27.20	198906635	28.09	+0,99
13.	Bart van der Zwaan	De Amstel	27.24	199005149	28.34	+0,77
14.	Sander Van Den Heuvel	AZK	28.58	10060/91	28.61	+0,78
15.	Patrick Holthuisen	d'ELFT WAVE (SG)	28.01	199107681	28.71	+0,73
16.	Niels van Beurden	ZPC Woerden	27.65	198805669	28.91	+0,73
17.	Dennis Kraakman	DAW	29.94	198705325	30.11	+0,81
18.	Wouter van 't Klooster	ZPC AMERSFOORT	30.05	198806159	30.66	+0,80
19.	Wesley Determann	Zwemvereniging Hoogland	31.22	198806107	32.34	+0,92
AFGEM	Hidde van Merwijk	Aqua-Novio'94	26.05	198702217		

Programmanr. 38, Heren, 50m vrije slag

Masters 30+

1.	Joan Kentrop	Zwemlust-den Hommel	23.30	198503575	23.96	+0,73
	<i>Nederlands Masters Record</i>					
2.	Mark Musch	Zwemlust-den Hommel	25.49	198401609	26.28	+0,73
3.	Ruben van den Tol	MNC Dordrecht	27.18	198202667	26.71	+0,80
4.	Rick Driezen	Steenwijk 1934	26.35	198600713	26.90	+0,87
5.	Jim Geestman	RSW (SG)	25.42	198300699	27.08	+0,90
6.	Gerwin Vonk	De Spatters	26.46	198201907	27.63	+0,79
7.	Tim van den Berg	MNC Dordrecht	27.73	198500157	28.96	+0,79
8.	Bart Gorissen	Hellas-Glana	28.49	198300755	29.60	+0,95
9.	Nicolas Havet	SC Rixensart	29.46	001817/86	29.64	+0,79
10.	Sander de Velde	Deltasteur	33.21	198302165	33.38	+0,83
11.	Thijs Tulen	DWT	42.49	198604737	41.10	+1,04

Masters 35+

1.	Nol van Thull	d'ELFT WAVE (SG)	24.89	198001513	24.86	+0,83
	<i>Nederlands Masters Record</i>					
2.	Jeroen Zelsmann	Upstream Amsterdam	24.65	197701551	25.53	+0,72
3.	Richard Claus	Swimteam Helden-Mosa (SG)	25.23	198000265	26.02	+0,72
4.	Martijn Beglinger	Old Dutch	26.80	197801869	26.85	+0,82
5.	Bas v.d. Nouwelant	ZVVS	26.95	198001103	27.19	+0,83
6.	Joost Hoetjes	DAW	26.76	197800425	27.46	+0,75
7.	Victor Barnar	GoSwim	27.24	197801805	27.49	+0,73
8.	Vincent Versteeg	Zwemlust-den Hommel	26.55	197701003	27.79	+0,74
9.	Harm Jan Otter	De Zandstuve	28.26	198101283	28.29	+0,87
10.	Berry van Holland	TriVia	27.28	198000603	28.84	+0,77
11.	Gino Martijn	RZ	28.87	197901865	29.03	+0,72
12.	Peter Lommert	Swol 1894	29.10	197900787	30.06	+1,00
13.	Joost Kasper	De Rog	38.51	197902003	35.33	+0,90

Masters 40+

1.	Joeri Stoffels	AZC	26.20	197300851	26.12	+0,88
2.	Kelvin Isselt	RZ	26.68	197601119	27.95	+0,79
3.	Xavier Arnould	CNBA	26.47	004387/74	28.00	+0,94
4.	Yannick Vanderborght	Leuven Aquatics	29.89	11100/75	28.16	+0,84
5.	Erwin Zuidervelt	De Futen	26.81	197501015	28.22	+1,00
6.	Johan Wezenberg	Swol 1894	28.73	197601023	29.03	+1,00
7.	Uwe Wehler	SC Poseidon Koblenz	30.26	167187	29.08	+0,77
8.	Francois Boudreault	PLONS	28.14	197401155	29.18	+0,79
9.	Michael van Bekkum	Swol 1894	28.80	197200051	29.23	+0,83
10.	Mohamed Abou Gebba	CNSW	33.24	005045/75	33.48	+0,90
11.	Bas van Gool	De Geul	32.66	197201435	33.50	+0,70

Masters 45+

1.	Marcel van Winssen	De Gelenberg	26.69	197101477	26.88	+0,77
2.	Richard Rickson	NIMO	27.17	197000841	27.03	+0,90
3.	Marc Verbeeck	MZVA	26.59	11051/68	27.21	+0,84
4.	Thomas Janßen	SG Mülheim	27.12	251149	27.29	+0,77
5.	Bert de Weerd	RZC	27.56	196701283	27.47	+1,00
6.	Pieter van Gemen	DAW	27.41	196901779	27.98	+0,68
7.	Kees Akershoek	MGO (SG)	27.86	196900009	28.53	+0,78
8.	Lars Friedemann	SG Mülheim	28.15	64157	28.65	+0,75
9.	Francis Roosen	VZV Njord	28.54	196801581	28.68	+0,79
10.	Jeroen den Boer	TRB-RES	29.63	196701475	29.03	+0,87
11.	Nico Swart	Den Doorn	28.97	196801475	29.43	+0,81
12.	Bob Peters	CNDu	30.04	9650	29.71	+0,95
13.	Martin Berkhout	LZ 1886	29.12	197101123	30.08	+0,75
14.	Marcel Brittin	De Duinkickers	29.92	196900159	30.52	+0,66
15.	Wijnand Vergeest	De Rog	33.63	196800949	30.60	+0,88
16.	Chris Kouwenhoven	De Spatters	30.48	197101669	30.90	+0,82
17.	Jan Van Genechten	ShaRK	31.28	10419/68	31.72	+0,77

Programmanr. 38, Heren, 50m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd		tijd	RT
18.	Harald Mulder	WVZ	32.06	196701459	32.11	+1,00
19.	Gertjan van der Vaart	ZVVS	32.58	196801529	33.37	+0,80
20.	Henk van Zetten	Octopus	35.93	196701261	36.60	+0,79
21.	William Lueb	PSV	37.94	196701579	39.27	+0,99
22.	Oebele Boomsma	Orca	37.38	197001659	39.40	+1,04
AFGEM	Jan-Pieter Broos	Budel	36.20	196801597		

Masters 50+

1.	Peter Bernsen	De Rog	26.11	196301119	26.01	+0,67
	<i>Nederlands Masters Record</i>					
2.	Hans Kroes	ZV Haerlem	26.11	196501585	27.43	+0,78
3.	Jo Rogiers	RSCM	29.42	10194/63	27.91	+0,82
4.	Rob Verheul	TRB-RES	28.57	196601571	28.31	+0,80
5.	Wijam Nijenhuis	De IJssel	27.83	196400547	28.32	+0,83
6.	Andreas Walter	Stader Schwimmverein	27.81	167364	28.37	+0,85
7.	Paul Wijnja	De Biesboschzwemmers	29.72	196301403	28.89	+0,77
8.	Marcel van der Lem	Vereniging Swimcademy	28.09	196500563	28.91	+0,83
9.	Erik Saan	De Duck	28.67	196500769	29.11	+0,97
10.	Robert Vink	WWV	28.95	196301075	29.22	+0,94
11.	Erwin Beringen	GoSwim	29.18	196601515	29.27	+0,71
12.	Kees-Jan van Overbeeke	WWV	27.45	196200489	29.37	+0,81
13.	Ralf Dillig	Duisburger ST	29.72	060769	29.68	+0,87
14.	Freddy v.d. Veen	ZVVS	29.28	196601161	29.94	+1,01
15.	Geert van Duinhoven	RZC	30.61	196401263	29.95	+0,88
16.	Marc Wouters	PSV	31.46	196501501	30.04	+0,87
17.	Marcel Tuerlings	TRB-RES	30.60	196601577	30.31	+0,67
18.	Mike Hartog	ZPB H&L Productions	29.82	196601509	30.35	+0,57
19.	Peter van Kemenade	PSV	30.39	196501499	30.55	+0,69
20.	Robin Prins	De Geul	29.38	196200515	30.74	+0,84
21.	Arno Schrauwen	De Roersoppers	32.69	196501355	30.96	+0,82
22.	Willem Jannink	Swol 1894	31.49	196500423	31.33	+0,86
23.	Cees Kersten	De Rog	30.75	196401435	31.50	+0,84
24.	Michiel Klaren	PSV	31.11	196201087	31.52	+0,75
25.	Marc Adriaensen	ShaRK	31.94	474/64	31.80	+1,04
26.	Joost de Kroon	AquaAmigos	32.32	196400999	31.90	+0,84
27.	Pierre de Groot	WIDEX GZC DONK	35.55	196401431	32.86	+0,84
28.	Roy le Clercq	De Rog	32.35	196401041	32.89	+0,89
29.	Nico Buurman	PSV	32.94	196401357	33.21	+0,89
30.	Harold Blacqui�re	Montferland	35.54	196401095	33.52	+0,83
31.	Merlin Weber	Nautilus	35.01	196201261	35.09	+0,79
32.	Hans van Scheepen	Steenwijk 1934	37.57	196201245	38.41	+0,89
33.	Stephane Frantzen	CNSW	41.70	002546/66	41.14	+1,25
AFGEM	Jeffrey van Doormalen	DZ&PC	33.86	196501563		
NG	Phil Trethewie	Old Dutch	28.24	196501315		

Masters 55+

1.	Albert Boonstra	Aqua-Novio'94	26.19	195700425	26.94	+0,81
2.	Fred Ketting	PSV	27.75	196000289	27.65	+0,86
3.	Arno Wouters	ZPC De Zeeuwse Kust	27.49	195800667	28.67	+0,96
4.	Ronald Grove	Oceanus	29.84	196100161	28.99	+0,77
5.	Hans Luchies	Aqua-Novio'94	28.94	196101069	29.72	+0,88
6.	Rob Hemesath	PSV	30.34	196100189	30.10	+0,79
7.	Sven Tidelski	SC Poseidon Koblenz	32.58	158989	31.00	+0,94
8.	Wim de Lange	AZC	31.27	195800533	31.58	+0,86
9.	Rob Penninks	PSV	31.43	196000897	31.89	+0,87
10.	Jan Timmerman	IJZPC	33.92	195700347	33.59	+0,71
11.	Johan Vandewalle	ZIK	32.39	10154/60	33.69	+0,82
12.	Peter Coffeng	WIDEX GZC DONK	38.27	195700063	33.87	+0,94
13.	Jaap de Boer	De Duinkickers	34.40	195800691	34.14	+0,75
14.	Klaas Paulusse	Tempo	34.51	195900817	34.88	+1,14
15.	Jos van Sleuwen	Nautilus	36.30	195700323	36.34	+0,95
16.	Achille Sinner	Swimming Luxembourg	38.36	94	39.95	+0,82

Programmanr. 38, Heren, 50m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	tijd	RT
AFGEM	Richard Broer	PLONS	28.53	195900077	
AFGEM	Ronald van Ginneken	Hieronimus	30.76	196100827	
AFGEM	Frederik Eshuis	UZSC	32.60	195900821	
NG	Lionel Godeaux	CNSW	26.49	000217/60	

Masters 60+

1.	Philippe Morelle <i>Belgisch Masters Record</i>	HELIOS	27.11	005139/56	28.22	+0,88
2.	Peter Kauch	SV Gladbeck 13	28.92	73094	28.85	+0,87
3.	Nartano Glijn	UZSC	29.78	195500449	29.39	+0,83
4.	Charles Bos	De Roersoppers	30.13	195300019	30.71	+0,79
5.	Ruud Ruiters	WWV	29.85	195300169	30.80	+1,02
6.	Fred Zanting	TriVia	31.96	195400323	33.21	+1,00
7.	Wim Scherpenisse	UZSC	33.77	195500447	33.39	+1,15
8.	Rolf Peltzer	SG Erkelenz-Hückelhoven	34.38	160057	34.55	+0,77
9.	Toby Van den Eynde	ZIK	33.67	10155/54	35.47	+0,94
10.	Evertjan Masurel	PLONS	31.00	195600495	35.89	+0,91
11.	Sjoerd van de Berg	De Rog	38.09	195400355	37.82	+0,88
AFGEM	Laurens Klein Breteler	WWV	32.94	195400109		

Masters 65+

1.	Piet Schop	De Bevelanders	30.60	195000109	32.24	+0,72
2.	Jaap Kwakkel	DAW	33.41	194700157	34.98	+0,86
3.	Nico van Dongen	ZZ&PC De Devel	42.02	194800159	43.94	+1,03
4.	Etienne Languillier	CNSW	1:00.06	000228/50	1:06.02	+1,32
NG	Wout Hemmes	De Plons	32.68	194800059		

Masters 70+

1.	Theo Schouten	WWV	32.13	194600161	34.06	+0,96
2.	Willem Putter	ZVVS	33.81	194500135	34.10	+0,94
3.	Geza Kaltenecker	AZC	35.95	194200065	36.17	+0,79
4.	Tom Meijnen	UZSC	36.03	194400087	36.94	+0,80
5.	Peter Ouweneel	RSW (SG)	44.98	194500077	49.00	+1,18
6.	Kevork Boyrazian	CNSW	45.45	002620/44	49.49	+1,04

Masters 75+

1.	Frans van Enst	WS Twente	34.31	194000011	35.00	+1,02
----	----------------	-----------	-------	-----------	--------------	-------

Masters 80+

1.	Cor Sprengers	PSV	43.46	193500019	48.59	+1,00
AFGEM	Bob Berg	PSV	48.79	193300011		

Programmanr. 39
08-05-2016 - 15:43

Dames, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
Masters 20+					
1.	Tamara Grove	De Dolfijn	27.74	199601266	27.90 +0,75
2.	Aniek Resink	DIO	27.44	199500738	28.25 +0,73
3.	Karin Groen	Nova	28.52	199502440	28.63 +0,68
4.	Carmen Seesing	NDD	28.23	199406220	28.83 +0,76
5.	Eva Kattouw	De Ward	28.51	199407168	28.87 +0,71
6.	Suzanne Lange	De Zwoer	28.82	199202998	29.28 +0,77
7.	Lisa Klatten	d'ELFT WAVE (SG)	29.05	199203628	29.33 +0,74
8.	Nicky Deijl	ZOB'66	28.58	199601360	29.49 +0,78
9.	Eva Engelen	NDD	29.49	199405514	29.71 +0,68
10.	Denise van Zetten	Octopus	29.48	199600932	29.72 +0,78
11.	Vera van den Oord	Nautilus	28.96	199405432	29.74 +0,76
12.	Nanda de Vries	Steenwijk 1934	27.95	199204328	29.77 +0,81
13.	Elina Mäkinen	CNDu	29.56	10962	29.84 +0,69
14.	Denise Boereboom	Van Vliet-Barracuda	28.71	199202144	29.91 +0,84
15.	Marissa Minkman	ZC Aquadream	28.43	199306054	29.98 +0,78
16.	Debby Bavelaar	LZ 1886	30.39	199502648	30.11 +0,83
17.	Carmen Muilwijk	De Geul	29.07	199502700	30.45 +0,81
18.	Nikki Hoozeboom	De IJssel	30.40	199301196	30.50 +0,87
19.	Merel Toussaint	d'ELFT WAVE (SG)	29.44	199203788	30.52 +0,83
20.	Larissa Jansen	De Bevelanders	30.02	199500660	30.80 +0,82
21.	Laura Scheffer	Aquarijn	31.08	199407222	31.27 +0,72
22.	Cindy Hendriks	De Waalstroom	34.12	199207672	32.01 +0,86
23.	Inge Koopman	ZV Haerlem	31.39	199303382	32.46 +0,88
24.	Anne Aarts	Aqua-Novio'94	31.51	199207942	32.51 +0,69
25.	Ramona Noordermeer	ZVVS	32.51	199401746	32.73 +0,86
26.	Lieke Janssen	NIMO	34.28	199305954	32.88 +0,80
27.	Charine de Ruiter	Steenwijk 1934	32.06	199403668	33.28 +0,86
28.	Leona Boomsma	Orca	34.56	199603630	33.71 +0,86
29.	Ilse Blankvoort	Steenwijk 1934	33.51	199204458	33.83 +0,84
30.	Sanne de Roo	ZZ&PC De Devel	32.23	199501934	33.86 +0,80
31.	Daphne Meijer	Montferland	33.55	199303850	34.69 +0,92
32.	Chadassa Mannee	De Geul	34.05	199501044	35.33 +0,87
33.	Daniëlle de Klein	DWF	33.83	199404786	36.01 +1,04
34.	Claudia Creemers	RZ	36.03	199202864	36.12 +0,88
35.	Talitha Boelen	DWF	34.97	199502910	36.51 +0,76
36.	Yvette Senden	De Rog	38.61	199307812	38.55 +0,79
AFGEM	Mariëtte Bulman	ZC Aquadream	30.01	199506846	
NG	Eline Molle	De Geul	33.59	199404276	

Masters 25+

1.	Caroline Cavadini	CNBA	27.56	000127/90	27.93 +0,75
2.	Jolanda Post	DIO	26.97	199004848	27.95 +0,78
3.	Tessa Mosch	MSV-Zeemacht	28.39	199102172	28.50 +0,65
4.	Monique Lindenberg	De Bevelanders	28.71	199002360	28.60 +0,74
5.	Karlien Manderveld	Leuven Aquatics	28.71	21217/88	28.97 +0,81
6.	Anne Duijst	De Haaien	29.53	198901030	29.33 +0,79
7.	Nienke van Stipriaan	PSV	29.33	198703970	29.75 +0,94
8.	Ilse van den Wijngaard	ZPC Woerden	28.96	198904736	29.76 +0,78
9.	Mandy Verbakel	ZPC Woerden	29.21	199003908	29.95 +0,82
10.	Sabine Lina	ZPC Woerden	28.13	198902680	29.99 +0,76
11.	Julia Stüwe	TV Meppen	30.21	143683	30.14 +0,81
12.	Danielle Scheepers	VZV Njord	30.76	199005428	30.18 +0,77
13.	Simone Hendrikse	PSV	30.04	199005446	30.59 +0,83
14.	Christa Stam	RSW (SG)	30.10	198806790	30.63 +0,80
15.	Suzan van den Bogaard	RZ	29.82	198900450	30.95 +0,77
16.	Aurore Gueret	SC Rixensart	32.07	005539/87	31.13 +0,80
17.	Joke Smits-Velthuis	VZV Njord	31.40	199008342	31.59 +0,95
18.	Lonneke Oenema	Steenwijk 1934	31.20	199102314	31.67 +0,74
19.	Jacoline van den Beukel	Zwemvereniging Westland	30.77	199100238	32.00 +0,80
20.	Anita Scheper	TriVia	30.72	198803862	32.09 +0,89

Programmanr. 39, Dames, 50m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd		tijd	RT
21.	Senna van Dongen	De Geul	31.11	199100760	32.25	+0,83
22.	Lindsey Hol	De Meer	31.71	199008088	32.37	+0,80
23.	Mariska Zaal	AZC	32.66	198806916	32.45	+0,80
24.	Carola Hompes	Budel	32.52	198801868	32.60	+0,87
25.	Kelly Bocking	Montferland	32.69	199104050	32.86	+0,83
26.	Kyra van Camerijk	TRB-RES	32.63	198800742	32.91	+0,82
27.	Karin Hovenkamp	De Spatters	31.12	198701850	33.62	+0,73
28.	Eline Schoenmaker	Zwemlust-den Hommel	32.75	199003322	33.89	+0,70
29.	Danielle Dekker	ZPC Woerden	34.62	198706162	34.81	+0,71
30.	Claudia de Win	De Geul	35.82	199103554	35.17	+1,00
31.	Milène Catoire	De Vrije Slag	34.52	198705886	35.53	+0,91
32.	Xandra Otter	WIDEX GZC DONK	37.94	199006046	39.18	+1,04
AFGEM	Tessa Lukassen	GoSwim	32.49	198702620		

Masters 30+

1.	Pauline Gouwens	DWK	28.14	198400790	27.31	+0,71
	<i>Nederlands Masters Record</i>					
2.	Marije Jansen	Aquarijn	28.02	198504088	28.50	+0,72
3.	Olga Volman-Maiorova	NDD	28.11	198504188	29.16	+0,75
4.	Marije Bouma	PLONS	29.87	198600482	29.44	+0,88
5.	Auke de Lange	AZC	29.99	198602226	30.08	+0,75
6.	Annelette Reefhuis-de Vries	WS Twente	29.21	198603908	30.35	+0,66
7.	Ina Wester	TV Meppen	29.65	225148	30.52	+0,81
8.	Renee de Kok	PSV	31.09	198403350	30.55	+0,68
9.	Jacqueline Wissink	PSV	31.32	198503286	31.36	+0,84
10.	Elles van Leeuwen	PSV	31.07	198602240	31.53	+0,85
11.	Sandra Schellekens	SWNZ (SG)	31.48	198503416	31.55	+0,85
12.	Nicole Reinshagen	De Haaien	31.72	198402014	32.08	+0,95
13.	Lianne van Beusekom	TriVia	32.07	198600330	32.15	+0,87
14.	Miriam Geuskens	NDD	32.55	198300660	33.03	+0,76
15.	Tineke Roelofs	PSV	37.27	198504004	34.10	+0,78
16.	Eva Mol	De Vrije Slag	43.01	198403540	45.22	+1,29
AFGEM	Evy van Kempen	TRB-RES	37.58	198605286		
AFGEM	Myriam Olinger	CNDu	37.23	1641		

Masters 35+

1.	Nathalie Blondeel	CNSW	28.92	004784/77	29.35	+0,70
2.	Angela Koekkoek	Triton	29.03	197901516	29.53	+0,72
3.	Natasja Forat	ZPC De Zeeuwse Kust	31.41	197701186	30.86	+0,92
4.	Emmy Slabbers	De Roersoppers	30.47	198101386	31.05	+0,89
5.	Petra Verstegen	WVZ	31.43	197700906	32.69	+0,86
6.	Fabiola Bosman	Deltasteur	33.72	197701148	32.96	+0,84
7.	Sandra de Bruijne	Onderdak	35.28	197801310	35.38	+0,60
8.	Nancy Peeters	De Rog	34.55	197901496	35.58	+0,85
9.	Clementine van Bruxvoort	ZPB H&L Productions	38.54	197700138	40.55	+0,93
AFGEM	Patricia Vos	TRB-RES	30.90	198001730		
AFGEM	Natascha Hartman	PSV	39.27	198101780		

Masters 40+

1.	Olivia Lorton	Swimming Luxembourg	29.84	9981	29.48	+0,70
	<i>Luxembourg Masters Record</i>					
2.	Sandra Geiger	TV Meppen	30.00	112443	30.14	+0,79
3.	Yvette Ratering	De Ward	30.01	197200990	30.26	+0,83
4.	Nadège van Meeteren	De Meer	33.20	197400736	32.94	+0,81
5.	Jule Verschoor-Holland	RZC	34.07	197500874	33.51	+0,86
6.	Marian Nederlof	DWF	31.30	197600950	33.54	+0,77
7.	Christa Verploeg	De Meer	35.63	197400896	34.69	+0,80
8.	Inge Lolkema-Soeters	Steenwijk 1934	36.47	197300934	36.81	+0,83
AFGEM	Evelien Berman-Alers	Nautilus	35.31	197200878		

Programmanr. 39, Dames, 50m vrije slag

Masters 45+

1.	Monique Tuijp	WZ&PC Purmerend	27.89	196900800	28.54	+0,79
2.	Lesley Cordial	Neptunus	29.48	196700684	29.59	+0,82
3.	Marjo Goelema-Koek	De Biesboschzwemmers	29.13	196900192	29.77	+0,72
	Ilse Harms	De Geul	29.38	196900858	29.77	+0,83
5.	Ingrid Boot-De Groot	De Aalscholver	29.34	197000168	29.81	+0,81
6.	Katja de Beer	PSV	31.13	196800888	31.40	+0,74
7.	Rita van der Horst	RZC	30.91	196900260	32.00	+0,81
8.	Arianne Hamakers	De Rog	32.63	196700714	32.30	+0,87
9.	Julie Burgess	CNBA	35.07	005046/67	32.42	+0,84
10.	Chita van der Goorbergh	WBZ	31.60	196800762	32.48	+0,86
11.	Regine Beckers-Stribos	DBD	33.18	197000492	32.78	+0,94
12.	Helena Mels	ZVVS	33.65	196901036	33.02	+0,88
13.	Desiree van der Lem	Vereniging Swimcademy	31.93	196800282	33.32	+0,91
14.	Karin Sagonas-Koolen	VZV Njord	33.61	197000964	33.80	+0,77
15.	Suze Roodenburg	De Geul	32.93	196800682	34.03	+0,96
16.	Judith van der Heijden	Budel	36.94	197001012	35.11	+0,70
17.	Kristien Van de Moortel	ShaRK	34.63	20315/69	36.31	+0,84
18.	Nathasja Konijn	WIDEX GZC DONK	44.47	197100992	37.17	+0,82
19.	Ageeth Westenbrink	De Rog	39.27	196700712	37.60	+0,82
20.	Karin van 't Erve	Aqua-Novio'94	38.51	196800770	37.71	+0,76
DIS	Petra Nagzaam	ZC Aquadream	40.24	197001018		
AA - Gestart voor het startsignaal (en wel gezwommen).						
DIS	Marion Broekhuis	WS Twente	32.78	196800060		
AA - Gestart voor het startsignaal (en wel gezwommen).						
AFGEM	Jeanne Petit	De Dinkel	29.68	197001020		

Masters 50+

1.	Arlene Delmage	CNSW	31.91	005892/62	30.78	+0,73
<i>Belgisch Masters Record</i>						
2.	Wilma van Velsen	Montferland	31.44	196400444	30.92	+0,84
3.	Marjan Remmits	ZPC Woerden	30.76	196300518	31.24	+0,41
4.	Jacqueline Tuin	DAW	31.07	196600690	31.74	+0,78
5.	Katrin Pennings	PSV	31.38	196400570	31.77	+0,77
6.	Talje Dijkhuis	ZPC AMERSFOORT	30.93	196600072	31.79	+0,91
7.	Livia Dragic	Erster Offenbacher SC	37.77	364042	35.59	+0,90
8.	Machteld Stilling	ZPC AMERSFOORT	35.96	196600716	36.53	+0,82
9.	Yoka de Vegt- van Dijk	ESCA Zwemmen	37.55	196200420	37.15	+0,79
10.	Miriam Groenen	Budel	43.33	196500630	42.15	+0,95
NG.ZA	Marie-Jeanne Vandormael	GZVN	42.02	21035/63		

Masters 55+

1.	Esther van Lohuizen	PSV	32.17	195900300	31.52	+0,75
2.	Ada de Voogd	ZVVS	32.85	195900280	33.89	+0,86
3.	Marijke van Hoek	ZPC De Zeeuwse Kust	33.94	195800050	33.94	+0,92
4.	Claire Anthony	CNSW	34.18	001353/57	34.40	+0,77
5.	Lia Bijkerk	WIDEX GZC DONK	44.12	196000014	40.40	+0,87
6.	Anje Manuputty	PSV	43.79	195700176	43.74	+0,82
7.	Birgit Bartelds	Mosaqua Gulpen	45.84	196100372	47.62	+0,97
8.	Karien Musters	Old Dutch	47.45	195800236	49.41	+0,93

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	30.44	195600048	30.95	+0,79
<i>Nederlands Masters Record</i>						
2.	Micaela von Richthofen	Erster Offenbacher SC	34.22	130914	34.10	+0,89
3.	Patty Krupiarz	PLONS	35.33	195400074	36.14	+0,79
4.	Rita Schelkens	ZIK	38.69	20163/56	41.62	+0,71
5.	Fernande Gourmet-Blondeel	CNSW	43.87	004901/52	44.59	+0,92
6.	Geerdien Meerwaldt	De Geul	49.27	195200058	50.70	+1,09
7.	Lies Hartman	PSV	57.12	195600116	55.82	+1,18

Programmanr. 39, Dames, 50m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd		tijd	RT
8.	Maryse Van Cant	AZSC	59.48	20233/54	58.51	+1,15
AFGEM	Alison Gilbert	De Futen	35.12	195300068		

Masters 65+

1.	Conny Boer-Buys	ZVVS	31.99	195000006	32.07	+0,90
	<i>Europees Masters Record</i>					
2.	Christien Nieuwenhuis	Swol 1894	32.72	195100022	32.74	+0,75
3.	Iris E. van Glinstra Bleeker	De Lansingh	45.10	194800032	47.40	+1,07
4.	Janny van der Weide	Deltasteur	54.98	195100066	57.12	
5.	Nini van Dongen-de Paepe	ZZ&PC De Devel	1:07.40	195100044	1:07.40	+1,18

Masters 70+

1.	Corrie Verhoeven	PSV	34.93	194600026	35.11	+0,72
	<i>Nederlands Masters Record</i>					
2.	Annet Verhoeven - Steggerda	De Duinkikkers	44.85	194600024	48.40	+0,96
3.	Gertrud Hopfenbach	SG Erkelenz-Hückelhoven	51.19	376217	51.86	+1,19
4.	Liesbeth ter Laak	PSV	1:11.15	194200008	1:17.81	+1,31

Masters 75+

1.	Truus Ruiter	Old Dutch	56.35	194000004	55.75	+0,96
----	--------------	-----------	-------	-----------	--------------	-------

Masters 80+

1.	Lottie Geurts	PSV	40.98	193500006	42.72	+0,96
	<i>Nederlands Masters Record</i>					
2.	Eliane Pellis	AZSC	43.47	20672/33	42.97	+0,96

Programmanr. 40
08-05-2016 - 16:02

Heren, 100m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+								
1.	Sverre Eschweiler	ReVeLie Swim Team	57.85	199204035	1:00.94	+0,56	29.73	1:00.94
2.	Melvin Prins	Wiekslag	57.80	199500201	1:01.09	+0,89	29.66	1:01.09
3.	Jeffrey Appel	WZ&PC Purmerend	58.35	199200027	1:02.75	+0,79	30.49	1:02.75
4.	Pieter Ytsma	De Zwoer	1:08.48	199501809	1:07.18	+0,73	32.89	1:07.18
5.	Vincent Dermaux	ZC Aquadream	1:04.87	199600599	1:08.14	+0,93	33.06	1:08.14
6.	Thijs van den End	ZPC Woerden	1:04.99	199306803	1:08.36	+0,69	33.32	1:08.36
7.	Sjors Boverhoff	Octopus	1:09.21	199500741	1:11.29	+0,65	34.51	1:11.29
8.	Frank Hezemans	LZ 1886	1:12.41	199200521	1:12.37	+0,78	34.80	1:12.37
9.	Jeffry van Zetten	Octopus	1:07.30	199500755	1:12.84 *	+0,69	35.41	1:12.84
10.	Thijs de Vos	De Rijn	1:12.50	199600675	1:13.18	+0,59	35.32	1:13.18
11.	Ian van Mullem	ZOB'66	1:17.20	199602545	1:22.13	+0,57	39.44	1:22.13
AFGEM	Tom Barendse	Octopus	1:05.00	199605731				

Masters 25+

1.	Kalon Veale	Totnes Swimming Club	57.90	34589	1:00.62	+0,64	28.70	1:00.62
2.	Jeffrey Breedijk	De Haaien	1:00.45	198900451	1:04.10	+0,86	31.16	1:04.10
3.	Alex Schelvis	LZ 1886	1:06.16	198702927	1:08.04	+0,79	33.20	1:08.04
4.	Tolga Ozel	CNBA	1:10.41	005935/88	1:09.83	+0,73	33.68	1:09.83
5.	Jeffrey van 't Schip	De Amstel	1:06.00	199102035	1:09.95	+0,77	33.66	1:09.95
6.	Bart van der Zwaan	De Amstel	1:07.72	199005149	1:10.60	+0,69	34.01	1:10.60
7.	Patrick Creemers	RZ	1:13.23	199000579	1:11.32	+0,98	34.53	1:11.32
8.	Mark Godwaldt	PSV	1:20.73	198701039	1:18.91	+0,81	38.80	1:18.91

Programmanr. 40, Heren, 100m rugslag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
9. Harmen Reemst	ZOB'66	1:15.61	198702715	1:19.16	+0,65	38.66	1:19.16
10. Robin Eggenkamp	De Duinkickers	1:16.73	198700847	1:19.53	+0,80	37.83	1:19.53

Masters 30+

1. Martijn Giezen	Montferland	1:05.60	198500813	1:05.92	+0,73	31.27	1:05.92
2. Finn van der Bas	ZVVS	1:07.69	198400067	1:06.52	+0,69	32.55	1:06.52
3. Robert Dekker	De Veene	1:05.62	198400443	1:07.79	+0,77	32.20	1:07.79
4. Thommy Nickel	Van Vliet-Barracuda	1:07.23	198401627	1:08.16	+0,77	33.65	1:08.16
5. Sander de Velde	Deltasteur	1:30.36	198302165	1:28.87	+0,66	43.12	1:28.87
6. Julien Mathieu	Villeurbanne Natation	1:41.21	170694076	1:43.22	+0,88	48.23	1:43.22

Masters 35+

1. Nol van Thull	d'ELFT WAVE (SG)	1:03.50	198001513	1:03.81	+0,77	30.91	1:03.81
2. Dennis Brouwers	HZPC	1:03.76	197800167	1:05.30	+0,70	32.36	1:05.30
3. Ronald Smits	PSV	1:06.51	197800981	1:05.94	+0,72	32.22	1:05.94
4. Sascha Sauer	Wilhelmshavener SSV	1:06.69	246307	1:08.53	+0,67	33.51	1:08.53
5. Ivo Roozeboom	WVZ	1:07.13	197700801	1:09.21	+0,98	33.89	1:09.21
6. Marcel Reefhuis	WS Twente	1:09.90	198101381	1:10.26	+0,58	33.85	1:10.26
7. Gino Martijn	RZ	1:20.58	197901865	1:21.03	+0,60	39.43	1:21.03

Masters 40+

1. Egbert Stolk	d'ELFT WAVE (SG)	1:04.11	197600889	1:07.31	+0,83	32.71	1:07.31
2. Dennis Schouten	Upstream Amsterdam	1:05.09	197501351	1:10.55	+0,68	33.24	1:10.55
3. Alex Damen	DAW	1:07.78	197501371	1:17.51	+0,79	37.50	1:17.51

Masters 45+

1. Jan Goossens	GZVN	1:01.75	11003/68	1:04.26	+0,65	31.43	1:04.26
<i>Kampioenschaps Record, Belgisch Masters Record</i>							
2. Marc Verbeeck	MZVA	1:04.02	11051/68	1:08.68	+0,77	33.95	1:08.68
3. Guido Keutgen	AZC	1:09.42	196801551	1:10.48	+1,06	33.88	1:10.48
4. Antwan van Engen	De Ward	1:10.55	197101577	1:10.64	+0,85	34.51	1:10.64
5. Nico Swart	Den Doorn	1:13.49	196801475	1:16.79	+0,69	36.43	1:16.79
6. Patrick Juncker	Swimming Luxembourg	1:33.00	136	1:22.43	+0,89	39.97	1:22.43
7. Korstiaan de Boer	Steenwijk 1934	1:20.61	197101629	1:23.15	+0,81	40.58	1:23.15

Masters 50+

1. Peter Bernsen	De Rog	1:08.98	196301119	1:08.25	+0,62	33.07	1:08.25
2. Tomas Prescher	SG Mülheim	1:10.32	146010	1:09.28	+0,69	33.27	1:09.28
3. Johan Remmits	ZPC Woerden	1:07.78	196201159	1:11.74	+0,70	33.84	1:11.74
4. Ralf Dillig	Duisburger ST	1:11.28	060769	1:14.47	+0,69	36.46	1:14.47
5. Ron Korzelius	ZPC AMERSFOORT	1:11.72	196500513	1:18.39	+0,78	38.52	1:18.39
6. Wim van Mil	LZ 1886	1:15.67	196501597	1:19.17	+0,73	37.94	1:19.17
7. Bernd Bienek	SV Gladbeck 13	1:16.86	278658	1:19.50	+0,80	39.44	1:19.50
8. Fred Dijkshoorn	Zwemvereniging Westland	1:17.94	196501539	1:20.18	+0,77	38.88	1:20.18
9. Erik Wetsteijn	Swol 1894	1:17.64	196501019	1:23.85	+1,02	41.12	1:23.85
10. Jack Barends	WS Twente	1:27.73	196201011	1:25.70	+0,80	41.30	1:25.70
11. Freddy v.d. Veen	ZVVS	1:23.06	196601161	1:26.31	+0,83	40.49	1:26.31
12. Hans Maas	PLONS	1:33.87	196501433	1:36.76	+0,78	47.27	1:36.76
DIS Casper Dollekamp	Steenwijk 1934	1:22.11	196301341				

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

Programmanr. 40, Heren, 100m rugslag

Masters 55+

1. Hugo Bregman	Albion	1:11.76	195800069	1:11.76	+0,79	34.48	1:11.76
<i>Kampioenschaps Record</i>							
2. Erik Kamphuis	De Rog	1:16.06	196001035	1:17.53	+0,68	38.96	1:17.53
3. Sven Tidelski	SC Poseidon Koblenz	1:17.49	158989	1:20.22	+0,86	38.97	1:20.22
4. Wim de Lange	AZC	1:21.26	195800533	1:26.05	+0,69	41.32	1:26.05
5. André Schutte	ZPC De Zeeuwse Kust	1:25.10	196000521	1:29.04	+0,95	43.78	1:29.04
6. Bart van Calker	WS Twente	1:32.19	196100067	1:34.17	+0,81	47.04	1:34.17
7. Achille Sinner	Swimming Luxembourg	1:46.16	94	1:53.31	+0,74	52.82	1:53.31
<i>Luxembourg Masters Record</i>							
AFGEM Lieven De Rijcke	GBZ	1:27.56	10130/60				

Masters 60+

1. Simon Veale	Totnes Swimming Club	1:14.44	1008	1:14.85	+0,71	36.32	1:14.85
<i>Kampioenschaps Record</i>							
2. Brend Brevé	PSV	1:18.50	195200265	1:17.13	+0,72	37.89	1:17.13
3. Evertjan Masurel	PLONS	1:22.26	195600495	1:21.63	+0,73	38.26	1:21.63
4. Luc Laloi	HELIOS	1:39.59	005538/53	1:35.07	+0,72	46.13	1:35.07
5. Dré Klaassen	ZOB'66	1:43.88	195600141	1:42.49	+0,87	50.99	1:42.49

Masters 65+

1. Ronald Blankenstein	Aqua-Novio'94	1:34.29	195000013	1:37.04	+0,79	45.41	1:37.04
2. Ludwig Lorenz	SV Gladbeck 13	1:37.27	127866	1:41.45	+0,65	50.10	1:41.45

Masters 70+

1. Rob Hanou	PSV	1:45.69	194300109	1:47.31	+0,88	49.80	1:47.31
--------------	-----	---------	-----------	----------------	-------	-------	---------

Masters 75+

1. Frans van Enst	WS Twente	1:25.84	194000011	1:30.07	+0,60	44.15	1:30.07
2. Jan Eichhorn	ZV Haerlem	1:50.22	193700015	1:52.29	+0,73	52.97	1:52.29

Programmanr. 41
08-05-2016 - 16:17

Dames, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Jamilla van Veen	ZPC Woerden	1:08.93	199603192	1:07.71	+0,65	32.63	1:07.71
2. Melissa van der Geld	AquaAmigos	1:09.77	199506250	1:08.07	+0,78	33.00	1:08.07
3. Cynthia van Beusekom	TriVia	1:04.55	199500134	1:09.49	+1,00	33.52	1:09.49
4. Chantal Grove	De Dolfijn	1:07.75	199401844	1:10.25	+0,74	34.05	1:10.25
5. Kimberly Mijnen	WZ&PC Purmerend	1:07.41	199503644	1:10.70	+0,69	34.44	1:10.70
6. Désirée Emmen	De Warande	1:10.31	199204862	1:10.76	+0,67	34.42	1:10.76
7. Sigrid Dogger	De Zwoer	1:11.54	199200452	1:11.01	+0,74	34.57	1:11.01
8. Stéphanie Bergsma	Dedemsvaart-AC	1:07.58	199203374	1:11.45	+0,65	34.54	1:11.45
9. Tessa Mol	De Rijn	1:11.57	199501396	1:11.81	+0,71	34.99	1:11.81
10. Anouk Nulkes	DWT	1:10.52	199302876	1:11.86	+0,86	35.18	1:11.86
11. Suzanne Mosch	MSV-Zeemacht	1:11.34	199400548	1:13.46	+0,63	35.54	1:13.46
12. Heleen Arends	TriVia	1:12.85	199404416	1:13.81	+0,63	35.39	1:13.81
13. Anouk van der Vlies	WVZ	1:11.42	199603226	1:14.97	+0,66	35.88	1:14.97
14. Wendy de Bruin	ZOB'66	1:16.51	199206320	1:17.51	+0,66	37.86	1:17.51
15. Marte Stoorvogel	De Rijn	1:21.91	199501408	1:18.17	+0,80	38.26	1:18.17
16. Sharon Julius	Octopus	1:15.34	199602664	1:21.73	+0,76	38.74	1:21.73
17. Getrude Corporaal	ZVZ	1:19.09	199200380	1:21.83	+0,80	40.43	1:21.83
18. Naomi van Gool	LZ 1886	1:16.00	199505166	1:22.63	+0,83	39.36	1:22.63
19. Ramona Noordermeer	ZVVS	1:26.93	199401746	1:25.76	+0,79	42.81	1:25.76

Programmanr. 41, Dames, 100m rugslag, Masters 20+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
20. Cynthia van Veen	ZPC Woerden	1:26.18	199606736	1:35.78	+0,62	45.79	1:35.78
AFGEM Maike Korthout	TRB-RES	1:16.59	199406034				

Masters 25+

1. Charlotte Groeneveld	UZSC	1:07.55	198701404	1:12.23	+0,75	34.78	1:12.23
2. Ilse van den Wijngaard	ZPC Woerden	1:11.99	198904736	1:14.41	+0,77	36.03	1:14.41
3. Sabine Lina	ZPC Woerden	1:09.77	198902680	1:15.60	+0,78	35.74	1:15.60
4. Arine van Holland	De Vrije Slag	1:10.63	198701768	1:15.90	+0,99	36.73	1:15.90
5. Tamara Caspers	LZ 1886	1:14.58	199007272	1:17.75	+0,82	37.22	1:17.75
6. Eline Schoenmaker	Zwemlust-den Hommel	1:17.76	199003322	1:19.63	+0,70	38.59	1:19.63
7. Tamara Nordin	ZPC De Zeeuwse Kust	1:27.13	198702996	1:22.50	+0,71	40.51	1:22.50
8. Lonneke Oenema	Steenwijk 1934	1:25.26	199102314	1:23.83	+0,96	41.13	1:23.83
9. Liesbeth van Mill	DWK	1:18.94	198702786	1:24.15	+0,72	40.99	1:24.15
10. Joëlle Vaes	DIO	1:24.85	199007576	1:25.35	+0,91	41.14	1:25.35
11. Lindsey Hol	De Meer	1:21.09	199008088	1:26.12	+0,90	41.58	1:26.12
12. Kathleen Laloi	HELIOS	1:28.21	005550/88	1:27.40		42.10	1:27.40
13. Manouk Ticheler	De Duinkickers	1:33.31	198705416	1:28.74	+0,90	43.61	1:28.74
14. Dorien Vasseur	Scheldestroom	1:30.97	198704164	1:33.86	+0,94	46.21	1:33.86
15. Miriam Visserman	Octopus	1:27.72	198704364	1:35.48	+0,95	46.80	1:35.48
AFGEM Tessa Lukassen	GoSwim	1:18.23	198702620				

Masters 30+

1. Roos van Esch	d'ELFT WAVE (SG)	1:13.51	198200468	1:13.13	+0,72	35.88	1:13.13
2. Marije Jansen	Aquarijn	1:13.75	198504088	1:14.08	+0,75	35.83	1:14.08
3. Marlies Jehoel-van As	PSV	1:21.33	198500074	1:19.72	+0,62	38.14	1:19.72
4. Nele Van Campfort	CNBA	1:17.95	002159/86	1:20.46	+0,73	39.69	1:20.46
5. Angela Giezen	Montferland	1:22.15	198302796	1:21.18	+0,96	40.97	1:21.18
6. Caroline van Tiggelen	Scheldestroom	1:16.75	198301970	1:21.19	+0,81	39.17	1:21.19
7. Carola Jacobs	Triton Putten	1:38.49	198504176	1:35.57	+0,74	45.64	1:35.57
8. Margriet Aan het Rot	Octopus	1:26.66	198603088	1:37.33	+0,82	47.24	1:37.33
AFGEM Hanneke Heymen	Montferland	1:22.64	198400968				

Masters 35+

1. Delia Badoux	WVZ	1:12.02	198000042	1:16.16	+0,71	37.30	1:16.16
2. Ilya Janssen	ESCA Zwemmen	1:20.98	198102234	1:24.11	+0,74	40.39	1:24.11
3. Jolanda van Gendt	PSV	1:24.74	197800266	1:24.13	+0,65	40.30	1:24.13
4. Rianne van Vegchelen	Deltasteur	1:41.49	198101530	1:53.79	+1,08	55.20	1:53.79
AFGEM Natascha Hartman	PSV	1:43.66	198101780				

Masters 40+

1. Edith Janssen-Koolen	TRB-RES	1:18.08	197300898	1:16.72	+1,06	37.02	1:16.72
2. Christa Verploeg	De Meer	1:23.80	197400896	1:24.92	+0,75	42.29	1:24.92
3. Jule Verschoor-Holland	RZC	1:26.05	197500874	1:28.77	+0,73	43.63	1:28.77
4. Bianca Hertogh - Buijsse	Scheldestroom	1:33.32	197400910	1:34.87	+0,82	45.16	1:34.87

Masters 45+

1. Monique Tuijp	WZ&PC Purmerend	1:13.92	196900800	1:16.07	+0,98	37.14	1:16.07
2. Heidi Van Stein	LZ 1886	1:18.98	196900864	1:19.59	+1,98	38.44	1:19.59
3. Valerie Rolland	CNSW	1:22.29	004276/71	1:20.68	+0,71	39.12	1:20.68
4. Annette Wijnja-Visser	De Biesboschzwemmers	1:24.97	196700528	1:22.31	+0,74	39.60	1:22.31
5. Petra Blum	SG Bayer	1:23.21	274174	1:23.92	+0,81	40.46	1:23.92
6. Geesje Lena Boomsma	Orca	1:29.29	197000826	1:29.66	+0,69	43.12	1:29.66
7. Annette van Dok	MSV-Zeemacht	1:30.96	196800742	1:34.22	+0,78	45.35	1:34.22
AFGEM Esther Mijnen	WZ&PC Purmerend	1:26.25	196900846				

Programmanr. 41, Dames, 100m rugslag

Masters 50+

1. Allie Price	Cardiff Masters	1:17.89	547582	1:16.84	+0,65	36.77	1:16.84
<i>Kampioenschaps Record</i>							
2. Judith Cromjongh	De Zwoer	1:18.58	196400054	1:18.30	+0,73	38.27	1:18.30
<i>Nederlands Masters Record</i>							
3. Wilna Heijman	Steenwijk 1934	1:25.16	196400506	1:25.55	+0,80	42.66	1:25.55
4. Margriet Grove-Lingeman	Oceanus	1:27.16	196200080	1:25.80	+0,74	41.48	1:25.80
5. Jacqueline Rolloos-Bakkers	De Lansingh	1:23.96	196300222	1:26.94	+0,74	41.89	1:26.94
6. Annemarie Vuist	Swol 1894	1:32.13	196300282	1:32.94	+0,88	46.43	1:32.94
7. Wilma Lammers-Wigman	Montferland	1:33.55	196400614	1:32.97	+0,82	43.24	1:32.97
<i>50m*</i>							

Masters 55+

1. Irma Hertogs	PSV	1:28.67	195900222	1:29.07	+1,01	43.53	1:29.07
-----------------	-----	---------	-----------	----------------	-------	-------	---------

Masters 60+

1. Colette Crabbe	CNSW	1:17.76	004900/56	1:20.34	+0,71	38.87	1:20.34
<i>Europees Masters Record</i>							
2. Micaela von Richthofen	Erster Offenbacher SC	1:39.04	130914	1:40.93	+0,83	51.72	1:40.93
3. Lies Hartman	PSV	2:05.84	195600116	2:07.67	+0,86	1:00.08	2:07.67
4. Maryse Van Cant	AZSC	2:24.84	20233/54	2:21.12	* +1,14	1:07.30	2:21.12

Masters 65+

1. Antoinette Gilding-Tussaud	WS Twente	1:46.53	195000038	1:49.37	+0,77	52.36	1:49.37
2. Gonnies Bak	PSV	1:56.84	195100064	1:58.83	+0,83	59.14	1:58.83
3. Janny van der Weide	Deltasteur	2:41.17	195100066	2:52.29		1:22.16	2:52.29

Masters 70+

1. Loekie v. Huissteden	ZPC AMERSFOORT	2:04.83	194500002	2:15.67	+0,87	1:04.74	2:15.67
2. Matty van der Veen	Old Dutch	2:14.13	194400020	2:16.81	+0,75	1:04.65	2:16.81
3. Hannelore Bottin	SV Langenfeld 1912	2:28.84	57992	2:30.08	+1,16	1:12.00	2:30.08

Masters 75+

1. Truus Ruiter	Old Dutch	2:18.33	194000004	2:19.70	+0,75	1:08.12	2:19.70
-----------------	-----------	---------	-----------	----------------	-------	---------	---------

Masters 80+

1. Alice Lindhout	PSV	2:02.73	193500010	2:04.20	* +0,76	59.53	2:04.20
-------------------	-----	---------	-----------	----------------	---------	-------	---------

Programmanr. 42
08-05-2016 - 16:41

4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+, Dames				
1. De Geul 1	De Geul	2:10.05	2:15.27	+0,79
Senna van Dongen	91 +0,79	32.50	91 +0,39	36.29
Chadassa Mannee	95 +0,61	35.07	95 +0,44	31.41

Programmanr. 42, 4 x 50m vrije slag

80+, Heren

1. De Zwoer 1	De Zwoer	1:46.93	1:42.21	+0,69
Sven Dogger	96 +0,69 25.26	Matthijs Mulder	96 +0,29 25.75	
Pieter Ytsma	95 +0,26 25.59	Auke Koops	95 +0,23 25.61	
AFGEM Octopus 1	Octopus	1:45.60		

80+, Gemengd

1. Nova 1	Nova	1:54.13	1:52.33	+0,63
Karin Groen	95 +0,63 28.66	Jesper Honken	96 +0,52 27.61	
Janine de Groot	95 +0,47 29.86	Stefan Kwant	92 +0,54 26.20	
2. LZ 1886 2	LZ 1886	1:59.85	1:58.10	+0,76
Frank Hezemans	92 +0,76 27.33	Nick van der Krogt	95 +0,47 28.87	
Naomi van Gool	95 +0,35 31.49	Moniek Heemskerk	96 +0,56 30.41	

100+, Dames

1. NDD 1	NDD	2:02.19	1:57.86	+0,81
Olga Volman-Maiorova	85 +0,81 29.03	Eva Engelen	94 +0,22 28.40	
Miriam Geuskens	83 +0,33 32.03	Carmen Seesing	94 +0,37 28.40	
2. TriVia 1	TriVia	2:01.95	2:00.65	+0,67
Cynthia van Beusekom	95 +0,67 29.10	Lianne van Beusekom	86 +0,51 31.78	
Anita Scheper	88 +0,33 30.67	Heleen Arends	94 +0,57 29.10	
3. De Meer 1	De Meer	2:02.99	2:05.10	+0,76
Chantal van der Horst	94 +0,76 31.34	Eline van Gemert	95 +0,25 29.01	
Lindsey Hol	90 +0,50 31.64	Nadège van Meeteren	74 +0,69 33.11	

100+, Gemengd

1. De Haaien 1	De Haaien	1:52.54	1:52.40	+0,75
Teun Groeneweg	87 +0,75 26.72	Anne Duijst	89 +0,60 28.93	
Nicole Reinshagen	84 +0,20 32.02	Jeffrey Breedijk	89 +0,38 24.73	
2. Van Vliet-Barracuda 1	Van Vliet-Barracuda	1:55.12	1:53.17	+0,74
Denise Boereboom	92 +0,74 29.45	Alma Janssen	94 +0,62 31.03	
Thommy Nickel	84 +0,45 26.71	Emiel van Beusekom	94 +0,28 25.98	
3. d'ELFT WAVE (SG) 1	d'ELFT WAVE (SG)	1:52.85	1:54.37	+0,81
Lisa Klatten	92 +0,81 29.84	Patrick Holthuisen	91 +0,24 28.12	
Merel Toussaint	92 +0,31 30.30	Egbert Stolk	76 +0,39 26.11	
4. Montferland 2	Montferland	2:01.64	1:59.26	+0,71
Maik Steenkamp	91 +0,71 27.24	Angela Giezen	83 +0,45 32.86	
Kelly Bockting	91 +0,50 32.46	Martijn Giezen	85 +0,25 26.70	
5. RZ 1	RZ	2:01.14	2:02.37	+0,75
Suzan van den Bogaard	89 +0,75 30.66	Patrick Creemers	90 +0,23 27.14	
Claudia Creemers	92 +0,50 35.75	Gino Martijn	79 +0,40 28.82	
6. Octopus 2	Octopus	2:05.40	2:04.16	+0,81
Jeffry van Zetten	95 +0,81 27.56	Henk van Zetten	67 +0,06 36.05	
Denise van Zetten	96 +0,16 28.96	Sharon Julius	96 +0,50 31.59	
7. ZC Aquadream 1	ZC Aquadream	2:04.98	2:08.24	+0,61
Jordy Jongenelen	95 +0,61 29.33	Marissa Minkman	93 +0,04 29.61	
Petra Nagtzaam	70 +0,35 43.01	Vincent Dermaux	96 +0,23 26.29	
AFGEM WIDEX GZC DONK 1	WIDEX GZC DONK	2:02.09		

Programmanr. 42, 4 x 50m vrije slag

120+, Dames

1. TV Meppen 1	TV Meppen	1:56.98	1:56.94	+0,71
Nicole Heidemann	82 +0,71 27.81	Julia Stüwe	89 +0,63 29.74	
Ina Wester	83 +0,46 29.85	Sandra Geiger	75 +0,56 29.54	
2. ZPC Woerden 2	ZPC Woerden	1:56.21	1:59.69	+0,79
Marjan Remmits	63 +0,79 31.30	Ilse van den Wijngaard	89 +0,30 29.03	
Mandy Verbakel	90 +0,48 29.20	Sabine Lina	89 +0,32 30.16	
3. PSV 9	PSV	2:12.36	2:07.47	+0,91
Elles van Leeuwen	86 +0,91 32.23	Tineke Roelofs	85 34.04	
Marlies Jehoe-van As	85 +0,34 30.63	Renee de Kok	84 +0,35 30.57	
4. Montferland 1	Montferland	2:21.53	2:19.95	+0,79
Wilma van Velsen	64 +0,79 30.64	Hanneke Heymen	84 +0,54 37.51	
Wilma Lammers-Wigman	64 +0,67 37.44	Daphne Meijer	93 +0,64 34.36	
AFGEM TRB-RES 2	TRB-RES	2:03.60		

120+, Heren

1. ZPC Woerden 1	ZPC Woerden	1:49.22	1:50.72	+0,78
Johan Remmits	62 +0,78 27.23	Thijs van den End	93 +0,36 28.06	
Niels van Beurden	88 +0,35 27.78	Patrick de Jonge	89 +0,25 27.65	
2. MGO (SG) 1	MGO (SG)	1:55.54	1:54.35	+0,97
Sven Dubbeld	96 +0,97 29.62	Kees Akershoeek	69 +0,57 28.49	
Frank van der Voort	83 +0,41 28.48	Niels Albrechts	88 +0,52 27.76	

120+, Gemengd

1. PSV 7 <i>Kampioenschaps Record</i>	PSV	1:52.13	1:48.66	+0,84
Stefan Oosting	81 +0,84 25.35	Simone Hendrikse	90 +0,44 30.03	
Nienke van Stipriaan	87 +0,45 28.75	Ronald Smits	78 +0,38 24.53	
2. WVZ 1	WVZ	1:53.48	1:52.24	+0,85
Yvonne Gerritsen	80 +0,85 30.63	Rens Post	91 +0,44 27.07	
Delia Badoux	80 +0,29 28.54	Ivo Roozeboom	77 +0,32 26.00	
3. CNBA 1	CNBA	1:54.44	1:53.05	+1,95
Nele Van Campfort	86 +1,95 31.80	Xavier Amould	74 +0,45 27.98	
Tolga Ozel	88 +0,27 26.23	Caroline Cavadini	90 +0,30 27.04	
4. ZVVS 2	ZVVS	1:52.21	1:53.71	+0,71
Nadya Putter	83 +0,71 29.78	Manon van Rooijen	82 +0,51 30.71	
Finn van der Bas	84 +0,49 26.82	Bas v.d. Nouwelant	80 +0,44 26.40	
5. WS Twente 1	WS Twente	1:58.99	1:55.74	+0,95
Henrike de Vries	89 +0,95 31.59	Annelette Reefhuis-de Vries	86 +0,49 29.27	
Patrick Roozeboom	77 +0,36 27.17	Marcel Reefhuis	81 +0,39 27.71	
6. Leuven Aquatics 1	Leuven Aquatics	2:05.00	1:57.13	+0,83
Karlien Manderveld	88 +0,83 28.97	Liesbeth Lacroix	78 +0,53 31.24	
Yannick Vanderborght	75 +0,59 28.00	Jimmy Swiggers	74 +0,74 28.92	
7. LZ 1886 1	LZ 1886	1:58.82	1:57.32	+0,61
Alex Schelvis	87 +0,61 26.76	Wim van Mil	65 +0,67 29.64	
Tamara Caspers	90 +0,46 30.93	Heidi Van Stein	69 +0,37 29.99	
8. AquAmigos 1	AquAmigos	2:02.00	1:59.85	+0,61
Karin de Kok	93 +0,61 30.09	Nicky Valentijn	88 +0,50 30.35	
Joost de Kroon	64 +0,36 30.90	Melissa van der Geld	95 +0,34 28.51	
9. Steenwijk 1934 2	Steenwijk 1934	2:00.02	2:03.36	+0,80
Nanda de Vries	92 +0,80 29.49	Korstiaan de Boer	71 +0,54 33.97	
Charine de Ruiter	94 +0,72 33.57	Rick Driezen	86 +0,31 26.33	
10. VZV Njord 1	VZV Njord	2:11.70	2:06.85	+0,74
Tom Narski	90 +0,74 30.22	Danielle Scheepers	90 +0,28 30.17	
Wim Velthuis	62 +0,35 34.91	Joke Smits-Velthuis	90 +0,84 31.55	
11. ZOB'66 1	ZOB'66	2:06.85	2:10.86	+0,82
Nicky Deijl	96 +0,82 29.62	Rebecca Evers	92 +0,46 30.58	
Dré Klaassen	56 +0,66 39.92	Ian van Mullem	96 +0,53 30.74	
12. De Rog 2	De Rog	2:50.51	2:26.23	+0,93
Joost Kasper	79 +0,93 35.81	Yvette Senden	93 +0,54 39.22	
Brigitte Willems	74 +0,48 38.85	Frank van Engelen	67 +0,53 32.35	

Programmanr. 42, 4 x 50m vrije slag

160+, Dames

1. PSV 8	PSV	2:02.95	2:05.76	+0,73
Jacqueline Wissink	85 +0,73 30.70	Trudy Ketting	70 +0,36 30.90	
Liselotte Joling	75 +0,57 30.93	Katja de Beer	68 +0,81 33.23	
2. De Geul 2	De Geul	2:16.93	2:12.63	+0,87
Aafke Groot	83 +0,87 33.24	Suze Roodenburg	68 +0,91 33.88	
Susanne Prins - Molenwijk	66 +0,37 35.81	Ilse Harms	69 +0,30 29.70	
3. Aqua-Novio'94 2	Aqua-Novio'94	2:18.39	2:15.70	+0,84
Kim Speekenbrink	75 +0,84 32.95	Natalie van Oeffelt	83 +0,14 33.52	
Karin van 't Erve	68 +0,58 37.98	Wilma Heesbeen	72 +0,41 31.25	
4. De Rog 3	De Rog	2:25.44	2:18.42	+0,80
Catarina Matos	72 +0,80 34.13	Nancy Peeters	79 +0,73 35.20	
Ageeth Westenbrink	67 +0,59 37.35	Arianne Hamakers	67 +0,65 31.74	
5. Erster Offenbacher SC 1	Erster Offenbacher SC	2:55.00	2:25.28	+0,92
Livia Dragic	63 +0,92 36.59	Anke Tkatschenko	64 +0,67 44.52	
Micaela von Richthofen	53 +0,68 33.77	Martina Eva Becker	95 +0,35 30.40	

160+, Heren

1. DAW 7	DAW	1:48.59	1:48.62	+0,63
Pieter van Gemeren	69 +0,63 27.76	Alex Damen	75 +0,31 27.40	
Kars Luttik	78 +0,36 27.22	Joost Hoetjes	78 +0,38 26.24	
2. Aqua-Novio'94 1	Aqua-Novio'94	1:51.68	1:55.65	+0,83
Pieter-Sjoerd de Wijn	65 +0,83 31.71	Albert Boonstra	57 +0,25 26.18	
Hans Luchies	61 +0,43 28.85	Jasper Peters	86 +0,56 28.91	
3. Swol 1894 1	Swol 1894	1:58.61	1:55.86	+0,72
Erik Wetsteijn	65 +0,72 29.71	Johan Wezenberg	76 +0,53 28.12	
Peter Lommert	79 +0,38 29.51	Michael van Bekkum	72 +0,59 28.52	
4. ZVVS 1	ZVVS	2:01.69	1:59.82	+1,02
Willem Putter	45 +1,02 33.57	Freddy v.d. Veen	66 +0,35 29.13	
Rene de Jong	66 +0,50 29.45	Thomas Grudelbach	95 +0,38 27.67	

160+, Gemengd

1. De Biesboschzwemmers 1	De Biesboschzwemmers	1:54.79	1:56.29	+0,74
Harry Cornet	71 +0,74 26.16	Annette Wijnja-Visser	67 +0,30 31.49	
Paul Wijnja	63 +0,39 28.91	Marjo Goelema-Koek	69 +0,38 29.73	
2. RZC 1	RZC	2:00.79	2:01.14	+0,79
Bert de Weerd	67 +0,79 27.27	Rita van der Horst	69 +0,34 30.98	
Geert van Duinhoven	64 +0,52 29.89	Jule Verschoor-Holland	75 +0,36 33.00	
3. ZPC AMERSFOORT 1	ZPC AMERSFOORT	2:06.65	2:07.63	+0,79
Ron Korzelius	65 +0,79 29.19	Machteld Stilling	66 +0,43 36.75	
Talje Dijkhuis	66 +0,61 31.45	Wouter van 't Klooster	88 +0,39 30.24	
4. VZV Njord 2	VZV Njord	2:09.42	2:09.92	+0,77
Francis Roosen	68 +0,77 28.51	Karin Sagonas-Koolen	70 +0,37 32.85	
Simone van Lent	69 +0,33 37.35	Jacques Verriet	70 +0,55 31.21	
5. ZIK 1	ZIK	2:07.79	2:10.05	+0,80
Johan Vandewalle	60 +0,80 32.75	Vanessa De Bleysen	77 +0,25 34.13	
Rita Schelkens	56 +0,40 39.66	Michele Ratti	87 +0,31 23.51	
AFGEM Nautilus 1	Nautilus	2:14.19		
NG De Roersoppers 1	De Roersoppers	2:07.62		

200+, Dames

1. CNSW 2	CNSW	2:02.12	2:05.91	+0,69
Nathalie Blondeel	77 +0,69 29.15	Arlene Delmage	62 +0,38 31.10	
Colette Crabbe	56 +0,39 31.64	Claire Anthony	57 +0,49 34.02	

Programmanr. 42, 4 x 50m vrije slag

200+, Heren

1. ZV Haerlem 1	ZV Haerlem	1:55.02	1:53.07	+0,82
Hans Jansen	62 +0,82 28.95	Vili Adam	69 +0,35 29.06	
Simon Franken	66 +0,38 28.62	Hans Kroes	65 +0,42 26.44	
2. TRB-RES 1	TRB-RES	2:01.64	1:57.89	+0,77
Jeroen den Boer	67 +0,77 28.73	Jack van Dijk	60 +0,34 31.79	
Marcel Tuerlings	66 +0,43 30.04	Rob Verheul	66 +0,26 27.33	
3. PSV 6	PSV	2:02.52	2:01.50	+0,71
Michiel Klaren	62 +0,71 30.58	Ron Phaff	62 +0,56 31.21	
Rob Hemesath	61 +0,38 30.47	Frank van Vliet	64 +0,39 29.24	
4. AZC 1	AZC	2:01.86	2:02.11	+0,79
Wim de Lange	58 +0,79 31.62	Guido Keutgen	68 +0,20 28.26	
Geza Kaltenecker	42 +0,50 36.14	Joeri Stoffels	73 +0,58 26.09	
5. De Rog 1	De Rog	2:24.19	2:10.07	+0,83
Wijnand Vergeest	68 +0,83 30.74	Sjoerd van de Berg	54 +0,19 36.89	
Cees Kersten	64 +0,45 30.72	Roy le Clercq	64 +0,66 31.72	
6. CNSW 1	CNSW	2:25.21	3:10.67	+1,29
Etienne Languillier	50 +1,29 1:05.20	Stephane Frantzen	66 +0,56 42.46	
Mohamed Abou Gebba	75 +0,31 33.66	Kevork Boyrazian	44 +0,38 49.35	

200+, Gemengd

1. ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	2:05.78	2:04.77	+0,84
André Schutte	60 +0,84 32.73	Marijke van Hoek	58 +0,44 33.91	
Natasja Forat	77 +0,36 30.62	Arno Wouters	58 +0,24 27.51	
2. PSV 1	PSV	2:18.42	2:06.28	+0,56
Katrin Pennings	64 +0,56 32.27	Marc Wouters	65 +0,73 30.20	
Dorette van Veghel	70 +0,54 33.42	Peter van Kemenade	65 +0,68 30.39	
3. PLONS 1	PLONS	2:09.00	2:10.08	+0,79
Marije Bouma	86 +0,79 29.31	Evertjan Masurel	56 +0,39 30.55	
Patty Krupiarz	54 +0,48 36.41	Hans Maas	65 +0,62 33.81	
4. ZVVS 3	ZVVS	2:15.49	2:15.55	+0,84
Helena Mels	69 +0,84 32.81	Geritjan van der Vaart	68 +0,55 33.04	
Marco Schoenmakers	64 +0,28 35.62	Ada de Voogd	59 +0,08 34.08	
5. Swol 1894 2	Swol 1894	2:17.37	2:16.62	+0,74
Willem Jannink	65 +0,74 31.03	Annemarie Vuist	63 +0,60 36.74	
Marjan Spoelstra	60 +0,57 39.11	Kasper van den Berghe	73 +0,55 29.74	
6. Steenwijk 1934 1	Steenwijk 1934	2:23.19	2:22.69	+0,77
Casper Dollekamp	63 +0,77 32.13	Wilma Heijman	64 +0,40 35.27	
Hans van Scheepen	62 +0,67 37.11	Inge Lolkema-Soeters	73 +0,54 38.18	

240+, Dames

1. PSV 3	PSV	2:14.36	2:13.23	+0,76
<i>Europees Masters Record</i>				
Saskia Phaff	66 +0,76 30.44	Corrie Verhoeven	46 +0,46 35.37	
Ineke Weekers	53 +0,33 35.55	Esther van Lohuizen	59 +0,48 31.87	

240+, Heren

1. WWV 1	WWV	2:00.24	1:59.62	+0,85
<i>Nederlands Masters Record</i>				
Robert Vink	63 +0,85 28.87	Ruud Ruiter	53 +0,35 29.27	
Theo Schouten	46 +0,62 33.50	Kees-Jan van Overbeeke	62 +0,16 27.98	
2. PSV 4	PSV	2:02.70	2:02.01	+0,87
Fred Ketting	60 +0,87 27.58	Brend Brevé	52 +0,55 29.73	
Joop Ariaens	59 +0,49 28.40	Rob Hanou	43 +0,55 36.30	
3. UZSC 1	UZSC	2:12.44	2:10.72	+0,80
Tom Meijnen	44 +0,80 36.88	Henk Kuipers	62 +0,61 30.96	
Wim Scherpenisse	55 +0,34 33.32	Nartano Glijm	55 +0,62 29.56	

Programmanr. 42, 4 x 50m vrije slag

240+, Gemengd

1. WS Twente 2	WS Twente	2:25.91	2:32.39	+0,73
Marion Broekhuis	68 +0,73 33.15	Antoinette Gilding-Tussaud	50 +0,68 48.48	
Frans van Enst	40 +0,57 36.33	Bart van Calker	61 +0,71 34.43	

280+, Gemengd

1. PSV 5	PSV	3:00.40	3:03.68	+1,04
Carla Hensen	53 +1,04 40.96	Cor Sprengers	35 +0,23 45.20	
Anje Manuputty	57 +0,81 44.78	Bob Berg	33 52.74	

320+, Dames

1. PSV 2	PSV	4:01.35	4:21.78	+1,11
<i>Nederlands Masters Record</i>				
Marianne Maandonks	26 +1,11 1:18.23	Alice Lindhout	35 +0,48 53.79	
Liesbeth ter Laak	42 +0,68 1:18.48	Lottie Geurts	35 +0,80 51.28	